

OT ODYSSEY



"Exploring Boundless Horizons in Occupational Therapy"

SRIHER (DU)

Newsletter from

SRI RAMACHANDRA

FACULTY OF OCCUPATIONAL THERAPY





VOLUME 3

JULY - DEC 2024

OT ODYSSEY

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EDITOR'S DESK

Dear Readers,

We are delighted to have you join us on our OT Odyssey. It gives us great pleasure to offer to you the numerous hard work and passionate contributions made by the Sri Ramachandra Faculty of Occupational Therapy, SRIHER (DU). This would hardly be possible without the constant and unwavering support of the whole management of Sri Ramachandra Institute of Higher Education & Research (Deemed to be University), of which we are currently in our seventh year of excellence.



We showcase worthy events, great successes, and innovative research endeavors in our newsletter. We also highlight the artistic and creative accomplishments of the students as a visual treat for you. This compilation serves as proof of the outstanding achievements and experiences of our esteemed students the Faculty of Occupational Therapy which we provide to you for your reading. We thank you for being an intrinsic part of our journey towards our growth. We trust that you'll discover both utility and delight in perusing this edition of our newsletter.

HAPPY READING!!!

Sincerely,

Prof. Raghuram P,

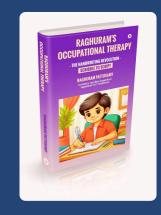
Editor-in-Chief,

Head, Sri Ramachandra Faculty of Occupational Therapy SRIHER (DU).

MILESTONE

BOOK RELEASE OF RAGHURAM'S OCCUPATIONAL THERAPY THE HANDWRITING REVOLUTION – SCRIBBLE TO SCRIPT





On 15th August 2024, Sri Ramachandra Faculty of Occupational Therapy announced the publication of Raghuram's Occupational Therapy - The Handwriting Revolution - Scribble to Script, which was released by the esteemed Vice Chancellor, SRIHER (DU), right after the flag hoisting ceremony at the Turf Ground, SRIHER (DU). Proudly authored by Prof. Raghuram P and co-authored by Jose Mary Sangeetha X, Loganathan S, and Sundaresan T, this work is a testament to our dedication to knowledge and education. This book explores the remarkable journey from initial scribbles to skilled handwriting, providing essential insights for educators, parents, and therapists. It's a true celebration of growth and learning.



Dearest Readers,

It is with immense pride that I share this newsletter with you, which highlights our efforts to advance the field of Occupational Therapy. At Sri Ramachandra Faculty Occupational Therapy, we are dedicated to preparing students who excel academically and uphold the highest professional standards. I hope this issue inspires you to embrace the essence of this transformative profession.

Best Regards,

Dr. T. Sundaresan (OT),

Assistant Professor, Faculty of Occupational Therapy.

Hello Readers,

As an Occupational Therapist and educator, I am committed to fostering a learning environment that inspires growth, creativity, and excellence. This newsletter is a reflection of our dedication to shaping skilled professionals who embody the values of our noble field. Thank you for taking the time to explore this issue. Together, let us continue making a difference.



Best Regards,

Dr. Loganathan S (OT),

Assistant Professor, Faculty of Occupational Therapy.



Dearest Readers,

It is with great pleasure that I contribute as a Acquisition editor to this edition of our newsletter. As an advocate for student-centered learning, I believe in equipping our students with the tools they need to become leaders in Occupational Therapy. Through this newsletter, we highlight how we continuously strive for professional growth and academic excellence. Thank you for your support in this endeavor!!!

Best Regards,

Dr. Yashwanth S P (OT),

Assistant Professor, Faculty of Occupational Therapy.



Beloved Readers,

I'm honored to contribute to OT Odyssey, our bi-annual newsletter. As an Assistant Professor at SRFOT, I'm proud to be part of an institution that excels in compassion and excellence. Occupational Therapy is a purpose-driven journey that empowers lives and restores independence. This newsletter showcases our students' achievements, faculty milestones, and profession highlights. As you turn these pages, you will find stories of innovation, resilience, and dedication across various sections. Let's nurture this dynamic ecosystem of learning and growth.

Happy New Year 2025:) Wishing you an enlightening and enjoyable read!

Warm Regards, **Dr. Mona E (OT)**,

Assistant Professor, Faculty of Occupational Therapy.

Hello Readers,

This newsletter serves as a reflection of our faculty's dedication and our students' remarkable achievements. At Sri Ramachandra Faculty Occupational Therapy, we aim to inspire passion and lifelong learning in every aspiring therapist. I am honored to contribute to this meaningful profession and grateful to be part of such an enriching community. I hope this issue resonates with you as much as it has inspired us.



Best Regards,

Dr. Privin Raj P (OT),

Assistant Professor, Faculty of Occupational Therapy.



Dear Readers,

Being part of the Occupational Therapy community is both an honor and a responsibility. Through this newsletter, we aim to highlight the strides we are making in education and practice. I am grateful to contribute to shaping future professionals who will uphold the values of empathy, excellence, and inclusivity. Thank you for your continued support.

Best Regards,

Dr. Mithra M (OT),

Assistant Professor, Faculty of Occupational Therapy.





Dearest Readers,

It gives me immense joy to contribute to this edition of our newsletter. At Sri Ramachandra Faculty Occupational Therapy, we strive to nurture therapists who are both skilled and compassionate. This publication is a testament to the collective efforts of our faculty and students in advancing the field. I hope you enjoy reading it and continue supporting our mission.

Best Regards,

Dr. G. Dharshana (OT),

Assistant Professor, Faculty of Occupational Therapy.

Hello Readers,

This newsletter represents the collective passion and commitment of our team at Sri Ramachandra Faculty Occupational Therapy. As an advocate for evidence-based practices, I believe this platform showcases how we integrate research, innovation, and compassion into our teaching. I invite you to delve into the pages and celebrate our shared achievements.

Best Regards,

Dr. Jaivignesh S (OT),

Assistant Professor, Faculty of Occupational Therapy.





Hello everyone,

Being part of the vibrant Occupational Therapy community at Sri Ramachandra Faculty Occupational Therapy has been a truly rewarding experience. This newsletter reflects our ongoing efforts to nurture future therapists who are not only skilled but also empathetic and culturally competent. I am excited to be part of this transformative journey and look forward to contributing more to our shared goals.

Best Regards,

Dr. Sanjutha.P.N (OT),

Tutor, Faculty of Occupational Therapy.



Dear all,

This newsletter reflects our unwavering commitment to cultivating a learning environment that fosters growth, creativity, and excellence. At Sri Ramachandra Faculty of Occupational Therapy, we strive to inspire passion and lifelong learning, empowering aspiring therapists to excel in their careers and make meaningful contributions to society. It is an honor to be part of a community dedicated to shaping skilled professionals who embody the values of our noble field. Together, we can continue transforming lives and creating a meaningful impact.

Best Regards, **Dr. Kaviyalakshmi 8 (OT),**Tutor, Faculty of Occupational Therapy.

Hello Readers,

As a Occupational Therapist, I am dedicated to creating a learning environment that nurtures innovation, resilience, and excellence. This newsletter highlights our commitment to advancing the field of neuro-rehabilitation by empowering future professionals to transform lives through evidence-based practices and compassionate care. Together, let us continue driving progress and inspiring hope in the realm of neuro-occupational therapy.



Best Regards, **Dr. Kavinraja S (OT),**Clinical Therapist, Faculty of Occupational Therapy.



SRFOT GRADUATIONS



GRADUATION OF 2022 POSTGRADUATE BATCH - 13TH DECEMBER 2024

The 38th convocation of Sri Ramachandra Institute of Higher Education and Research witnessed the graduation of our first Postgraduate batch (Peadiatrics, Neurology, Mental Health, Hand & Musculoskeletal Rehabilitation) a momentous occasion of celebrating our academic achievements.



GRADUATION OF 2019 UNDERGRADUATE BATCH - 20TH JULY 2024

On 20th JULY 2024, Sri Ramachandra Institute of Higher Education and Research (DU), has conducted Graduation Day for B.O.T 2019 Batch students.

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SRFOT LAUREA

BACHELOR OF OCCUPATIONAL THERAPY - 2019 BATCH GOLD MEDALIST

On 19th July 2024, Mr. Gokul A of B.O.T (2019 Batch) have received the **Smt. Thangam Vasudevan & Mr. P. V. Vasudevan Gold Medal** for the best outgoing student in Bachelor of Occupational Therapy - 2024.



POSTGRADUATE FIRST (2022) BATCH GOLD MEDAL AWARDEES - 11TH DECEMBER

The first batch of our Postgraduate students has achieved outstanding success, with recipients earning prestigious Founder Chancellor Shri. N.P.V. Ramasamy Udayar Gold

Medal in specialized areas, including:

M.O.T in Paediatrics -Dr. Mona. E (OT)

M.O.T in Neurology - Dr. M. Mithra (OT)

M.O.T in Mental Health - Dr. Deepika Josephine D (OT)





2024 UG BATCH INDUCTION PROGRAM

On 15th July 2024, Sri Ramachandra Faculty of Occupational Therapy has organized an Induction Program for B.O.T 1st year Batch (2024) students.





CELEBRATION ON RECEIVING 200+ STUDENTS

On 18th July 2024, Sri Ramachandra Faculty of Occupational Therapy had a small celebration on receiving 200 students.



SUPER 6 CRICKET PRIME LEAGUE

Sri Ramachandra Faculty of Occupational Therapy conducted an Intra - College Sports Meet (Super Six Cricket Tournament). Sixteen teams participated in total which includes 8 men's team and 8 women's team and the participants, 130 Students in total, were from the Undergraduate and Postgraduate batches. The Guest of the event was Dr. Ganesh M.





OT ODYSSEY

On 7th August, OT ODYSSEY- SRFOT Newsletter [Second Issue (Jan-Jun 2024)] was published to showcase our Academics, Clinical, Co-curricular and Extra-curricular activities of students and faculties of SRFOT.

GALA FOOTBALL TOURNAMENT

On 12th August OT Ignitors participated in the GALA Football Tournament and won the match against Scorpions by 4-0.





BATCH DAY CELEBRATION BY 2nd YEARS STUDENTS (2023 BATCH)

On 16th August , Second year B.O.T [2023 BATCH] have celebrated their first batch day in their classroom.

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TEACHER'S DAY

On 5th September, Teachers Day was celebrated with great enthusiasm and fervour at Sri Ramachandra Faculty of Occupational Therapy. The event was organized to honour and appreciate the tireless efforts of our esteemed faculty members who have been instrumental in shaping the minds of our students.





ONAM CELEBRATION

On 16th September, Sri Ramachandra Faculty of Occupational Therapy celebrated Onam with many students' activities which represent Onam tradition such as lemon and spoon, pot painting, sac race and etc...

7th anniversary of faculty of occupational therapy

SRFOT proudly marks its 7th anniversary, commemorating seven remarkable years of academic excellence, innovative research, and community service. On behalf of 7 years of excellence, we celebrated this milestone on 27th September 2024 that cherish the memories of countless moments of growth and discovery the achievements of our students, alumni, and faculty and this motivates us to strive for innovation and excellence in all perspectives.





FAREWELL EVENT

SRFOT organized a heartfelt farewell to Dr. Vinoth Kumar T, Asst. Professor, SRFOT, a dedicated and esteemed member of our faculty on 30th September 2024.





On 21st October 2024 The students of 2020 batch started their Internship.

DIWALI CELEBRATION

On 29th October, Sri Ramachandra Faculty of Occupational Therapy celebrated Diwali with many students activities that represent Diwali tradition such as Firing crackers, distributing sweets, etc...







CHILDREN'S DAY CELEBRATION

On 14th November, SRFOT students conducted Group Therapy for the children in the Paediatric ward at SRH on celebrating Children's day.





Christmas Celebration - 18th December 2024

In celebration of Christmas, the Students of Sri Ramachandra Faculty of Occupational Therapy has conducted a group therapy session in the Psychiatry Ward on 18th December 2024. The session was themed around the festive spirit of Christmas, aiming to foster joy, creativity, and social connection among the participants through engaging activities in which 13 participants were participated in this group therapy session.



<u>Mentor Mentee Program - 10th December 2024</u>

The UG's and PG's of Sri Ramachandra Faculty of Occupational Therapy were received comprehensive lecture that thoroughly explained about the Mentor Mentee program's objectives, structure, and significance. The presentation highlighted the program's importance, relevance, and benefits, providing a detailed understanding of its core components and value proposition.





Parent Teacher Meeting - 21st December 2024

Sri Ramachandra Faculty of Occupational Therapy have organized Parent-Teacher Meeting (PTM) for all undergraduate batches on 21st December 2024 in which around 150 parents were attended. The meeting focused on discussion about the student's performance and valuable feedbacks were provided.











COTE & WORKSHOP

COTE ON WORLD BRAIN DAY





On 22th JULY 2024, Sri Ramachandra Faculty of Occupational Therapy in collaboration with Tamil Nadu All India Occupational Therapist's Association (TNAIOTA) collaboratively organized COTE program to commemorate "World Brain Day", on the topic of "Management of Balance Disorders an Occupational Therapy Perspective".

PANEL DISCUSSION AND COTE ON "HAND TO HAND – TOUCH OF COMPASSION, A PINCH OF PRECISION"

On 23rd August, A COTE was conducted on topic "HAND TO HAND. 'A Touch of Compassion, a Pinch of Precision" to commemorate Hand Surgery Day by the Guest Speaker, Professor and Head, Department of Hand Surgery, SRMC & RI, Dr Srinivasan Rajappa. The Guest Lecture was followed by a Panel Discussion addressing "Hand Surgery, Hand Therapy and Rehabilitation."





COTE & WORKSHOP



"SPLINTING SECRETS:

ELEVATE HAND THERAPY WITH SPLINTING SKILLS"

Sri Ramachandra Faculty of Occupational Therapy organised Continuing Occupational Therapy Education on topic "Splinting Secret: Elevate Hand Therapy with Splinting Skills" on 25th and 26th September 2024, in which 55 students including UG's & PG's have attended, this event aimed to enhance the knowledge and skills of Occupational therapy students and professionals in Hand Splinting techniques.









WORLD STROKE AWARENESS DAY

On 29th October Sri Ramachandra Faculty of Occupational Therapy students distributed badges around the whole university to create awareness among faculties and students on behalf of World Stoke Day.





Stress Awareness Day - 1st November 2024

UG's and PG's from the Sri Ramachandra Faculty of Occupational Therapy conducted a Screening Camp on Stress at SRH. Around 116 participants were screened and educated about the role of Occupational Therapy.







OCCUPATIONAL THERAPY WALKATHON & AWARENESS EVENT

On 16th November, Sri Ramachandra Faculty of Occupational Therapy (SRFOT) successfully organized an inspiring Occupational Therapy Walkathon and Awareness Event at Besant Nagar Beach to celebrate World Occupational Therapy Day and Occupational Therapy India Month. This event aimed to spread awareness about Occupational Therapy, emphasizing its significance in improving the daily functioning of individuals affected by physical or mental challenges. By supporting families, empowering communities, and fostering inclusivity, the initiative sought to promote healthier communities and enhance the quality of life for all.



















The ultimate goal of the program was to address the limited awareness of Occupational Therapy and extend its reach so that more individuals and families can benefit from its services. Through events like this walkathon, SRFOT aimed to deepen understanding of Occupational Therapy's role in fostering productive and meaningful lives across communities.



WORLD STROKE DAY-29th OCTOBER

Sri Ramachandra Faculty of Occupational Therapy students have participated in the free screening camp for stroke patients conducted by **SAHAYA** Sri Ramachandra Rehabilitation Centre on 29th October



SAHAYA - SRRC provides world-class rehabilitation services for the patient. The ultimate goal of SAHAYA-SRRC is to train the patient to access their home safely even if they are functioning at a different level than before their injury or illness. The patients have well-equipped rooms where they can stay with family until their rehabilitation treatment is over.





FIT INDIA WEEK PROGRAM - 21st DECEMBER 2024

Sri Ramachandra Faculty of Occupational Therapy has organized **SRFOT** Fit India pledge and Quiz Competition to observe the Fit India Week on 20th December 2024. The students of Sri Ramachandra Faculty of Occupational Therapy have actively participated in this program and won prizes in the quiz competition.



The below students have secured prizes in the SRFOT Fit India Quiz Competition

- · Negha (BOT 2nd Year)
- · Jasira (BOT 3rd Year)
- · Shakthi (BOT 4th Year)







ANTI RAGGING PROGRAM

On 14th August 2024, Sri Ramachandra Faculty of Occupational Therapy conducted an Anti-Ragging Awareness Programme aimed at educating students about the importance of maintaining a safe and respectful campus environment. This program seeks to raise awareness about the harmful effects of ragging, promote a culture of empathy and support. The event had awareness sessions, Essay competition, Interactive Discussion, The event aims to foster a safe, supportive, and inclusive environment where every student can thrive without fear.





The main objectives of this cell are as follows:

- 1. To aware the students of dehumanizing effect of ragging inherent in its perversity.
- 2. To keep a continuous watch and vigil over ragging so as to prevent its occurrence and recurrence.
- 3. To promptly and stringently deal with the incidents of ragging brought to our notice.
- 4. To generate an atmosphere of discipline by sending a clear message that no act of ragging shall be tolerated and any act of ragging shall not go unnoticed and unpunished.



SCREENING CAMPS



Developmental Screening Camp - 6th November

For commemorating Occupational Therapy month, a Developmental Screening Camp was conducted in the Child Preschool, Kovur. Around 39 children were screened.

Handwriting Screening Camp

On 7th November, SRFOT have conducted a Handwriting Screening Program for around 1,200 pupils at Sethu Bhaskara Matriculation Higher Secondary School, Ambattur.







SCREENING CAMPS



Developmental Screening Camp – 19th November

SRFOT PG students have organized a
Developmental Screening Camp in the Child
Preschool, Gerugambakkam for around 41
children were screened.



On commemorating Occupational Therapy month, SRFOT students have organized a Musculoskeletal Screening Camp at S&P Garden, Nolambur. Around 20 beneficiaries were benefited.





Developmental Screening Camp – 4th, 5th & 6th December 2024

On 4th, 5th & 6th December, the PG 2nd year (M.O.T in Paediatrics) Students of Sri Ramachandra Faculty of Occupational Therapy have organized a Developmental Screening Camp in Euro Kidz Preschool, Porur and total of 123 students has been screened.





COTE ON "CULTURAL COMPETENCY IN PAEDIATRICS

OCCUPATIONAL THERAPY - UAE PERSPECTIVE"

On 26th August 2024, a COTE was conducted on the Topic of "Cultural Competency in Paediatric Occupational Therapy - UAE Perspective" by our 2018 batch Alumni, Dr. Abitha J P (OT), Paediatric Occupational Therapist, UAE. Around 200 UG and PG SRFOT (Sri Ramachandra Faculty of Occupational Therapy) students have participated.





Our 2019 batch Alumni Dr. Elangovan (OT) have received Man of the Match Award in Semi-Final against IIIT Madras - Red by taking 3Wickets Haul. And the team secured runners up in **Directors**Trophy 2024 Organized by IIT Madras.

Our 2019 batch Alumni Dr. Elangovan (OT) and his team has lifted Winners trophy in **Ramachandra Premier League [2024]**, Season 4.









Our 2019 batch Alumni Dr. Shirley Selwyn Abraham completed the "The King of Swings Hands on Sensory Motor Workshop" on 5th and 6th of OCT 2024



Our 2019 batch Alumni Dr. Shirley Selwyn Abraham completed the "USC Sensory Integration Continuing Education" Certificate Program on DEC 2024



Our 2019 batch Alumni Dr.Niveditha G.S completed the 5 Weeks Online Course on **"Sensory Integration Therapy Training"** on SEP 2024



Our 2019 batch Alumni Dr.
Shanmugapriya. S completed the course in "Handwriting for Dysgraphia" on SEP 2024





FELICITATION PROGRAM - 10TH DECEMBER 2024

Sri Ramachandra Faculty of Occupational Therapy has felicitated our 2017 batch Alumni, Present President of SRFOT Alumni Association, Dr. Yashwanth (OT) for his Professional Excellence throughout his student period from 2017 to 2024 (In UG & PG programs)



FELICITATION OF ALUMNI - 11TH DECEMBER 2024

In a heartwarming gesture, Prof.Raghuram, our respected Head, felicitated the Alumni and current Assistant professors Dr.Jai Vignesh.S (OT), Dr. Privin Raj.P (OT), Dr. Darsana.G (OT) of SRFOT presented with a book, acknowledging their tireless efforts and commitment to excellence.







FORMATION OF SRFOT ALUMNI ASSOCIATION

On 26th August 2024, Sri Ramachandra Faculty of Occupational Therapy Alumni Association Chapter was formed. Presently SRFOT Alumni Association started with 91 members.



THE OFFICE BEARERS WERE ANNOUNCED (Term Period - 3yrs)

President - Dr. Yashwanth SP

Vice president - Dr. Mona E

Secretary - Dr. Kiruthika K

Joint Secretary - Dr. Lokesh kumar M N

Treasurer - Dr. Jaivignesh S

Joint Treasurer - Dr. Gokul A

Executive Members

1. Dr. Gokulnath R

2. Dr. Privin Raj P

3. Dr. Srija G

4. Dr. Kaviya D

5. Dr. Anders Paul Spencer

6. Dr. Kaviya Lakshmi



TRIUMPHS OF SRFOT



On 26th July 2024, Our Faculty member Dr. Vinoth Kumar T (OT) delivered a Guest Lecture in the COTE program organized by Krishna College of Occupational Therapy in collaboration with Tamil Nadu All India Occupational Therapist's Association (TNAIOTA) on the topic of "Theory to Practice: A Comprehensive Guide to Hand Splinting in Occupational Therapy".





AIR CHENNAI FM - INTERVIEW

On 13th & 16th of August 2024, **Dr. Raghuram P** gave an interview organized by Air Chennai FM – 101.4 MHZ on the topic 'Importance of Play'.



TRIUMPHS OF SRFOT

On 5th September 2024,
Prof Raghuram P graced the
inauguration of the first Bachelor of
Occupational Therapy Program, **Sree**Balaji Medical College & Hospital.





SRFOT Assistant Professor

Dr. Sundaresan participated in the Chennai Runs 2024 along with UG & PG students.

On 24th December 2024,
The **LMS Demonstration** was
given by Madam Nirmala
Devi to our Faculties of our
Sri Ramachandra Faculty of
Occupational Therapy.





INTERNATIONAL STUDENT EXCHANGE PROGRAMME

"Cultural Differences in Meeting Global Activity & Nutritional Recommendation Post Pandemic"

Ms. Viki Milton has completed her traineeship which started from 22/07/2024 and ended at 16/08/2024 on title "Cultural Differences in Meeting Global Activity & Nutritional Recommendation Post Pandemic". She gained the knowledge about the role of Occupational Therapy in various Therapeutic Practices along with Assessment procedures and Intervention process in our Institute furthermore, the students of Bournemouth University had keen interest in learning which made our build-up of rapport with our Faculty members and students an informative one.





Apart from in Campus postings, the Faculty of Occupational Therapy organised an Out- Reach Program, to the National Institute for Empowerment of Persons with Multiple Disabilities [NIEPMD - Government of India] located in Muttukadu, Chennai, Tamilnadu. The students were oriented about the Disability welfare schemes and support provided by the Government of India for Persons with Disabilities. She had an interactive sessions with our UG & PG Students of Sri Ramachandra Faculty of Occupational Therapy regarding the Curricular aspects, Teaching methods, Learning Objectives, Clinical practice and Rehabilitation service.



TRIUMPHS OF SRFOT



On 16th November, Prof. Raghuram. P, Head, Sri Ramachandra Faculty of Occupational therapy, SRIHER, (DU), have presented a lecture on the topic Desensitization of muscle tone & Infant feeding methods in **CLINICAL UPDATES IN INDIAN BREASTFEEDING PRACTICE** (6th Edition - 2024).



Ms. Mona Elumalai, Assistant Professor, SRFOT received an honorable mention in the event **"One Step Ahead"** Faculty and Staff Fitness Challenge organized by the SRIHER Fitness Club. Her participation exemplified dedication to promoting a healthy and active lifestyle. This recognition highlights her within the SRIHER community, embodying the event's motto: **"Elevate, Energize, Excel."**





Ms. Kanagavalli of BOT 3rd year has participated in the session on **'Educating for Global Impact'** conducted by the Rotaract Club of SRIHER.

Paediatric PGs of SRFOT organized a Group Therapy Program to commemorate World Cerebral palsy Day 2024.





On 3rd October, Hand and
Musculoskeletal PGs were awarded 1st
place in the mini-movie competition
conducted by the **Society Of Hand Therapy**, Bangalore, India.



On 1st July 2024, Our UG Student Mr. Mohammad Azar (2021 Batch) and Ms. Neharika Valoor (2022 Batch) have been Selected as Student council members and received their student council badge in the Investiture Ceremony on 10th JULY 2024.





On 10th July 2024, Our UG Student Mr. Bowas (2021 Batch) and Ms. Pooja (2021 Batch) received their student council experience certificate.





On 11th July 2024, Our PG students have volunteered and participated in the Origami making with our young cancer warriors, organized by Med-hope Activity to interact with Cancer warriors of the Paediatric age group in the Paediatric Oncology ward.









On 19th to 21st of July 2024, the 3rd year B.O.T Students of Sri Ramachandra Faculty of Occupational Therapy (SRFOT) have participated in the National Conference on "Emerging Trends in Healthcare and Multidisciplinary Studies" organized by Meenakshi academy of higher education and research.

On 3rd August, Ms. Varsha, first year B.O.T student [2024 batch] participated in South Zone Women's Boxing Championship [Category 47kg] and received Gold Medal in the same.





On 23rd October, Abdul Azeez, Negha, Hanusuya received the 3rd prize for Reels competition on **World Bio-Ethics Day.**



The following students are **WINNERS OF BIOETHICS PRELIMS** ROUND on 23rd October 2024, **SHORT FILM -2nd price** winners

[Azar , Pooja, Tharani, Vikraman, Delwin, Hubert] and **3rd prize winners**[Bowas, Praveen, Amirtha , Sanjay, Nidhish, Jaisree]





On 23rd October, Ms. Faiza Haneefa
Third year B.O.T student [2021
batch] participated in **BIOETHICS PRELIMS ROUND -POEM** and
received 1st prize





Ms. Gayathri, Final year B.O.T student [2021 batch] participated in **SWIMMING COMPETITION** and received 3rd prize in 50m backstroke swimming competition:
Meraki 2024 (3rd to 25th September)





On August 17th , Mukesh, Janapriya, KN.Abi Meyyammai , Bowas, Pooja, Kanagavalli, Maria received the **Founder chancellor Merit Cum Means Scholarship** for the Year 2023-24

On 23rd October, **World Bio- Ethics Day,** Jiya, Janani ,Shainita,
Pragna Jedidiah, Advaita
received the 1st prize for Bio
Ethics short film competition





SRFOT PG student Ms. Mona have secured 2nd prize in E – poster presentation at the Ramachandra Paediatric Palliative Care Conference R-PPALCON-2024 which is organized by Division of Paediatric Care & Department of Paediatric Haematology and Oncology, Sri Ramachandra Institute of Higher Education and Research on 31st August & 1st September.





On 20th September 2024 B.O.T 2nd year student Ms. Maria Jacob received the "Founder Chancellor Shri NPV Ramasamy Udayar Cash Award" for the year 2023 during the University Day Function.

On 20th September 2024, B.O.T. 2nd year student, Ms. Fouziya, received the **Best NSS Volunteer Award** for the year 2023, on Founder's Day and University Day







SRFOT Students won 3rd prize in the MERAKI'24 dance competition





SRFOT UG's and PG's students participated in the **Chennai Runs 2024** Marathon conducted on 27th October.

Department of **Plastic Surgery** conducted a quiz on topic Burns on 23rd October, in which Ms. Ashika Banu from the 2021 batch secured 3rd place.







SRFOT Student Drayden Nicholas Elijah of 3rd year became the title winner of Mr SRIHER of MERAKI'24



Ms. Priyadharshini (BOT Final Year) won 1st place in KHO - KHO (female) captain representing our University in Chettinad Health City Inter college sport and cultural festival on 7th September 2024.



Ms. Janani (BOT First Year) won 3rd place in a reel's competition conducted by SRFOT for **World Stroke Day** in the theme of Greater than Stroke Active Challenge



Mr. Arulkumaran (PG First Year) won 2nd place in the Basketball competition representing **PG Dawn at MERAKI 2024**.



SRMC - ISSH Basic Hand Surgery Course - 14th December 2024

On 13th and 14th December 2024, final-year students from SRFOT's Hand and Musculoskeletal Rehabilitation program took part in a focused course on hand injuries, covering both surgical and non-surgical treatment methods to enhance their clinical skills and understanding. Our interns played an active role in the program, showcasing their dedication to hands-on learning and professional growth.



Workshop Program - 18th December 2024

The final year undergraduate students of Sri Ramachandra Faculty of Occupational Therapy actively participated in the Capacity Building Workshop for Early Career Researchers: 'Lab to Market'. This workshop was organized by the Sri Ramachandra Innovation and Incubation Centre in collaboration with Startup TN, fostering a dynamic environment for young researchers to translate their innovative ideas into market-ready solutions.







Ms. Mahati Nachiyar of BOT 2nd year awarded 1st prize in 400m women's running and 2nd prize in the Long jump at **Surviva Intercollege sports** festival at government medical College, omandurar government estate from 26th to 27th october

SRFOT interns have participated in a wheelchair-user sports event (THIRAMAI 4 ALL) for a differently abled population hosted by IIT Madras' National Centre for Assistive Health Technologies.





Mr. Mohammed Hishaam H.H 2nd yr BOT has been spotted in **SRIHER Bridges** for winning 2nd prize at Our Campus **Photography and in Reels Competition,** Mr. M.Rohith, Mr. G.Alvin Noel, Ms K. Mahathi Nachiyar and Ms. P. Princy Merlin from B.O.T 2nd year has won 1st prize.



CLUB ACTIVITIES



The Med Hope Club of SRIHER held an Origami Making Play Date on 11th July for young cancer warriors. Various origami techniques were explained and demonstrated. The creations were displayed on the walls, brightening the ward, reflecting their creativity and resilience. 20 children participated.

Ms. Chetna from UG 2024 Bachelor of Occupational Therapy [BOT] 1st year has been elected as **Secretary** of Dance Club





On 25th JULY 2024, B.O.T 1st, 2nd, & 3rd year students of SRFOT have participated in **"Rave Cultural Fest"** which is organized by Music Club, Dance Club & Theatre Club in Sri Ramachandra Institute of Higher Education and Research (DU).



NSS ACTIVITIES



On 18th July 2024, volunteers from NSS unit 1 & 2 of B.O.T 2nd year participated in the cleaning program at eco park of **Queen** Mary's college.

On 6th September 2024 B.O.T 2nd year Students from NSS unit 4, volunteered in **Palm Seeds Plantation Program** near Keelkattalai Lake, Pallavaram.





On 13th September 2024 B.O.T 2nd year students from NSS UNIT 1 & 2,volunteered in Palm seeds plantation program near Thirumullaivoyal Lake, AVADI.



NSS ACTIVITIES

On 21st September 2024 B.O.T 2nd year students from NSS unit 5 participated in **SWACHTA HI SEWA CAMPAIGN** in Parivakkam village to clean the non recyclable waste lying around the village area.



NSS activities - 4th December 2024

On 4th December 2024, the 2nd year students of BOT have volunteered and for NSS Unit 4 and participated in **Swachh Bharath programme in Banaveduthottam Village** for awareness of World Toilet Day.

The following students were volunteered in this NSS activity:

Thiruvengadam (BOT 2nd Year)

Mohammad Hisham (BOT 2nd Year)

Mohammad Naveed (BOT 2nd Year)



NCC ACTIVITIES

NCC Activities - 21st December 2024

- It is with great pleasure that we announce the successful completion of the 10-day **NCR Combined Annual Training Camp** by our undergraduate student, Cadet Samiksha.S of 2nd year BOT. The camp was held at Air Force Station, Tambaram from 11th 20th December, 2024.
- **Cadet Samiksha.S** demonstrated exceptional skills and teamwork, securing top honors in the following competitions:

1st Place: Contingent Drill

2nd Place: Firing

3rd Place: 800 meters Running









CLUSTERS OF SRFOT

MASTER OF OCCUPATIONAL THERAPY



MOT 1st YEAR [2024-2025 BATCH]



MOT 2nd YEAR [2023-2024 BATCH]



CLUSTERS OF SRFOT

BACHELOR OF OCCUPATIONAL THERAPY



BOT 1st YEAR [2024 - 2025 BATCH]



BOT 2nd YEAR [2023 - 2024 BATCH]



CLUSTERS OF SRFOT



BOT 3rd YEAR [2022 - 2023 BATCH]



BOT 4th YEAR [2021 - 2022 BATCH]



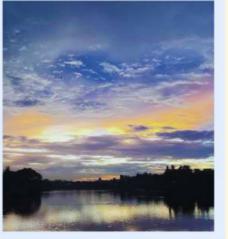
BOT INTERNS [2020 - 2021 BATCH]

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Ms. Varada Nambiar III yr. BOT



Mr. Mohammed Hishaam H.H. II yr. BOT



Mr. Swartz Sam Paul IIIrd Yr.



Ms. Shanmugapriya M. II Yr. BOT



Ms. Pragati IIIrd Yr. BOT



Mr. Allwyn Issac IInd Yr.



Ms. Monisha IInd Yr. MOT



Ms. Varada Nambiar IInd Yr. MOT



Mr. Lokesh Kumar IInd Yr. MOT



Ms. A D Eswari II nd yr BOT



Ms.Makshina Parveen
II nd yr BOT



Mr. Enoch Edwindoss A
II nd yr BOT

INTERNATIONAL WOMEN'S DAY

தலைப்பு:

*பெண்கள் உள்ளடக்கத்தை ஊக்குவித்தல்"

கவிதை:

பெண். மகளாகப் பிறக்கிறாள்.

பெண். தங்கமாக பார்த்துக் கொள்ளும் தங்கை ஆகிறாள்.

பெண். சோக நேரத்தில் தோள் கொடுக்கும் தோழியாகிறாள்.

பெண். மனம் சேர மனைவியாகிறாள்.

பெண். வரம் பெற்று தாயாகிறாள்.

பெண். பல ஆண்டு வாழ்ந்து முதுமை அடைகிறாள்.

பெண் பல விதமாய் மாறுகிறாள்.

பெண்ணே... பெண்ணே... புரிந்துகொள் பெண் இல்லாத பூமி இல்லை....சவாலை ஏற்று சாதிக்க பிறந்தவள் நீ....

நீ உன் அழுகை, வெட்கம், அவமானம், துக்கம், வலி, வேதனை என்னும் இவைகளை உதறிவிட்டு ஒளிரும் தரியனைப் போல் எங்கும் ஒளிரு.......

Ms.Ebisha Hatshal II nd yr BOT

CLINICAL ACTIVITY

Group Therapy 40 35 30 25 20 15 10 5 0 Jan Feb Mar Apr May Jun























Psychiatry ward



Paediatric ward



Hand Splinting





CONTINUOUS

LEARNING ACTIVITIES

<u>MASTER OF OCCUPATIONAL THERAPY</u> <u>[PAEDIATRICS]</u>

- 1. Effectiveness Of Vestibular Stimulation To Improve Posture Control And Its Impact On Upper Limb Motor Function For Children With Cerebral Palsy *Dr.Aswini. R (OT)*
- 2. Efficacy Of Task Based Motor Imagery Training On Enhancing Motor Proficiency Executive Function For Children With Developmental Coordination Disorder *Dr.Aarthi. A (OT)*
- 3. Effectiveness Of Task Oriented Training In Black Light Environment To Improve Functional Performance And Its Impact On Cognitive Functions For Children With Sensory Processing Disorder *Dr.Deepika.P (OT)*
- 4. Impact Of Flipped Classroom On Clinical Skills For Undergraduate Occupational Therapy Students -*Dr. Mona. E (OT)*
- 5. Effectiveness Of Occupational Therapy Joint Attention Strategies To Improve Occupational Engagement In Children With Autism Spectrum Disorder *Dr.Privin Raj. P (OT)*
- 6. Effectiveness Of Aerobic Dance Program To Reduce Inattention And Its Impact On Academic Performance Level Among Children With Attention Deficit Hyperactivity Disorder *Dr.Karthica. K (OT)*
- 7. "Use of Low Cost Robotic Creeper Device for Infant with Developmental Delay" **Dr.Suganthi. R (OT)**
- 8. Effectiveness of cognitive behavioral based play activity to reduce social anxiety in orphanage children **Dr.Swarnamala (OT)**



<u>MASTER OF OCCUPATIONAL THERAPY</u> [HAND & MUSCULOSKELETAL REHABILITATION]

- 1. Design, Development, Validation of [Ot] Hand Rehabilitation Device And Its Effectiveness On Hand Function Among Hand Injuries – *Dr.Jenisha J (OT)*
- 2. Design, Development & Analysis of Gamified Hand Rehabilitation Device To Interpret Wrist And Forearm Range Of Motion – *Dr.Yashwanth & P (OT)*

CONTINUOUS LEARNING ACTIVITIES

<u>MASTER OF OCCUPATIONAL THERAPY</u> [NEUROLOGY]

- 1. Effectiveness Of Functional Based Mirror Therapy To Improve Upper Extremity Function In Patients With Stroke –*Dr. Jai Vignesh. S (OT)*
- 2. Development Of Indian Functional Independence Tool And Its Psychometric Analysis
- Dr.Mithra M (OT)
- 3.Effectiveness Of Action Observation Of Meaningful Task To Improve Upper Extremity Function In Patients With Multiple Sclerosis –*Dr. Akshara T S (OT)*
- 4.Comparison Of Home Setting And Therapeutic Setting To Improve Occupational Performance Among Stroke Survivors –*Dr. Kamalesh G.T.R (OT)*



MASTER OF OCCUPATIONAL THERAPY [MENTAL HEALTH]

- 1. Promoting Resilience And Reducing Stress: A Trauma Informed Occupational Therapy Approach For Parents Of Children With Autism – **Dr. Darsana (OT)**
- 2. Balancing Everyday Life (Bel) Intervention: Exploring Its Impact On Activity Engagement, Functional Improvement And Quality Of Life Among Individuals With Mental Illness **Dr. Angelin Thangam. R (OT)**
- 3. Effectiveness Of Sensory Based Activities To Improve Task Behaviour And Its Impact On Activities Of Daily Living Skills For Patients With Schizhophrenia –*Dr. Leala Joyce Rani. R (OT)*
- 4. Advancing Proficiency Empowering Occupational Therapy Students To Integrate Sexual Health In Clinical Practice *Dr.Deepika Josephine (OT)*
- 5. Effectiveness Of Model Of Human Occupation [MOHO] In Enhancing Life Skills And Its Impact On Quality Of Life [Qol] Among Mentally Ill Offenders In Tamil Nadu *Dr.Sri Balaji. R (OT)*

BACHELOR OF OCCUPATIONAL THERAPY

- 1. "Design, Development, and Use of Motorized Dynamic Wrist Orthosis to improve Wrist Range of Motion and its impact on Functional Skills in Patients with Distal Radius Fracture" *Ms. Janapriya.D*
- 2. Effectiveness of Activity Based Group Therapy (ABGT) to Improve Self-Efficacy and its Impact on Mental Well-Being among First Time Male Offenders. *Ms. Abirami L.N.*
- 3. Effectiveness of Occupational therapy staying steady Group to reduce the fear of fall and it's impact on Activities of daily living and quality of life for elderly population **Ms. Sweatha. D**
- 4. Use of lively Dynamic Wrist Splint on reducing Spasticity and its impact on Upper Extremity Motor Function and Activities of Daily Living for a patient with Chronic Stroke- A case study **Ms.** *Harini* .*V*
- 5. Occupational Therapy- Functional Independence Restoration through Strategy Training (OT-FIRST) on Quality of Life for Institutionalized Elderly Women with Knee Osteoarthritis: A Quasi-Experimental study **Mr. Mukesh****Khanna K**
- 6. Use of Non Immersive Virtual Reality Game for Upper Extremity Function and it's impact on Activities of Daily Living for a person with Subacute Stroke **Mr. Nithish Srinivasan**
- 7. Use of a modified Skill building through task oriented motor practice (STOMP) intervention to improve occupational performance and its impact on Quality of life in a stroke patient with apraxia *Mr. Mahmood Imran*
- 8. "Use of music pillow to reduce insomnia and its Impact on quality of sleep for person with Alcohol Use Disorder
- A case study" Mr. Benjamin Theophilus A
- 9. Use of SACS-P In Occupational therapy intervention to enhance social and communication skills in monozygotic twins with autism spectrum disorder *Ms. Anu Dixaa*
- 10. Impact of Ergonomic Intervention on Occupational Performance among Sewing Machine worker in the Leather Industry: A Case Study- **Ms. Monika .R**
- 11. Occupational Therapy- Handwriting Skills Training (OT-HwST): On Self-Esteem Following Injury- Induced Dominance Transfer for an Adult with Brachial Plexus Injury- *Ms. R. Sathya priya*
- 12. "Use Of Carpal Box In Improving Hand Function And Its Impact On Severity Of Symptoms And Functional status in a patient with carpal tunnel Syndrome" *Ms. Malavika*
- 13. "Comparison of Motor relearning program and Neurodevelopmental therapy for restoring the upper extremity function and its impact on activities of daily living for the patients with sub-acute stroke **Mr. Martin. C**
- 14. Mirror Therapy over Occupational Therapy to improve Upper Extremity Functional Performance and its impact on Quality of Life in persons with breast cancer. **Ms. Boomika**
- 15. Use of Sensor based cane in Improving Instrumental Activities of Daily Living and its Impact on Quality of Life for a Person with Visual Impairment **Ms. Priya N**
- 16. Use of Adaptive Seating on Sitting Posture and its impact on Basic Activities of Daily Living for a child with Spastic Quadriplegic Cerebral Palsy **Ms.** Nancy Chelshiya N
- 17.Effect of Occupational Therapy intervention on Activities of daily living skills and Quality of Life for a tailor with Non-specific low back pain **Ms. Hema Malini M**
- 18. Use of Task-Based Digital Mirror Therapy (TBDMT) to Improve Upper Extremity Function Recovery and Analysing its Impact on Occupational Performance in A Stroke Patient: A Case Study Mr. Malcolm Shadrach R

BACHELOR OF OCCUPATIONAL THERAPY

- 19. Prevalence of Homesickness and Separation Anxiety Symptoms level in relation with their Gender among First- year Undergraduate hostel students *Ms. Sagayamary D*
- 20. Prevalence of Self Stigma and psychological distress among parents of children with Autism Spectrum

 Disorder A Cross Sectional study *Ms. Harshavardhana A*
- 21. Association Between Child's Behaviour, Parental Stress and Child-Parent Relationship among the Parents of Children with Attention Deficit Hyperactivity Disorder: A Cross-Sectional Study" Ms. Vinisha

Shrine V

- 22. Prevalence of Level of Frailty and Depression in Elderly people in Old Age Homes Mr. Dharun Ganesh
- 23. Association Between Social participation level and gender among persons with obesity: A cross sectional study *Ms. K.Sharmishtaa*
- 24. Prevalence of work related stress and quality of life among loco pilots Ms. Shalini B
- 25. Examining the Association between Fear of Progression and Parental Stress among Primary Caregivers of Children with Cancer: A Cross-Sectional Study **Ms. Dhanusha K**
- 26. The Interplay of Thanatophobia and Resilience among individuals with cancer A Quantitative analysis -

Ms. Sheryl Scarlet

- 27. Prevalence of Caregivers Distress Among Caregivers of patients with Dementia A Cross Sectional Study Ms. Vani
- 28. Prevalence of computer vision syndrome & musculoskeletal symptoms among Information technology employees -A cross sectional study **Ms.** *Ganga*
- 29. Association of Direct and Indirect Aggression and Victimization with the levels of Peer Relationship among Adolescent Orphans Ms. Thaarunya R V
- 30. Relationship between post traumatic stress disorder and professional quality of life among emergency health care professionals: A cross sectional study **Ms. Surabhi**
- 31. A cross-sectional study to estimate the level of burnout, stress and Mental well-being and Patten of coping among undergraduate medical students in relation to gender and various academic years Mr.

Gokulakrishnan

- 32. "Prevalence of Dysmenorrhea and its self management strategies among Healthcare Students A cross Sectional study " *Ms. Janani*
- 33. "Prevalance of Imposter Phenomenon among undergraduate Occupational Therapy students : A Cross-Sectional Study" Mr. Deepak S
- 34. Prevalence of Musculoskeletal Discomfort among Security Guards :A Cross-Sectional Study- Ms. Kaveri.B
- 35. Investigating therapeutic styles used in therapeutic relationship and their correlation among undergraduate occupational therapy students across various academic years A cross sectional study Ms.

Rachna S



Sri Ramachandra Faculty of Occupational Therapy

Is a constituent faculty in Sri Ramachandra Institute Higher Education and Research, a Deemed to be University (formerly known Sri Ramachandra University), ranked among the top health sciences universities in India. SRIHER has been accredited (cycle - 3) by the National Assessment and Accreditation Council (NAAC) with Grade A++ and placed in Category - I Universities in India by the UGC ranked and 57 among Universities in NIRF 2023.



Since its inception in 2017, SRFOT has been recognized as a preeminent center for developing competent. Occupational Therapists. Our Graduate students were employed as dignified Occupational Therapy Practitioners by National and International Organizations. SRFOT offers four-and-a-half-years Undergraduate Program (B.O.T.), two-year Postgraduate (M.O.T.) and Ph.D. (Full/Part Time) programs. The Sri Ramachandra Faculty of Occupational Therapy has a well-established clinical facility on campus that provides outstanding services to the patients as well as hands-on training for our students. SRFOT has received an award in the category of "Outstanding Institute in Innovative Teaching and Learning Practices" for its teaching and learning process.

Vision:

To be a global leader in Occupational Therapy education and practice, fostering the development of highly skilled professionals and delivering compassionate, innovative care to enhance the well-being of individuals and communities in India and beyond.

Mission:

- To provide exemplary education and training for future Occupational Therapists, equipping them with the skills and knowledge to excel in diverse clinical and community settings.
- To offer top-tier Occupational Therapy services, integrating advanced research and clinical practices to meet the highest standards of patient care.
- To establish a state-of-the-art facility recognized for its excellence in Occupational Therapy, promoting continuous advancement in therapeutic practices and holistic health solutions.

PROGRAMMES OFFERED



Undergraduate Program

Bachelor of Occupational Therapy (B.O.T) - Four and half years Degree Program

Students in the B.O.T program learn skills in Health conditions, Human Occupations, Evaluation, Intervention, and Research methods. The B.O.T students undergo intensive clinical training and fieldwork in the areas of Pediatric to Geriatric care (From Neonates to Palliative Care) in the attached Sri Ramachandra Hospital, Medical Centre & and Sri Ramachandra Rehabilitation Centre.

Postgraduate Program

Master of Occupational Therapy (M.O.T) - Two years Degree Program. Specialization includes,

- 1.M.O.T Paediatrics
- 2. M.O.T Neurology
- 3. M.O.T Mental Health
- 4. M.O.T Hand & Musculoskeletal Rehabilitation
- 5. M.O.T Oncology & Palliative Care

Ph.D. Program

Full-Time / Part - Time



E- Copy of the Newsletter can be accessed at

https://www.sriramachandra.edu.in/university/news-letters

Contact Details: Extn: 7031/7040

Email: occupationaltherapy@sriramachandra.edu.in

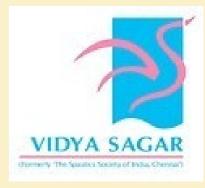
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Collaborative - Partners















International Collaboration





OUR RECRUITERS





















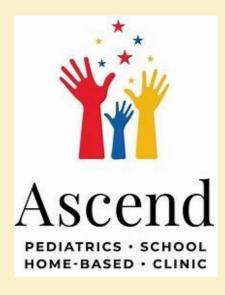






OUR RECRUITERS













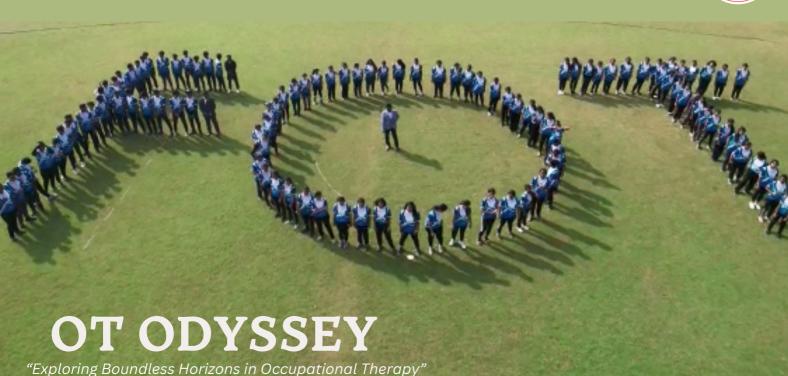






SRI RAMACHANDRA — FACULTY OF OCCUPATIONAL THERAPY—







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VOLUME 3 **JUL - DEC 2024**

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