

SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH



(Category - I Deemed to be University) Porur, Chennai



Newsletter of SRIHER (DU)



March 2025

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FROM THE EDITOR'S DESK

March carries with it the spirit of change, a gentle transition from spring's renewal to the year's more determined pace. It is a time when academic institutions begin to bloom with fresh ideas, collaborations, and initiatives that set the tone for the months ahead.

In a remarkable display of inter-institutional collaboration, Dept. of Neonatology, SRMC & RI, joined hands with JIPMER, Puducherry, and Christian Medical College, Vellore, to host NeoCORE 2025; the Neonatal Conference on Research. Dept. of Human Genetics, SRFBMST, in association with the Queen's University Belfast School of Biological Sciences, UK, hosted a series of lectures as part of the HuGe Alumni Event Series. Dept. of Biomedical Sciences, SRFBMST, conducted a hands-on workshop on 'Computer-Aided Drug Discovery through Bioinformatics Approach'. Surgical science and clinical expertise were celebrated through the International AWR-DI Surge Pre-conference and Post-conference Workshops, hosted by the Dept. of General Surgery, SRMC & RI, alongside the Depts. of Anesthesiology, Anatomy, Arthroscopy, and the Abdominal Wall Reconstruction (AWR) team, creating a rich platform for skill-building and surgical innovation. Keeping pace with technological advancement, the Sri Ramachandra Faculty of Pharmacy (SRFoP) organized 'CHEMCON 2025, Series-VIII', a professional development programme focused on chromatographic techniques.

Expanding the conversation to school education, SRET hosted a School Principals' Conclave on the theme 'AI Technology for School Education'. Promoting digital safety and public awareness.

As we wrap up this vibrant month, it is heartening to witness the multidisciplinary dynamism, global outreach, and community focus that define the essence of SRIHER. May we carry this momentum into the coming months, continuing to bridge disciplines, generations, and communities; just as Bridges strives to do.

Dr. V. Deepa Parvathi Managing Editor

ALUMNI CORNER





Prof. Dr. Antony Leo Aseer, Principal, Faculty of Physiotherapy (MPT 1999–2001), was honoured with the 'Alumni Excellence Award 2025' by RVS College of Physiotherapy, Coimbatore, on 18th March.



Dr. Deepa Agarwal (M.Sc., Clinical Nutrition 2007–2009) was invited as an eminent speaker at INCOIS – Ministry of Ocean Sciences on 5th March, as part of the International Women's Day celebrations.



Mr. Hari Balaji V. R. (MBA 2011–2013) was presented with a 'Certificate of Appreciation' by the Indian Icon Awards for his ongoing contributions and untiring efforts during the year 2024–2025. He was also honored with the prestigious 'Indian Icon Humanitarian Award' in recognition of his dedicated service on 24th March at Chennai.

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ALUMNI CORNER

Ms. Sweetha Andiappan (MBA 2021–2023) was recognised as a 'Shining Star' by USTAR for her performance in her designated role, reflecting her dedication and excellence at work.





Dept. of Human Genetics, SRFBMST, in association with Queen's University Belfast School of Biological Science, UK, organised lectures on 28th March as part of HuGe Alumni Event Series. Prof. Colin McClure, Queen's University Belfast School of Biolog-

ical Science, UK, organised lectures on 28th March as part of HuGe Alumni Event Series. Prof. Colin McClure, Queen's University Belfast School of Biological Science, spoke on 'Gene Editing and the CRISPR Revolution' and Dr. Rohini Nair, an alumna (M.Sc. Human Genetics 2007-2009) of SRFBMST and a Research Associate (Incoming) at the Dunaief Lab, F.M. Kirby Center for Ophthalmology, University of Pennsylvania discussed 'Decoding the Legendary Guardians of the GalaxEyE: The Retinal Pigment Epithelium'. The event was held in a hybrid format attended by 130 students.

AWARDS & RECOGNITIONS



Dr. S. Nagendra Boopathy, Prof., Dept. of Cardiology, SRMC & RI was honoured with the Early Career Scholarship Award on 10th March as well as with the Torrent Research Award – Mid-Career Investigator 2025 on 21st March for his contributions to the field of Cardiology on a global scale at the conference held at IIT Madras by International Society for Heart Research from 21st to 23rd March.



Dr. Pulkit Mehrotra, II yr. M.D. General Medicine, SRMC & RI won the 'Best Abstract Award' for 'MAFLD and IBD: A Crossroad of Metabolic Risk and Disease Flare' presented during the 34th Annual Meeting of the Asian Pacific Association for the Study of the Liver (APASL 2025), held at Beijing from 26th -30th March.



Dr. A. Arun Aloysius Magesh, Administrator, *Vidya Sudha* and Nodal Officer for the Welfare of Persons with Disabilities, SRIHER was awarded the 'Best Social Work Practitioner Award 2025' by the Dept. of Social Work, Alagappa University, Karaikudi on 19th March.

INTERNATIONAL WOMEN'S DAY AT SRIHER



Sri Ramachandra Centre for Women's Advancement (SRCWA) observed International Women's Day on 6th March. Ms. Noori Amma, Founder of SIP Trust that helps HIV affected patients and Mrs. Raji Akka, an auto driver providing free auto service to marginalised women were honoured. The Chief guest Ms. Divya Abhishek, Chairperson, Institute of Cost Accountants, Southern Region exhorted women to excel in life. Ms. Samyukta Venkataachalam, Trustee, graced the occasion.

Dept. of Mind Body Medicine & Lifestyle Sciences conducted the following sessions/workshops:

- 'Chair Yoga' for 160 nurses and 10 staff members on 5th March as part of Women's Day celebrations
- 'Stress management session' on 7th March for women police personnel at the Cyber Crime Wing, Ashok Nagar as part of Women's Day celebrations, to address occupational stress and promote mental well-being among women in law enforcement. 45 police personnel participated.
- Panel discussion on 'Sleep in Adolescence' as part of *Nithirai Thiruvizha* World Sleep Day 2025 on 14th March, in association with Depts. of Physiology & Psychiatry, SRMC & RI. The discussion highlighted key issues such as delayed sleep phase, digital distractions, mental health risks, and the role of holistic approaches like yoga and mindfulness in improving sleep. 60 students and faculty members participated. An online e-poster competition was also conducted on the theme.



Women's Day celebration was organised at *Vayalanallur* by the Rural Health and Training Centre, SRMC & RI, in collaboration with Dept. of Community Medicine and Community Health Nursing, Dept. of Women's Health (Sri Ramachandra Faculty of Physiotherapy), Sri Ramachandra Dental College and Hospital (SRDC&H), and Mohan Foundation, Chennai on 14th March. Dr. Mahalakshmi Sivaraman, Director, MedPro Clinic and Director of Youth Service Rotary Club Madras, was the invited speaker. Faculty members and students of B. Sc. (Post Basic) Nursing, Dental and Physiotherapy, provided comprehensive insights about women empowerment and self-care. 180 individuals attended the programme and 25 women were taught about self-defence.

INTERNATIONAL WOMEN'S DAY AT SRIHER



SRFPH and Sri Ramachandra Centre for Women's Advancement (SRCWA), commemorated International Women's Day and conducted a self-defence programme on 6th March. The program was centred on various self-defence techniques and basic everyday tools available to women to protect themselves. 55 students and faculty members participated.



Dept. of Women's Health, Sri Ramachandra Faculty of Physiotherapy, on the occasion of International Women's Day organised 'Fit Fab Fun' a game-based fitness programme for the female students on 7th March. The programme aimed to bring awareness among students regarding their physical fitness. 53 students attended. In continuation of this, an outreach program was conducted at RHTC, Vayallanallur on 14th March. 35 women were screened for physical fitness and exercises were prescribed accordingly.

The Dept. of Clinical Nutrition, SRFAHS, commemorated International Women's Day on 10th March. The event was dedicated to honour the contributions of non-teaching and housekeeping women staff. The celebration was marked by a series of competitions designed to promote creativity, teamwork, and recreation. 20 women staff participated.



'Eco-walk' was organised on 29th March to commemorate the Birth Anniversary of Smt. Kamalam Ramasamy Udayar. 500 faculty members, students and staff of SRIHER participated. The event encouraged planting of saplings by the officials of the university, faculty members and students.



The Dept. of Obstetrics and Gynaecology Nursing, SRFON, observed International Women's Day on the theme 'Accelerate Action' on 7th March. Awareness was created through thematic song, skit, dance, and quiz by IV yr. students of B.Sc Nursing (Basic) and II yr. M.Sc Nursing. 75 mothers attended.



The Dept. of Neonatology, SRMC & RI, on 13th March, inaugurated Comprehensive Lactation Management Centre (CLMC), established for the purpose of collecting, screening, processing, storing and distributing donor human milk. 250 faculty members, staff nurses and paramedical personnel attended the inauguration. The center was named the 'Kamalam Udayar Comprehensive Lactation Management Centre'. Chancellor, Shri V.R. Venkataachalam graced the occasion.



Dept. of Neonatology, SRMC & RI, organised Advanced Neonatal Resuscitation Program on 1st March. 48 paediatric post graduates from Tamilnadu, Andhra and Kerala participated.



Dept. of Neonatology, SRMC & RI, in association with JIPMER, Puducherry and Christian Medical College, Vellore organised NeoCORE 2025 (Neonatal Conference on Research and Expert Talks), from 27th to 29th March. The event spotlighted cutting-edge research and clinical advancements under the theme 'Advancing Neonatal Care Through Research & Expertise'. Pre-conference workshop was held on 27th March and focused on artificial intelligence in neonatal research, inborn errors of metabolism, and practical training in academic tools. The conference featured the prestigious Dr. R. Shanmugasundaram Oration delivered by Dr. Sathya Jeganathan, Principal, Health and Family Welfare Training Centre, The Gandhigram Institute of Rural Health & Family Welfare Trust, Gandhigram, Tamilnadu. Prof. Dr. Arasar Seeralar, Administrative Consultant, (Pediatric Research & Projects) The Tamilnadu Dr. MGR Medical University, Chennai was the chief guest. 200 post graduate students of Neonatology (DM & DNB) from various medical colleges and hospitals all over India attended.



The Dept. of General Surgery, SRMC & RI, in collaboration with Depts. of Anesthesiology, Anatomy, Arthroscopy, SRMC & RI, and Abdominal Wall Reconstruction (AWR) team hosted the International AWR-DI Surge Pre-conference and Post-conference Workshops on 6th and 9th March. The Pre-Conference Workshop hosted 283 delegates and focused on the core principles of AWR, Robotic AWR, Extraperitoneal (eTEP), the Body Lab and Aesthetic AWR. The Post-conference workshop hosted 186 delegates and focused on component separation, advanced imaging techniques for surgical planning, basic endoscopic and surgical training and integration of technology in surgical practice.



Dept. of General Medicine, SRMC & RI organised a CME programme on 'A Conundrum of UTI' on 28th March. Dr. V. Ramsubramaniam, Consultant – Infectious Diseases & Tropical Medicine, Apollo Hospitals was the invited speaker. The session included an in-depth discussion on the complexities of urinary tract infections, including their diagnosis, management challenges, and emerging antibiotic resistance patterns. 100 participants including post graduate students, interns and faculty members participated.



Centre for Professional Development and Dept. of Medical Education, SRMC & RI conducted a two-day workshop – We C.A.R.E: Looking Beyond AETCOM, focusing on communication, attentiveness, respect and empathy for medical teachers on 13th and 14th of March. 42 faculty members participated in the workshop.

The Dept. of Cardiology, SRMC & RI conducted a series of programmes. The details are listed below:

Type of Programme	Date	Title	Resource Person	No. of Participants
CME	8 th March	Cardiac Resynchronization Therapy	Dr. Ganesan, Trainer, Medtronic (Cardiac Pacemaker Division) & Internal Faculty members	Six faculty members & 15 post graduates
CME	14 th March	Angiotensin Receptor Neprilysin Inhibitor (RNI) in heart failure	Internal Faculty members	12 faculty members, 10 post graduates & 10 technicians
CME	28 th March	Changing dynamics with beta blockers-factors that influence the choice	Internal Faculty members	3 faculty members & 10 post graduates
Workshop	14 th March	Ventricular assist device (impella)	Mr. Ryan Deveau, Asso. Director Global Advanced product Training	15 faculty members, 10 post graduates and 10 technicians
Workshop	15 th March	3mensio Training Workshop and Continuous Structural Heart Training Program	Internal Faculty members	9 faculty members

The Dept. of Cardiology, SRMC & RI along with Sastra University, Leap Academy, and Madras Race Club conducted a series of camps. The details are listed below:

Venue	In association with	Date	Total number of beneficiaries
Guindy, Madras Race Club		2 nd March	114
Chinthathiripet	Leap Academy	15 th March	52
Loyola College	NSS	21st March	0
Red Hills	NSS	26 th March	44
Thanjavur	Sastra University	29 th March	501
Kumbakonam	Sastra University	30 th March	247

The Dept. of Cardiology, SRMC & RI conducted a series of 'Nalam' camps in association with Chennai Corporation and Rotary Club, aimed to provide free cardiac screening for pregnant women in Health Centres. The details are listed below:

Health Centre	Date	Total number of beneficiaries
Adyar	4 th March	61
Perungudi	6 th March	38
Injambakkam	11 th March	59
Kannagi Nagar	13 th March	53
Thiruvottiyur	18 th March	56
Madhavaram	20 th March	60
Pulianthope	25 th March	72
Korattur	27 th March	51

The Dept. of Pharmacology, SRMC & RI, conducted a training programme on 'Injection techniques' for the CRMIs on 18th March. 209 newly joined CRMIs were given hands-on training on intravenous bolus, intramuscular, subcutaneous and intradermal injection techniques using mannequins.



Dept. of Community Medicine, SRMC & RI, conducted a workshop on Basic Epidemiology, Statistics and Critical appraisal on 3rd and 4th March. Prof. B.W.C. Sathiyasekaran, Dean (Research), Sree Balaji Medical College, Chennai, delivered a lecture on 'Critical Appraisal of an article (Guidelines)'. Faculty members from Dept. of Community Medicine delivered a series of lectures on research, statistical analysis and inference, screening, and ethical guidelines for biomedical research on human participants. 135 students and faculty members from various medical colleges attended.



Dept. of Community Medicine, SRMC & RI, in association with Ramakrishna Mission Vivekananda College with *Yuva Bharathi* organised an awareness programme on 'Substance Abuse Prevention' on 17th March. A lecture on 'Say YES to Life and NO to Drugs' was delivered followed by a skit on the topic by students of theatre club. 725 UG students and faculty members participated.

Dept. of Biochemistry, SRMC & RI, conducted 'Bioquest- The Puzzle Zone' for I yr. MBBS students on 14th March. Dr. V. K. Ramadesikan, Sr. Consultant and Head of Clinical Biochemistry, Sundaram Medical Foundation was the judge. 250 participants attended.



The Dept. of Medical Education, SRMC & RI, NMC Nodal Centre conducted the Basic Course in Medical Education (BCME) for 29 faculty members of standalone PG institutions from 3rd to 5th March.

Dept. of Ophthalmology in association with Dept. of Paediatrics, SRMC & RI, organised a CME Programme on 'The Eyewink Hoodwink - A sensitization on cerebral visual impairment: A team approach' on 3rd March. Dr. Meenakshi Swaminathan, Paediatric Ophthalmologist & Visiting Consultant, SRIHER and Dr. Namitha Jacob, Director, Chetana Charitable Trust, Chennai were the resource persons. 102 faculty members and PG students attended.



SRIHER and Transforming Faces Canada commemorated the 20th Anniversary of their partnership on 3rd March, marking two decades of impactful collaboration in cleft care. Mr. Hugh Brewster, Executive Director, Transforming Faces and Mr. Andrew Inglis, Program & Financial Officer were the invited guests. The Cleft Care Centre of Excellence was inaugurated. The guest for inaugural ceremony was Dr. Saranya T. Jaikumar, an educational psychologist and President, Voxdemy, alongside three experts in the field: Prof. S. M. Balaji, Director, Balaji Dental & Craniofacial Hospital, Chennai; Prof. Pushpavathi M., Director, All India Institute of Speech and Hearing, Mysuru; Prof. Puneet Batra, Pro-VC, Dean, School of Dental Sciences, Manav Rachna International Institute, Faridabad.100 patients and their families who have benefitted from this long-standing collaboration and received essential services, participated.



Ms. Rishika Sharda, II yr. M.Sc (Speech Language Pathology), Sri Ramachandra Faculty of Audiology and Speech Language Pathology (SRAFSLP) won 3rd. prize and a cash reward for an oral presentation titled 'Observer-Reported Outcome of Augmentative and Alternative Communication (AAC) Intervention in Children with Developmental Disorders' at the 9th Annual NICE Conference on Autism - AUTCON 2025, held on 23rd March in Chennai.

SRFASLP conducted a demonstration on SRESHT (Services to Reach Children with Speech & Hearing Disorders using Telepractice) pediatric hearing screener highlighting the importance of early hearing detection and intervention for children by the SRIHER-India Alliance Lab on 19th March. This is part of Wednesdays @ SRFASLP, a signature activity. 68 UG and PG students of FASLP and faculty members attended.



Dept. of Environmental Health Engineering Sri Ramachandra Faculty of Public Health, the Karthikeyan Child Development Unit (KCDU), and *Vidya Sudha* organised 'Strong Mind and Strong Health' on the theme 'Building resilience through mindfulness' to commemorate International Down Syndrome Day on 21st March. The programme was conducted specifically to benefit parents of children from *Vidya Sudha*. A meditation session was conducted by Mrs. Nanditha Bharathwajan and Mrs. Sandhya

The Dept. of Human Genetics, SRFBMST, organised a Down Syndrome Awareness programme on 21st March. Dr. Indhumathi N., Geneticist and Head, Dept. of Medical Genetics, Apollo Hospitals, Chennai was the invited sepaker. 120 Students and faculty members participated.

Dept. of Pharmaceutical Chemistry, Sri Ramachandra Faculty of Pharmacy (SRFoP), organised 'CHEMCON 2025, Series-VIII'-A one-day professional development programme on chromatographic techniques – HPLC (DST-FIST sponsored Instrument) and HPTLC on 21st March. Mr. Mohamed Nabiel M. N., Goal Product Specialist-LC, Spinco Biotech Pvt. Ltd. was the invited trainer for the workshop. 24 delegates from various colleges of Tamil Nadu attended.



Dept. of Human Genetics, Sri Ramachandra Faculty of Biomedical Sciences and Technology (SRFBMST) in association with Down Syndrome Federation of India (DSFI) commemorated World Down Syndrome Day, on 21st March and organised an outreach programme on the theme, 'Improve Our Support Systems'. 22 students from the department and 10 families at DSFI participated.



Dept. of Biomedical Sciences, SRFBMST, organised workshop on 'Computer-Aided Drug Discovery through Bioinformatics Approach' from 3rd to 8th March. The workshop covered various aspects of molecular modelling, docking techniques, and virtual screening, equipping participants with skills to explore modern drug discovery methodologies. Dr. Fayaz S.M., Asso. Prof., Dept. of Biotechnology, Manipal Institute of Technology, MAHE, Karnataka was the resource person. 117 students attended.



The Division of Radiology and Imaging Sciences, Sri Ramachandra Faculty of Allied Health Sciences (SRFAHS) conducted NC-RITE 2025-National Conference of Ramachandra and Imaging Technologists Education from 14th to 16th March including a pre-conference workshop. Dr. T.S. Swaminathan, Former Director of Barnard Institute of Radiology, Madras Medical College, Head; Dept. of Radiology, Kamakshi Memorial Hospital, Chennai, was the chief guest. The 'RITE convergence Handbook' was officially released during the programme. 700 delegates nationally attended.



Dept. of Pharmaceutics, SRFoP organised an industrial visit to Bafna Pharmaceutical, Chennai, on 21st March. 24 PG students and three faculty members participated.

Dept. of Pharmaceutics, SRFoP, organised 'Online Webinar cum Hands-on Workshop on Pharmaceutical Quality by Design' on 25th March. Dr. Karri V.V.S. Narayana Reddy, Asst. Prof., Dept. of Pharmaceutics, JSS College of Pharmacy, The Nilgiris, was the resource person. 246 students and faculty members participated.



Vidya Sudha in association with the South Chennai District Special Olympic Bharat (SOB-TN) and five other special schools conducted District Level Sports trials for children and adults with special needs on 26th March at Panamthopu Railway Colony Playground, Ayanavaram. Vidya Sudha is a District Nodal Agency for Special Olympic Bharath-Tamil Nadu and conducted sports events such as volley ball, basketball, badminton, tennis, bocce and football for South Chennai district. Mrs. P. Velankanni, Councillor, Ward 53; Mr. Sri Ramalu, Councillor, Ward 54, Greater Chennai Corporation and Mr. C.Mageshwaran, President, Ayanavaram Vattara Vanigar Sangam were the special guests. 73 individuals with special needs participated.

Dept. of Clinical Nutrition, SRFAHS, hosted a webinar on 'Lifestyle Nutrition: The Future of Preventive and Personalised Health' featuring Ms. Rachel Deepthi, a renowned Consultant Registered Dietitian with expertise in lifestyle, fertility, and maternal child nutrition on 29th March. The webinar delved into the six core pillars of lifestyle nutrition i.e. personalised nutrition, physical activity, sleep and recovery, stress management, hydration and social connections, offering an advanced understanding of how each component contributes to optimal health and well-being. 90 PG students attended.



Dept. of Optometry, SRFAHS, organised a guest lecture on 'Vision in Keratoconus: From photons to phenomenology to action' to commemorate World Optometry Day on 15th March. Dr. Shrikant R. Bharadwaj, Scientist and Network Associate Director, Brien Holden Institute of Optometry and Vision Sciences, L V Prasad Eye Institute, Hyderabad was the guest speaker. 174 participants attended.



Ms. Geethika Reddy, I yr. M.Sc. Clinical Nutrition, Dept. of Clinical Nutrition, SRFAHS, was awarded the Women's Icon Award (2025) by Women's World Records for her contributions in the field of poetry and writing since the year 2020-2024. The award was presented on the occasion of Women's Day. Ms. Geethika Reddy also received 'National Author Award' from Blue Cloud Publishers, Delhi in January 2025 and published her poem named 'An Erratic Poor Soul' in the anthology book named 'Be Limitless'.



Dept. of Clinical Nutrition (SRFAHS), conducted a 'Food Fortification Awareness campaign' in association with the Food Safety Dept., Thiruvallur, on 25th March. Dr. Jagadish Chandra Bose, District Designated Officer, Food Safety Dept., Tiruvallur was the resource person. An e-poster competition was conducted. 193 students, dietitians and faculty members attended.



Dept. of Musculoskeletal Physiotherapy, Sri Ramachandra Faculty of Physiotherapy, organised a one-day interactive, hands-on 4th cycle workshop on Instrumentation in Musculoskeletal Research on 22nd March. 73 participants from various institutes in South India attended.



Dept. of Optometry, SRFAHS, organised an Industrial Visit to Hoya Lab Pvt. Ltd., Chennai, on 5th March. The visit aimed to provide students with practical exposure to the latest advancements in ophthalmic lens technology and an understanding of high-end lab operations. 41 students and three faculty members participated.



SRFON in collaboration with Y-Konnect (Brand Touch & Analytics Pvt. Ltd.) and Procter & Gamble (P&G) organised a seminar on 'Personality Development & Interview Preparation' and 'Menstrual Hygiene & Personality Development' led by Mrs. Krishnaveni V. K., Master Trainer and Mr. Sathish Kumar P, HR professional, Y-Konnect on 29th March. 223 students and faculty members participated.



The Dept. of Nursing Foundation, SRFON organised Patient Safety Awareness Week from 10th to 13th March on the theme 'Safer Health Workers, Safe Patients' sensitising patients and their families about International Patient Safety goals. 619 inpatients, outpatients, UG students and faculty members participated.



Sri Ramachandra Faculty of Engineering and Technology (SRET), in collaboration with the Cyber Crime Cell, Central Crime Branch (CCB) of the Greater Chennai Police (GCP), organised a Cyber Crime Awareness Rally at Besant Nagar Beach on 16th March. The event was inaugurated by Dr. C. Sylendra Babu, IPS (Retd. DGP, Tamil Nadu), in the presence of Tmt A. Radhika, IPS (Additional Commissioner, CCB). The initiative aimed to educate the public on the dangers of online scams, cyberbullying, and data breaches, urging them to adopt safe digital practices. 700 students & faculty members participated.



SRET organised a School Principals' Conclave on 22nd March on the theme 'AI Technology for School Education', bringing together 90 principals and senior teachers from over 60 schools across Tamil Nadu. The chief guest Dr. S. Kannappan, Director of School Education, Tamil Nadu, emphasised the need for AI integration in the curriculum. Students showcased 30 innovative AI-based projects, including healthcare and biomedicine solutions.



SRFOT organised a Faculty Development Program on 'From Research to Publications – Crafting an Effective Manuscript' on 14th March. The programme focused on enhancing research writing skills and guiding participants through the process of developing impactful manuscripts. 10 faculty members attended.



65 students of I yr. BOT visited the National Institute for Empowerment of Persons with Multiple Disabilities (NIEPMD) on 25th March as part of their Implant Training. The visit aimed to enhance their knowledge and understanding of multidisciplinary approaches in the rehabilitation of individuals with multiple disabilities.

SRFOT conducted a training session on 'Ergonomics: Proper use of Office Chairs' for the employees of Alation's Chennai office on 13th March at Alation, World Trade Center. The session focused on posture correction, optimal workstation setup, and practical tips for preventing musculoskeletal discomfort. 30 employees attended.

The Dept. of Social Work in association with the Dept. of Mind-Body Medicine & Lifestyle Sciences, SRFBSS, organised a one-day seminar on 'Strengthening Solidarity and Enduring Well-being' on 18th March. Dr. M. Kannan, Head, Dept. of Social Work, M.S. Chellamuthu Institute of Mental Health, Madurai and Ms. Vandhana, Founder, V-COPE (Centre for Psychological Effectiveness), Chennai were the resource persons. The seminar explored mental health, psychological resilience, and integrative approaches to well-being. 150 students from various depts. participated, engaging in meaningful discussions.



SRDC&H participated in Surgical Strike 6.0, an inter-college event exclusively for dental interns organised by the Dept. of Oral and Maxillofacial Surgery, SRM Dental College, Ramapuram on 25th March. The following students secured notable achievements:

Name	Event	Place
Ms. Sri Pooja	Paper Presentation	I
Ms. Sameera Shama	Paper Presentation	I
Mr. Bala Prithik A.	Paper Presentation	II
Ms. Amridha Shahithya	Poster Presentation	I
Ms. Jayshree R.	Table Clinic	I
Ms. Maadhini S.	Table Clinic	I
Ms. Geetika G.	Table Clinic	I
Ms. Jayalalitha G.	Table Clinic	I
Ms. Vaishnavi Lasya	Quiz	III
Samhita Burra		
Ms. Tejasvini Lakshman	Quiz	III
Mr. Bala Prithik A.	Quiz	III
Mr. Sujith Srinivas C.	Quiz	III
Ms. Ishwarya S.	Quiz	III
Mr. Sujith Srinivas C.	Skills	I
Ms. Jocilla Vimally J.	Skills	I
Ms. Pradeepa P.	Skills	I
Ms. Bhavika Dugar	Skills	I
Ms. Amridha Shahithya P.	Skills	I
Ms. Hanimisha L. V.	Skills	I
Ms Chitambara Manju	Skills	I
Ms. Subalakshmi G.	Skills	I
Ms. Sri Pooja K.	Skills	I
Ms. Sree Lakshmi P.	Clinical Scenario	I
Mr. Tarun Kumar K.	Clinical Scenario	I
Ms. Subashree S. V.	Clinical Scenario	I
Ms. Sanjana Sree M.	Clinical Scenario	I
Ms. Amirah Fathima Mohamed Imran Ali	Clinical Scenario	III

Name	Event	Place
Ms. Athiya Fathima	Clinical Scenario	III
Ms. Sowmiya A.	Clinical Scenario	III
Mr. Bala Prithik A	Awareness Video	II
Ms. Vaishnavi Lasya	Awareness Video	II
Samhita Burra		
Ms. Shrimathi N	Awareness Video	II
Ms. Ramya B	Awareness Video	II
Ms. Swetha A	Awareness Video	II
Ms. Subashree S V	Awareness Video	II
Ms. Deepa R	Awareness Video	II
Mr. Sujith Srinivas C	Awareness Video	II
Mr. Tarun Kumar K	Awareness Video	II
Ms. Sruthija J	Awareness Video	II
Mr. Nithilan S M	Awareness Video	II
Ms. Vaishnavi Lasya	Treasure Hunt	II
Samhita Burra		
Ms. Tejasvini Lakshman	Treasure Hunt	II
Mr. Bala Prithik. A	Treasure Hunt	II
Ms. Pradeepa. P	Treasure Hunt	II
Ms. Sree Lakshmi	Treasure Hunt	II
Ms. Subashree S V	Treasure Hunt	III
Ms. Subalakshmi G	Treasure Hunt	III
Ms. Deepa R	Treasure Hunt	III
Ms. Jocilla Vimally	Treasure Hunt	III
Mr. Sujith Srinivas	Treasure Hunt	III
Ms. Jocilla Vimally	Memes	II
Ms. Pradeepa P.	Memes	III
Ms. Subashree S. V.	Reels	I
Ms. Deepa R.	Reels	I



The Sri Ramachandra Faculty of Management Sciences (SRFMS) organised a two-day workshop 'Turning Vision into Reality - The Art of Achieving Your Dreams' on 20th and 21st March to provide insights and practical strategies to help students achieve their aspirations. Mr. Velu Arumugam, Life Skill Trainer, Infinite Possibilities, Dubai, was the keynote speaker. 65 students, faculty members and professionals attended.



Mr. Pranav S., I yr., B.Com and Ms. Pavithra S., II yr., B.Com, SRFMS won first place in Business Quiz competition at 'IGNITA' organised by Anna University on 19th March.



Sri Ramachandra Faculty of Occupational Therapy (SRFOT) organised a Parent-Child Centered Group Therapy session on 27th March at the Down's Syndrome Federation of India to commemorate Down's Syndrome Awareness Day. The event aimed to enhance parent-child bonding, communication, and developmental skills through Occupational Therapy activities. The programme fostered awareness, provided hands-on strategies for home use, and encouraged caregiver involvement in therapeutic routines. 25 children and caregivers participated.



SRFOT organised an awareness event in collaboration with the Multiple Sclerosis Society of India (MSSI) – Chennai Chapter on 29th March as part of Multiple Sclerosis Awareness Week. The theme of the event was 'Empowering Multiple Sclerosis through Occupational Therapy'. It aimed to educate patients, caregivers, and the public on how occupational therapy can enhance functional independence and quality of life in individuals with Multiple Sclerosis. 50 patients attended.



Thirteen UG intern students from SRFOT participated in the 'Thiramai – Sports for All' training camp organised by IIT Madras National Centre for Assistive Health Technologies & Rehabilitation Research and Device Development along with RR Donnelley, Multinational company held from 7th to 9th March at IIT Madras Campus. Students were involved in assisting wheelchair users during practice sessions, supporting safe transfers, and helping with community mobility. The event aimed at introducing adaptive sports and games to persons with disabilities.



SRFOT organised a Continuing Occupational Therapy Education (COTE) session on 'Sleep in Youth' to observe World Sleep Day on 15th March. Events such as reels, debate, quiz, art, and mood board competitions were conducted. 135 students participated.



Dept. of Trauma Care organised Police Training on Basic Life Support and First Aid Management from 3rd - 6th March. They gained knowledge on bleeding control, handling trauma patients, helmet removal, spinal immobilization, log roll technique, extrication from vehicle, lifting and moving techniques, first aid for common emergencies. 30 police personnel attended.



III yr. students of Dept. of Trauma Care Management won the quiz competition held as part of 'Teamwork in Medicine Modernizing Patient Centered Multidisciplinary Care and Pre and Post Conference Hands on Workshop' organised by Sri Balaji Vidyapeeth College (Pondicherry) from 5th to 7th March.

Ms. B. Priyadharshine - I Prize Mr. C. Senthamizhan - II Prize

Dept. Of Trauma Care Management organised STEPS National Webinar Series on 27th March. Ms. Sneha V., Emergency Response Instructor Red Health, Hyderabad spoke on 'Pathophysiology of Caustic Toxicity' and Ms. Gayathri N., Operation Theatre Technologist, ESIC, Thirupur, delivered a talk on 'Case Scenario on Caustic Toxicity'. 170 participants attended.

SPORTS CORNER



Mr. E. Ekshith Sai, IV yr. B.Sc. Sports and Exercise Science, Sri Ramachandra Centre for Sports Science (CSS) won the Silver Medal in Rowing (MIX 500 metre category) at the All India Inter University Rowing (Men & Women) Championship 2024-25 held at Lovely Professional University, Punjab from 21st to 27th March.



Ms. Nilashree S I yr. B.Sc. Biomedical Sciences, SRFBST, won the Bronze Medal in Roller Skating (Women – 10,000 meters category) at the All India Inter University Skating (Men & Women) Championship 2024-25 held at Sam Global University, Bhopal from 24th to 26th March.

STUDENT COUNCIL ACTIVITIES

The English Literary Club of SRIHER in association with SRCWA conducted an elocution contest on the theme 'Beyond Talk: Driving Real Change for Women' on 15th March. 6 students participated.

The English Literary Club of SRIHER, celebrated World Storytelling Day, on 26th March on the theme 'Dream Destinations' that invited participants to design travel posters or one-day itineraries inspired by their favourite fictional destinations. 6 students participated.

The Green Friends Organization Club of SRIHER, Agal Tamil Club, in association with NSS-SRIHER conducted the 'Period Positive: Awareness Through Art & Action' event, from 11th to 21st March in commemoration of International Women's Day. The event aimed to bring together students and faculty from various departments to raise awareness, break stigmas, and promote sustainable menstrual health practices with E-Poster competitions and community awareness campaign. 22 entries were showcased in the competition.

The MedHope Club of SRIHER conducted the fifth edition of SPARK (Supporting Progress and Resilience in Kids), an initiative designed to bridge the learning gaps faced by young cancer warriors during prolonged treatments on 7th March. The event engaged eight children in interactive sessions tailored to their age groups. The volunteers engaged children with various topics like healthy foods and nutrition, basic word pronunciation and reading simple sentences.

MedHope Club of SRIHER conducted the first edition of SHINE (Smile, Happiness, Imagination, Nurturing, Engagement), an initiative designed to entertain young cancer warriors during prolonged treatments on 21st March. The event engaged nine children in interactive sessions tailored to their age groups.

Quiz Club of SRIHER, hosted 'The Granny Game,' on 14th March.11 students participated.

Chess Club of SRIHER hosted Kingpins- Chess Arena 2024 in Indoor club on 29th March. 39 participants played in a Swiss system format with 15 minutes time control, the tournament tested skill and strategy in a competitive yet fair environment.



The Medical Quiz Club of SRIHER conducted 'Neurosurgery - Feel the urge' an offline Neurosurgery Quiz competition for MBBS students on 29th March. The quiz tested the students on neurosurgical anatomy, pathology, clinical management, and recent advancements. 50 students participated.



Yoga Club of SRIHER organised 'Serenity Practice' on 1st March. 40 Students were introduced to the importance of meditation and relaxation followed by an asana holding competition. Awards for the best demonstrators of asanas were distributed.

NSS ACTIVITIES





International Women's Day Celebration

NSS SRIHER Unit II organised International Women's day Celebration for residents of *Vyasarpadi* slum on 11th March. Musical chair, eat'O'mania, balloon filling, lemon with spoon and a quiz were conducted for the women. 45 NSS Volunteers conducted the event and 50 women participated.





Multi Speciality Medical Camp

NSS SRIHER Unit VI organised multi speciality medical camp at *Theerthagiriyampattu*, Redhills on 26th March. General Medicine, Dental, Ophthalmology, Dermatology and Cardiology specialty services were provided. 152 residents benefitted. 35 NSS volunteers participated in the event.

READERS' CORNER



Ms. Asmita Das II yr. B. Pharm.



Ms. Madhumitha D. S. Intern, B.ASLP



Ms. Saakithya B. S. III yr. BOT



Ms. Supriya S. II yr. B. Pharm



Ms. Nithya Lakshmi S. III yr. MBBS

The warriors and their little armour

Not all battles are fought in the field,

Some are up for things
unimaginable for them to deal,
Upside down lives, multiple hopes,
And here we have,
Little friends that believe in sparkle and magic.

Waiting for a fairy to warm them up,
To hug and comfort them.

Years pass, but the hope never fails.

The golden fairy dust is indeed the pulse of the golden ribbon.

Ms. Harini K. II yr. BOT

கல்வி

மலரை நேசித்தால் உதிர்ந்துப்போகும்! தீபம் ஏற்றினால் காற்றில் அணைந்துப்போகும்! மணலில் வீடுகட்டினால் கரைந்துப்போகும்! கண்ணான கல்வியை நேசியுங்கள் வாழ்வில் எட்டாத உயரத்தை எட்டிப்பிடிக்க கைக்கொடுக்கும்!

Ms. Kanimozhi R. Alumna, B. Optom.