



SRI RAMACHANDRA

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Category - I Deemed to be University) Porur, Chennai



Bridges

Newsletter of SRIHER (DU)



May 2025

bridges@sriramachandra.edu.in

FROM THE EDITOR'S DESK

The month of May is often seen as a threshold, a warm passage between the end of one academic cycle and the anticipation of another. As the sun blazes brighter and the pace of campus life momentarily slows for some, it is also a time of reflection, renewal, and remarkable activity across SRIHER. This May, our university community has continued to shine through notable recognitions, academic innovations, global engagement and holistic wellness initiatives.

We are delighted to announce that SRIHER has been awarded the prestigious 'Eat Right Campus' certification with an exemplary five-star rating by the Food Safety and Standards Authority of India (FSSAI). In a powerful stride toward the future of medical education, the Dept. of Neonatology, SRMC & RI, and the Dept. of Human Genetics, SRFBMS, in collaboration with Apollo Health Resources Limited, launched the Advanced Certification in Genomics (ACG) - a one-year program designed to upskill clinicians and researchers in the evolving world of genetic medicine. This initiative is a testament to our university's continued leadership in translating research into real-world medical impact.

Dept. of Pathology, SRMC & RI hosted an International Conference on Thoracic and Soft Tissue Pathology, drawing expertise from global and national domains. This intellectually vibrant event served as a platform to explore cutting-edge diagnostic advancements and reinforce academic dialogue in this complex field of pathology.

SRIHER took part in a virtual session during the 10th United Nations Multi-Stakeholder Forum on Science, Technology, and Innovation for Sustainable Development Goals (STI Forum 2025). Our inclusion in this global dialogue highlights SRIHER's enduring commitment to contributing knowledge and innovation toward a healthier and more sustainable world.

Dr. V. Deepa Parvathi
Managing Editor

ALUMNI CORNER

Congratulations!



Dr. Jayanty Balasubramaniyan (MBBS 1999–2004) was recognised as a Distinguished Fellow of the American College of Cardiology (ACC) in the Asia - Pacific region for 2025 on 12th May at Singapore.

Sri Ramachandra Alumni Association (SRAA) awarded PG and Ph.D. Scholarships for the year 2024 on 13th May. The details are listed below:

PG Scholarship Awardees

| Name | Alumni of | Currently pursuing |
|-----------------------|-------------------------------------|-------------------------------------|
| Ms. G. Monika | B.Sc. Medical Laboratory Technology | M.Sc. Medical Laboratory Technology |
| Mr. A. Gokul | B.O.T | M.O.T |
| Mr. R. Kirutheeswaran | B.B.A. | M.B.A. |
| Ms. S. M. Samiksha | B.B.A. | M.B.A. |

Ph. D. Scholarship Awardees

| Name | Alumni of | Currently pursuing full time Ph.D. |
|--------------------|--------------------------|---|
| Ms. M. B. Varshini | M.Sc. Clinical Nutrition | Shri. N. P. V. Ramasamy Udayar Full Time Ph.D. Fellowship |
| Ms. K. Anusha | M.Sc. Clinical Nutrition | |

BRIDGES COMMITTEE

Patron

Shri. V. R. Venkataachalam
Chancellor

Shri. R. V. Sengutuvan
Pro-Chancellor

Advisory Board

Prof. Uma Sekar
Vice-Chancellor

Prof. Mahesh Vakamudi
Pro Vice-Chancellor

Prof. K. V. Somasundaram
Professor of Eminence & Advisor (Academics)

Prof. S. Rangaswami
Professor of Eminence in Medical Education

Prof. Kalpana Balakrishnan
Dean (Research)

Managing Editor

Dr. V. Deepa Parvathi

Associate Managing Editors

Dr. Krupa M.
Dr. S. Sheela Ravinder

Creative Editors

Dr. P. A. Abhinand
Ms. Radhika C.M.

Acquisition Editors

Dr. M. Darshini
Dr. A. Manjula
Ms. Mona E.
Dr. A. Poomagal
Dr. Ramya S.
Dr. Shabna Roupal Morais
Dr. Sneha S.
Dr. Soumya A.
Dr. V. Supriya

Book Review

Dr. H. Thamizhchelvan

Student Members (Literary Club)

Ms. S. Narayani
Mr. Fahim Ahmed

Secretarial Assistance

Ms. P. Kavitha

Design

Mr. I. Joe Wenisch
Mr. M. Jagan
Mr. A. Bharath
Mr. M. Prabhakaran

Photography

Mr. A. Anand Kumar

ALUMNI CORNER



Ms. Meenakshi B. J. (B.Sc. Nursing 2020–2024), was honoured with the 'Star of the Year Award' by KIMS Health Management Limited on 12th May.



Mr. V. Hari Balaji (MBA 2010 -2012) received the 'Excellence in Disaster Management – Awareness and Impact Award' from Mr. Ganesan, Minister of Labour Welfare & Skill Development, organised by the Women's League Foundation (WLF) at IITM Research Park on 3rd May. He also received the 'Seva Ratna Award - Disaster Management and Urban Sanitation' by Aram Seiya Virumbu Foundation on 24th May.



The Alumni Chapter of SRFOT organised a guest lecture on 'Professionalism in OT - How competent Therapists Think, Act and Lead with Purpose' on 14th May. Ms. Shalini Jaishankar (BOT 2017-2022), Occupational Therapist, Canada was the guest speaker. 155 UG and PG students attended.

Mr. Lakshmi Narayanan G. (B. ASLP 2006–2010, M.ASLP 2011-2013), Founder, Abilities Multidisciplinary Rehabilitation Centre, Chennai participated in the Alumni Talk Series organised by Sri Ramachandra Faculty of Audiology Speech and Language Pathology (SRFASLP) on 14th May during the Wednesdays@SRAFSLP event. 110 UG and PG students attended.



Ms. Shally Dass (MBA 2016-2018) and her team were awarded 'Wall of Fame Award' under the 'Beyond the Call of Duty' category at Quarterly Service Excellence Award programme in Apollo Proton Cancer Centre on 31st May.

AWARDS & RECOGNITIONS



SRIHER has been certified as an 'Eat Right Campus' with an exemplary five-star rating by the Food Safety and Standards Authority of India (FSSAI) for the period 14th May 2025 to 13th May 2027. This recognition by the Ministry of Health and Family Welfare, Government of India, underscores SRIHER's commitment to food safety, nutrition, and sustainable practices in line with the National Eat Right India movement.



Dr. Sudhir Ganesan, Sr. Consultant, Spine Surgery, SRMC & RI won the best International Research Award at the International Congress of the Korean Spine Society held at Seoul on 26th May. This prestigious recognition was conferred for their team's innovative research on the Wnt signalling pathway in spinal cord injury. Dr. Lakshmi Revathi Perumalsamy, Assoc. Prof., Dept. of Biomedical Sciences, SRFAHS together designed and executed the experimental methodologies to address this challenge. AO Spine Foundation funded this research at SRIHER.

HAPPENINGS



SRIHER has signed an MoU with Medgenome, Bengaluru, for carrying out research work titled 'Identification of Biomarkers for Detection of Cancers of the Oral Cavity'.



Dept. of Neonatology, SRMC & RI, Dept. of Human Genetics, SRFBMS in association with Apollo Health Resources Limited (AHRL) launched, a one-year Advanced Certification in Genomics (ACG) programme to train, heighten skills in clinical and genomic education and to enhance placement of healthcare professionals worldwide on 25th May.

HAPPENINGS



Dept. Community Medicine, SRMC & RI, along with Academic Office (SRIHER) conducted 'Research Methodology and Biostatistics course work for Ph.D candidates' from 5th to 8th May. Dr. B.W.C. Sathiyasekaran, Dean (Research), Sree Balaji Medical College and Hospital, was the chief guest. 72 Ph.D. scholars attended.



The Health Science Colleges Education Unit-1, SRIHER conducted a Basic Course Workshop on Education Technologies from 5th to 7th May. 28 faculty members from the Faculty of Allied Health Sciences, Physiotherapy, Audiology, Speech Language and Pathology, Occupational Therapy and Behavioural Social Sciences participated.

The Dept. of Paediatric Medicine, SRMC & RI, hosted the II SRIHER PRACPED 2025 conference on 11th May. The theme of the conference was based on paediatric emergencies focusing on common emergency conditions, sick case identification and stabilisation. The conference included case discussions, lectures and panel discussions, and three workstations on different aspects of paediatric care. The special invitees were Dr. Sharmila S., PICU Consultant, Prashant Hospital; Dr. Divya Paneerselvam, Consultant Pediatrician, DPS Hospital; Dr. Thambarasi T., Consultant Pediatrician, VHS Hospital; Dr. Rajesh K., Consultant Pediatric Intensivist, KMH, Chennai; Dr. Sangeetha G, Sr. Consultant, Pediatrics & Pediatric Nephrology, Kauvery Hospital. 80 practitioners participated.

HAPPENINGS



Dept. of ENT, Head and Neck Surgery, SRMC & RI, organised ASCENT (All India Sri Ramachandra Continuing Medical Education in ENT), a flagship annual academic programme from 1st to 4th May, tailored specifically for exam-going PG students in Otorhinolaryngology. ASCENT served as a rapid review and high-yield preparation course ahead of final university and competitive exams. 240 PG students attended.



The Dept. of Pathology, SRMC & RI conducted an International Conference on Thoracic and Soft Tissue Pathology on 26th and 27th April. Dr. Henry Tazelaar, Dr. Jennifer Boland, and Dr. Joseph J. Maleszewski, Prof. of Laboratory Medicine & Pathology and Medicine, Mayo Clinic, USA; Dr. Bharat Rekhi, Prof., Dept. of Pathology, Tata Memorial Centre, Mumbai and Dr. Pradeep Vaideeshwar, Prof., Dept. of Pathology, Seth GS Medical College, Mumbai were the resource faculty members. 86 poster papers and 19 oral papers were presented.



Dept. of Neurology (Pediatric Neurology), SRMC & RI, organised SRMC Video EEG Workshop on 10th and 11th May. 100 faculty members and practitioners of adult and pediatric neurology, technicians and trainees participated.

HAPPENINGS



The Dept. of Pharmacology, SRMC & RI, organised a guest lecture on 'Emerging use of Nutraceuticals in Practice' on 6th May. Dr. Ezhil Arasan, Chairman, Dr. VRE Research Lab, Pvt. Ltd. was the resource faculty. 25 participants including MD Pharmacology students and faculty members attended.



The Dept. of Pharmacology, SRMC & RI, organised CRMI – 2025 Injection Techniques workshop, a hands-on interactive workshop in administering medication via various injection techniques. It was conducted as part of the CRMI Orientation Programme held on 20th May at the Dept. of Medical Education, SRMC & RI. 40 delegates participated.



The Dept. of Pharmacology, SRMC & RI, organised a guest lecture titled 'Biostatistics- Hypothesis Testing' on 26th May, to enhance the understanding of hypothesis testing and highlighting the critical role of sound statistical reasoning in medical research. 25 students and faculty members attended.

Dept. of Pharmaceutics, Sri Ramachandra Faculty of Pharmacy, SRIHER (DU), organised 'The Path of Particles: Exploring Diffusion, Dissolution and Drug Delivery' on 14th May to explore the various techniques of drug delivery diffusion and dissolution. 162 members participated.

Ms. Swarnamalya M., Ph.D. scholar, Dept of Mind-Body Medicine and Lifestyle Sciences, SRFBSS, secured the I prize for her presentation during the International Conference on Public Health – WELLTHCON 2.0, organised by the Dept. of Public Health, SAHS, Vinayaka Mission's Research Foundation, Salem on 23rd May & 24th May.

HAPPENINGS

Dept. of Human Resources, SRIHER along with Dept. of Mind-Body Medicine and Lifestyle Sciences, SRFOBSS conducted a focused wellness session titled 'Yoga for Long-Standing Nurses' on 21st and 22nd May to address the physical strain, musculoskeletal discomfort, and fatigue commonly faced by nurses due to prolonged standing and continuous shift work. 40 nurses participated.

Dr. Poojyashree G., II yr. MDS, Dept. of Periodontology, Sri Ramachandra Dental College and Hospital (SRDC&H) was awarded 'Best Paper in the Implant Category' at the 23rd ISP Postgraduate Convention, held at Kolkata, on 4th and 5th May.

Sri Ramachandra Faculty of Physiotherapy, in association with *Isha Yoga Foundation*, Coimbatore commemorated International Yoga Day 2025 on 3rd May by organising a yoga demo and practice session of *Surya Shakti*. 57 students and faculty members participated.

A holistic excellence programme in collaboration with The Art of Living was also conducted on 8th and 9th May. 77 students and faculty members participated.



Sri Ramachandra Faculty of Occupational Therapy (SRFOT) organised an awareness campaign to commemorate Osteogenesis Imperfecta Day on 6th May. Informative rack cards highlighting key facts and occupational therapy management strategies for Osteogenesis Imperfecta were distributed among 25 orthopedicians in and around Chennai.



SRFOT in collaboration with the IDY-2025 Committee, conducted a session titled 'Yoga for Occupational Performance: A Hands-on Session' on 15th May, highlighting the therapeutic value of yoga in enhancing occupational performance, stress reduction, and emotional regulation. 145 students participated.



SRFOT organised Cricket Premier League 2025 at MSR Academy on 13th May. 165 UG and PG students participated.

HAPPENINGS



The Dept. of Medical Surgical Nursing, Sri Ramachandra Faculty of Nursing (SRFoN), in collaboration with Mohan Foundation organised a seminar on 'Organ Donation' on 6th May. Dr. Hemal Kanvinde, Quality Assurance Officer, Mohan Foundation delivered a presentation on hospital protocol for deceased donation and the role of all stakeholders. 166 II yr. students of B.Sc. Nursing and faculty members attended.



The Technical Resource Centre (TRC), SRFoN, organised 'National Workshop on Scoping Review (SCOPE-2025)' on 2nd and 3rd May, funded by Centre for Evidence Based Guidelines, Dept. of Health Research (DHR), Ministry of Health and Family Welfare (MoHFW), Govt. of India. The inaugural address was delivered by Dr. Chanchal Goyal, Scientist E, ICMR-DHR, MoHFW, Govt. of India. The key areas of the sessions included Scoping Review Methodology by the external speakers from National Institute of Epidemiology (NIE), PROPUL Evidence Synthesis Unit, Division of Medical Research, SRM Medical College and Hospital, Chennai; ICMR and Siksha 'O' Anusandhan (Deemed to be University), Odisha. 80 participants nationally attended.



The Integrated Nursing Unit of Service and Education, SRIHER organised the International Nurses Day Celebrations on 23rd May on the theme 'Our Nurses. Our Future: Caring for Nurses Strengthens Economies'. The chief guest, Col. Latha P., Principal Head, Nursing Services, Military Hospital, Chennai, highlighted the role nurses play in healthcare and their contribution to economic development. 1000 nurses attended.

HAPPENINGS

SRFoN in collaboration with the University of Hull, United Kingdom, organised a webinar on the theme 'Challenges of Establishing the Role of Nurse Practitioners in Hospitals and Strategies to Overcome Them' on 28th April. Ms. Josey Marie Coaten, Programme Director, Advanced Clinical Practice, School of Paramedical, Perioperative and Advanced Practice, University of Hull, UK was the resource person. 120 students of nursing attended.



Sri Ramachandra Faculty of Allied Health Sciences (SRFAHS) Quality Cell, under the Internal Quality Assurance Cell (IQAC), organised 'Manuscript Writing Workshop' on 2nd and 3rd May.



Dept. of Emergency Medicine, SRMC & RI, conducted the AHA Instructor Course on 26th and 27th May. Nine members attended.



Dept. of Emergency Medicine, SRMC & RI, conducted the AHA Instructor Course on 28th and 29th May. 16 participants gained advanced training in emergency cardiovascular care.

The Dept. of Trauma Care Management, SRFAHS hosted the 36th session of the STEPS National Webinar Series, on 23rd May on 'Toxicological Emergencies – Part 12'. The resource persons were Ms. Indumathi Ravi, Asst. Prof., Dr. Mehta Hospital and Allied Health Sciences Institute, and Mr. Aravinth K., Advanced Paramedic, Dubai Corporation for Ambulance Services. 170 students and faculty from various institutions attended.

The Dept. of Cardiology, SRMC & RI conducted a CME programme and a special lecture on 'Navigating Hypertension in India: A Clinical Perspective' on 23rd May. 13 PG students and faculty members attended.

HAPPENINGS



A virtual event as part of the 10th United Nations Multi-Stakeholder Forum on Science, Technology and Innovation for Sustainable Development Goals (SDGs) (STI Forum 2025) was held on 15th May, at SRIHER. This event showcased institutional best practices in sustainable water management, including AI enabled monitoring systems, rainwater harvesting, waste water recycling and ground recharge models. 45 students globally participated in this on-line event.



SRIHER observed World No Tobacco Day on 31st May through a 'No Tobacco Day Awareness' Rally, with the goal of creating awareness among the public about the harmful effects of tobacco consumption and encouraging people to adopt a healthier, tobacco-free lifestyle. 300 students, faculty members, and healthcare professionals actively participated in the rally carrying informative placards and raising strong slogans against tobacco use as they marched through the campus and nearby areas. Sri Ramachandra Hospital has also opened a Cessation Clinic as per WHO guidelines to help overcome the addiction of Tobacco usage through counselling and supportive medication.



Sri Ramachandra Faculty of Management Sciences (SRFMS) conducted an Orientation Workshop on the 360 Degree Green Internship for the students of I yr. MBA on 19th May. The students were oriented on the importance of tree plantation by Ms. Prassidhi Singh, Founder, Prasidhi Foundation. 53 students participated.

SRFMS organised a yoga workshop, 'Holistic Excellence Program for Students' on 12th and 13th May. 70 students of BBA and MBA (Hospital & Health Systems Management) attended.

HAPPENINGS

Vidyasudha organised a 15-day inclusive summer camp, SNACK 2025 (Special Needs Activity Centre for Kids 2025) from 2nd to 20th May. 12 children including six specially-abled children participated.

| S.No | Activity | Name of the Partnering Dept./ Institution/ Person/ Vidyasudha unit |
|------|---|--|
| 1. | Yoga and Meditation | Dept. of Wellness and Health Coaching, SRFBSS, |
| 2. | Culinary activities & Fireless cooking | Dept. of Clinical Nutrition, SRFAHS |
| 3. | Basic Computer training | Dept. of IT & EDP |
| 4. | Story telling & Phonetics | Dept. of Speech Language Pathology, SRFASLP |
| 5. | Sports activities (Indoor & Outdoor)- Chess, Carom, Table tennis, Shuttle and Group games | Dept. of Physical Education, SRIHER |
| 6. | Leadership and Personality development training | Dept. of Clinical Psychology, SRFBSS |
| 7. | Volunteering work | Sri Ramachandra Faculty of Nursing (SRFON) |
| 8. | Painting & Drawing | Mr. Arunagiri, Artist, SRIHER (DU) |
| 9. | Vocal Music | Mr. Daniel, Music Teacher, Parent Volunteer |
| 10. | Brain Movement Activity | Special Educators, Vidya Sudha |
| 11. | Sensorial activities | Occupational therapists, Vidya Sudha |
| 12. | Handwriting training | Occupational therapists, Vidya Sudha |
| 13. | Art & Craft & Paintings | Montessori teachers, Vidya Sudha |
| 14. | Origami & Chart work | Montessori teachers, Vidya Sudha |



STUDENT COUNCIL ACTIVITIES

Agal Tamil Club of SRIHER conducted an online event '*Karam Serpom Pugailai ozhipom*' on 15th May. The session aimed at spreading awareness about the harmful effects of tobacco and encouraging a tobacco-free lifestyle. The event was part of the club's health-focused initiatives. 15 student participated.

The MEDHOPE Club of SRIHER, in collaboration with the Pediatric Hemato-Oncology Dept. SRMC & RI (DU), and Student Council, organised SPARK on 5th May. The event focused on teaching basic educational concepts in a supportive setting to four pediatric cancer patients. The goal was to foster resilience through foundational learning.

The MEDHOPE Club of SRIHER conducted SHINE on 9th May. The session, attended by four pediatric cancer patients, aimed to bring joy through creative and interactive activities like origami. With support from the Pediatric Hemato-Oncology Dept., SRMC & RI, and student council, the event was designed to offer a mental and emotional break from treatment routines.

The MEDHOPE Club of SRIHER organised 'Tiny Twirls Dance Workshop' on 8th May. Designed to uplift young cancer warriors, the event brought together five children for a fun-filled hour of music, rhythm, and expression. The workshop was aimed at promoting well-being and joy during their treatment journey.

The English Literary Club of SRIHER, hosted 'Pen to Page', an online letter-writing competition encouraging creative expression on 31st May. The competition encouraged creative expression where 11 participants wrote heartfelt letters to fictional characters, exploring emotions such as love, anger, and admiration.

The Medical Quiz Club of SRIHER, organised a Pathology Quiz with the Prelims on 8th May, exclusively for II yr. MBBS students. With 250 participants in the prelims and 15 finalists, the event featured case-based questions, histology image rounds, and rapid-fire sessions.

The Green Friends Organisation Club of SRIHER organised Project I.G.N.I.T.E. – Providing Access to Water Sustainably, focussing on animal welfare and water sustainability on 12th and 13th May. 40 student volunteers installed more than 60 water bowls across campus to ensure access to clean drinking water for animals.

SPORTS CORNER



Mr. Sriradhan B, IV yr., M. Sc. MRIT., Dept. of Radiology & Imaging Sciences, won the Gold Medal in 'Doubles' Category & Bronze medal for 'Singles' category in the 5th Youth & Sports Promotion Association of Nationals Carom Championship held from 27th to 29th May at Goa.



Mr. Sanjiv Pranav, I yr. B.Sc. (Sports & Exercise Science), Sri Ramachandra Faculty of Sports & Exercise Sciences, a swimming athlete received the Raising Sports Stars Award 2025 on 18th May from the Tamilnadu Athlete and Sports Association.

Mr. Shashank D., I yr. BPT, Sri Ramachandra Faculty of Physiotherapy, won I place in the Karate (M) Senior -75kg Male Category during the Chennai Open Karate Championship & League 2025 on 3rd and 4th May.

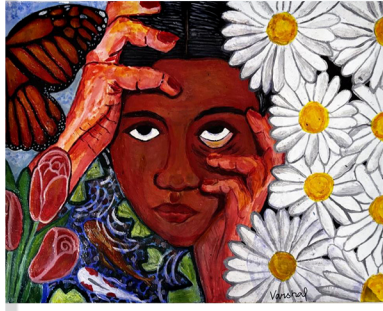
The following students won trophy in the ENCIERRO'25 Inter Medical and Dental Tournament 2025 held at Madras Medical College from 8th to 11th May.

| Name | Year & Course | Event | Prize |
|------------------------------------|---------------------------|---------------------------|--------------|
| Mr. S. Aditya | Intern MBBS | Table Tennis (Men) | Runners' up. |
| Ms. Preeti M. R. R. | I yr. BDS | Table Tennis (Women) | Runners' up. |
| Ms. Kanishka S. Ms. Maadhini S. | III yr. BDS Intern BDS | Badminton (Women) | Winners |
| Mr. Aryasundar Ms Maadhini S. | I yr. BDS Intern BDS | Badminton (Mixed Doubles) | Winners |

READERS' CORNER



Ms. Vijayashree R.
III Yr. MBBS



Ms. Varsha V.
II yr. B. Sc. Nursing



Mr. Swartz Sam Paul
IV yr. BOT



Ms. Amudha Yazhini V. M.
III yr. B. Pharmacy



Ms. Praveena A.
Sr. Lab Technologist

Journey of plastics

Born last, the child of crude!
Flashy black winds swarm in throngs.
I sculpt sleeves of super-stuff,
A sequel to the handsome needy.

But time—devil-dealer—waged war on me,
Splitting me into chunks, cheap and discarded.
Landlords tax the impermeable aqua,
While sticky winds dance on milky tongues.

The immortal invaders feast unseen,
But vanish—hunted by their own origin.
New versions of me originate,
I got my time to retire.

Mr. Dhanush Pandiyan B.
I yr. M. Sc. Biotechnology

செயற்கை நுண்ணறிவு

முயற்சியின் முன்னேற்றம் பயிற்சியின் தன்னேற்றம்..!

செயற்கை நுண்ணறிவு செகத்தின் திறனேற்றம்..!
எதிலும் எங்கும் எல்லாமுமாய் இயங்கிடும்..!

புதிதான துறையிது புத்தாக்கம் தந்திடும்..!
மதியின் நீட்சியிது மாட்சிமை கூட்டிடும்..!

விதிகளின் வீச்சினால் வீரியத்தை ஊட்டிடும்..!
மருத்துவத் துறையினிலும் ஆட்சியைக் காட்டிடும்..!

இருதயத் துடிப்பாகி உலகினையே இயக்கிடும்..!
ஆற்றிவு தன்னையே ஆராய்ந்து வென்றிடும்..!

செயற்கையே ஆனாலும் செம்மையாக்கும் பயிற்சியே..!
விண்ணுலகோ மண்ணகமோ நுண்ணறிவிது நுழைந்திடும்..!

Ms. Sowmya R.
Ph. D. Scholar, Dept. of Clinical Nutrition