



# SRI RAMACHANDRA

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Category - I Deemed to be University) Porur, Chennai

## N-Mind 2022 issue

*An official Newsletter of  
Sri Ramachandra Faculty of Nursing*



### Contents

Spot light

Round Up

Integration activities

Students corner

Alumni corner

Upcoming events

**Patron**  
Shri. V.R. VENKATAACHALAM  
Chancellor

**Advisory board**

Dr. Uma Sekar  
Vice-Chancellor

Dr MAHESH VAKAMUDI  
Pro Vice- Chancellor

Dr K.V. SOMASUNDARAM  
Professor of Eminence & Advisor (Academic)

**Editor-in-chief**  
Dr S. J. Nalini  
Principal

**Editor**

Dr A.Seethalakshmi  
Professor & HoD, Nursing Foundation

**Co- editor**

Dr.A.Manjula  
Asst. Professor

**Editorial board**

Mrs. D. Geetha, Lecturer  
Mrs. S. Nalini, Lecturer

**Student Members**

Mr.Johnson M & Ms. Kaviya R  
B. Sc Nursing (Basic) IV Year

**SECRETARIAL ASSISTANCE**

Mrs. P. Deepika

**EDITOR'S NOTE**

Dear N-Mind's Viewers

Nursing education has evolved in India from the first school of nursing that was established in 1871 at Government General Hospital Madras to train four nurses for a six month diploma in midwifery program. Blooms taxonomy has been an integral part of nursing education from the initial training to the current collegiate education program as it has, at its core the integral work of the Head, the Heart and the Hand to enable better patient outcomes. The teaching learning methodologies in nursing have incorporated the blended mode, simulation in addition to the experiential learning that has always been the strength of nursing education. As continuous learners of nursing N-Mind 2022 brings to the reader the different activities carried out within the learning environment at SRIHER keeping in mind the competencies and learning outcomes that were imparted to the students along with the Societal benefits which is the ultimate goal of the Nursing education programs offered at Sri Ramachandra Faculty of Nursing.

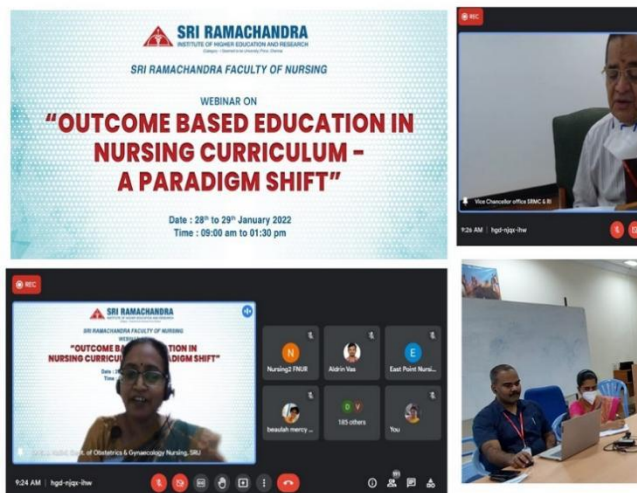
With Gratitude,  
Dr. A.Seethalakshmi



## SPOTLIGHT

### Webinar

Sri Ramachandra Faculty of Nursing organized a Webinar on “Outcome Based Education in Nursing Curriculum – A Paradigm Shift” on 28<sup>th</sup> and 29<sup>th</sup> January 2022. This webinar focused on outcome-based education and its application in Nursing Curriculum. Totally 310 participants from various parts of the country attended the webinar.



### Endowment oration

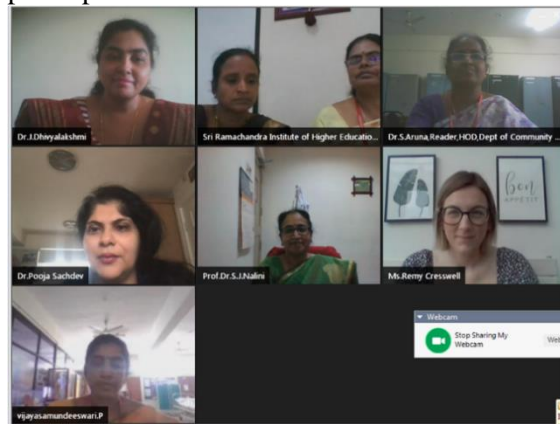
The 4<sup>th</sup> Dr. S. Thanikachalam Endowment Oration in Nursing on “Global Standards for Professional Development of Nursing in India” was held on 24.08.2022 between 11.am to 12.30pm at Basement Auditorium, Sri Ramachandra Faculty of Dental sciences, SRIHER(DU). The Orator was Dr. Bimla Kapoor, Professor, HOD-Nursing Discipline, Former Director, School of Health Sciences (SOHS), Indira Gandhi National Open University, New Delhi.



### Webinar

The Department of Community Health Nursing, Paediatric Nursing and Obstetrics and Gynaecology Nursing under Sri Ramachandra Faculty of Nursing organized a Webinar on “Recapturing Insights of Diabetes & Health Care” on 15<sup>th</sup> and 16<sup>th</sup> March 2022. This webinar was focusing on the various aspects of Diabetes. 311

participants from various parts of the state participated in this webinar.



### Round table discussion

Sri Ramachandra Faculty of Nursing, SRIHER (DU) in collaboration with D Y PATIL University, Mumbai, and Manchester Metropolitan University, UK organized a round table discussion with the theme “Enabling professionalism in nursing practice- students perspectives” through Microsoft Teams on 19.5.2022 from 2.30 p.m. to 4.45 pm. B.Sc. Nursing (Basic) III year, M.Sc. Nursing, and M.Sc. Nursing (NPCC) – 187 students and 34 faculty from SRIHER, 340 students from D Y PATIL University, and 100 students from Manchester Metropolitan University, UK have attended the program.



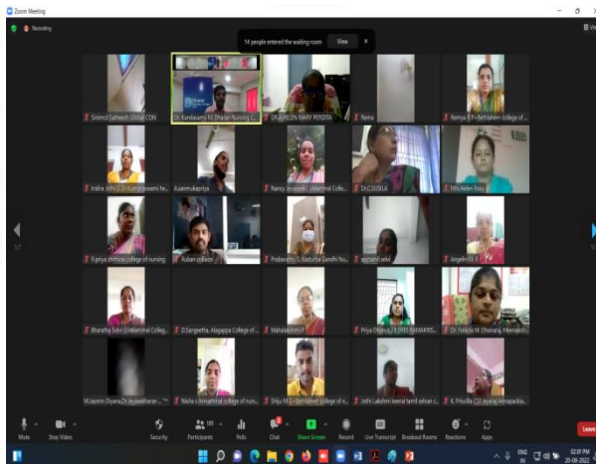
### 5<sup>th</sup> State Level Workshop-Soft Skills for Nurses

The Department of Nursing Foundation, Medical Surgical Nursing and Psychiatric Nursing organized the 5<sup>th</sup> State level workshop on 14<sup>th</sup> October 2022, with a theme of “Soft Skills for Nurses”. Dr. Latha Ravichandran, Dean-Education, SRIHER (DU) inaugurated this workshop and totally 50 delegates participated from various parts of Tamil Nadu.



The Tamil Nadu Nurses and Midwives Council organized state level workshop on ‘B. Sc. (Nursing) Revised Syllabus: Curriculum implementation’ venue partner Sri Ramachandra Institute of Higher Education and Research (Deemed to be University) from 03.08.2022 to 12.08.2022 in four phases. The virtual workshop on the same was conducted from 17<sup>th</sup>, 18<sup>th</sup> & 20<sup>th</sup> August 2022. Dr. S. J. Nalini, Principal, SRFON,

Coordinator for the workshop. 382 principal's and vice-principal's of nursing colleges across Tamil Nadu were benefitted.



## Curriculum Development

The XIV meeting of the Board of studies was held on 28.06.2022 between 2.30 pm and 3.45pm by Google meet to consider and recommend the Revised Regulations and Syllabus for B.Sc. Nursing Degree Program under Credit Based Semester System in line with Indian Nursing Council Regulations with effect from the academic year 2022-23. The **BOARD RESOLVED** to approve the Program. The faculty members were oriented to the Revised regulations on 25.05.2022 and 13.07.2022, and the Revised regulations came into effect from 29<sup>th</sup> August 2022.

## RECOGNITIONS (Resource Person)

Name of the faculties	National / International	Topic	Theme	Date	Organizer
Prof. Dr.S.J.Nalini Principal	National		Chief Guest-Lamp Lighting	05.01.2022	JSS College of Nursing, Mysuru
	National	Contemporary Issue and Trends Exploration in Nursing Expert's view	National Virtual Conference on Evolution in Obstetrics and Gynaecology Nursing	21.01.2022 & 22.01.2022	Apollo College of Nursing, Chennai.
	National	Blueprint- A approach to Question paper setting based on OBE.	Webinar on Outcome Based Education on Nursing Curriculum – A paradigm shift	28.01.2022 & 29.01.2022	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
	National	Innovation and Challenges in Nursing Education &	3 <sup>rd</sup> International Conference	28.01.2022 &	PannaDhaiMaaSubharti College of Nursing,

		Clinical Research		31.01.2022	Swami Vivekananda Subharti University
	National		Chief Guest-Lamp Lighting	01.02.2022	Omayal Achi College of Nursing
	National	History of Nursing Education in India	Guest speaker	15.03.2022	Organized by RCSI, Bahrain
	National	Probiotics & Gestational Diabetes	Tri webinar on Recapturing Insights of Diabetes & health care	15.03.2022	Depts. of Community Health Nursing, Paediatric Nursing and obstetrics and gynaecological Nursing, SRFON,SRIHER
			Board of Studies Member	22.03.2022	Chettinad College of Nursing
			TNNMC Inspection-	25.03.2022	Apollo College of Nursing
			Participated in the House of Delegates meeting	29 & 30. 04.2022	The Trained Nurses' Association of India at Radisson Blu Hotel, Greater Noida, Uttar Pradesh
			Board of Studies Member & Academic Council	09.06.2022	MAHER, Chennai
			Board of Studies Member		ACS College of Nursing, Dr. M.G.R Educational and Research Institute
		Preparation of Balanced QP based on design and Blueprints development	CNE by TNNMC	05.04.2022	Tamil Nadu Nurses and Midwives Council (TNNMC)
		Concept mapping	Evidence Based Practice	08-04-2022	Organized by TNNMC and ECHO-India
		Being a Nurse Today	Staff Development Programme	18.05.2022	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
		Evidence Based Practice	Midwifery training for 16 weeks (Phase III) as a resource person	28.05.2022	Tamil Nadu Nurses and Midwives Council and ECHO India
	National	Estimation of Sample Size	State Level Conference on Basics Biostatistics in Nursing Research	10.06.2022	KMC College of Nursing, Trichy
		Exploring Precision In Research Problem	FDP-Expert Panel Members for scientific paper presentation	25.06.2022	Glorious International Nursing Research and Academic Foundation and Subharti Nursing College Subharti University, Uttar Pradesh, India.
	Regional		TNNMC Inspection-Jipmer College of Nursing, Chennai	30.06.2022	Tamil Nadu Nurses and Midwives Council (TNNMC)
			Expert to review	06.07.2022	State Govt Department Competitive Examination for Nurses
			B.Sc. Nursing Programme Syllabus	20.07.2022	Tamil Nadu Nurses and Midwives Council



			revision workshop		(TNNMC)
	National	Coordinator for the state level workshop Introducing New INC Curriculum- B.Sc Nursing Revised syllabus :Curriculum implementation	Revised B.Sc. (Nursing) syllabus: Curriculum implementation Update	03.08.2022 to 12.08.2022	Tamil Nadu Nurses and Midwives Council (TNNMC)
	National	Introducing New INC Curriculum- B.Sc Nursing Revised syllabus :Curriculum implementation	Revised B.Sc. (Nursing) syllabus: Curriculum implementation Update- Virtual mode	17.08.2022, 18.08.2022 and 20.08.2022	Tamil Nadu Nurses and Midwives Council (TNNMC)
	National	Introducing New INC Curriculum- How to Prepare Yourself	Introducing New INC Curriculum	24.09.2022 to 27.09.2022	Elsevier, Hyderabad
	National	Overview of the Clinical Research Process and Paradigm	Capacity building in Clinical Research Nursing- An evolving Specialty Domain	06.10.2022	Chettinad College of Nursing, CARE
	Regional	Introduction to NAAC accreditation	Sensitization NAAC accreditation process	27.10.2022 to 29.10.2022	GRT college of Nursing, Tiruttani & SRIHER
	National	Methods of assessing Course outcome and Programmed outcome	National workshop	11.11.2022 & 12.11.2022	Karpaga Vinayaga College of Nursing, Madhurantagam
	Regional		Chief Guest-Lamp Lighting	14.11.2022	PES, College of Nursing, Kuppam
	National	Navigating the Culture of Innovation in Nursing	National conference	24.11.2022	JMJ College of nursing, Hyderabad
	National	Eclampsia Management Training	State Level workshop on Art of Obstetrical Skills	30.11.2022	Saveetha College of Nursing, SIMATS
Prof. Dr.S. Santhi Vice Principal	Regional	Psychological wellbeing		05.03.2022	SRFON, SRIHER (DU)
	Regional		Ad hoc inspector - Vinayaka Mission, Salem	01.04.2022	Tamil Nadu Nurses and midwives Council (TNNMC)
	Regional	Written - Care plans, process recording	CNE by TNNMC	09.04.2022	Tamil Nadu Nurses and Midwives Council (TNNMC)
Dr. Anita David Reader & HOD, Paed. Nsg	National	New born Resuscitation	Basic NRP course- Newborn Resuscitation program first golden minute project	18.02.2022	Karpaga Vinayaga institute of medical sciences and research centre, Maduranthagam.
	National	Newborn Resuscitation	Basic NRP course- Newborn Resuscitation program first golden minute project	18.02.2022 & 25.03.2022	Sree Balaji Medical College and Hospital, Chrompet, Chennai.
	National	Newborn Resuscitation	Basic NRP course- Newborn Resuscitation program first golden minute project	10.03.2022	Scudder Memorial Hospital, Ranipet
	National	Fluid and Electrolyte Imbalance in children	Virtual expert talk	23.03.2022	Sri Gokulam college of Nursing, Salem
	National	Recommendation for the	Virtual National	13.04.2022	Kuppuswamy Naidu

		care of neonates during COVID -19	wide training of nurses for capacity building for management of children in Covid-19		memorial Hospital, Coimbatore
	Regional	Preparation of balanced question paper based on designs and blueprints and development of assessment methods	CNE by TNNMC	09.04.2022	Tamil Nadu Nurses and Midwives Council (TNNMC)
	National	Covid preparedness for Nurses handling children	TOT Program	23.04.2022	Directorate of general of health services- MoHFW
	Regional	Newborn Resuscitation and Assessment of High-risk Newborn	IV state level workshop on Basic newborn care and resuscitation program (BNCRP)	23.04.2022	Sri Narayani School & College Of Nursing, Vellore
	National	Newborn Resuscitation	Basic NRP course- Newborn Resuscitation program first golden minute project	07.05.2022	SRIHER (DU)
	National	Newborn Resuscitation	Basic NRP course- Newborn Resuscitation program first golden minute project	11.08.2022	Melmaruvathur Adhi parasakthi Institute of Medical sciences and Research
	National	Newborn Resuscitation	Basic NRP course- Newborn Resuscitation program first golden minute project	26.11.2022	VHS Hospital, Chennai
Dr S. Rajeswari, Reader & HOD, OBG. Nsg	Regional	Supporting Moms to Breastfeed anytime, anywhere.	CNE on Step-up for breast feeding – Educate and Support	05.08.2022	SRIHER (DU)
	National	Introduction to NAAC Accreditation	Sensitisation of NAAC Accreditation Process	27.10.2022 to 29.10. 2022	GRT College of Nursing, Tiruttani & SRIHER
Dr.A. Seethalakshmi Reader & HOD, Nsg Foundation	Regional	Guest speaker on Conducting item analysis	CNE by TNNMC	08.04.2022	Tamil Nadu Nurses and Midwives Council (TNNMC)
	National	Accreditation and Research – Need of the hour	Conference on Innovative alley in research -The power of nursing science	22.04.2022	IQAC, PSGCON
	National	Teaching learning methods to attain learning outcomes	Outcome based Education in Nursing curriculum- A paradigm shift	28.01.2022	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
	Institutional	Teaching learning methods	Basic Course Workshop in Education Technologies	03.03.2022	Education Unit Health science colleges, SRIHER (DU)
	National	Benchmarking a method for Quality Enhancement	Quality webinar series -7 <sup>th</sup> webinar on Bench marking by IQAC	07.05.2022	Vinayaka Missions Research Foundation
	State	Hands on session Communication and team building.	5 <sup>th</sup> State level workshop- Soft skill for nurses	14.10.2022	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
	National	Practices of Teaching-Learning and Evaluation	Faculty Development Program (Virtual)	20.09.2022	Glorious international nursing research and


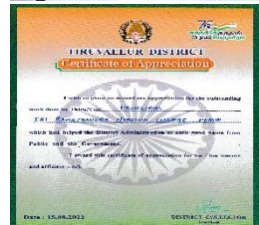
		in higher studies	“Ensuring Quality and excellence in Higher education: NAAC Perspectives”		academic (GINRA) foundation in association with Smt. Sindhutai Eknathrao Vikhe Patil College of Nursing, PIMS, Loni, Maharashtra, India. & SUM College of Nursing, SOA University, Bhubaneswar, Odisha, India.
	Regional	Introduction to NAAC Accreditation	Sensitization NAAC accreditation process	27.10.2022 to 29.10.2022	GRT college of Nursing, Tiruttani & SRIHER
	National	Attainment calculation in outcome-based education & essential of NAAC framework	Methods of assessing course and program outcomes	12.11.2022	KarpagaVinayaga College of Nursing
Dr.A. Porkodi Reader & HOD, Medical surgical Nsg	Regional	Multiple choice questions	CNE by TNNMC	07.04.2022	Tamil Nadu Nurses and Midwives Council (TNNMC)
	National	Coronary Care Unit Monitoring	Diagnostic and Interventional Cardiology Capacity building program for Nurses	06.05.2022	Society of cardiac nurses (India) in collaboration with ECHO India.
	National	Arrhythmia management	Rhythm Recognition: Save a Beat	23.07.2022	MGM New Bombay College of Nursing, Kamothe, Navi Mumbai
	Regional	Introduction to NAAC Accreditation	Sensitisation of NAAC Accreditation Process	27.10.2022 to 29.10. 2022	GRT College of Nursing, Tiruttani & SRIHER
Dr. Ramesh C Assoc.Prof	National	Adapting Outcome Based Education in Nursing Curriculum – Scope and Challenges	Webinar on Outcome Based Education on Nursing Curriculum – A paradigm shift	29.01.2022	Sri Ramachandra Faculty of Nursing, SRIHER (DU), Porur, Chennai
	National	Process of Publishing in an Indexed Journals and Publication Ethics	Webinar on research future and advanced concept	24.02.2022	Vinayaka Mission’s Annapoorna College of Nursing, Vinayaka Mission Research Foundation, Salem
	National	Systematic Review and Meta-analysis	Virtual Research conclave	25.02.2022	Sri Devaraj Urs College of Nursing, Sri Devaraj Urs Academy of Higher Education and Research, Kolar, Karnataka
	National	Advanced Cardiovascular Health Assessment	Virtual training programme on Advanced Health Assessment	08.03.2022	The Nursing Division, Directorate of General Health Services, Ministry of Health and Family Welfare, Government of India in collaboration with Nurse Practitioner Critical Care and ECHO India
	National	Future of Artificial Intelligence in Nursing	Webinar on Artificial Intelligence in Nursing	06.04.2022	KAHER Institute of Nursing Sciences, KLE Academy of



					Higher Education and Research, Belagavi, Karnataka
	National	Outcome Based Education in Nursing Curriculum	Continuing Nursing Education	13.04.2022	Himalayan College of Nursing, Swamy Rama Himalayan University, Dehradun, Uttarakhand, India.
	National	Finding Research Topics and Building Basic Knowledge	Webinar on Research methodology	14.05.2022	Manipal College of Nursing, Manipal Academy of Higher Education, Manipal
	National	Evidence Based Practice in Critical Care Nursing	Webinar on critical care: Evidence Based nursing Practice	25.06.2022	Sikkim Manipal College of Nursing, Sikkim Manipal University, Gangtok, Sikkim
	International	Advanced Cardiovascular Health Assessment	Virtual training programme on Advanced Health Assessment	25.06.2022	The Nursing Division, Directorate of General Health Services, Ministry of Health and Family Welfare, Government of India in collaboration with Nurse Practitioner Critical Care and ECHO India
	National	Role of Nurse in cardiac rehabilitation	Clinical excellence in cardiac care	15.07.2022	Sri Narayani college of Nursing, Vellore.
	National	Grading the quality of evidence and strength of health care interventions	Recent updates in the health care research	26.12.2022	Chettinad School of physiotherapy, Chettinad Academy for Research and Education (CARE)
Dr. R. Kavitha Assoc.Prof	National	Literature Search and Online Demonstration	National Seminar on Capacity building in Clinical Research Nursing- An Evolving Specialty Domain	06.10.2022	Chettinad College of Nursing, Chettinad Academy for Research and Education (CARE)
	National	Reporting a Systematic Review and Meta-analysis	Recent Trends in healthcare Research	27.12.2022	Chettinad School of physiotherapy, Chettinad Academy for Research and Education (CARE)
Dr. A. Manjula Asst.Prof	Regional	Code of professional ethics-Guidelines for student Nurses	Sensitization programme	29.07.2022	Arulmigu Meenakshi college of Nursing
	Regional	Importance of effective communication in nursing profession	5 <sup>th</sup> State level workshop- Soft skills for nurses	14.10.2022	Depts. of Nursing Foundation, Medical Surgical Nursing and Psychiatric Nursing, SRFON, SRIHER
Dr.P. VijayaSam undeeswari Lecturer	Regional	Nursing care of a child with Type 1 diabetes	Tri webinar on Recapturing Insights of Diabetes & health care	15.03.2022 & 16.03.2022	Depts. of Community Health Nursing, Paediatric Nursing and obstetrics and gynaecological Nursing, SRFON, SRIHER
Mrs Jyothi. K Lecturer	Regional	Building Nursing Image Who's Responsibility Public/ Professional	Invest in Nursing for Global Health	10.12.2022	Omayal Achi College of Nursing TNAI Tamil Nadu State

		(Poster)			branch XXVII
--	--	----------	--	--	--------------

#### Awards

S.No	Name of the faculty	Award	Date	Agency
1.	Prof. Dr. S. J. Nalini Principal	Sri Ramachandra Faculty of Nursing received a certificate of appreciation for Covid public services from Tiruvallur district collector on 15th August 2022 in Independence Day event.	15.08.2022	State Government  
2.		Gold coin for 20 years of service	20.09.2022	Founders' day SRIHER
3.	Ms. N.S. Sujatha, Clinical Instructor	Gold coin for 10 years of service	20.09.2022	Founders' day SRIHER
4.	Mrs. D. Geetha and Mrs. P Vijayasamundeeswari, Lecturers	Thiru. Govinda Rao research Publication Award best Research Publication in a journal with Impact factor 5 Founders' Day celebration.	20.09.2022	Founders' day SRIHER
5.	Dr. R. Kavitha Associate Professor	First prize poster presentation- Maternal Probiotic Supplementation on Glycemic Parameter (FBS) among GDM - A Randomized Controlled Trial	28.10.2022	National Seminar Nutraceuticals: Novel Approach organized by Department of Biomedical Sciences, SRIHER
6.	Mrs. Vinovani Clinical Instructor	Third prize poster competition- Building Nursing Image Who's Responsibility Public/ Professional	10.12.2022	TNAI Tamilnadu State branch XXVII State Conference: Theme: Invest in Nursing for Global Health at Omayal Achi College of Nursing

#### Paper Presentation

Name of the faculty	National / International	Topic	Theme	Date	Organizer
Mrs. D. Geetha	International Conference 2022	Perception on Objective Structured Clinical Examination (OSCE) and Traditional Practical Examination (TPE) among Faculty and Undergraduate Students in selected Nursing College.	Innovations and Transformations of Nursing During Pandemic	17.06.2022	T. John School & College of Nursing, Bangalore.
Mrs V. Santhi	National	A mixed method study to assess the quality of life and sexual functioning among breast cancer patients at a selected hospital	National Virtual Research Conclave 2022: Excellence in sustaining quality Research	25.02.2022	Sri Devaraj Urs College of Nursing
Dr Ramesh C	International	Effects of yoga therapy on anxiety, pain, and biomarkers in patients following coronary	International virtual Conference on	21.01.2022	College of Nursing, AIIMS,

		artery bypass surgery: A systematic review and meta-analysis	“Clinical Integration: Need of the hour”		Bhubaneswar
Dr. S. Rajeswari	National	Objective Structured Clinical Examination in Midwifery Obstetrical Nursing: Perceptions of Undergraduate Nursing Students	ICM Essential Competencies for Midwifery Practice: Indian Perspectives	26.04.2023 & 27.04.2023	College of Nursing, AIIMS, Jodhpur

## PUBLICATIONS

1. Ponnambalam S, Palanisamy S, **Singaravelu R**, Janardhanan HA. Effectiveness of After-School Physical Activity Intervention on Body Mass Index and Waist Circumference/Height Ratio among Overweight Adolescents in Selected Schools at Puducherry, India: A Randomized Controlled Trial. *Indian J Community Med.* 2022 Jan-Mar;47(1):72-75. doi: 10.4103/ijcm.ijcm\_1031\_21. Epub 2022 Mar 16. PMID: 35368495; PMCID: PMC8971867.
2. Susila Francis, **Nalini Sirala Jagadeesh**, Rajeswari Singaravelu, Aruna Subramaniam, The influence of pica practice on nutritional status, stress and anxiety of pregnant women, *Clinical Epidemiology and Global Health*, Volume 17, 2022, 101133, ISSN 2213-3984, <https://doi.org/10.1016/j.cegh.2022.101133>.
3. Dhanalakshmi V **Nalini Sirala Jagadeesh**, Anitha Rani (2022). Impact of Nested Vark (Visual, Auditory, Read, Kinesthetic) Strategies on Parental Attachment, Anxiety, Maternal and Fetal Outcome Among First Time Childbearing Couples: A Randomized Controlled Trial. *Cureus*, 14(9), e29257. <https://doi.org/10.7759/cureus.29257>
4. **Ramanathan, Kavitha; Jagadeesh, Nalini Sirala**; Vishwanath, Usha; Dayal, Celina<sup>3</sup>. Effect of Probiotic Supplementation on Glycemic Control Among GDM – Study Protocol for a Randomized Clinical Trial. *International Journal of Nutrition, Pharmacology, Neurological Diseases* 12(3):p 126-133, Jul-Sep 2022. | DOI: 10.4103/ijnpnd.ijnpnd\_8\_22
5. Ponnambalam, S., Palanisamy, S., **Singaravelu, R.**, & Arambakkam Janardhanan, H. (2022). Effectiveness of a school-based nutrition education program on waist circumference and dietary behavior among overweight adolescents in Puducherry, India. *Journal of education and health promotion*, 11, 323. [https://doi.org/10.4103/jehp.jehp\\_413\\_22](https://doi.org/10.4103/jehp.jehp_413_22)
6. Chokkara, R., **SeethaLakshmi,A.**, Anitharani, M., & Eapen, A. (2022). School-Based Educational Interventions on Prevention and Control of Malaria-A Systematic Review and Meta-Analysis. *The American journal of tropical medicine and hygiene*, 107(4), 827–832. <https://doi.org/10.4269/ajtmh.22-0297>
7. **Roja, C., Seetha Lakshmi, A.**, Anitha Rani, M., & Eapen, A. (2022). Effect of School-Based Educational Interventions on the Knowledge of Malaria and Dengue Among Higher Secondary School Children in Chennai, India: A Pre and Post-intervention Study. *Cureus*, 14(7), e26536. <https://doi.org/10.7759/cureus.26536>
8. Mr. Hilal N I, **Santhi S**, Dr. Nirmala V, Dr. Anitha Rani. (2023). Effectiveness Of Abdominal Massage On Gastric Residual Volume, Abdominal Distension, And Gastrointestinal Functioning Among Patients With Nasogastric Tube Feeding Admitted In The ICU's At Selected Hospital-Pilot Study. *Journal of Pharmaceutical Negative Results*, 765–771. <https://doi.org/10.47750/pnr.2023.14.03.100>
9. **Sara Sapharina, G. J.**, & Neelakshi, G. (2022). Effectiveness of psychoeducative intervention on quality of life among caregivers of patients with schizophrenia: A randomized control trial. *Indian journal of public health*, 66(4), 439–442. [https://doi.org/10.4103/ijph.ijph\\_2094\\_21](https://doi.org/10.4103/ijph.ijph_2094_21)
10. Martis, C. S., **Chandrababu, R.**, Ravishankar, N., Bhandary, R. P., Mohammed, C. A., Tolson, D., & Devi, E. S. (2023). The effectiveness of yoga therapy on caregivers of people living with dementia: A systematic review and meta-analysis of randomized controlled trials. *Clinical Epidemiology and Global Health*, 19(December 2022), 101192. <https://doi.org/10.1016/j.cegh.2022.101192>
11. Jacob, D., Lazarus, E. R., & **Chandrababu, R.** (2022). Efficacy of cling film dressing on palmoplantar psoriatic lesions among patients with psoriasis: A randomized controlled trial. *Journal of Health Sciences*, 12(2), 122–128. <https://doi.org/10.17532/jhsci.2022.1747>
12. Shirley Prakash, Porkodi Arjunan, Gladys, & Dhanya K Chandran. (2022). Effect of Buerger Allen Exercise on Lower Limb Tissue Perfusion among Patients with Type 2 Diabetes Mellitus. *Indian Journal of Public Health Research & Development*, 13(2), 144–150. <https://doi.org/10.37506/ijphrd.v13i2.17916>

13. Kavitha, K., **Manjula, A.**, Tamiloli, S., Jhoney, R., Anushya, B., Chacko, S. E & Devapriya, A. P. (2022). A Study to Assess the Level of Student Satisfaction and Self-Confidence on Cardio Pulmonary Resuscitation Learning among Undergraduate Nursing Students at Selected College Of Nursing in Chennai, -Annals of the Romanian Society for Cell Biology, -Date: 01-01-2022, 57 ISSN: 1583-6258, Indexing: Scopus
14. Cynthia Milton, **Aruna.** (2022) Exploring the possibility to develop mobile learning application for improving english competency needed for clinical case presentation of nursing graduates, Journal of Fundamental & Comparative Research Journal of Kavikulaguru Kalidas Sanskrit University, Ramtek Vol. VIII, No. 1(IV): 138-142
15. Sathiya, K., **Vijayasamudeeswari, P.**, & Poongodi, R. (2021). Awareness of Risk factor and Warning symptoms of Stroke among patients with hypertension at Tertiary care hospital of South India. *Research Journal of Pharmacy and Technology*, 14(11), 5769-5774.
16. Ramalingam, P., Revathi, S., & **Vijayasamudeeswari, P.** (2022).

## ROUND – UP

### HIGHLIGHTS OF THE DEPARTMENT

#### Department of Nursing foundation

The Patient safety awareness week 2022 was observed by the department of Nursing Foundation with the theme of “*Patient safety and Medication without Harm.*” from 19.04.2022 to 22.04.22 between 8.00 a.m. to 1.00 p.m. at SRFON and SRH. B.Sc. Nursing (Basic) students I year were sensitized on IPSG goals I to VI by the speciality team, SRH. The students created awareness on skin care, fall prevention and the hand hygiene for the patients and family members. The beneficiaries were 100 students, 99 health care workers and 358 patients and the family members.



#### B.Sc. I year Induction program

The induction program for the students of B.Sc. Nursing I Semester was held from 29th August. In person sessions were held from 01.11.2022 to 25.11.2022. It began with a virtual orientation

Development and validation of educational pamphlet to prevent sleepapnea. *Cardiometry*, (25), 271-275.

#### Books Authored

Prof. Dr. S.J. Nalini and Alumnus, Dr. E. Sujitha, Published a book on “Essentials of Nursing Research Appraising Evidence for Nursing Practice”; 1<sup>st</sup> South Asian Edition by Wolters Kluwer Publication

Dr. S. J. Nalini, as Author and contributions by Dr. A. Seethalakshmi, Dr. A. Pokodi and Dr. C. Ramesh as Contributory Authors Book “Ross and Wilson Applied Anatomy and Applied Physiology in Health and Illness”, 1<sup>st</sup> South Asia Edition.



#### Extramural projects

ICMR funded: 05.05.2020

Effects of maternal probiotic supplementation on glycaemic control and pregnancy outcomes

Dr. S.J.Nalini, Mrs. Kavitha Ramanathan, Dr. Usha Viswanath, Dr. Anupma Jyoti Kindo, Dr. A.J. Hemamalini and Dr. D. Chamundeeswari

program followed by introduction of faculty members. The students were exposed to the following sessions as “My Dream and my Career”, session on “Nurses are unique kind”, Debate on the topic “Usages of mobile phones by students”, Enhancing Communication Skill, Ice Breaking Session, Attitude is the heart of professional behavior, introduction to Student Council Activities, Debate on “Nursing my choice/ others choice”, Induction of English language, Role of nurses in the health care system, SRU Connexions, Introduction to Sports Activities, SNA & Interaction with senior students, Emotional Intelligence, Competency-Based Education in SRIHER, The Effectiveness of yoga for adolescents, Examinations, Physical activity among adolescents. Student Feedback was obtained for the program.





### Department of Medical Surgical Nursing.

The Department of Medical-Surgical Nursing, Sri Ramachandra Faculty of Nursing, SRIHER (DU) in collaboration with MOHAN Foundation organized a Virtual Seminar on “Deceased Organ Donation” on 7th February 2022 between 2.00p.m to 4.00pm. Totally 135 students attended the seminar. B.Sc. Nursing (Basic) III year 103 students, B.Sc. Nursing (Post Basic) I year 13 students, M.Sc. Nursing 17 students and M.Sc. N (NPCC) 15 students participated and benefitted from this seminar.



### Department of Paediatric Nursing

The Department of Paediatric medicine & Division of Paediatric Nephrology, Department of Paediatric Nursing, Sri Ramachandra Faculty of Nursing conducted Seminar on The World Kidney Day with the theme “Kidney health for all-2022” on 11.03.2022 at Lecture Hall 4th floor G block-SRH. The total Participants were - 111 -BSc Nursing (Basic) 101, MSc Nursing -II Year-5, Faculties-5).



### Department of Psychiatric Nursing

The Department of Psychiatric Nursing, Sri Ramachandra Faculty of Nursing celebrated World Mental Health Day with the theme 'Make mental health & well-being for all a global priority' on 31st & 1st November at RHTC, Vayalanallur and G - Block, SRH. Awareness talk, posters and skit was conducted to promote mental health among the general public. 141 members were benefitted.



### Department of Obstetrics and Gynaecology Nursing

The Department of Obstetrics & Gynaecology Nursing, Sri Ramachandra Faculty of Nursing, SRIHER (DU) observed International Women's Day in the Antenatal Outpatient Department, 3<sup>rd</sup> floor, 'G' block at Sri Ramachandra Hospital on 08.03.2022 between 10 am to 11 am with the theme of “Gender Equality today for a sustainable tomorrow”. Around 50 members of the general public, 6 faculty members of Dept. of OBG Nursing, 6 nurses and nursing supervisors, 2 M.Sc. (N) II year and 28 B.Sc. (N) IV-year students participated and benefited from the program.



The Department of Obstetrics & Gynaecology Nursing, Sri Ramachandra Faculty of Nursing, SRIHER(DU) observed world breastfeeding day in the Antenatal Outpatient Department, 3<sup>rd</sup> floor, 'G' block at Sri Ramachandra Hospital on 07.08.2021 between 10 am to 11 am with the theme of “Protect Breastfeeding: A shared Responsibility”. Around 50 members of the general public that included antenatal women, 4 faculty members of Dept. of OBG Nursing, 1 nurse, 2 nursing supervisors, 1 Assistant Nursing Superintendent, 4 M.Sc. (N) II year, 1 M.Sc.(N) I year, 2 B.Sc.(N) PB I year and 25 B.Sc. (N) IV year students participated and benefited from the program



The Department of Obstetrics and Gynaecology Nursing, SRFON observed World Breast Feeding week on the theme ‘Step Up for Breast Feeding – Educate and Support’ by creating awareness through various activities such as thematic song, dance, health education on breast feeding position, techniques using simulators and postnatal diet on successful breast feeding practices by B.Sc. (N) IV and M.Sc. (N) I year students and Ms. Urmila, PhD Scholar, respectively at antenatal OPD and postnatal ward, 'G' block, III floor at Sri Ramachandra Hospital on 4<sup>th</sup> August, 2022 between 10 – 12.00 N. 75 mothers were benefitted.





The Department of Obstetrics and Gynaecology Nursing, SRFON along with StudCred (Empowering Students of India), as part of Career Development Course (CDC) empowered the nursing students on financial literacy for college students by organizing various activities such as role play and games on financial management at Oshkosh Hall, II floor, SRFON, between 9.00 to 12.00 N. 123 outgoing undergraduate and postgraduate nursing students were benefitted.



#### Department of Community Health Nursing

The Department of Community Health Nursing participated in 'Polio National Immunization Day 2022' on 27th February between 7a.m and 6 p.m. as directed by the Government Urban Primary Health Centre Sakthi Nagar, Valasaravakkam zone, greater Chennai corporation and Government primary health center Sorancherry, Tiruvallur district. 4 PG students, 5 B.Sc. Nursing (Post Basic) II-year, 35 B.Sc. Nursing III & IV-year students administered oral polio vaccine to the under-fives.



Department of Community Health Nursing and Government Primary School, Sorancherry observed "National Deworming Day" at Govt. Primary School, Sorancherry on 12<sup>nd</sup> February 2022. 60 primary School children benefited. The events included a puppet show, health education, demonstration, return demonstration and an interactive session with the school children on hand hygiene and prevention of worm infestation.



The Department of Community Health Nursing and Government Primary Health Centre, Sorancherry observed World Health Day-2022 with the theme of "Our Planet, Our Health" at Govt. Primary Health Center, Sorancherry on 8<sup>th</sup> April 2022. 100 general public from areas in and around Sorancherry benefited. The events included poster presentation, health talk and a role play by BSc Nursing post basic II-year students



The Department of Community Health Nursing, Sri Ramachandra College of Nursing, SRIHER along with Rural Health and Training Centre, Sri Ramachandra Medical College & Research Institute, Vayallanallur, observed World Health Day-2022 by organizing various activities such as a poster presentation, and health talk and a role play by BSc Nursing post basic II-year students at RHTC, Vayallanallur on 07.04.2022 between 10.0 0am to 11.00 am. 150 OPD patients were benefitted.



The Department of Community Health Nursing participated in "Special Mega Vaccination Camp on COVID Vaccination in a Day" on 30.04.2022 and 08.05.2022 As per direction of Joint Director of Health Services and District Collector of Tiruvallur, 60 students from B.Sc. Nursing (Basic) III and IV year were deputed for the camp. The students were posted in around 27 booths The students rendered their services from 7a.m. to 7 p.m.





The Department of Community Health Nursing participated in “Special Vaccination Camp” on 21<sup>st</sup> November, 2021. The greater Chennai Corporation has started special vaccination camps at 200 locations. As per direction of Joint Director of Health Services and District Collector of Thiruvallur, 6 students from B.Sc Nursing (Basic) IV year were deputed for the camp.



The Department of Obstetric & Gynaecology participated in “Special Vaccination Camp” on 10<sup>th</sup> October, 2021. The greater Chennai Corporation has started special vaccination camps at 200 locations. As per direction of Joint Director of Health Services and District Collector of Thiruvallur, 12 students from B.Sc Nursing (Basic) IV year were deputed for the camp.



The Department of Community Health Nursing, Sri Ramachandra Faculty of Nursing, SRIHER (DU) organised International day of older persons on 8.10.2021 between 10 a.m. to 12 Noon at Swagatham Foundation, Sorancherry. B. Sc (Nursing) Basic IVyear students participated in the role play on common geriatric problems and how to take care of elderly. Elderly persons from the home also participated in recreational activities. 20 elderly people participated in this programme.



The department of Community Health Nursing, Sri Ramachandra Faculty of Nursing, SRIHER (DU) organized world diabetes day with the theme of “Access to Diabetes Care” on 30.11.2021 between 10 a.m. to 11 a.m. at Government Primary Health Center, Sorancherry. B. Sc (Nursing) Basic IV-year students created awareness on diabetes through role play, street play and flash card teaching to the general public. 50 General public participated and benefited from this program.



**The Integrated Unit of Nursing Service and Education** of Sri Ramachandra Institute of Higher Education and Research (DU) organized International Nurses Day on May 12<sup>th</sup> 2022 with a Theme of “Nurses: A voice to lead- Invest in Nursing and Respect Rights to Secure Global Health” at Seminar Hall, 2<sup>nd</sup> floor, Sri Ramachandra Medical Centre. The day was graced by chief guest Dr. T.S. Selvavinayagam, M.D., DPH, DNB, Director of Public Health and Preventive Medicine, Govt. of Tamilnadu.



expectations. Each of the departments then oriented the clinical instructors to the OSCE and procedures that the students were expected to complete in the respective clinical areas and the role of the CI in facilitating the students to complete the same. A role play was conducted by the CI's on meeting the student expectations. This was followed by discussion and clarifications and the program came to an end with the vote of thanks. 29 clinical instructors attended the induction program.



### Integration activities

#### Clinical instructor induction program

The clinical instructor induction program was organized on 11.03.2022 at 8.00am. The session began with the group dynamics, introduction to the role of a clinical instructor, managing the roles of a clinical instructor and meeting patient care

### Internal CNE programs

Date	Theme	Topic	Faculty
05.03.2022	International women's day celebration	Unfolding the theme	Dr.S.J.Nalini Principal
		Cancer & Menopause	Dr. Porkodi, Reader & HOD Medical Surgical Nursing
		NCD in women	Dr.S.Santhi Vice Principal-
29.06.2022	Medication Safety	Psychological Well Being	Dr. A.Seethalakshmi Reader& HOD, Nursing Foundation
10.10.2022	Psychiatry CNE Make mental health and wellbeing for all a global priority	CNE on the topic Nurses role and responsibility in preventing medication errors	Dr.Sanathi HOD, Psychiatry Nursing,
11.11.2022	CNE on Little Stroke, Big Troubles	Aware, arise and active in research perspectives in psychiatric nursing	Dr. C. Ramesh Associate Prof. Medical surgical nursing
01.12.2022	Fundamentals of critical Nursing in intensive care unit	Understanding the cerebral blood flow	Dr. C. Ramesh Associate Prof. Medical surgical nursing
11.11.2022	CNE on Little Stroke, Big Troubles	ICU psychosis & complications of prolonged ICU patients	Dr. Porkodi A Reader& HOD, Medical Surgical Nursing
24.11.2022	Pulmonology CNE	Co relating clinical manifestation of stroke with the underlying pathophysiology	Dr. A.Seethalakshmi Reader& HOD,
		Assessment and diagnostic evaluation of COPD	



			Nursing Foundation
19.12.2022	OBG CNE Quality Midwifery Care	Antenatal Care	Dr. S. Rajeswari, Reader & HOD OBG Nursing
19.12.2022	OBG CNE Quality Midwifery Care	Abdominal Palpation to determine fetal position & Presentation	Ms. Kavitha, OBG Nursing

**Clinical Instructor training program** was organized by all the departments from May to June 2022 and 34 clinical instructors were trained on OSCE and clinical supervision of the B.Sc Nursing students



### .STUDENTS CORNER

#### Scholarships

Ms. Gayathri M, Post Basic Student; Melina A, Shiny Varughese, Kaviya S, Yuvasri S, Adhil Sarhan R, Haritha G, Devisree K, Sathiswaran K, Rubasri S B. Sc. N (Basic) Students won the Founder Chancellor **Merit-Cum-Means Scholarship** on 16<sup>th</sup> July 2022

Ms. Sangavi, M.Sc. Nursing II Year, Ms. Mariya Filamenal Post Basic II Year and Ms. Sheetal **B.Sc N Basic II Year** each received Rs. 24000 as **TNAI Scholarship** for the year 2021

#### NSS programs

10 students participated in the Community awareness campaign and eye camp in Annambedu village conducted on 23<sup>rd</sup> February 2022

18 students participated in the pulse polio vaccination on 27<sup>th</sup> February 2022

19 students took part in the Dental camp at Kolapancherry on 28<sup>th</sup> February 2022

10 students participated in the pond restoration at Kolapakkam on 18<sup>th</sup> March 2022

10 students participated in a Multispecialty health camp for Brickkiln workers on 23<sup>rd</sup> March 2022

10 students participated in the World Earth Day by planting the trees at Don Bosco School, Vyasarpadi with association of Prasiddhi, Forest Foundation on 23<sup>rd</sup> April 2022

9 students participated in the Drug Addiction Prevention Program on at Don Bosco Polytechnic College, Basin bridge, on 26<sup>th</sup> May 2022

Hygiene Awareness Program was organized for school children at Adi Dravidar Welfare higher Secondary School, Kolapancherry on 30<sup>th</sup> June 2022

Fire Safety training program was organized for all Volunteers on 15<sup>th</sup> June 2022 & 20<sup>th</sup> June 2022

#### SNA Activities

The Student Nurses Association (SNA) of Sri Ramachandra Faculty of Nursing, SRIHER(DU) organized Sports and cultural - Festive Escape 2k22 on 30<sup>th</sup> and 31<sup>st</sup> March 2022. The sports event was inaugurated by Dr Leena Dennis Joseph. MD (Pathology), Professor of Pathology & Associate Dean of Students SRIHER(DU) and Prof. Dr. S. J. Nalini Principal Sri Ramachandra Faculty of Nursing, SRIHER(DU) rendered special address during sports inaugural at Cricket ground, SRIHER(DU). All the B.Sc. Nursing (Basic) I, II, III and IV year students participated in the various sports and cultural events organized by Student Nurses Association.



The B.Sc. Nursing (Basic) III-year students from Sri Ramachandra Faculty of Nursing, SRIHER (DU) participated in the breastfeeding Quiz competition organized by the Department of Neonatology, Saveetha Medical College and Saveetha College of Nursing at Thandalam for Nursing students on 5<sup>th</sup> August 2022. Mr. T. Maheswar and Ms. N. Hasika. B.Sc. N Basic III year students won second prize. A Total of eight nursing colleges participated in this quiz competition.



- Ms. Melina B.Sc. Nursing (Basic) IV year won first place in e-quiz competition Ms. Kaviya R. B.Sc. Nursing (Basic) IV year secured first place in e-scientific paper



presentation during XXIX State Student Nurses Association Virtual Biennial Conference 2022 Organized by The Trained Nurses' Association of India Tamilnadu state branch on 4<sup>th</sup> Jan 2022 & 5<sup>th</sup> Jan 2022

- Ms. Hasika won the third prize in poster presentation held on World Young Rheumatic Disease Day 23<sup>rd</sup> March 2022
- Campus Environment Day, Commemorating Smt. Kamalam Ramaswamy Birth anniversary, the day observed with Eco walk commenced at 9 am Smt Kamalam Ramaswamy block, sapling planting at 9.25 at biodiversity park on 31<sup>st</sup> March 2022
- Mr. Niteesh Kumar and Mr. Poonesan from B.Sc. Nursing II year participated in Inter university Chess competition and Mr. Poonessan won the 3rd place in this event organized by Faculty of Engineering on 5<sup>th</sup> April 2022,



**In-service education** The IVyear B. Sc. Nursing (Basic) and II year B.Sc. Nursing (Post Basic) organized an In-service education with the theme of “Up skilling Nursing Proficiency for novice nurses” on 10<sup>th</sup> June 2022 between 8.30 am to 1.00 pm, at Skills lab, III floor, G block, Sri Ramachandra Hospital. 30 novice nurses had hands-on skill training on the following procedures: perineal care with catheter care, positioning with back care, rights of medication administration, intravenous fluids calculation, intravenous, intradermal and subcutaneous injection.



**75<sup>th</sup> Independence Day -Azadi Ka Amrit Mahotsav & Har Ghar Tiranga 2022** was held at Sri Ramachandra Faculty of Nursing and Vayalanallur on 15<sup>th</sup> August 2022



University Sports and Cultural was held on 20<sup>th</sup> August 2022. ALCANDERS won the Volleyball trophy; In Discus throw

Muhmamed Ashik.J B.Sc N III year secured second position; In Relay event together with Muhmamed Ashik. J third year, Nitheesh Kumar, Jevin Sam and Madhavan second year students won Third place; In 200 meters running for men Jevin Sam and in Women category Cherin won the third place. In Battlegrounds Mobile India (BGMI) Reegin, Sanjay Kumar, Praveen Kumar from Third year and Vishal from second year won the second place.



B. Sc. N Basic III-year Maheswar T, Hasika and Menaga participated in Poster presentation and got third prize in world Breastfeeding celebration organized by Department of Clinical Nutrition on 02 August 2022.



SNA organized **Ayudha Pooja Celebration** at Faculty of Nursing on 1<sup>st</sup> October 2022



Sri Ramachandra Faculty of Nursing organized the Seminar and Discussion on 15<sup>th</sup> October 2022 on the topic " Becoming an International Nurses" Dr. Manju C Pallam, Senior Lecturer, Faculty of Health, Physiology and Social Care & International Lead for Department of Nursing, Manchester Metropolitan University, UK. B.Sc. Nursing (Basic) IV year 93 students, M.Sc.

Nursing II Year 7 students, and M.Sc. Nursing (NPCC) II year 9 students– 109 students and 24 faculty from Sri Ramachandra Faculty of Nursing, SRIHER have attended the seminar



Ms. Menaga M, B. Sc. N Basic IV Year won the first prize in Artistic Poster Competition organized by Bioethics Committee on the day of World Bioethics Day held on 21<sup>st</sup> October 2022

**New SNA office bearers were elected on 9<sup>th</sup> November, for the Academic year 2022-2023.**

S.NO	Student Details	Position
1.	Mr. Hiruthik Ram S, B.Sc. Nursing (Basic) IV year	Vice President
2.	Ms. Danusha J, B.Sc. Nursing (Basic) IV year	Secretary
3.	Mr. R. Adhilsarhan, B.Sc. Nursing (Basic) III year	Joint Secretary
4.	Mr. Annamalai M, B.Sc. Nursing (Basic) IV year	Treasurer
5.	Mr. Poonesan. B.Sc Nursing (Basic) IV year	Joint Treasurer
6.	Ms. Sathya Priya. M & Mr. N. Mohammed Talha B.Sc. Nursing (Basic) IV year	Sports Secretary
7.	Ms. Sai Sruthi. K, B.Sc. Nursing (Basic) IV year	Student council member (SRIHER)
8.	Mr. Suhail Hassan, B.Sc. Nursing (Basic) IV year	Student council member (SRIHER)



Ms. Vasundra, B.Sc. N Basic III year won the third prize in quiz held on 10<sup>th</sup> November 2022 organized by Departments of Endocrinology, Diabetes and Metabolism and Medical surgical Nursing and Ms. Manjula, B.Sc. Nursing (Post basic) II year received the II prize



All the students attended the Motivational Talk on “Emotional Intelligence” by Mrs. Jayashree Venkatraman, Corporate Trainer, Behavioral Counselor & Coach and a POSH Enabler held on 19<sup>th</sup> November 2022.



The Samvidhan Divas was (Constitution Day) was celebrated at Lecture Hall 9& 10, Sri Ramachandra Faculty of Nursing, SRIHER(DU). To reiterate the values enshrined in the Constitution, the students and faculty members read the Preamble of the constitution in their respective class sessions on 25<sup>th</sup> November 2022





## ALUMNI CORNER

Mr. Suresh Balasubramanian (B.Sc. Nursing (Basic) 1993-1994 batch) received **Health Care Excellence Award 2022** in the category of Nursing Staff member at Memorial Hermann Southeast Hospital, Houston, Texas, United States.

**18th Alumni Reunion** was organized on 9<sup>th</sup> September 2022. Dr. Ramakrishnan Muthuvel; Cyber Psychologist gave a talk on Stress: Let look into me- Rethink. Alumni Novice - Expertise

Networking, General body Meeting with election was organized, 193 participants.

Dr. Sujitha E, (M.Sc. Nursing 2005-2007 batch) Assistant Professor, Govt. College of Nursing, Thrissur was the awarded **Best Alumni for the year 2021**.

Dr. Gopichandran L, Associate Professor, CON, AIIMS, Awarded 'Silver' under category IV **outstanding research on Citizen Centric Services** by National award for e Governance at Hyderabad.

Alumnus Vimala 2010-11 batch was awarded Singapore Health quality award in the year 2022.

## UPCOMING EVENTS

Events for 2023	Months
Pongal celebration	January
Nurses' day	May
INNOVUS 2023	June
International Nurses Conference	July
Teachers' day	September
Pooja celebrations	September
Christmas and New year	December

Kindly mail your replies / comments / feedback to  
[nmindsrfon@gmail.com](mailto:nmindsrfon@gmail.com)