



SRI RAMACHANDRA
— FACULTY OF OCCUPATIONAL THERAPY —



OT ODYSSEY



“Exploring Boundless Horizons in Occupational Therapy”



NEWSLETTER

SRIHER(DU)

VOLUME - IV

JAN - JUN 2025



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EDITOR'S DESK

Dear Readers,



We are delighted to have you join us on our OT Odyssey. It gives us great pleasure to offer you the numerous hard work and passionate contributions made by the Sri Ramachandra Faculty of Occupational

Therapy, SRIHER (DU). This would hardly be possible without the constant and unwavering support of the whole management of Sri Ramachandra Institute of Higher Education & Research (Deemed to be University) of which we are currently in our eighth year of excellence. We showcase worthy events, great successes, and innovative research endeavors in our newsletter. We also highlight the artistic and creative accomplishments of the students as a visual treat for you. This compilation serves as proof of the outstanding achievements and experiences of our esteemed students the Faculty of Occupational Therapy which we provide to you for your reading. We thank you for being an intrinsic part of our journey towards our growth. We trust that you'll discover both utility and delight in perusing this edition of our newsletter.

Sincerely,

Prof. Raghuram P,

Editor-in-Chief,

Head, Sri Ramachandra Faculty of Occupational Therapy, SRIHER (DU),

EC Member & Coordinator - State Branches of AIOTA

President/Convenor - TNAIOTA

Member - Ergonomic Certification Committee, AIOTA

MILESTONES

**ACCREDITED BY ACOT, AIOTA & WFOT
DRIVEN BY PURPOSE**

We are proud to announce that the **Bachelor of Occupational Therapy (B.QT.)** course at **Sri Ramachandra Faculty of Occupational Therapy** has been accredited by the **All India Occupational Therapists' Association (AIOTA)**. This prestigious recognition is valid from **January 2025 to December 2028** and reinforces the academic and clinical excellence of our program. The accreditation acknowledges our faculty's commitment to quality education and the preparedness of our graduates to serve with competence and compassion. Students completing the 4.5-year program, including internship, are now eligible for AIOTA membership. This milestone reflects our adherence to national standards and continuous pursuit of professional growth. We remain dedicated to shaping future-ready therapists who make meaningful contributions to society.



MILESTONES

PRESTIGIOUS FACOT AWARD AT AIOTA 2025



Sri Ramachandra Faculty of Occupational Therapy, SRIHER, takes immense pride in announcing that our esteemed Head, Prof. Raghuram P, has been conferred with the prestigious FACOT – Fellow of Academic Council of Occupational Therapy 2025. This was presented by Dr. Yagna Unmesh Shukla, Chairman, National Commission for Allied & Healthcare Professions (Govt. of India), on 21st February 2025, at the 62nd Annual National Conference of AIOTA held in Panjim, Goa.

**A REMARKABLE MILESTONE IN
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आवेदन नं. / Application No.: 10337/2025-CO-1. दाखिल करने की तिथि / Date of Filing: 20/03/2025

एलएफआई यह प्रमाणित किया जाता है कि प्रतिनिधिधिकार अधिनियम, 1957 के प्राधान्यों के अनुसार उपर्युक्त आवेदन में प्रस्तुत किए गए "Indian Functional Independence Tool (i-fit)" नामक कार्य के लिए प्रतिनिधिधिकार प्रदान किया गया है।

This is to certify that a copyright has been registered for the work titled "Indian Functional Independence Tool (i-fit)" as disclosed in the below mentioned application in accordance with the provisions of the Copyright Act, 1957.

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Description
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IFIT is a reliable and valid tool for assessing Functional Independence in the
Indian population, particularly for neurological rehabilitation.

(नतीज/टिप्पणी,
दिनांक को)
(Conditions/
Remarks,
if any):

N.A.

कार. नं. की जारी करने की तिथि /
Date of ROC: 12/06/2025

उपस्थिति
अनुमति प्रमाण

Registrar of Copyrights

We are elated to share a proud achievement by our esteemed Faculty member, **Dr. M. Mithra (OT), Assistant Professor at the Faculty of Occupational Therapy, SRFOT**. Her dedicated research and innovation have been officially recognized by the Government of India with a **Copyright Registration** for her tool, the **Indian Functional Independence Tool (i-FIT)**.

This tool, co-authored with Dr. S. Loganathan and Prof. Raghuram P, stands as a reliable and valid assessment measure to evaluate Functional Independence, particularly in neurological rehabilitation, for the Indian population. The copyright was granted by the Intellectual Property India (Copyright Office, Govt. of India)

NCC ACTIVITY



Ms. Samiksha .S, UG Third Year student has contributed her skills and talents at the NATIONAL CADET CORPS (NCC) and has showed exponential talents and brought Fame and pride to herself and to the department.

1) Combined Annual training camp(CATC) at Air force station, tambaram.

Prizes:

1st place in contingent drill

2nd place in firing

3rd place in 800 metres running.

2) Participated in Army Attachment camp at Madras regimental center, WELLINGTON, OOTY.

3) Cadoguru event conducted at Guru nanak college

Prizes:

Flag area- 2nd place

Group song - 2nd place

4) Cadobhim event conducted at Dr.Ambedhkar govt arts college

Prizes:

Flag area- 1st place

Group song - 1st place

5) Participated in Veera Madrarasi (Guard of honour competition) Conducted at The Tamilnadu Dr.Ambedhkar Law university.

NCC ACTIVITY



Ms. Samiksha .S, UG Third Year student has successfully attended the NCC CATC CUM TSC Camp held at St. Joseph's College of Engineering from 18th to 27th June 2025. She actively participated in physical training, drills, lectures, rifle firing, and cultural events, enriching her skills and endurance. The camp provided a platform for personal growth, discipline, and leadership. We are proud to shares her achievement of securing an 'A' grade in the NCC 'B' Certificate Examination.

FACULTY CORNER



Dearest Readers,

As Occupational Therapists, we view knowledge as a multifaceted domain. At Sri Ramachandra Faculty of Occupational Therapy, our primary goal is to impart practical knowledge, unique skill sets, and the wisdom of competence to our students so they can become "one of a kind" therapists with a demeanor that satisfies international standards. This newsletter is proof of our fervent execution. Thank you, and enjoy perusing it!

Best Regards,

Dr. Loganathan S (OT),

Assistant Professor, Faculty of Occupational Therapy.

Dear Readers,

It is with great pleasure that I present to you our Bi annual newsletter. Occupational Therapy has been a cornerstone of my life, and it fills me with immense joy to engage in this meaningful profession. Being part of the Sri Ramachandra Faculty of Occupational Therapy is equally rewarding; I consider it an admirable family that has profoundly influenced various facets of our community. This newsletter highlights the significant impact and achievements of our faculty and the vibrant contributions of our members. We hope you enjoy reading it as much as we enjoyed creating it. Thank you for your continued support and enthusiasm.

Best Regards,

Dr. Yashwanth S P (OT),

Assistant Professor, Faculty of Occupational Therapy.



Hello Readers,

This newsletter represents the collective passion and commitment of our team at Sri Ramachandra Faculty Occupational Therapy. As an advocate for evidence-based practices, I believe this platform showcases how we integrate research, innovation, and compassion into our teaching. I invite you to delve into the pages and celebrate our shared achievements.

Best Regards,

Dr. Jai Vignesh S (OT),

Assistant Professor, Faculty of Occupational Therapy.



FACULTY CORNER



Dear all,

It is a pleasure to have reached out to you through our renowned newsletter. In order to convey the distinctive qualities of the Sri Ramachandra Faculty of Occupational Therapy, I hope my words find their way to you. I will always be proud of the countless accomplishments we have made to set new standards. I sincerely appreciate our SRFOT's steadfast support for my professional development through this. We operate in unity, which is guided by the bright brains of our professors. You become a part of our family by reading this. Flip and explore us!

Best Regards,

Dr. Privin Raj P (OT),

Assistant Professor, Faculty of Occupational Therapy.

Hello everyone,

Being part of the Occupational Therapy community is both an honor and a responsibility. Through this newsletter, we aim to highlight the strides we are making in education and practice. I am grateful to contribute to shaping future professionals who will uphold the values of empathy, excellence, and inclusivity. Thank you for your continued support.

Best Regards,

Dr. Mithra M (OT),

Assistant Professor, Faculty of Occupational Therapy.



Hello all,

Greetings! The first half of 2025 has been vibrant with academic innovation, student achievements, and impactful outreach. From embracing flipped classrooms to conducting school-based screenings and celebrating events like Yoga for Occupational Performance, our journey has been enriching. Research activities, conference presentations, and creative student initiatives like Zen Vibes Only Reels added value to our professional community. We look forward to continuing this momentum with renewed passion and purpose in the coming months. "Small acts, when multiplied by millions of people, can transform the world." – Howard Zinn

Best Regards,

Dr. Mona E (OT),

Assistant Professor, Faculty of Occupational Therapy.

FACULTY CORNER



Dear All,

This edition of our newsletter stands as a testament to our shared vision and dedication to advancing the field of occupational therapy. At Sri Ramachandra Faculty of Occupational Therapy, we are committed to nurturing minds, igniting curiosity, and shaping future leaders through holistic education and hands-on learning. With every milestone we achieve, we move one step closer to our goal of creating competent, compassionate professionals who serve with purpose and integrity. With every milestone, be it academic achievement, research breakthrough, or community outreach, we grow stronger as a community and more impactful as a profession. These collective efforts bring us ever closer to our goal of developing competent, compassionate professionals who serve with excellence, empathy, and a deep sense of responsibility.

Best Regards,

Dr. Akshara TS (OT),

Assistant Professor, Faculty of Occupational Therapy.

Hello Readers,

This newsletter serves as a reflection of our faculty's dedication and our students' remarkable achievements. At Sri Ramachandra Faculty Occupational Therapy, we aim to inspire passion and lifelong learning in every aspiring therapist. I am honored to contribute to this meaningful profession and grateful to be part of such an enriching community. I hope this issue resonates with you as much as it has inspired us. With each passing semester, we continue to witness extraordinary growth, innovation, and resilience among our students and staff. From academic excellence to community outreach, every accomplishment is a step toward shaping a future where occupational therapy transforms lives meaningfully. May this edition not only inform but also ignite your enthusiasm to carry forward the legacy of compassion, skill, and service that defines our field.

Best Regards,

Dr. Jenisha J (OT),

Assistant Professor, Faculty of Occupational Therapy.



FACULTY CORNER



Dearest Readers,

It gives me immense joy to contribute to this edition of our newsletter. At Sri Ramachandra Faculty Occupational Therapy, we strive to nurture therapists who are both skilled and compassionate. This publication is a testament to the collective efforts of our faculty and students in advancing the field. I hope you enjoy reading it and continue supporting our mission. Each page reflects our unwavering commitment to excellence, innovation, and service. We take pride in celebrating the milestones, initiatives, and voices that shape our vibrant community. May this edition leave you inspired and connected to the heart of occupational therapy. Together, let us continue to learn, grow, and make a meaningful difference in every life we touch.

Best Regards,

Dr. Deepika P (OT),

Assistant Professor, Faculty of Occupational Therapy.

Dear all,

This newsletter reflects our unwavering commitment to cultivating a learning environment that fosters growth, creativity, and excellence. At Sri Ramachandra Faculty of Occupational Therapy, we strive to inspire passion and lifelong learning, empowering aspiring therapists to excel in their careers and make meaningful contributions to society. It is an honor to be part of a community dedicated to shaping skilled professionals who embody the values of our noble field. Together, we can continue transforming lives and creating a meaningful impact.

Best Regards,

Dr. G. Darsana (OT),

Assistant Professor, Faculty of Occupational Therapy.



RECENT HAPPENINGS

SRFOT CRICKET PREMIER LEAGUE 2025

On 13th May, SRFOT Cricket Premier League 2025 was successfully conducted as an Intra-college sports event promoting Teamwork, Sportsmanship, and Student engagement. Batch 2022 – Rovenzers led the organizing efforts, ensuring smooth execution and enthusiastic participation across batches.



FACULTY DEVELOPMENT PROGRAM

Sri Ramachandra Faculty of Occupational Therapy Organised a FACULTY DEVELOPMENT PROGRAM on 'From Research to Publications - Crafting an Effective Manuscript' on 14th March 2025. The programme focused on enhancing research writing skills and guiding participants through the process of developing impactful manuscripts.



SRFOT GLOWTIMES

PONGAL CELEBRATION

The Faculties and the students of SRFOT Participated in the Pongal celebration organised by the SRFOT students on 10th January 2025.



LA AURORA 2025



On 11th January 2025, The MOT batch of 2023 (Troezians) organised Freshers Day for MOT batch of 2024, as XERXES and welcomed them with fun-filled amazing performances and memorable gifts.

FAREWELL PROGRAM

On 22nd January 2025, SRFOT Organised a heartfelt farewell program for Dr. Sundaresan, honouring his dedicated service and invaluable contributions to the institution. Faculty, students, and staff gathered to express their gratitude through speeches, cultural performances, and personal tributes, making the event a memorable send-off filled with warmth, appreciation, and best wishes.



SRFOT GLOWTIMES

INTERNATIONAL WOMEN'S DAY



The Sri Ramachandra Faculty of Occupational Therapy celebrated International Women's Day on 10th March 2025.



BIDDING ADIEU WITH GRATITUDE



On 18th March 2025, SRFOT Organised a farewell for Dr. Sanjutha (OT) for the new journey filled with growth and success. While her departure is a significant loss to our team, we are confident that she will continue to shine and achieve great milestones in her journey ahead.

XANTHRONS – FRESHERS DAY

On 8th March 2025, the students of the 2023 batch Organised a vibrant and memorable Fresher's Day to warmly welcome the 2024 batch, named "The Xanthrons." The event was filled with joy, laughter, music, and engaging performances, marking the beginning of a beautiful journey for the newcomers.



AWARENESS DRIVE

SCREENING CAMP FOR WORLD LEPROSY DAY



In Commemoration of World Leprosy Day, PGs from Hand and Musculoskeletal Rehabilitation of SRFOT Organised Leprocon'25 with series of events. On 31st January 2025, they conducted free Camp at SRRHTC, Voyalanallur. About 25 patients were benefited from this camp. In that, 5 patients were referred to Occupational Therapy for regular follow up. Before embarking the Screening camp, Oath taking ceremony were carried out. All the patients and Doctors have participated in the Oath Taking ceremony.

MENTAL WELL-BEING SCREENING

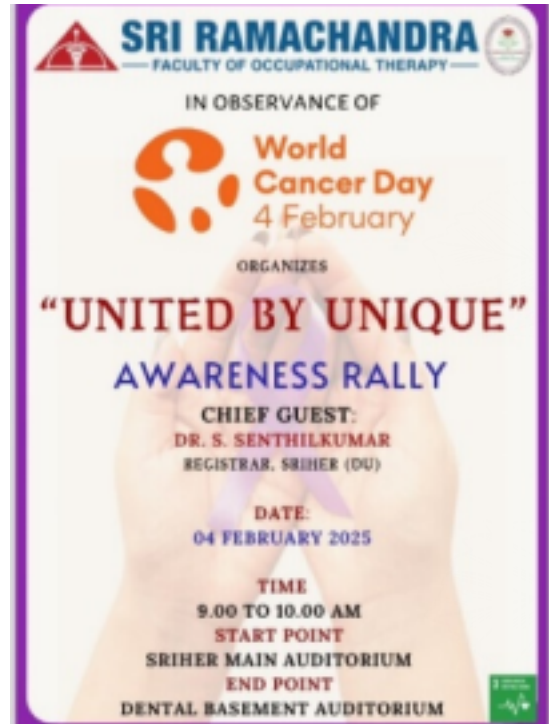
On 9th January 2025, SRFOT celebrated Mental Wellness Month with a mental well-being screening among the Bachelor of Occupational Therapy (BOT) students, followed by Group Therapy sessions for each batch.



AWARENESS DRIVE

CANCER AWARENESS PROGRAM

On 4th February 2025, the Sri Ramachandra Faculty of Occupational Therapy had Organised an Awareness Rally for World Cancer Day, 2025. Around 250 participants participated in all the events.



DISTRIBUTION OF RIBBONS TO HEALTHCARE WORKERS ON CANCER AWARENESS DAY

On 4th February 2025, the Cancer Awareness Day initiative by distributing awareness ribbons to nurses, doctors, and healthcare workers, organised by Postgraduate students of Oncology and Palliative care.



AWARENESS DRIVE

WORLD AUTISM AWARENESS PROGRAMS

In commemoration of World Autism Acceptance Month, the Sri Ramachandra Faculty of Occupational Therapy Organised a series of events and programmes in the month of April.



Event 1 : Wrist Band Distribution



On 2nd April 2025, the students of SRFOT observed World Autism Awareness day by distributing wrist bands to raise awareness among the students and faculty members of SRIHER (DU).



AWARENESS DRIVE

Event 2 : Mime Event at SRH

On 2nd April 2025, the students of SRFOT observed World Autism Awareness Day by conducting a Mime Event for spreading awareness among the students, faculty members, and the Public of Sri Ramachandra Hospital.



Event 3 : Mime & Flash Mob Event in M. S. Swaminathan Wetland Park

On 2nd April 2025, the students of SRFOT observed World Autism Awareness Day by organizing a Mime and Flash Mob Event at M. S. Swaminathan Wetland Park, aiming to raise awareness among the Public.



AWARENESS DRIVE

Event 4 : Autism Awareness Short Film Release in SRIHER Social media

On 2nd April 2025, the Sri Ramachandra Faculty of Occupational Therapy, released a short film across all SRIHER social media platforms to mark World Autism Awareness Day and promote awareness of autism and the importance of Occupational Therapy among the Public.



Event 5 : Mime & Flash Mob Event at Kathipara Urban Square

On 5th April 2025, Sri Ramachandra Faculty of Occupational Therapy Organised an Autism Awareness Event at Kathipara Urban Square, Guindy (Chennai) to commemorate World Autism Acceptance Month. The event showcased a vibrant array of activities, including an energetic flash mob, mime performance, wristband and brochure distribution, interactive public activities, and public opinion engagement. The event was a resounding success and received an overwhelmingly positive response.

SRI RAMACHANDRA FACULTY OF OCCUPATIONAL THERAPY **FLASH MOB**



MIME EVENT



AWARENESS DRIVE

AWARENESS CAMPAIGN FOR INTERNATIONAL CHILDHOOD CANCER DAY

On 15th February 2025, Organised the campaign for International Childhood Cancer Day under the theme Inspiring Action with your encouragement, SRFOT successfully distributed awareness stickers across the Medical College, Medical Centre, Dental College and Sri Ramachandra hospital.



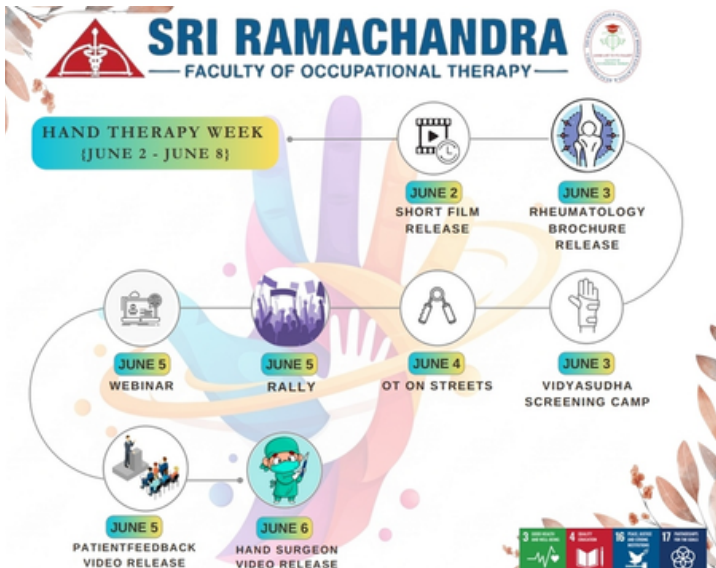
INTERNATIONAL OSTEOGENESIS IMPERFECTA AWARENESS



On 6th May 2025, in observance of International Osteogenesis Imperfecta Awareness Day, the Hand and Musculoskeletal Rehabilitation speciality of SRFOT conducted an Awareness program. Rack cards were distributed to orthopaedicians at Sri Ramachandra Medical Centre and Sri Ramachandra Hospital and 10 various hospitals. The initiative was led by 2nd year PG students under the guidance of Prof. Raghuram and Dr. Loganathan. The program highlighted SRFOT's commitment to advocacy and collaborative outreach in musculoskeletal care

AWARENESS DRIVE

HAND THERAPY WEEK'2025



In observance of Hand therapy week 2025, SRFOT organised series of events including screening camp, brochure release and short film for highlighting the importance of hand therapy.

Event 1 : Short Film Release

On 2nd June 2025, SRFOT released a short film to witness the inspiring journey of a true fighter—after losing fingers. We are proud to celebrate the power of healing and resilience through the short film 'Life after finger amputation.'



AWARENESS DRIVE

Event 2 : Brochure release

On 3rd June 2025, Occupational Therapy - Rheumatology Brochure was released by Dr. Rajeshwari, Prof. & Head, Department of Rheumatology in the presence of Prof. Raghuram P, Head, SRFOT along with the Faculties and Post Graduates of Department of Rheumatology and Faculty of Occupational Therapy. This comprehensive brochure highlights the powerful impact of Occupational Therapy in managing and enhancing the lives of individuals with rheumatological conditions. It's a proud moment for our field—showcasing the depth, versatility, and evidence-based value of our profession.



Event 3 : Awareness Rally

On 5th June 2025, Awareness Rally about Hand Therapy was organised, PROF. Dr. Senthil Kumar, The Registrar, SRIHER (DU) and Dr. Srinivasan Rajappa, Department of Hand Surgery inaugurated the Rally. This rally commenced at SRIHER Auditorium and ended at SRFOT building. In this rally Hand Surgeons, Clinicians, other health care professional and UG & PG students of SRFOT had participated.



AWARENESS DRIVE

Event 4 : Webinar

On 5th June 2025, Webinar on “Therapeutic Splinting for Neurological Hand Conditions: Expert Tips and Techniques” was organised. The guest speaker for the webinar was Dr. Vinoth Kumar(OT), Assistant Professor, Department of Occupational Therapy, Srinivasa University, Mangalore. Around 300 students (UG & PG) and clinicians from various professions participated across the Country.



Event 5 : Patient feedback video

On 6th June 2025, a Feedback Video of Patients who benefited from Hand Therapy at Department of Occupational Therapy (Hand and Musculoskeletal Rehabilitation) was released on SRIHER social media platforms.



Event 6 : Hand Function Screening Camp

On 11th June 2025, Splint Screening Camp was Organised by SRFOT – Hand and Musculoskeletal Rehabilitation in Collaboration with Vidya Sudha School for Children with Special Needs, around 32 children was benefited from this camp in that 17 children were recommended for splints and orthotics.



SOCIAL SYNC

PARENTAL STRESS GROUP & PARENTAL CHILD- CENTERED GROUP



SRFOT Organised a Parental Stress Group and Parent – Child Centered Group on 31st January, 2025 in Arignar Anna Government Higher Secondary School - Poonamallee” in collaboration with Hope Charitable Trust.

PARENT - CHILD CENTERED GROUP THERAPY

SRFOT have Organised a Parent – Child Centered Group Therapy on 27th March 2025 at Down Syndrome Association of Tamilnadu , Mylapore; commomerating World Down's Syndrome Day.



EMPOWERING MULTIPLE SCLEROSIS THROUGH OCCUPATIONAL THERAPY

On 29th March 2025, SRFOT successfully Organised a event on 'Empowering Multiple Sclerosis through Occupational Therapy' – Group Therapy in collaboration with Multiple Sclerosis Society of India - Chennai Chapter at YWMC Guest House Hall, commemorating Multiple Sclerosis Week. The events gained active participation from around 50 Multiple Sclerosis patients along with their caregivers.



OT ON STREETS

On 4th June 2025, OT on streets was conducted at Dr. M S Swaminathan Wet Land Park, This program was conducted to create awareness about Hand Therapy among public, Our PG students along with Faculty checked the Hand Strength using Hand dynamometer for the public and explained the importance of Hand and Hand Therapy.



CAREER GUIDANCE PROGRAM

On 28th January, 2025 Intern (Batch – 2020) students of Sri Ramachandra Faculty of Occupational Therapy have Organised Career Guidance Program at St. George's Anglo Indian Higher Secondary School, Shenoy Nagar for 10th, 11th, and 12th grades. It was a wonderful opportunity to engage with the students and contribute to their career exploration.



MENTOR MENTEE PROGRAM

On 22nd January, The students of Sri Ramachandra Faculty of Occupational Therapy were received comprehensive lecture that thoroughly explained about the Mentor Mentee program's objectives, structure, and significance and also thoroughly explained about the Grievance Committee's objectives and purpose by the mental health PG students.



CAREER GUIDANCE PROGRAM

On 1st March, our students have participated "Transition from College to Corporate World". An career guidance program organised at SRIHER. 34 internship students participated and expressed their gratitude.



STUDENTS SPACE



UNIVERSITY MENTAL HEALTH DAY

A Space to Talk & Be Heard (6th March - 13th March 2025)

As part of University Mental Health Day, Sri Ramachandra Faculty of Occupational Therapy organised an initiative – TIME TO TALK, among OT students for their upliftment of their interpersonal and intrapersonal skills.



RESEARCH METHODS PROGRAM

On 28th February, 2025 as a part of SRIHER Science week celebration a webinar have been conducted on academic enrichment Program on Research Methods by esteemed speaker Dr. Lakshmanan Sethuraman, Senior Occupational Therapist, Centre for Addiction Medicine, NIMHANS (Government Of India) , Bangalore.

ADIEU

On 26th June 2025, the Valiants organized a heartfelt farewell party to bid goodbye to our dear Gargoyals batch . The evening was filled with warm speeches, laughter, and shared memories. Everyone offered their best wishes, creating an emotional yet joyful atmosphere. The party concluded beautifully, marking the end of a wonderful chapter together.



LEARNING LOOPS

CONTINUING OCCUPATIONAL THERAPY EDUCATION (COTE)

On 4th February 2025, SRFOT Organised a Continuing Occupational Therapy Education (COTE) program on commemoration of World Cancer Day, 2025. The awareness rally and the insightful session by Dr. Nirupa Sundaravardanan on "Hope, Healing, and Dignity: Redefining Cancer Care Through Palliative Medicine" were truly enlightening and inspired the students.



ONE DAY SYMPOSIUM

On 12th February 2025, SRFOT has Organised a Symposium on the account of International Epilepsy Day on the theme "Misconception and misunderstandings: Breaking down barriers in epilepsy" and "Occupational Therapy management in epilepsy". Guest speakers were Dr. Ranjith Kumar Manokaran Consultant, Paediatric Neurology, SRMC & RI. and Dr. Gokul S (OT) Rehabilitation Officer, Occupational Therapy, NIEPMED (Government Of India) Chennai.



LEARNING LOOPS

CONTINUING OCCUPATIONAL THERAPY EDUCATION



On 13th February 2025, SRFOT has organised a event on International Childhood Cancer Day, Based on the theme "Inspiring Action: Building On Insights To Overcome Challenges" with exciting competitions to spread awareness and support the cause. Students of SRFOT actively participated and showcased their creativity.

The guest lecture by Dr. Julius Xavier Scott on "Bridging Gaps in Childhood Cancer Care: The Medical and Occupational Therapy Connection" was incredibly insightful. It provided a deeper understanding of both the medical and therapeutic dimensions of childhood cancer care.

ONE DAY OCCUPATIONAL THERAPY WORKSHOP PROGRAM

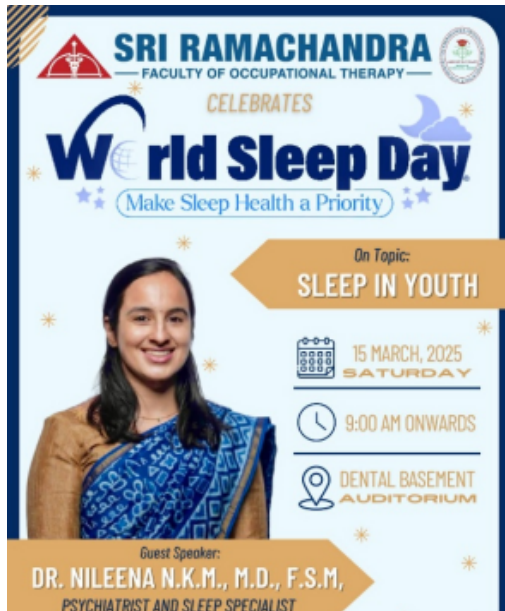
On 14th February 2025, SRFOT Alumni chapter - SRIHER Organised a One Day Occupational Therapy Workshop program on the topic "FUNCTIONAL COGNITION AND PRPP SYSTEM OVERVIEW" with Respected Guest Speaker and esteemed Alumni Dr. Gokulnath Rajesh (OT).



LEARNING LOOPS

WORLD SLEEP DAY – COTE

On 15th March 2025, SRFOT Organised a Continuing Occupational Therapy Education (COTE) in commemoration of World Sleep Day and the insightful session by Dr. Nileena N.K.M., F.S.M., on “Sleep in Youth” was truly enlightening and inspiring.



PARENTAL EDUCATION PROGRAMME

On 19th April 2025, the Sri Ramachandra Faculty of Occupational Therapy Organised a Parental Education Program titled: “Empowering Parents: Occupational Therapy Strategies to Support Children with Autism at Home.” In that programme, Nutrition Guidance for children with Autism was delivered by Dr. V. Supriya (Associate Professor, Department of Clinical Nutrition, SRIHER (DU)).



LEARNING LOOPS

THE ROLE OF SCHOOL-BASED OCCUPATIONAL THERAPY COTE

Sri Ramachandra Faculty of Occupational Therapy (SRFOT) conducted a Continuing Occupational Therapy Education (COTE) session on 18th June 2025 in observance of the International Day of Innocent Children Victims of Aggression. The session was titled “The Role of School-Based Occupational Therapy: Promoting Inclusion, Participation, and Purpose” and was delivered by Dr. Keshavaram, Asst. Professor, (OT) MCHP, MAHE. The event organised by the Mental Health Occupational Therapy PG students under the guidance of Dr. Darsana G, Assistant Professor (SRFOT). Also the PGs of Mental Health organised few activities & Quiz competition to engage the students actively in the program.




WORKSHOP ON ERGONOMICS


Students from SRFOT participated in the Workshop on Ergonomics: Pain-Free Workspaces – Role of Professionals, Organised by Prem Ergo Solutions on 22nd June 2025 at Hotel Palm Grove, Chennai. The workshop featured expert sessions on ergonomic risk assessment, workplace-related musculoskeletal disorders, and practical demonstrations led by pioneers in the field. Participants from SRFOT included Dr. Yashwanth S P (OT), Assistant Professor, along with PG students Dr. Sameer (OT), Dr. Dhanush Kumar (OT), and Dr. Rufus (OT). Their active involvement highlighted SRFOT's ongoing commitment to professional excellence and evidence-based practice in Occupational Therapy.



PROFESSIONAL TRIUMPHS



**THANK YOU FOR THE
HAT-TRIK VICTORY**



**Respected TNAIOTA Members, Seniors, Juniors &
Well-wishers - " Thank You All "**

I would like to extend my heartfelt gratitude to the election committee, especially AIOTA, for their interest in conducting the TNAIOTA election.

I'm delighted to have been nominated for the 4th time for the TNAIOTA election, with a proud track record of serving as:

- Secretary (2012) - 1 term
- Convenor (2016 - Till date) - 3rd Tenure

Thank you for your continuous support and trust in me. I look forward to continuing to serve the organization with dedication and passion.

**With Regards,
Dr. Raghuram P(OT)**

FACULTY ACHIEVEMENTS

PROFESSIONAL TRIUMPHS



On 29th January 2025, Prof. Raghuram, The Head (SRFOT) and Dr. Yashwanth S P (OT) Assistant Professor attended OCCUCON where our Head Prof. Raghuram has presented a scientific paper on the title “Protocol Development For Enabling Recruitment Of Differently Abled Personnel” at 75th National Conference of Indian Association of Occupational Health - OCCUCON 2025 held in Chennai.



On 21st January 2025, Assistant Professors Dr. Mona.E (OT) and Dr. Privin Raj (OT) has attended Artificial Intelligence and Machine Learning in Health Care Organised by Sri Ramachandra Faculty of Management Sciences.

FACULTY ACHIEVEMENTS

PROFESSIONAL TRIUMPHS

On 25th January 2025, Dr. Mona.E (OT) Assistant Professor received an honorable mention in the Fitness Club's 'One Step Ahead' Event



On 25th February 2025, our SRFOT faculty Dr. Jaivignesh S (OT) Assistant Professor has participated in program Organised by Sri Ramachandra Faculty of Nursing in collaboration with Internal Quality Assurance Cell, on QUALITY IMPROVEMENT PROGRAMME ON DISSERTATION TO PUBLICATION [Dtp-2025] in SRIHER (DU), Porur, Chennai.

The Head, Prof. Raghuram P have received Fellowship award of Academic council of Occupational therapy (FACOT) awarded by Academic Council of Occupational therapy on 21st February 2025 in OTICON'25 at Goa.



FACULTY ACHIEVEMENTS

PROFESSIONAL TRIUMPHS

On 27th February 2025, our faculties Dr. Jaivignesh S (OT), Dr. Mona E (OT) and Dr. Mithra M (OT) participated and presented their research papers under the Faculty Researcher Competitive Category at the SRIHER Science Week.



On 22nd February 2025, our Head, Prof. Raghuram P and senior Faculty Dr. Loganathan S (OT) attended meeting with President (WFOT) at Goa – AIOTA Accredited Institution /Colleges meeting

On 22nd February 2025, one of our faculty member, Assistant professor Dr. Mona. E (OT), presented a scientific E-paper in Competitive category at OTICON 2025, in Goa. Perfectly aligning with the conference theme of translating research into policy and clinical practice in Occupational Therapy.



FACULTY ACHIEVEMENTS

PROFESSIONAL TRIUMPHS



On 13th March 2025, Dr. Yashwanth S P (OT), Assistant Professor served as the Trainer for an Ergonomics Training Session on Office Chair Usage conducted at M/s Alation India Private Limited, Chennai. The session was Organised by HNI India, and Dr. Yashwanth S P was formally appreciated for his contribution in enhancing workplace ergonomics and employee well-being through this initiative.

Dr. Yashwanth S P (OT) has commendably completed the Foundation Course in Palliative Care – Psychosocial Interventions (Basics) from 20.03.2025 to 16.05.2025, gaining enriched insights through 24 hours of dynamic sessions and case-based learning, under the esteemed TIPS-ECHO programme by Trivandrum Institute of Palliative Sciences.



On 26th of April 2025, Prof. Raghuram (OT), Head of SRFOT, SRIHER (DU), presented the Raghuram's Handbook of Occupational Therapy to the Chief Guest of SRIHER's 39th Convocation, Surgeon Vice Admiral Arti Sarin, Director General of Armed Forces Medical Services, New Delhi.

PROFESSIONAL TRIUMPHS

Sri Ramachandra Faculty of Occupational Therapy have successfully completed the NEP 2020 Orientation & Sensitization Programme under the UGC's Malaviya Mission Teacher Training Programme, hosted by IIT Kharagpur from May 20th to 29th 2025.

The certified faculty members include:

Dr. Akshara Shaji (OT), Dr. Privin Raj P (OT), Dr. Mona E (OT), Dr. Mithra M (OT), Dr. Jaivignesh S (OT), Dr. Jenisha J (OT), Dr. Darsana (OT), Dr. Deepika P (OT), Dr. Akshara T S (OT), and Dr. Yashwanth S P (OT).



Dr. Yashwanth S P (OT) presented a scientific e-poster at the 1st International Conference on Accreditation, Ranking, and Quality in Higher Education, held from June 19th to 21st 2025, at SRIHER, Chennai. The presentation was part of the “ARQ – Step into the Future of Higher Education” initiative. She was awarded a Certificate of Appreciation for her scholarly participation.

Dr. Mona E. presented a scientific e-poster at the 1st International Conference on Accreditation, Ranking, and Quality in Higher Education, held from June 19th to 21st 2025, at SRIHER, Chennai. The presentation was part of the “ARQ – Step into the Future of Higher Education” initiative. She was awarded a Certificate of Appreciation for her scholarly participation.



STUDENT ACHIEVEMENTS

CHAMPIONS OF ACADEMIA

On 21st February 2025, our SRFOT Undergraduate students, Team-1 Ms. Faiza Forreal and Ms. Abi Meyyammai, Team-2 Ms. Janapriya and Mr. Mukesh khanna showcased their creativity and humour by participating in the OMG Provo Humorous Poster competition at OTICON 2025 at Goa.



On 21st February 2025, our undergraduate students Ms. Dhanya, Ms. Abirami and Ms. Jana Priya, showcased their innovative ideas at the Artificial Intelligence in Occupational Therapy competition held at OTICON 2025 at Goa.

STUDENT ACHIEVEMENTS

CHAMPIONS OF ACADEMIA

On 22nd February 2025, our SRFOT Postgraduate student Dr. Balaabirami Hari (OT) have presented a scientific paper in the competency category at OTICON 2025, aligning with the theme of translating research into policy and clinical practice in Occupational Therapy



On 22nd February 2025, our SRFOT Postgraduate students Dr. Srilekha S (OT), Dr. Sweatha, Dr. Sowmia participated in the Scientific E-Poster competition, at the 62nd Annual National Conference of AIOTA (OTICON'2025) in competitive category.

STUDENT ACHIEVEMENTS

CHAMPIONS OF ACADEMIA

On 22nd February 2025, our SRFOT Postgraduate student Dr. Miraculine Devadharshini (OT), participated in the Scientific E-Poster competition, at the 62nd Annual National Conference of AIOTA (OTICON'2025) in competitive category. She won 1st prize in scientific E-Poster Presentation.



On 22nd February 2025, our SRFOT Postgraduate students Dr. Miraculine Devadharshini (OT), Dr. Srilekha S (OT), Dr. Sowmia S (OT), Dr. Sweatha I (OT), got participation certificate with The head, Prof. Raghuram P.

On 27th February, 2025 our SRFOT Internship students Ms. Janapriya D, Ms. Rachna S and Ms. Abirami L N has participated and presented their research papers under the student Researcher Competitive Category at the SRIHER Science Week.



STUDENT ACHIEVEMENTS

CHAMPIONS OF ACADEMIA

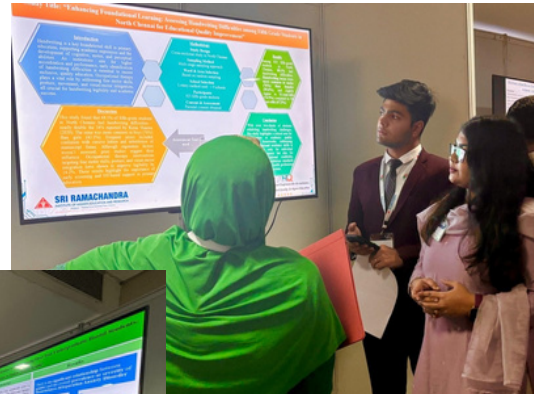


On 10th April 2025, Ms. Supritha Shre S.V, Ms. Kanagavalli R, and Ms. Varada Nambiar, of Batch 2022 from SRFOT, attended the “TN Talks” event at Anna Centenary Library. There, they had the opportunity to gain valuable insights into the latest developments and initiatives in education from the Honorable Education Minister, Mr. Anbil Mahesh Poyyamozi.



STUDENT ACHIEVEMENTS

CHAMPIONS OF ACADEMIA



SRFOT students participated in the ARQ Conference on 21st June 2025 by presenting scientific papers, representing the institution in the academic event. By representing SRFOT on such an esteemed platform, the students not only highlighted their individual talents but also brought pride to the faculty.



ARQ SUMMIT 2025 – National Conference on Accreditation, Ranking, and Quality – NEP and Beyond, an initiative by the Center for Professional Development, Sri Ramachandra Institute of Higher Education and Research, SRIHER (Deemed to be University). This landmark event was carried out for 3 days from 19th - 21st June which promises an enriching experience, bringing together experts, researchers, and enthusiasts from the field of Health Professions Education to explore the latest advancements, share knowledge, and foster meaningful collaborations.

STUDENT ACHIEVEMENTS

CHAMPIONS OF ACADEMIA

REFLECTIONS' 25 – NATIONAL CONFERENCE ON HOLISTIC REHABILITATION



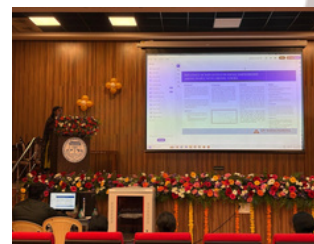
Students from Sri Ramachandra Faculty of Occupational Therapy attended National Conference on Holistic Rehabilitation – Reflections' 25, successfully held on 27th & 28th June 2025, bringing together leading experts, academicians, and students across India. Both undergraduate and postgraduate students had the valuable opportunity to attend the conference, enriching their academic perspective and engaging in a variety of academic and creative competitions.

Our Postgraduate students made remarkable achievements in the following categories:

- Dr. Anitha (OT) – 3rd Place in E-Poster Competition
- Dr. Blesson Baggio (OT), Dr. Gokul A (OT) and Dr. Dhana Sharon (OT) – 1st Place in the Reels Competition



In addition, we extend special appreciation to the Postgraduate students: Dr. Dave (OT) and Dr. Taarunika V (OT) for their commendable scientific paper presentations and Dr. Shamhritha Harini S (OT) for her well-presented E-Poster in the Scientific Session. These achievements reflect the talent, hard work, and dedication of our faculty and students.



STUDENT ACHIEVEMENTS

HORIZONS UNFOLDED



On 25th March 2025, The students of Sri Ramachandra Faculty of Occupational Therapy, studying B.OT (1st year), visited NIEPMD (National Institute for Empowerment of Persons with Multiple Disabilities)



On 15th March 2025, Postgraduate Students from Oncology and Palliative care attended the Workshop on Introduction to Management of Lymphedema at Seth GSMC Hospital, Mumbai. This enriching experience has significantly contributed to their academic and professional growth,

On 29th March 2025, Faculties and students of SRFOT participated in the CAMPUS ENVIRONMENT DAY organised by Sri Ramachandra centre for women advancements.



STUDENT ACHIEVEMENTS

HORIZONS UNFOLDED



From 29th to the 30th of April 2025, Postgraduate students (Hand & Musculoskeletal Rehabilitation) from SRFOT attended the SRM International Hand Conclave 2025, Organised by the Department of Physiotherapy at SRM IST.



On 15th May 2025, Sri Ramachandra Faculty of Occupational Therapy, in collaboration with the IDY-2025 Committee, conducted a session titled “Yoga for Occupational Performance: A Hands-on Session”. Held at the Medical College Seminar Hall, the session was led by Dr. P. Vijayalakshmi and focused on integrating yoga into occupational performance and holistic well-being. The event featured the #Zenvibesonly reels competition and was Organised by 2nd-year PG students (Pediatrics). The program reflected SRFOT’s commitment to promoting wellness-based occupational therapy practices.

STUDENT ACHIEVEMENTS

ECHOS OF EXCELLENCE

Mr. Darshan from Batch 2024 has won the prestigious "Mr. Ethoz 25" title in the event Organised by the Faculty of Management Science on 24th January 2025.



On 22nd February 2025, our SRFOT Postgraduate student Dr. Blesson Baggio (OT) participated and made a stellar impression at OTICON 2025 in Goa, winning the 1st prize in the Mini Movie Competition with his outstanding cinematic creation

On 22nd February 2025, our SRFOT Postgraduate student Dr. Gokul Krishnan S (OT) showcased his creative talents by participating in the Mini Movie Competition at OTICON 2025 in Goa.



From 31st January to 2nd February 2025, SRFOT's Intern students have attended THIRAMAI SPORTS FOR ALL event Organised by the National centre for Assistive Health Technologies, IIT Madras.

On 11th February 2025, our UG Student Ms. KN Abi Meyyammai from BOT Final Year has Received the Special Prize in the Online Digital Art Competition' conducted by Department of Physiology in Lieu of International Day for Women and Girls in Science

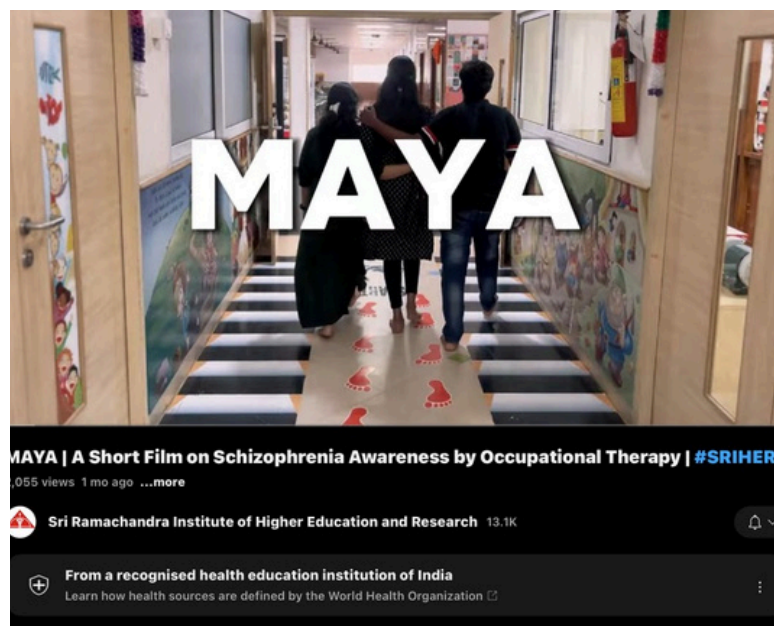


STUDENT ACHIEVEMENTS

ECHOS OF EXCELLENCE



On 3rd May 2025, Students from the Sri Ramachandra Faculty of Occupational Therapy released a short film in observance of Autism Awareness Month. The initiative aimed to spread awareness and promote inclusion for individuals with Autism through the medium of film. Supported by Faculty and peers, the short film reflects the collective efforts of SRFOT in advocating neurodiversity.



In observance of World Schizophrenia Day, the Mental Health Occupational Therapy Unit at SRFOT launched a powerful Awareness Short film on 27th May 2025, to break stigma and spark conversations. Kudos to PG 1st years Ms. Balaabirami Hari and Ms. Blesson Baggio for leading the creative front, backed energetically by PG 2nd years Anbazhagan and Srileka. A big shoutout to our UG stars both on-screen and behind the scenes for delivering beyond expectations and making this video truly impactful.

STUDENT ACHIEVEMENTS

SPORTS EDGE



The 7th State Level Inter Paramedical Tournament which was conducted between 12th – 14th February, 2025 was an extremely successful event for Occupational Therapy UG & PG students.

Basketball:

1. Dr. Arulkumaran K, MOT 1st Year
- The Basketball team have won First place.

Athletics:

1. Ms. Mahathi Nachiyar, BOT 2nd Year, won the 3rd Prize in the Long Jump event.

Football:

1. Mr. Drayden Elijah Nicholas, BOT 3rd Year
2. Mr. Mohammed Naveed, BOT 2nd Year
3. Mr. Moosa Naina, BOT 1st Year

The Football team came first by winning against the ACS team with a score of 2-0 in the finals.

STUDENT ACHIEVEMENTS

SPORTS EDGE



SRFOT organized the SRFOT Cricket Premier League'25 on 13th May 2025, bringing together enthusiastic participation from all batches. The event was filled with energy, teamwork, and sportsmanship, making it a memorable and grand success. It fostered unity, healthy competition, and joy among students, celebrating the true spirit of the game.



On 7th March 2025, our students have participated in the FIT FAB FUN event as a part of the Women's Day celebration Organised by the Faculty of Physiotherapy, SRIHER, and bagged their prizes

STUDENT ACHIEVEMENTS

OTICON 2025

On 20th February 2025, the students of Sri Ramachandra Faculty of Occupational Therapy made a vibrant presence at Goa OTICON 2025, enthusiastically participating in the various cultural programs held during the event. SRFOT's undergraduate students showcased their flair on the ramp, actively participating in the fashion show.



On 20th February, 2025 the undergraduate students of SRFOT have showcased their energetic moves and teamwork, actively participating in the Group Dance competition.

On 20th February, 2025 the undergraduate students of SRFOT showcased their melodious voices and impeccable teamwork; actively participating in the Group Singing competition.



On 21st February, 2025, the undergraduate 2nd year student Ms. Leakha sree mesmerized the audience with their captivating solo dance performances at OTICON 2025, Goa.

ALUMNI CORNER

A Fresh Start



Alumni Association of SRIHER
PATRONS OF SRIHER

Shri.V.R VENKATAACHALAM
CHANCELLOR

Shri. R. V. SENGUTUVAN
PRO-CHANCELLOR

IN THE PRESENCE OF

Dr. S. Senthil Kumar
REGISTRAR

Dr. M. Koushik Muthu Raja
SECRETARY, SRAA

Prof. Raghuram P
HEAD, SRFOT

INSCRIPTION BOARD CEREMONY OF
ALUMNI ASSOCIATION OF SRIHER(DU) - SRFOT CHAPTER
INAUGURATED BY
Dr. Uma Sekar
VICE-CHANCELLOR

BOARD MEMBERS

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PRESIDENT

Dr. Mona E
VICE-PRESIDENT

Dr. Kiruthika K
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Dr. Lokesh Kumar M N
JOINT SECRETARY

Dr. Jaivignesh S
TREASURER

Dr. Gokul A
JOINT TREASURER

EXECUTIVE MEMBERS


Dr. Privin Raj P
Dr. Kaviya D

Dr. Gokulnath R
Dr. Kaviya Lakshmi S



Dr. Srija G
Dr. Anders Paul Spencer

SRIHER Alumni Association (30th January 2025) – SRFOT Chapter was inaugurated by our esteemed Vice Chancellor **Dr. Uma Sekar** in the presence of our Registrar **Dr. Senthil Kumar**, Alumni Association Secretary **Dr. Koushik Muthuraja** and SRFOT Head **Dr. Raghuram**. The event included the release of SRFOT Newsletter, honoring the board members, Inauguration of FIT FOCUS Challenge – fund raising program.





ALUMNI CORNER



SRIHER Alumni Association – SRFOT Chapter has Organised an Continuing Occupational Therapy Education Program on the topic “Noise, Light and Stress in NICU: Optimizing the environment to promote growth and development” on 30/01/2025 and the guest speaker for the program was Dr. Deepika (OT), Paediatric Occupational Therapist.



200 Undergraduate students of Occupational Therapy, 15 Master of Occupational Therapy (Paediatric speciality) students and 30 Alumni have participated in the event. The program was focused on the various stressors in the NICU and its management strategies.



ALUMNI CORNER

One Day Workshop













Alumni Association – On 15th February 2025, SRFOT Chapter has Organised a one-day Workshop on the topic “Functional Cognition & PRPP System Overview” with the guest speaker by Dr. Gokulnath (OT) Band - 6 Occupational Therapist, St. George Hospital, NHS Trust, United Kingdom Alumni 2017 batch.





ALUMNI CORNER

Overall		Following	
1	 Ajay Vargheese	210,000	59
2	 Leakha Srre.A	210,000	27
3	 FAAHIM	194,209	43
4	 Manish S	176,645	34
5	 Ebenezer Jophiel	164,134	28
6	 monisha thiru	136,603	31
7	 Joshua	132,003	23
8	 Swartz sam	125,969	6
9	 Prathyusha Prath...	120,884	6
10	 Subashrajan G	115,027	6



FIT FOCUS was a week-long fundraising initiative Organised by the SRFOT Alumni Association from February 3 to February 9, 2025.

The program aimed to promote fitness and well-being among students of SRFOT. A total of 189 participants, including both UG and PG students, enthusiastically took part.

Through this collective effort, the event successfully raised a fund of ₹9450.

The initiative served as a motivating platform to encourage physical activity and health awareness.

ALUMNI CORNER

Alumni Talk Series



Alumni Association – On 29th April 2025, SRFOT Chapter has Organised an Alumni Talk series on the topic “Primitive Reflexes and Sensory Processing: Rewiring the developing brain for functional success”, the guest speaker for the program was Dr. Niveditha (OT), Paediatric Occupational Therapist (2019 Batch Alumni).

The SRIHER Alumni Association – SRFOT Chapter conducted an Alumni Talk Series on 14th May 2025 on the topic “Professionalism in Occupational Therapy: How Competent Therapists Think, Act, and Lead with Purpose.” The session was delivered by Dr. Shalini (OT), Alumna – 2017 batch, who shared insights on professionalism and leadership in Occupational Therapy. Prof. Aruna, Reader, Sri Ramachandra Faculty of Nursing, was the Chief Guest.

The session also touched on the significance of primitive reflexes and sensory processing in children and was well-attended by undergraduate students and alumni



ALUMNI CORNER

Alumni Talk Series



Alumni Association – On SRFOT Chapter has Alumni Talk series on the topic “Role of Occupational Therapy – UK Perspectives” the guest speaker for the program was Dr. Acshal (OT), Occupational Therapist, UK.



Alumni Association – SRFOT Chapter has Alumni Talk series on 12th May on the topic “Future opportunities for an Occupational Therapist” the guest speaker for the program was Dr. Srija (OT), Vice Principal, Faculty of Occupational Therapy, Sree Balaji Medical College and Hospital.

ALUMNI CORNER



**Dr. Sri Balaji R, Clinical Supervisor,
MCHP, Manipal Academy of Higher
Education, Udupi, Karnataka**

My journey through Undergraduate and Postgraduate Occupational Therapy programs was transformative. Undergrad built a strong foundation with clinical exposure and inspiring faculty like Prof. Raghuram P., who ignited my passion. PG deepened my skills, research, and leadership, guided by discussions with Professor Sundar sir. The supportive community and rigorous training prepared me to impact lives meaningfully. I cherish the memories, friendships, and growth that continue to shape my career.



**Dr. Srija G, Vice Principal, Faculty of
Occupational Therapy, Sree Balaji
Medical College & Hospital**

Studying at Sri Ramachandra Faculty of Occupational Therapy has been an enriching and transformative experience. The institution emphasizes evidence-based learning, professionalism, and compassion—qualities essential for future therapists. Hands-on training in OPD and IPD settings, along with opportunities in research, community service, and interprofessional collaboration, greatly enhanced my skills and confidence. The inclusive campus environment encouraged growth, creativity, and lasting friendships. I'm grateful for the mentorship, support, and values instilled during my time here, which continue to guide my professional journey.

ALUMNI CORNER



**Dr. Aarthi, Assistant Professor,
MAHER**

My journey with the Sri Ramachandra Faculty of Occupational Therapy (SRFOT) has been truly enriching. As someone who prefers to observe, reflect, and learn deeply, I found this environment both supportive and nurturing throughout my seven years of undergraduate and postgraduate education. Though I was never the loudest in the room, the learning atmosphere, faculty support, and clinical exposure spoke volumes. The department gave me the space to grow at my own pace, build strong clinical and academic foundations. I am truly grateful to all the faculty members for their unwavering guidance, to my batchmates for their camaraderie, and to my juniors for their vibrant spirit and constant encouragement. This journey has shaped me both personally and professionally, and I will always be grateful to be a part of the ever-growing SRFOT community.



**Dr. Swarnamaala, Senior
Occupational Therapist, Hyderabad**

As an alumni of Sri Ramachandra Institute of Higher Education and Research, having completed both my Bachelor of Occupational Therapy and Master's in Occupational Therapy (Pediatrics) over a period of 7 years, I look back on my time at SRIHER with immense gratitude and pride.

The Faculty of Occupational Therapy offers a comprehensive and dynamic educational environment that nurtures both academic and clinical excellence. The curriculum is well-structured, evidence-based, and aligned with current global standards. Throughout both programs, I was exposed to a wide range of learning experiences that went beyond textbooks—hands-on clinical training, interdisciplinary collaboration, and opportunities for research and presentation. I will carry forward it to my therapeutic practice life long.

ALUMNI CORNER



**Dr. Tabitha S, Occupational
Therapist, Psychiatric Intensive
Care Unit, London, United Kingdom**

Being an alumna of SRFOT is a treasured milestone in my journey. The vibrant blend of academics and extracurriculars helped me grow beyond the classroom. SRFOT wasn't just a college, it was where I discovered my identity and confidence.

I was also privileged to join as a faculty, a rewarding experience that deepened my bond with the institution. Forever proud, forever grateful, SRFOT will always be a part of who I am.



**Dr. Abitha JP (Occupational
Therapist-Al farah Rehabilitation
center) Abudhabi (UAE)**

My years at SRIHER in the BOT program were both challenging and rewarding. The comprehensive curriculum, experienced faculty, hands-on training, and diverse patient exposure built a strong clinical foundation. The inclusive campus fostered collaboration, inquiry, and compassion. I'm grateful for the mentorship and proud to be an alumnus of a college that prioritizes excellence and holistic development.

ALUMNI CORNER



Dr. Shekinah Felcy.J., Neuro Occupational Therapist at Qatar Rehabilitation Institute, Hamad Medical Corporation

Spending four and a half years at Sri Ramachandra Institute of Higher Education and Research was a life-changing experience. The lush green campus wasn't just scenic—it was a sanctuary of learning, laughter, and personal growth. From early morning lectures to late-night study sessions, every corner of the campus holds a memory. The friendships I built during this time—through shared challenges, celebrations. Being part of the Occupational Therapy Department was a privilege. The department had excellent infrastructure, including separate clinic facilities that gave us hands-on exposure to real-world therapeutic practice. Campus life was vibrant with cultural activities, academic conferences, and Continuing Occupational Therapy Education (COTE) programs. These events were more than just extracurricular— they were platforms for learning, networking, and staying update.



Dr. Shirley Selwyn Abraham (Occupational Therapist- ABLE - multidisciplinary paediatric clinic DUBAI)

The 4.5 years spent here have been full of learning opportunities that were full of innovative lectures, Hands-on practical experience, attending conferences etc. Venturing into a new chapter, I carry the gift of your wisdom and guidance. The experience gained at SRFOT played a crucial role in receiving an opportunity to work in ABLE UK a multidisciplinary Paediatric clinic in Dubai. I am eagerly anticipating the start of my career in the UAE. My heartfelt Gratitude to faculties of SRFOT for their immense support, encouragement and guidance.

NSS ACTIVITIES

Students of SRFOT have participated at the NATIONAL SERVICE SCHEME, and have contributed for a peaceful and beautiful Environment

- BOT 3rd year (2023 Batch) NSS Unit 1 & 4 participated in Tree plantation program in Sorancherry village to plant saplings around the village area.
- BOT 2nd year (2024 Batch) NSS Unit 3 participated in Tree plantation program in Karunakaracherry to plant saplings around the village area.
- BOT 2nd year (2024 Batch) NSS Unit 5 participated in INTERNATIONAL DAY OF YOGA celebration at Government girls higher secondary school, Perambur.
- BOT 2nd year (2024 Batch) NSS Unit 3 participated in INTERNATIONAL DAY OF YOGA celebration at velankanni higher secondary school, vysarpadi



CLINICAL ACTIVITIES



Psychiatry ward



Paediatric ward



Hand and Musculoskeletal OPD





RESEARCH CORNER



At SRFOT, 21 postgraduate students and 31 undergraduate students are set to complete their dissertations, marking a milestone of academic excellence. Their diverse research projects demonstrate dedication, clinical relevance, and innovation.



Scopus



At SRFOT, innovation thrives as 2 undergraduate and 2 postgraduate Occupational Therapy students have applied for patents. Their inventive contributions reflect a growing culture of research, creativity, and forward-thinking, proudly representing the institute's commitment to advancing occupational therapy practice.



Dr. Taarunika.J - Tremor Device - To control tremor and to improve ADL

Dr. Dave Robert James - Integrated Wearable Device - To measure ROM, Grip strength, vitals



Ms. Pooja - Customizable smart multisensory vest for children with Autism spectrum disorder

Mr. Praveen - Modified Smart Posture Belt for Individuals with LowBack Pain



RESEARCH CORNER



BATCH 2021

SANJAY S	EXAMINING THE RELATIONSHIP BETWEEN EMOTIONAL REGULATION IN BURN OUT ON WORK ENGAGEMENT AMONG CORPORATE SECTOR EMPLOYEES - A CROSS SECTIONAL STUDY	SURVEY	MOHAMMED AZAR Z	EFFECTIVENESS OF ACCEPTANCE AND COMMITMENT THERAPY ON REDUCING ALCOHOL CRAVING AND EMOTIONAL REGULATION PROBLEMS & ITS IMPACT ON QUALITY OF LIFE AMONG PERSON WITH ALCOHOL USE DISORDER.	INTERVENTION
SUJITHA B	KNOWLEDGE AND ATTITUDE TOWARDS DYSLEXIA AMONG PRIMARY SCHOOL TEACHERS - A CROSS SECTIONAL STUDY.	SURVEY	POOJA J	DEVELOPMENT AND USE OF CUSTOMISABLE MULTISENSORY VEST O SENSORY PROCESSING AND ITS IMPACT ON BEHAVIOUR FOR CHILDREN WITH AUTISM SPECTRUM DISORDER.	DESIGN/DEVICE
MBRANJINI R	EVALUATION OF WORK LIFE BALANCE CHALLENGES AND CHILD REARING AMONG EMPLOYED PARENTS OF CHILDREN WITH AUTISM SPECTRUM DISORDER - A CROSS SECTIONAL STUDY	SURVEY	JASREE JAIBALAJI	IMPACT OF RIGHT BRAIN STIMULATION THROUGH NON DOMINANT HAND ACTIVITIES ON EMOTIONAL REGULATION, SELF ESTEEM AND DEPRESSION LEVELS IN PATIENT WITH DEPRESSIVE DISORDER.	INTERVENTION
RN ABI MEYYAMMAI	USE OF POSTURE CORRECTION CHAIR TO CORRECT POSTURE AND ITS IMPACT ON HANDWRITING SKILLS FOR CHILDREN WITH DYSLEXIA - A COMPARATIVE STUDY	INTERVENTION	SANJANA M	THE IMPACT OF MENTAL FATIGUE ON WORK ENGAGEMENT AMONG EMERGENCY HEALTH CARE PROFESSIONALS-A CROSS SECTIONAL STUDY	SURVEY
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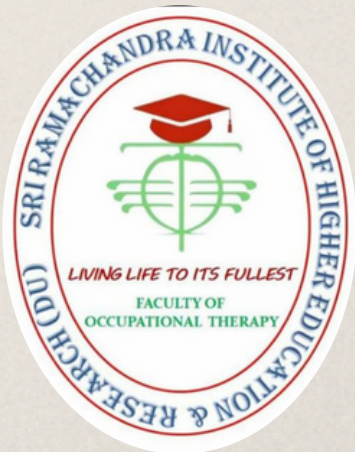
AMIRTHA VARSHINI	PREVALENCE OF ACADEMIC ANXIETY AND ITS RELATIONSHIP WITH PSYCHOLOGICAL RESILIENCE AMONG ALLIED HEALTH SCIENCES STUDENTS IN RELATION TO GENDER - A CROSS SECTIONAL STUDY	SURVEY
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ABOUT SRFOT



Sri Ramachandra Faculty of Occupational Therapy

Is a constituent faculty in Sri Ramachandra Institute of Higher Education and Research, a Deemed to be University (formerly known as Sri Ramachandra University), ranked among the top health sciences universities in India. SRIHER has been accredited (cycle - 3) by the National Assessment and Accreditation Council (NAAC) with Grade A++ and placed in Category - I Universities in India by the UGC and ranked 57 among Universities in NIRF 2023.



Since its inception in 2017, SRFOT has been recognized as a preeminent center for developing competent Occupational Therapists. Our Graduate students were employed as dignified Occupational Therapy Practitioners by National and International Organizations. SRFOT offers four-and-a-half-years Undergraduate Program (B.O.T.), two-year Postgraduate (M.O.T.) and Ph.D. (Full/Part Time) programs. The Sri Ramachandra Faculty of Occupational Therapy has a well-established clinical facility on campus that provides outstanding services to the patients as well as hands-on training for our students. SRFOT has received an award in the category of **“Outstanding Institute in Innovative Teaching and Learning Practices”** for its teaching and learning process.

Vision:

To be a global leader in Occupational Therapy education and practice, fostering the development of highly skilled professionals and delivering compassionate, innovative care to enhance the well-being of individuals and communities in India and beyond.

Mission:

- To provide exemplary education and training for future Occupational Therapists, equipping them with the skills and knowledge to excel in diverse clinical and community settings.
- To offer top-tier Occupational Therapy services, integrating advanced research and clinical practices to meet the highest standards of patient care.
- To establish a state-of-the-art facility recognized for its excellence in Occupational Therapy, promoting continuous advancement in therapeutic practices and holistic health solutions.



PROGRAMMES OFFERED

Undergraduate Program

Bachelor of Occupational Therapy (B.O.T) - Four and half years Degree Program

Students in the B.O.T program learn skills in Health conditions, Human Occupations, Evaluation, Intervention, and Research methods. The B.O.T students undergo intensive clinical training and fieldwork in the areas of Pediatric to Geriatric care (From Neonates to Palliative Care) in the attached Sri Ramachandra Hospital, Medical Centre & Sri Ramachandra Rehabilitation Centre.

Postgraduate Program

Master of Occupational Therapy (M.O.T) - Two years Degree Program.

Specialization includes,

1. M.O.T - Paediatrics
2. M.O.T - Neurology
3. M.O.T - Mental Health
4. M.O.T - Hand & Musculoskeletal Rehabilitation
5. M.O.T - Oncology & Palliative Care

Ph.D. Program

Full-Time / Part - Time



E- Copy of the Newsletter can be accessed at

<https://www.sriramachandra.edu.in/university/news-letters>

Contact Details:

Extn: 7031/7040

Email: occupationaltherapy@sriramachandra.edu.in

Website: www.sriramachandra.edu.in

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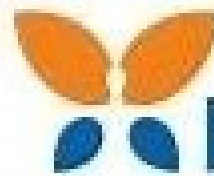


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