## Newsletter

#### **FACULTY OF OCCUPATIONAL THERAPY**





VOLUME - I JAN - DEC 2023



OT ODYSSEY

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#### **EDITOR'S DESK**

#### Dear Readers.

We are elated to welcome you to our OT Odyssey. We are delighted to present to you this pertaining the series of various diligent efforts and zealous contributions provided by the Sri Ramachandra Faculty of Occupational Therapy, SRIHER (DU). As we are currently in our 7th year of excellence, this would seldom be possible without the continuous and indefatigable support of the entire management of Sri Ramachandra Institute of Higher Education & Research (Deemed to be University).



In this newsletter, we highlight the publications, worthwhile occasions, triumphant achievements and enriching research explorations. Furthermore, we also emphasize the student community's artful and innovative creations and achievements as a delight for your eyes.

This compilation stands as evidence of our eminent student's experiences and the remarkable contributions of the Faculty of Occupational Therapy which we provide to you for your reading.

We thank you for being an intrinsic part of our journey towards our growth. We trust that you'll discover both utility and delight in perusing this edition of our newsletter.

#### HAPPY READING!!!

Sincerely,

#### Prof. Raghuram P,

Editor-in-Chief, Head, Sri Ramachandra Faculty of Occupational Therapy SRIHER (DU).

#### **MILESTONES**

#### **Outstanding Award**

Sri Ramachandra Faculty of Occupational Therapy (SRFOT) received an award for Outstanding Institute in Innovative Teaching & Learning Practices in NEW NORMAL EDUCATION SUMMIT & AWARDS 2023 held on 21st July @ RADISSON HOTEL, NEW DELHI.





#### **Book of World Records**

On 6th January 2023, SRFOT received a World Record from "Lionize International Book of World Records" for gathering around 1004 participants, including 951 students & 53 Delegates for the first time from 11 colleges across India attended the SRFOTCON'22 Conference.

#### FACULTY CORNER



#### Dearest Readers,

We as Occupational Therapists' approach knowledge as a multidimensional realm and our main mission in Sri Ramachandra Faculty Of Occupation Therapy is to provide our students with the wisdom of competence and prepare them with practical intricacies and inculcate peculiar skillsets to create "one of a kind" therapists who contain a demeanor that meets the standards of international yardstick and this newsletter stands as an evidence for our zealous execution. Have a pleasant flip through this newsletter, thank you!

Best Regards, **Dr. Sundaresan T (OT)**Assistant Professor, Faculty of Occupational Therapy

#### Beloved Readers,

Greetings for the day, it is indeed immensely pleasurable for me to bring you our first annual newsletter. Occupational Therapy has been an integral part of my life and it brings me a fleeting joy when I practice our profession. Just as much as being a part of our admirable family as I would like to call it, Sri Ramachandra Faculty Of Occupational Therapy imparted its influence on a wide spectrum of entities and this very newsletter throws its light on the prominence of our family. Enjoy reading as much as we enjoyed tailoring this! thank you.



Best Regards,

**Dr. Loganathan 8 (OT),**Assistant Professor, Faculty of Occupational Therapy.



Dear Readers,

I'm elated to talk to you through this annual newsletter documenting the excellence of Sri Ramachandra Faculty Of Occupational Therapy and the worth full gestures and teachings it provides to the students. Looking back , I'm humbled about the help I could provide through the notion of this beautiful profession of Occupational Therapy and it brings me joy working at Sri Ramachandra Faculty Of Occupational Therapy. Have a nice time reading the newsletter! thank you.

Best Regards,

Dr. Vinoth Kumar T (OT)

Assistant Professor, Faculty of Occupational Therapy.

#### FACULTY CORNER



#### Dear all,

I am pleased to meet you through our prestigious newsletter. I hope my words find their way to you to signify the uniqueness of the Sri Ramachandra Faculty of Occupational Therapy. We have set the standard through multifold achievements, of which I will always be proud. Through this, I soulfully thank our SRFOT for its unwavering support towards my professional upliftment. We function through harmony, and it is directed by the passionate minds of our faculty. Reading this makes you a part of our community. Flip and explore us!

Best Regards, **Dr. Tabitha Solomon (OT),**Tutor, Faculty of Occupational Therapy.

#### Hello Everyone,

Welcome to our incredible newsletter. We are very eager to bring you a fresh collection of news, talents and achievements of our SRFOT family. In this edition, you can find our wonderful journey, insightful stories and experiences from our Sri Ramachandra Faculty of Occupational Therapy. Our dedicated faculties have been steadfast in their commitment to nurturing the potential of young minds while contributing significantly to the growth of our Faculty of Occupational therapy.



You can explore the pages ahead, where the spirit of education and compassion converge. We are really thankful to the management of SRIHER for their constant support in the development and growth of SRFOT. Our Faculty of Occupational Therapy stands as a beacon of excellence, and we are immensely proud of the strides made in the past few years.

I want to extend my gratitude to all the readers of our newsletter. I hope that you will find this newsletter very valuable and informative.

Best Regards,

Dr. Sanjutha.P.N (OT),

Tutor, Faculty of Occupational Therapy.



#### **RECENT HAPPENINGS**

#### Career Guidance Program











SRFOT organised a series of Occupational Therapy Career Guidance Programs from 5th to 27th October 2023 in more than 20 schools from Chennai. 3600 school students participated in these programmes. Our Interns oriented higher secondary school students about Domain, services and the Scope of Occupational Therapy in India & overseas and had the Interactive Sessions with them.

**Contributors:** 2019 Batch Students, Ms. Joanna Pramodini Leckler, Ms. Jane Benita R, Mr. Rufus Solomon M S, Ms. Shanmugapriya S, Mr. Dhanush Kumar N, Mr. Blesson Baggio G, Ms. Sheebha Rani P, and Mr. Gokul A.



#### Championship Award

BOT Students participated and won Overall Championship Trophy in the International Conference on "Neurodiversity and Autism" held on 12th and 13th April 2023 organized by SRM University (SRM - ICA 2023) at SRM College of Occupational Therapy, Kattankulathur.

#### **DEPARTMENT EVENTS**

#### International Collaboration Entrepreneurship Program



The SRFOT has received Two Occupational Students Therapy from Bournemouth under student University Exchange Programme for a period of one month from 24th July to 18th August 2023. The students explored Academic and clinical have practices. Also they experienced Indian Practices in Rehabilitation and our Cultural Heritage.

#### Anti-Ragging Program





collaboration **SRFOT** in with Sri Ramachandra Innovation & Incubation (SRIIC) organizes Sensitization Centre "The Iourney Program on ಆ Opportunities Entrepreneurship for Occupational Therapy Students by Vivek Dhandapani, Chief Operating Officer, SRIIC, SRIHER (DU) on 4th August 2023. 56 students benefitted.

#### Student Exchange Program



On 17th September 2023, SRFOT conducted a "Anti-ragging Awareness Programme" which benefited 141 participants. Students have raised awareness by performing role plays and presented an E-Poster on anti-ragging.

As a part of our Students & Faculty Exchange collaboration with Bournemouth University (BU), UK, 2 BOT students Ms. Shirley & Ms. Kansool Rahima attended 1 month INTERNSHIP @ Bournemouth University (BU), UK from 1st to 31st November 2023.

#### **DEPARTMENT EVENTS**



Celebrated First year SRFOT Anniversary Day by conducting various events on 23rd June 2023.



Sri Ramachandra Faculty of Occupational Therapy celebrates International Women's Day on 8th March 2023.

#### WORLD MENTAL HEALTH DAY - GUEST LECTURE





Sri Ramachandra Faculty of Occupational Therapy (SRFOT) organised Guest Lecture on 10th October 2023 to commemorate World Mental Health Day. The Guest Speaker was Dr. Lakshmanan Sethuraman, Senior Occupational Therapist, National Institute of Mental Health and Neuro Sciences NIMHANS, Centre for Centre for Addiction Medicine delivered Guest Lecture on "De-Addiction". 40 Post Graduate Students attended.

#### STUDENT INTERACTION PROGRAM



On 2nd February 2023, Sri Ramachandra Faculty of Occupational Therapy, SRIHER (DU) has organized a Student Interaction program with the International Faculty Dr. Helen Ribchester, Head - Occupational Therapy, Bournemouth University, UK in Lecture Hall - 6, Medical College Building, (DU). Helen Ribchester **SRIHER** Dr. interacted with students and graced the occasion. Approximately 120 professionals, PG, and UG students attended the event and Occupational learned about Therapy practices in the England.



On 6th February 2023, Sri Ramachandra Faculty of Occupational Therapy, SRIHER (DU) has organized HELLO OCCUPATIONAL THERAPIST FAQ - SERIES 2, a Student Interaction program with the Dr. PUNITA. V. SOLANKI, Occupational Therapist, C/o AR Orthopedic and ICU Hospital, Mumbai, Executive Member-AIOTA. Dr. PUNITA V. **SOLANKI** the honored occasion and interacted with the students. She enlightened students and addressed their queries. This program was attended by over 120 professionals, PG and UG students.

**Field Visit** - On 27th February 2023, BOT 1st Year and BOT 3rd year students along with Dr. Subha and Dr. Mona PG, had their first Educational Trip to NIEPMD. Students has gained an experience and opportunity to learn new things through this field trip.







#### **WORKSHOPS**





Sri Ramachandra Faculty of Occupational Therapy (SRFOT) organized Workshop on "Personality Development Program" by Mr. Sathish Kumar S, Management Consultant, Motivational Speaker  $\mathcal{E}$  Corporate Trainer on 17th August 2023. 141 students benefitted.





Sri Ramachandra Faculty of Occupational Therapy in collaboration with Sri Ramachandra Innovation Incubation Centre (SRIIC) & and TamilNadu All India Occupational Therapists' Association (TNAIOTA) organised a State Level Workshop on "Decoding Activity in Occupational Therapy" by Dr. Shovan Saha, Ex. HOD, Dept of Occupational Therapy, Manipal Academy of Higher Education, President of Society of Hand Therapy, India on 20th September 2023 at SRIHER. 140 Students attended and gained knowledge.

#### **Intercollegiate Competition**

On 25th August 2023, Sri Ramachandra Faculty of Occupational Therapy Students (BOT II Yr & III Yr) attended the Intercollegiate competition organized by All India Radio, Chennai in association with Ethiraj college and participated in the following three categories 1) Oratorical 2) Music and Dance 3) Short Film.



#### **AWARENESS PROGRAMS**



SRFOT in Collaboration with qBotica Artificial Intelligence Services pvt. Ltd organised an Awareness program on the Topic "Ergonomics and its Impact on Musculoskeletal Discomforts - An Occupational Therapy Perspective" on 24th March 2023.



SRFOT in Collaboration with the Multiple Sclerosis Society of India - Chennai Chapter organized an "Occupational Therapy Screening Camp for Multiple Sclerosis" in Commemoration of Multiple Sclerosis Awareness Week on 25th March 2023.



SRFOT students took part in the distribution of the Stickers & Brochure in and around SRIHER on World Autism Awareness Day on 1st April 2023



To commemorate International Wheelchair Day on 17th March 2023, SRFOT organised an awareness programme on wheelchair training in collaboration with Don Guanella Special School. This demonstration programme benefited around 50 special children along with rehabilitation professionals, special educators, and caregivers. We provided orientation, importance & uses of wheelchair, government acts and schemes, wheelchair training and transfer training.



To commemorate Traumatic Brain Injury Awareness Month and Head Injury Day, SRFOT, & SRIIC organized an Awareness Program at Edward Elliot's Beach, Besant Nagar. PG students performed a "STREET PLAY" for creating awareness about TBI and Importance of Rehabilitation & the role of Occupational Therapists' followed by pamphlets distribution to the public on 31st March 2023.

#### **AWARENESS PROGRAM**





To signify the National Cancer Survivor's Day 2023, SRFOT has Conducted an Awareness Campaign in SRIHER by distributing a Purple Ribbon and a motivational quote. Nearly 300 Doctors, Nurses, Patients & Caregivers were gained awareness about the role of Occupational Therapy in Oncology & Palliative Care on 5th June 2023.



SRFOT organized events to create awareness on "INTERNATIONAL DAY AGAINST DRUG ABUSE" - 26th June 2023. PG students conducted an Vocational Screening camp, Group Therapy, Handmade Poster competition & saplings plantation by patients in De-addiction Ward at Institute of Mental Health (IMH), Chennai.



SRFOT conducted an Awareness program as a part of AACC Training Program on "Ergonomics in Workplace" at Arignar Anna Institute of Management, on 8th June 2023. Nearly 50 Government officials were benefitted.



#### **FACULTY ACHIEVEMENTS**



Prof. Raghuram P, Head, Sri Ramachandra Faculty of Occupational Therapy, SRIHER (DU) has been invited as an Eminent received a Delegate **Appreciation** Certificate of his valuable & Exemplary Contribution in Education sector (Higher Education) during the Valedictory, Felicitation & Award ceremony held on 28th April 2023 at Hotel Green Park, Chennai organized by Ardorcomm Media Group. Thiru. Anbil Mahesh Poyyamozhi, Hon'ble Minister of School Education (Govt. of Tamil Nadu) is the Chief Guest & Dr. G. Geetha, Director of Collegiate Education (FAC), Dept of Higher Education, Govt. of Tamil Nadu was the Special Guest of the and **Appreciation** Program Certificate was given by Dr. Santhanam V, Regional Director, NIOS, Chennai, Tamil Nadu (Under Ministry of Education, Govt. of India).



The National Conference on Neonatal Therapy (NEOANT 2023) was held on 17th & 18th November 2023. Prof. Raghuram. P participated in the Scientific Paper Presentation in the competitive category and won 2nd Place.



Dr. Vinoth Kumar (OT) has received a Certificate of Appreciation in recognition of his participation in the multidisciplinary group discussion on "Assistive Technology for Children with Motor Disabilities" held at Regenta Central Deccan, Royapettah, Chennai-014 on 21st September 2023.

#### **FACULTY ACHIEVEMENTS**

Sri Ramachandra Faculty of Occupational Therapy received a scientific award for "BEST SCIENTIFIC MINI MOVIE" in the Competitive Category at the 10th Annual National Conference of SHTICON in Collaboration with 'ISSHCON' held at the Hotel Mount View in Chandigarh, Punjab, India organized by DEPT. OF PLASTIC SURGERY (GOVT. OF INDIA), PGIMER on 9th September 2023. Dr. Shovan Saha, President of the Indian Society of Hand Therapy, presented the Certificate, Momento, and Medal.

(THEME: Innovate, Improvise & Involve)







Swastik Trust and Aathichudy Special School organised a State Conference on 1st April 2023 at Gandhi Mandapa, Pondicherry. Prof. Raghuram P received an Appreciation Certificate for being one of the Authors of the Book of Autism under the Title "Rehabilitation of Autism".





Ms. Pooja, BOT II year secured 2nd Prize in "FIT FAB FUN" Organized by Faculty of Physiotherapy in the Occasion of Women's Day on 3rd March 2023.



Mr. Bowas, BOT II year took part in "RANORA'23" at Jeppiar Institute of Technology and won 2nd Prize in Solo Singing Competition on 22nd March 2023.





Mr. Arun and Mr. Dwaragesh, BOT I year won 1st & 3rd Prize in the "5K RUN AND WALK" event organised by the Department of Paediatric Medicine, Division of Paediatric Nephrology and Paediatric Urology on 12th March 2023.





Ms. Abi Meiyyammai K N, BOT II year, received 2nd Prize for the Handmade poster competition organized by the Department of Physiology, Mind Body Medicine and Life Sciences, and Psychiatry to commemorate "World Sleep Day" held in SRIHER on 17th March 2023.

Ms. Nancy Chelshiya N, BOT III year has participated in "6th Inter Paramedical Tournament 2023" held in SRIHER and won 2nd Prize in Women Table Tennis on 29th April 2023.

The following BOT Students participated and won the Overall Championship Trophy in the International Conference on "Neurodiversity and Autism" held on 12th and 13th April 2023 organized by SRM University (SRM - ICA 2023) at SRM College of Occupational Therapy, Kattankulathur.

NAME OF THE EVENTS	NAME OF THE STUDENTS	YEAR OF STUDY	PRIZE
	SCIENTIFIC EVENTS		
SCIENTIFIC POSTER	Ms. DEEPIKA JOSEPHINE &	MOT 1st Year	2 <sup>nd</sup> Prize
PRESENTATION	Ms. DARSANA		
	MAJOR EVENTS		
SOLO DANCE	Ms. POOJA J	BOT 2nd Year	2 <sup>nd</sup> Prize
DUET DANCE	Mr. DHARUN GANESH B &	BOT 3 <sup>rd</sup> Year	1 <sup>st</sup> Prize
	Ms. SURABHI P		
	Mr. BENJAMIN		
	THEOPHILUS A Mr.	BOT 3 <sup>rd</sup> Year	
GROUP SINGING	MALCOLM SHADRACH R		1st Prize
GROUP SINGING	Ms. ANU DIXAA R K		1 Prize
	Mr. DELWIN DIVAS J	BOT 2nd Year	
	Mr. BOWAS S		
	Ms. KANAGAVALLI R	BOT 1st Year	
	Ms.		
	RACHNA S M₅.	BOT 3 <sup>rd</sup> Year	
	THAARUNYA		
	RV		
GROUP DANCE	Mr. DHARUN GANESH B		1st Prize
GROOT BALVEL	Mr. MOHAMMED		1 11126
	AZAR Z Ms. POOJA J		
	Ms.	BOT 2 <sup>nd</sup> Year	
	SANJANA M		
	Ms.		
	THARANI K		
	Ms. AMIRTHA VARSHINI I		
	Ms. SUSAN R Mr. DRAYDEN ELIJAH NICHOLAS	BOT 1st Year	
	Ms.		
	JANAPRIYA D Mr.		
FASHION WALK	DHARUN	BOT 3 <sup>rd</sup> Year	1st Prize
	GANESH B		
	Mr. MAHMOOD		
	IMRANKM Ms.		
	SURABHI P		
	Ms. ANU DIXAA R K		

	Mr. BOWAS S Mr. MOHAMMED AZAR Z	BOT 2 <sup>nd</sup> Year	
	Ms. JASIRA SHAIK ALAUDEEN Ms. MARIA JACOB Mr. DRAYDEN ELIJAH NICHOLAS	BOT 1st Year	
	MINOR EVENTS		
MEHENDI	Ms. JASIRA SHAIK ALAUDEEN &	BOT 1st Year	1 <sup>st</sup> Prize
	Ms. NEHARIKA VALOOR		
FIRELESS COOKING	Ms. SHALINI B &	BOT 3 <sup>rd</sup> Year 1 <sup>st</sup> P	1st Prize
THEELESS COOKING	Ms. HEMAMALINI M	DOI'S Team	1 11122
	Ms. JANAPRIYA D &	DOM ANIA	uitn.
FACE PAINTING	Mr. NITISH SRINIVASAN	BOT 3 <sup>rd</sup> Year	1 <sup>st</sup> Prize
	Ms. AMAL & Ms. VARADA NAMBIAR	BOT 1st Year	1st Prize
	Ms. HARINI V	BOT 3 <sup>rd</sup> Year	
	Ms. JANANI S V	DOI'S Team	
RANGOLI	Ms. SAKTHI MOOKAMIGA		1 <sup>st</sup> Prize
	Ms. KAMALA A R	BOT 2 <sup>nd</sup> Year	
	Ms. KALAIARSI D	BOT 1st Year	
	Ms. SANJANA G	BOT 1st Year	1st Prize
SOLO SINGING	Ms. KEZIAH JEBAPRIYA K	BOT 1st Year	2 <sup>nd</sup> Prize
	ONLINE EVENTS		
PHOTOGRAPHY	Mr. ALLEN VIJAY UNNATH	BOT 1st Year	1st Prize
MEME	Mr. ARUN V S	BOT 1st Year	1st Prize
SOLO INSTRUMENT	Mr. DELWIN DIVASS J	BOT 2 <sup>nd</sup> Year	1st Prize
	Mr. MALCOLM SHADHRACH		
	R Mr. BENJAMIN THEOPHILUS A Mr. NITISH SRINIVASAN Mr. DEEPAK S	BOT 3 <sup>rd</sup> Year	
SHORT FLIM	Mr. MOHAMMED AZAR Z Mr. VIKRAMAN SANKAR Mr. SANJAY SUNDRARAJAN Mr. HUBERT PRAISLEY SINGH Mr. BOWAS S Mr. DELWIN DIVASS J Mr. NIDHISHVAR	BOT 2 <sup>nd</sup> Year	1 <sup>st</sup> Prize
	Mr. MANJEET V, Mr. SAINATH S	BOT 1st Year	







Dr. Mithra M, (OT), MOT (Neurology) final year received the Lincoln Book of Records on 22nd July 2023 for participating in "Talk Marathon by 25 Occupational Therapists through Instagram Live from 9 am to 9 pm" highlighting the theme "Opportunity + Choice = Justice" Organized by Tamil Nadu All India Occupational Therapists' Association (TNAIOTA)



On 8th January 2023, 2022 Batch PG Student Dr. G T R Kamalesh was recognized for his active participation in camps towards the promotion of Occupational Therapy at Meenakshi College of Occupational Therapy.





Mr. Sanjay Sundar, BOT II year have secured 3rd Prize in Intercollegiate Photography Competition – BBM 23 held at Department of Zoology, Queen Mary's College, Chennai on 8th October 2023.



On 23rd February 2023, Anu Dixaa R.K, Malcolm Shadrach, Benjamin Theophillus from 3rd year, and Bowas, Delwin from 2nd year participated in the musical fest conducted at Madras Christian college represented SRFOT, in music band along with other members of the band from various departments. Students have showcased their talents in this event.

Mr. Azar, BOT II year bagged 3rd prize in the Reels Competition organized by KCDU on the occasion of World Autism Awareness Day on 2nd April 2023.



Dr. Jaivignesh, S (OT), MOT (Neurology) final year received the Lincoln Book of Records on 22nd July 2023 for participating in "Talk Marathon by 25 Occupational Therapists through Instagram Live from 9 am to 9 pm" highlighting the theme "Opportunity + Choice = Justice" organized by Tamil Nadu All India Occupational Therapists' Association (TNAIOTA)



BOT 3rd year students, Mr. Praveen, Mr. Hubert and Mr. Delwin won in the Puzzle Competition organized by the Faculty of Engineering and Technology to commemorate National Mathematics Week on 20th December 2023.



Ms. Kamala, BOT II year bagged 3rd prize in the Poster Competition organized by KCDU on the occasion of World Autism Awareness Day on 2nd April 2023.



Master of Occupational Therapy in Pediatrics Specialty Students & Faculty have attended in the National Conference on Neonatal Therapy (NEOANT 2023) on 17th & 18th November 2023 and Participated in the Scientific Competitions and bagged the following places.

#### **Scientific E-poster Competition:**

- 1. Deepika. P 1st Place
- 2. Privin Raj. P 3rd Place



#### **Essay Competition:**

- 1. Mona. E 2nd Place
- 2. Karthica. K 3rd Place







- Tamil Nadu All India Occupational Therapists' Association (TNAIOTA) to commemorate World Occupational Therapy Day 2023 and OT India Month on 19th November 2023 organized,
- 1. E-Poster Competition Ms. Harshavardhana. A, IV Yr BOT won 2nd Prize
- 2. Quiz Competition 1. Mr. Lokesh Kumar M. N , I Yr. MOT (Hand  ${\mathcal E}$  Musculoskeletal Rehabilitation)

Secured 1st

- 2. Ms. Deepika Josephine. D, II Yr. MOT (Mental Health) Secured 3rd Place.
- Mr. Delwin, BOT II year along with his band secured 3rd position in the music competition held at Sri Venkateswara College of Engineering at Perumbadur on 11th May 2023.



#### SAHAYA - SRRC in Collaboration with SRFOT





SAHAYA Sri Ramachandra Rehabilitation Centre in Collaboration with Sri Ramachandra Faculty of Occupational Therapy organized a Free Multidisciplinary Screening Camp for individuals with Stroke, Brain and Spinal Injuries on 04. November 2023. More than 35 plus Individuals with Neurological conditions benefitted through this camp. The Team Consisted of Neurologist, Neurosurgeons, Occupational Therapist, Physiotherapist, Speech Therapist, Clinical Psychologist, Clinical Nutritionist, Rehabilitation Nurse.





#### Group Therapy

# 45 A5 Jan - Feb March - April May - June July - August Sept - Oct Nov - D

#### **CLINICAL ACTIVITY**

JAN - DEC 2023 Group Therapy from various specialty.













#### CLINICAL ESTABLISHMENTS



On 3rd Feb 2023, the SENSORY INTEGRATION THERAPY OPD was inaugurated by Dr. Helen Ribchester (Head - Occupational Therapy, Bournemouth University, UK).



On 27th October 2023, on the occasion of World Occupational Therapy Day, the SENSORY STIMULATION THERAPY OPD was inaugurated by Dr. Senthil Kumar, Addl. Registrar.



#### CONTINUOUS

#### **LEARNING ACTIVITY**

On 27th January 2023, the Faculty of Occupational Therapy in collaboration with TNAIOTA, organized COTE on International Classification of Functioning, Disability & Health - An Overview in Occupational Therapy by Dr. Jose Mary Sangeetha. X (OT), M.O.Th (Neuro), FAOT: Msk & Ergonomics, JIPMER delivered the guest lecture. Vice-Chancellor, Dr. Uma Sekar, Ramachandra Institute of Higher Education & Research (DU) delivered the Inaugural Address and graced the occasion. Approximately 120 Professionals, PG & UG Students attended this program.







#### RESEARCH PUBLISHED

- Dr. Privin Raj P published an article under the guidance of Dr. Raghuram P Asso. Prof. & HOD, Dr. Loganathan S Asst. Prof., Dr. Sundaresan T Asst. Prof with the title of "Use of Hand Arm Bimanual Intensive Therapy (HABIT) in Improving Hand Function Skills of Children with Hemiplegic Cerebral Palsy A Single Case Study" in the Infokara Research. ISSN No:1021 9056, Volume 12, Issue 2, 2023.
- Ms. Joanna Pramodini Leckler published an article under the guidance of Dr. Raghuram P Asso. Prof. & HOD, with the title of "Prevalence of Handwriting Difficulty among Second Grade School students in South Chennai" in the Journal of Emerging Technologies and Innovative Research. ISSN:2349-5162, Volume 10, Issue 10, October 2023.
- Ms. Shirley Selwyn Abraham published an article under the guidance of Dr. Raghuram P Asso. Prof. & HOD, with the title of "Effectiveness of Occupational Therapy Intervention in Improving Handwriting Skills among Primary School Students in South Chennai" in the Journal of Emerging Technologies and Innovative Research. ISSN:2349-5162, Volume 10, Issue 10, October 2023.



#### **NSS ACTIVITY**

TITLE	DESCRIPTION
English Literary Club (THE VOICES) on 17th February, 7th & 27th March, 22nd June, 18th July & 5th September	The NSS Unit III, BOT 1st, 2nd & 3rd Year Students visited Parivakkam Govt. middle school, guided sports activity and English coaching program for rural students.
Awareness Campaign on 20th February& 25th April	The NSS Unit II, V, BOT 1st, 2nd Year students visited Padur, Vayalanallur, and raised awareness about toilet usage and diseases spread through open defecation
Tree Plantation Program 3rd June, 10th August, 8th, 9th & 15th September & 12th October	The NSS Unit III, V BOT 1st & 2nd Year organised a Tree Plantation Program in collaboration with Lions Club of Chennai Phoenix at Pallaiathal temple (Vayalanallur), Korattur, SRIHER Campus and Ayyapakkam.
International Yoga Day Celebrations on 15th June	The NSS Unit III, BOT 2nd Year students in association with Yoga Club organised International Yoga Day Celebrations at Government Adi Dravidar Higher Secondary School, Kolappanchery
Swachhata hi seva Program 7th, 9th & 13th of June, 27th September	The NSS Unit II, V & III BOT 2nd Year conducted cleaning activity at Korattur, Sorancherry, Poonamallee, and Kolapancherry.
Community Campaign 22nd February, 15th April, 11th August & 16th December	The NSS Unit I & V, BOT 1st Year, visited Banaveduthottam to conduct a multidisciplinary medical camp through the distribution of pamphlets.













#### STUDENT'S CORNER







Sweatha I - M.O.T 1st Year



M. Negha - B.O.T 1st Year

#### I've Ever Wondered!

I've ever wondered, How just two cells have become me; With all that ive gathered without ease!

I've ever wondered, How just a seed has become a tree: When an half of my lung is hanging there free!

I've ever wondered. How bricks and cement have become monuments that are really good; While the builder himself is surviving without food!

I've ever wondered. How a tree has become the very paper I write; Without which the flora's cant survive but still they're Quite!

Sanjana - B.O.T 2nd Year

#### As dawn approaches

The dark veil is now fast transforming With the new light now revealing What had been hidden sometime back That now comes out, to get back on track The bright rays of the sun smile and welcome all,

Those who approach a brand new dawn, And what was hidden is ignored no

As the light reveals the wonders that surround us forevermore The light has travelled halfway, And it has been wondrous so far to say But the best part is indeed the display of

Whose examination could keep one occupied for hours!

- Kanagavalli B.O.T 2nd Year

#### Echoes of time

In the echoes of time, stories unfold, Whispers from the past, untold. Moments captured, forever imprinted, In the tapestry of existence, deeply scented.

The laughter of children, long since grown, Resonates through the years, a familiar tone. Footsteps on well-trodden paths, now faint, Yet their essence lingers, an immortal paint.

The echoes of love, carried on the breeze, Whispering tales of hearts once at ease. Memories etched in the chambers of the soul, Time's gentle embrace, making us whole.

Through the corridors of history, they resound, Voices of heroes, both lost and found. Lessons learned, lessons yet to be learned, In the echoes of time, wisdom is earned.

So listen closely to the whispers in the air, For echoes of time hold secrets rare. They remind us of our interconnected rhyme, In the tapestry of existence, echoes of time.

\_Amal Mubarak





Fouziya Fathima - B.O.T 2nd Year



Mithra M - M.O.T Final Year



#### ALUMNI CORNER

#### **GOLD MEDALIST**

S.NO	Name of the Alumni	Gold Medal	Year of receiving	Organisation
1.	Dr.Mona.E	Smt.Thangam Vasudevan & Mr.P.V.Vasudevan	2022	Sri Ramachandra Institute of Higher Education & Research (DU)
2.	Dr.Kiruthika	Smt.Thangam Vasudevan & Mr.P.V.Vasudevan	2023	Sri Ramachandra Institute of Higher Education & Research (DU)





#### TNAIOTA ASSOCIATION'S BEST OUTGOING STUDENTS AWARD

S.NO	Name of the Alumni	Best Outgoing students Award	Year of receiving
1.	Dr.Yashwanth.S.P	Best Outgoing Student Award – UG Male Category	2022
2.	Dr.Mithra.M	Best Outgoing Student Award – UG Female Category	2022
3.	Dr.Lokesh kumar.M.N	Best Outgoing Student Award – UG Male Category	2023
4.	Dr.Tabitha.S	Best Outgoing Student Award – UG Female Category	2023





















#### ALUMNI CORNER



Dr. Srija, 2017 Batch Alumni received AIM KALAM AWARD on the 8th Remembrance Anniversary of APJ KALAM from Awareness India Moment under the category Young Social Leader among the top 10 awardees on 27th July 2023.



Dr. Miraculine P (OT), 2018 Batch Alumni has presented a topic on "Behavioural Modification Therapy" as a part of the Parental Education Program held at Pebbles Therapy Centre - Chrompet on 11th March 2023.



Dr. Leala Joyce Rani 2017 Batch Alumni received Women Excellence Award organized by Lionize World Record for "Best Project Creator - 2023" in the field of education, Chennai on 11 March 2023.



Dr. Abitha (OT), 2018 Batch Alumni received an award for "Excellent effort 2023 and dedication towards the patient" from Al Ferdous Center for Rehabilitation of People of Determination L.L.C (Sharjah, United Arab Emirates) on 20th November 2023.





#### Sri Ramachandra Faculty of Occupational Therapy

Is a constituent faculty in Sri Ramachandra Institute Higher Education and Research, a Deemed to be University (formerly known as Ramachandra University), ranked among the top health sciences universities in India. SRIHER has been accredited (cycle - 3) by the National Assessment and Accreditation Council (NAAC) with Grade A++ and placed in Category - I Universities in India by the UGC ranked 57 among Universities in NIRF 2023.

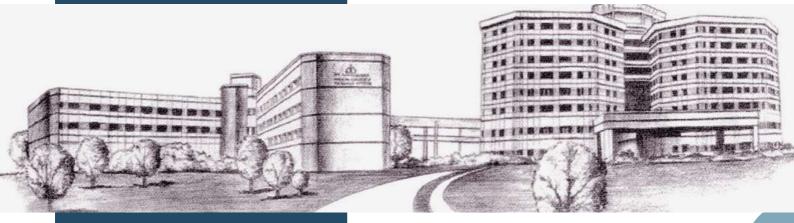
Since its inception in 2017, SRFOT has been recognized as a preeminent center for developing talented Occupational Therapy students. Graduate students were employed as SRIHER dignified Occupational Therapy Practitioners by National and International Organizations. SRFOT offers four-and-a-half-year BOT and two-year MOT education programs. We also have Ph.D. scholars. The Sri Ramachandra Faculty of Occupational Therapy has a well-established clinical facility on campus that provides outstanding service to patients as well as hands-on teaching for our students. SRFOT has received an award in the category of Innovative Technology for its teaching and learning process.

#### Vision:

Aims to develop competent Occupational Therapists and provide compassionate patient care to establish an international standard integrated healthcare delivery system in India.

#### Mission:

- India's pioneering Institution to yield skilled Occupational Therapists.
- To serve as India's Best Occupational Therapy service provider.
- To create the greatest facility renowned for its Occupational Therapy services.



#### PROGRAMMES OFFERED



#### Postgraduate Program

Master of Occupational Therapy (M.O.T) - Two years degree program. Specialization includes,

- 1. MOT (Paediatrics)
- 2. MOT (Neurology)
- 3. MOT (Mental Health)
- 4. MOT (Hand & Musculoskeletal Rehabilitation)
- 5. MOT (Oncology & Palliative Care)

#### **Undergraduate Program**

Bachelor of Occupational Therapy (B.O.T) - Four and half years degree program

Students in the B.O.T program learn skills in Health conditions, Human Occupations, Evaluation, Intervention, and Research methods. The B.O.T students undergo intensive clinical training and fieldwork in the areas of Pediatric to Geriatric care (From Neonates to Palliative Care) in the attached Sri Ramachandra Hospital, Medical Centre & and Sri Ramachandra Rehabilitation Centre.



#### E- Copy of the Newsletter can be accessed at

https://www.sriramachandra.edu.in/university/news-letters

#### **Contact Details:**

**Extn:** 7031/7040

Email: occupationaltherapy@sriramachandra.edu.in

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#### Our Collaboration with











#### **International Collaboration**





### OT ODYSSEY

"Exploring Boundless Horizons in Occupational Therapy"