



SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Category - I Deemed to be University) Porur, Chennai




Connexions

**Student Council &
Student Club Activities
July-October 2023**



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Message from Dean-Students



SRI RAMACHANDRA

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Deemed to be University)

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Dear Readers,

It is truly heartening to witness the release of this newsletter showcasing the array of activities conducted by both the student council and student clubs on our campus, spanning the period from June to October 2023.

The student council and the clubs have exhibited remarkable enthusiasm and diligence in orchestrating a diverse range of engaging and pioneering events right here on our campus. These activities have served as a unifying force, bringing students from various academic programs together and enabling them to explore and cultivate their unique interests and passions.

It is paramount for me to express our heartfelt gratitude towards our esteemed Chancellor and Pro Chancellor for their unwavering support and encouragement extended to all the events orchestrated by the student council. On behalf of the student body and personally, I extend our heartfelt thanks to them.

I'd also like to extend my congratulations to the student council of 2023-24 for presenting this newsletter, which is a first of its kind.

My sincerest wishes go out to all the students.

Dean of Students

DEAN - STUDENTS
SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Deemed to be University)
Porur, Chennai - 600 116.

Formerly known as Sri Ramachandra Medical College and Research Institute (Deemed University)

Accredited by NAAC with 'A***' Grade (CGPA 3.53)

Graded as 'Category-I University' by the UGC

Editorial Team's Note

Dear SRIHER Family,

It is with immense pleasure that we present the inaugural edition of "SRIHER CONNEXIONS," a student magazine with a glimpse into the vibrant activities led by the student clubs and the student council within SRIHER. As the editorial team, we are thrilled to share the stories of brilliance, resilience, and fun that unfolded within the campus from July to October 2023.

This newsletter transcends traditional compilations; it seeks to create connections, weaving together the diverse threads of our community. The various club activities bring together students from different programs and faculties as they get together to display their diverse talents and have lighter moments. The activities are a celebration of the collective spirit that makes SRIHER a hub of growth and inspiration.

A heartfelt thank you to Dr S. Anandan, Dean of Students, Dr Leena Dennis Joseph, Associate Dean-Students and all our Assistant Deans-Students. Your guidance and support are the bedrock of these endeavours. This newsletter reflects the collaborative spirit defining SRIHER, and much of our success is owed to your mentorship.

We invite students, faculty and staff to get in touch with student council members to know more about the student clubs on campus and welcome you to join the student clubs to forge new friendships and connections within the SRIHER student community. Here's to the students pushing boundaries, the clubs fostering creativity, and the unwavering support of our esteemed faculty.

Happy reading!

Kind Regards,
Editorial Team, "SRIHER CONNEXIONS"

EDITORIAL TEAM

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INVESTITURE CEREMONY

STUDENT
COUNCIL

The Investiture Ceremony of Student Council 2023-24 was conducted on 14th July 2023 in the seminar hall, medical college. Esteemed guests, including Dr. Uma Sekar (Vice Chancellor), Dr. K. V. Somasundaram (Professor of Eminence and Advisor), Dr. K Balaji Singh (Dean of Medical College), Dr. S Anandan (Dean of Students) and Dr Leena Dennis Joseph, Associate Dean-Students graced the event to shower blessings upon the incoming council and outgoing council.

The outgoing council, led by Mr. Jhai Kiran received certificates of appreciation for their service and contributions. Ms. Charis Vasanthini, the newly appointed Student Council President and the Vice Dean - Student Affairs, led the new team of council members in the investiture ceremony. The team proudly received their badges. A new chapter began filled with excitement for the year ahead.



#SDG 17 - Partnership for goals



PLEDGE AGAINST DRUG ABUSE

STUDENT
COUNCIL

The Anti-Drug Committee and Sri Ramachandra Institute of Higher Education and Research (DU) organized an awareness program as part of the Drug-Free Tamil Nadu movement on 11th August 2023. The program aimed to educate and motivate students to actively participate in the movement towards a drug-free society. Students from various colleges took a pledge against drug abuse.

A live video session featuring a message from the Tamil Nadu Chief Minister underscored the movement's potential for positive change. The Avadi Police Commissionerate & Enforcement Bureau of Tamil Nadu supported the initiative. An impactful drug awareness film was screened during the session, enlightening students about the severe consequences of drug abuse.



#SDG 3 - Good health and well-being

#SDG 4 - Quality education



ANTI-RAGGING

STUDENT
COUNCIL

AWARENESS WEEK

SRIHER organized an Anti-Ragging Awareness Week from August 12th-18th, 2023, as per the guidelines from UGC. All 14 constituent faculties of SRIHER actively participated in conducting events aimed at raising awareness against ragging. The student council engaged in conduct of several competitions such as slogan and essay writing, and poster making to spread awareness related to anti-ragging on campus.

Certificates were distributed to motivate students to actively promote the anti-ragging initiatives. Additionally, there were events like an anti-ragging rally to disseminate the message. Role-plays were also organized for students. Freshers, in particular, found it to be an effective introduction to the student culture and practices at SRIHER.

#SDG 10 - Reduced inequalities



CHANDRAYAAN 3 MOON LANDING

STUDENT COUNCIL

On August 23rd, our Student Council united virtually via a google meet, eagerly anticipating India's Chandrayaan 3 moon landing. The session buzzed with excitement as we witnessed the lunar descent. The Prime Minister's stirring speech added to the event's significance, fostering patriotism and pride.

This virtual gathering celebrated India's achievement, igniting unity and inspiration among members. The impact was profound, leaving a lasting appreciation for our nation's space exploration endeavors. The session also witnessed vibrant interaction among members, enhancing the overall experience.

#SDG 4 - Quality education

#SDG 17 - Partnership for goals



ONAM CELEBRATIONS 2023



SRIHER celebrated Onam by observing an Ethnic Day on 24th August 2023, embracing the vibrant festival by showcasing traditional attire, and bringing a burst of colors to the campus. Various faculties, including Pharmacy and Physiotherapy, united for cultural events like Pookalam competition, traditional performances, and a spirited tug of war.

The Engineering faculty sweetened the day with homemade treats for all. Student council members actively facilitated the organization and conduct of the program.

#SDG16 - Peace, justice and strong institutions

#SDG 17 - Partnerships for the goal

TEACHER'S DAY' 2023

STUDENT
COUNCIL

The Student Council orchestrated a lively Teachers' Day event on campus at the seminar hall, medical college block, centered around the theme of Indian Cinema on September 5, 2023. Hosted by Ms. Charis Vasanthini, President of the Student Council 2023-24, the faculty members were divided into two teams for engaging in ice-breaking activities.

From guessing movie names to expressive actions conveying titles and decoding amidst blaring music, the event was a blend of wit and entertainment. Dr. S Anandan and Dr. K Balaji Singh graced the occasion. The student council members showcased their talents with a musical performance and a captivating dance, skillfully recreating popular Indian film sequences. The faculty participated enthusiastically and loved the initiative taken by the students.



#SDG 16 - Peace, Justice & strong institutions

#SDG 17 - Partnerships for the goals



G20 UNIVERSITY CONNECT FINALE

STUDENT
COUNCIL

The G-20 University Connect event, held on 26th September at Bharat Mandapam in New Delhi, saw Vice Chancellors, Professors, and students connect online to celebrate India's youth. Prime Minister Narendra Modi acknowledged the vibrancy of the G20 Summit and credited India's rising prominence on the world stage to the youthful energy of the nation.

He released four publications, including "The Grand Success of G20 Bharat Presidency: Visionary Leadership, Inclusive Approach," "India's G20 Presidency: Vasudhaiva Kutumbakam," "Compendium of G20 University Connect Programme," and "Showcasing Indian Culture at G20." The event highlighted India's achievements, diplomatic successes, and the role of the youth in shaping the nation's future. The student council joined several groups of students to virtually join this momentous event.



SDG# All 17 goals

SWACHHATA HI SEVA

STUDENT
COUNCIL

FREE INDIA (EK TAREEKH EK GHANTA)



Student Council of SRIHER and NCC actively participated in the Swachhata Hi Seva campaign on 1st October 2023 on account of Gandhi Jayanthi at Kumananchavadi, Chennai. The goal of this campaign was to spread awareness on creation of a garbage free India. Under the guidance of Dr. Srikanth and Dr. Anitha Rani, the students dedicated a noble hour to cleaning and showcasing their patriotism towards the nation. The campaign was a huge success with the active participation of students.

#SDG 6 - Clean water and sanitation



MSAI EVENT - M.O.R.P.H.I.N.E

STUDENT
COUNCIL

MSAI event -M.O.R.P.H.I.N.E on 18th October 2023, aimed to raise awareness among undergraduate medical students about Onco-Palliative care for terminally sick cancer patients. The general secretary of the student council Ms. Vaatsalya B from (MSAI SCOME) gave an introduction to palliative care, its circumstances, and its necessity in India. The session focused on the differences between palliative care and hospice care, emphasizing the importance of identifying symptoms and providing comfort to patients. Pain was discussed systematically, and participants actively participated in listing them.

The session was successfully completed with the help of student council member Mr. N S Thillai and a volunteer. The event was highly informative, with participants gaining a deeper understanding of the topic.

#SDG 17 - Partnership in Goals



INTER-MEDICAL AND DENTAL SPORTS TOURNAMENT

Altius, the highly anticipated Inter-College Medical Sports Tournament of 2023, made a triumphant return after nine years from August 1st to 4th, bringing together 34 colleges from Chennai, Vellore, Pondicherry, Madurai and many neighboring districts. This grand event, chaired by M S Arjun Maharaj, the Sports Secretary of SRIHER, was an exhilarating showcase of athletic prowess.

Altius '23 not only promoted friendly competition but also provided an opportunity for teams from outside colleges to experience the exceptional sports facilities that Ramachandra has to offer. Each college brought their unique flair and determination to the field, creating an electrifying atmosphere throughout the competition.

#SDG 3 - Good health and well-being



INDEPENDENCE DAY

STUDENT
COUNCIL
VOLUNTEERING

The 77th Independence Day celebrations took place at SRIHER's Cricket Turf Ground. Hosted by Ms. Nisha from HR team, the event saw respected Vice Chancellor Dr. Uma Sekar, hoisting the national flag, followed by the anthem.

Dr. Uma Sekar addressed the gathering, highlighting the nation's liberation from colonial rule, honoring freedom fighters, and unity in diversity. Nishanth. S (3rd-year MBBS) and Dr. Sri Hari's team delivered patriotic music performances. Tiny tots from SRIHER family showcased unity in diversity through dance, and Mr. Yuvadharmik Tamilanbu from SRIHER family concluded with a singing performance. The student council actively participated in the event.

#SDG 16 - Peace, justice and strong institutions



HIGHER MEDICAL EDUCATION OPPORTUNITIES IN THE UNITED KINGDOM

STUDENT COUNCIL VOLUNTEERING

The "Higher Medical Education Opportunities in the United Kingdom" event held on August 26th, 2023, at Sri Ramachandra Medical College, was a successful initiative by the Indian Medical Association. Attended by approximately 170 participants, including 50 from SRIHER, the event aimed to illuminate the PLAB/CESR pathways and UK medical training requirements.

Featuring expert sessions on PLAB 1 and 2, CV and portfolio preparation, and CESR routes, the event provided valuable insights. Thiru Maa. Subramanian, Honourable Health Minister of Tamil Nadu, graced the Valedictory Function, concluding the day on a high note. Attendees gained a clearer understanding of UK medical education prospects through networking and comprehensive sessions.

#SDG 4 - Quality education

#SDG 9 - Industry, innovation and infrastructure



VRRDY CAMP IN THE VILLAGE

STUDENT COUNCIL VOLUNTEERING

On August 13, 2023, the VRRDY Team, in collaboration with SRIHER MBBS Alumni and Seyyoor Village Administrators, organized a Free Multispeciality Medical Health Camp at the Govt. Middle School in Seyyoor Village, Ranipet. The event, sponsored by Late Dr. Vigneshwaran Annamalai & Sun Minerals, aimed to provide high- quality medical care to underprivileged villagers and raise awareness about neglected systemic diseases.

Mr. R. Gandhi, Minister of Textiles and Handlooms, Tamil Nadu, graced the occasion as Chief Guest. Around 200-250 patients received free medical services from nine different departments, supported by 16 MBBS student volunteers. The event concluded with gratitude from the organizers and a group photo.

#SDG 3 - Good health and well being

#SDG 6 - Good water and sanitation



ALL INDIA RADIO COMPETITIONS

The G20 conference and cultural celebrations event took place at the Ethiraj College Auditorium on 25th August 2023. It is organized by Prasar Bharathi & Ethiraj College. Students from SRIHER participated in various competitions. This event was conducted to create awareness about goals and objectives of G20 Conference to youths.

Our student Ms. Kashifa Mariyam Hussain (MBBS Intern) secured a special prize in an oratorical competition. She received the award from the hands of Dr. Thamizhisai Soundarajan (Hon'ble Governor-Puducherry) in the valedictory session held on 3rd September 2023. The performances by our SRIHER students were appreciated by judges and the audience alike.

#SDG 17 - Partnership for goals



INAUGURATION

STUDENT
COUNCIL
VOLUNTEERING

MBBS AND BDS BATCH 2023-24

The student council members joined the faculty in welcoming the MBBS & BDS students of Batch 2023-24 who embarked on a new chapter of their lives on the 29th, August, 2023. The inauguration ceremony of batch of 2023-2024 took place at the Main Auditorium of the University, hosted by Ms. B. Vaatsalya, the General Secretary of Student Council 2023-24, and Ms. Maanasa M, the Treasurer of Student Council 2023-24. Dr. Priscilla Johnson, Associate Dean of the Medical College, extended a warm welcome to the audience. Dr. Uma Sekar, Vice Chancellor of the University addressed the students and families virtually.

Dr. K. Balaji Singh, Dean of the Medical College, provided an overview of SRIHER's journey and emphasized key rules and regulations applicable on campus. Thiru V. R. Venkatachalam, Chancellor of the University, also shared his insights with the gathering. Ms. Charis Vasanthini V, President of the Student Council 2023-24, shed light on campus life at SRIHER. Dr. Tamizhchelvan, Dean of Sri Ramachandra Faculty of Dentistry proposed the vote of thanks.



#SDG 4 - Quality Education



RENAISSANCE 2023

STUDENT
COUNCIL
VOLUNTEERING

INAUGURATION OF SPORTS

The RENAISSANCE 2023 Sports Events Inauguration, held on 1st September 2023 at SRIHER, marked the beginning of the cultural extravaganza. Thiru K. Shankar IPS, the Commissioner of Police Avadi, graced the occasion as chief guest and shared his inspiring words.

The event featured a national flag hoisting, a March past by various departments, and a prize distribution ceremony for the same. The event concluded with a vote of thanks. The event signified the beginning of a vibrant 6-day RENAISSANCE cultural celebration at SRIHER, fostering a sense of unity and sportsmanship among the 1000 participants, including students and faculty members.

#SDG 3 - Good health and well being



FOUNDERS' DAY & UNIVERSITY DAY

STUDENT
COUNCIL
VOLUNTEERING

Founder's Day and University Day celebrations were held on 20th September 2023 at the University auditorium. The student council proudly volunteered for the event helping with seating arrangements and guiding the students and staff at the venue. The event marked the distribution of gold medals, awards, recognition for students, teachers, and staff, and the launch of new projects. Dr. K. Balaji Singh, Dean - Sri Ramachandra Medical College, paid rich tributes to our Founder Chancellor Sri NPV Ramasamy Udayar.

Ms. Charis Vasanthini, President, Student Council felicitated our honorable Chancellor with a bouquet. Our honorable Chancellor, Shri. V. R. Venkatachalam, and Pro Chancellor, Shri. R.V. Sengutuvan distributed the medals and awards to students, teachers, nurses, research scholars, sportspersons, NSS and NCC volunteers, alumni and staff who completed long years of service. In addition, life-time achievement awards, mentoring excellence awards, and outstanding service awards were also given.



RENAISSANCE 2023 CULTURALS

STUDENT
COUNCIL
VOLUNTEERING

RENAISSANCE 2023 Cultural Events, spanning from October 1st- 6th, 2023, orchestrated by the organizing Committee from MBBS Batch of 2020-2021 of SRIHER, was a remarkable celebration of the rich tapestry of culture and arts. The week-long event took place at the university auditoriums featured both minor and major festivities and was graced by a notable chief guest, Thiru K. Shankar IPS, Commissioner of Police Avadi. A star-studded line-up of celebrities, including K.S. Ravikumar, Arjun Das, Aishwarya Rajesh, Kalidas Jayaram, and Rithika Singh, added glamour to the events. It provided a platform for over 8000 students to showcase their talents and built a stronger sense of community within SRIHER.

The Renaissance'23 proved to be a memorable week, uniting diverse talents and promoting cultural appreciation. The student council 2023 actively participated during the event and contributed to maintaining the decorum during the program as well as anchoring several events.

#SDG 16 - Peace, justice and strong institutions

#SDG 17 - Partnerships for the goal



36th CONVOCAATION

STUDENT
COUNCIL
VOLUNTEERING

The 36th SRIHER Convocation was held on October 26, 2023. The event began around 11.30 a.m. and started with a grand procession of dignitaries headed by our beloved Registrar, Prof. Roopa Nagarajan. The event was honored by the presence of Dr. Atul Goel, General of Health Services, Union Ministry of Health and Family Welfare, and Dr. R. Velraj, Vice Chancellor, Anna University Chennai.

The student council members showed up for the event and carried out their assigned responsibilities. In the ceremony, a total of 399 students from various disciplines received gold medals and graduation certificates. It included 18 PhDs, 2 higher specialties, 176 PG medicals, and 119 B.Tech. engineering students. It was a proud moment as 83 students received 91 gold medals, with Dr. S. N. Bala Lakshmi leading with five in MBBS. Honourable Chancellor Shri V.R. Venkatachalam conferred the degrees to 2044 scholars across diverse disciplines and celebrated excellence in higher education.



#SDG4 - Quality education

GRADUATION DAY 2023

STUDENT COUNCIL VOLUNTEERING

The SRIHER GRADUATION DAY 2023 was a two-day event held on October 31 and November 1, 2023, to celebrate the academic achievements of students across various disciplines. Student council members attended the graduation day ceremonies and participated actively in welcoming and assisting students and their family members with seating arrangements. The alumni association of SRIHER took photos of the events, and copies of the portraits were given to the graduates.

Each session of the event honored graduates from different faculties, including medical, dental, pharmacy, nursing, public health, sports & exercise sciences, clinical research, audiology and speech language pathology, physiotherapy, engineering and technology, management sciences, biomedical sciences, and allied health sciences. Distinguished guests from various institutions and organizations were present to cheer the graduates.



#SDG4 - Quality education



STEP IT UP

DANCE CLUB

The Dance club of SRIHER and Council members of 2022-2023 organized 'STEP IT UP', an Inter-department dance competition on 28th July 2023 in the cricket turf. There were 11 departments featuring 11 teams. Each team performed for 4 mins to music of their own choice. Around 150 students participated and more than 100 students enjoyed the show in the audience. The panel of judges included Dr. Srikanth, Dr. Navaneeth krishnan and Dr. Srilekha. Based on the score awarded, three teams were announced as winners.

1st place: OT IGNITORS (OCCUPATIONAL THERAPY)

2nd place: VANDALS (ENGINEERING)

3rd place: ASTROS (AHS)

#SDG 3 - Good health and well being



GARBA EVENING



The Dance club of SRIHER organized 'Garba Evening' in celebration of Navratri on 20th October 2023, at the basketball court. The event, which lasted for 1 hour and 30 minutes, featuring fun Hindi and Tamil songs, was a grand success with 200 participants. The organizing team included board members of Dance club and Student Council representatives.



A team from the Department of Physiotherapy presented a dance routine showcasing their talents. The event ended with an open floor for people to form circles and dance to Garba beats. Overall, 'Garba Evening' was well-received by participants.

#SDG 3 - Good health and well being

NONSENSE DEBATE

DEBATE CLUB

The Event took place at Demo Hall 4, 1st Floor, Medical College Building, on 25th July 2023. It commenced with the briefing of the rules of the Nonsense Debate. Participants were randomly assigned topics such as 'living forever', 'Barbie dolls as Role models for Young Children' and 'why men can Date younger Women, but Women can't Date younger men'. Each speaker had 1 minute to prepare and 90 seconds to present their arguments.

The audience were encouraged to provide feedback and rebuttals. Eccentric topics for more 'Nonsense Debates' were brainstormed. The event ended after 60 minutes, with board members of the club as the final speakers. Attendees gave positive feedback and expressed interest in future debate club events.



#SDG 5 - Gender equality

#SDG 10 - Reduced inequality

CONVENTIONAL DEBATE

The event took place at Path Demo Hall 4, 1st Floor, Medical college building, on 15th September 2023. The event commenced with the briefing of the rules of the conventional debate. Participants debated on the topic: "Physical Health or Mental Health: Which Should Be Given Priority?" The proposition and opposition were seated accordingly.

Each speaker had 5 minutes to present their arguments. The opposition(Mental Health) won the debate. The event ended after 60 minutes, with inputs from the board members. Attendees gave positive feedback and expressed interest in future debate club events.

#SDG 3 - Good health and well being



DEBATE DELIBERATE DESTROY

DEBATE CLUB

The event took place at Physiology Department Demo Room - 5, on 26th September 2023. The event began with an inaugural debate led by newly-appointed board members. After introductions, the first topic, "Electric cars as the future of clean energy," featured proponents praising electric vehicles for reducing carbon footprints, while opponents cited concerns about charging infrastructure and celebrity hypocrisy.

The subsequent topic, "Ethnic migration's role in national growth," saw supporters highlighting cultural enrichment and critics focusing on limited opportunities. This debate illuminated the complexities of migration, spanning identity, economics, and societal impact. In summary, both debates showcased diverse viewpoints and marked a promising start for the new board.

#SDG 12 - Responsible consumption and production



SUNDAY SIZZLE

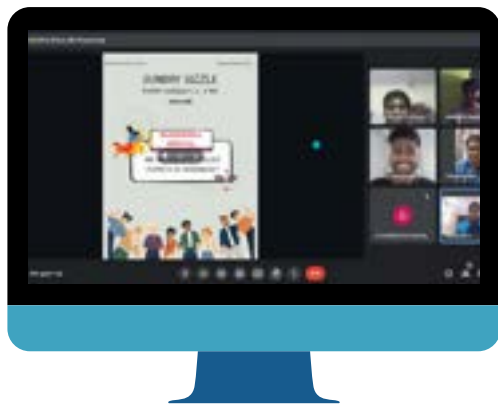
The Sunday Sizzle event aims to cultivate an appetite for debates among the students by having casual weekly debates every Sunday. Participants join the debate by filling a google form link shared in the Debate Club group. The debate is kept intentionally casual to encourage members to participate. Speakers get 2 minutes to speak and 1.5 minutes for rebuttals, though the time limits are flexible.

The first event took place on 22nd October 2023. A few topics taken up for the debate included:

- Racing to the future vs. Rewriting the Past!
- Are woman in mythology puppets of patriarchy?
- Are ghosts real, or just products of our imagination?

The debates went smoothly with excellent points from all participants. The event was organized by the Debate Club headed by Anoop Ranganathan, a 3rd year MBBS student.

#SDG 4 - Quality education



ELC VOICES 5

ENGLISH LITERARY CLUB

The English Literary Club (ELC) organized "VOICES 5" along with the SRIHER NSS team on 18th July 2023 at Parivakkam Government Middle School. With a vision to improve the basic English skills of government school students. The event involved 18 ELC volunteers and around 140 students from the school. Volunteers were divided into groups for classes 6th, 7th, and 8th, teaching them as per the prepared lesson plan.

The students actively participated, and worksheets were distributed and later corrected by volunteers. Students with the highest scores received appreciation gifts. The outcome of the event was positive, expressing understanding and enjoyment from the students. ELC VOICES 5 was a grand success and hopes for future iterations of the program.



#SDG 4 - Quality education

IF I WERE YOU

During UN Sustainable Development Goals week, the English Literary Club of SRIHER organized an online poetry competition from 18th September to 22nd September in online mode to promote awareness of Gender Equality (SDG 5). The event, titled "If I Were You," challenged participants to empathize with the opposite gender's perspective and write about the challenges they face.

The competition was announced on September 18, 2023, and submissions were accepted until September 22nd. Participants submitted their poems through a Google form in Word Document format. All entries were thoroughly reviewed and evaluated, with the competition results being unveiled on September 26th.

Winners:

1st Place - Swetha Srinivasan (MBBS, 1st Year)

2nd Place - Timothy Tony Sebastine (B.Sc Cardiac Technology, 1st Year)

3rd Place – Mohamed Arsath (B. Pharmacy, 4th Year)

Honorable mention - Sai Renuka C [B.Sc. (Hons.) Biomedical Sciences, 3rd Year]

#SDG 5 - Gender equality



BEE THE BEST

ENGLISH LITERARY CLUB

"BEE THE BEST," organized by the English Literary Club at SRIHER on September 27th and 28th, 2023, gathered 35 participants from various courses. Held at the Pathology Demo Hall for a duration of 2 hours, the spelling bee competition featured two rounds. In the first, participants tackled 5 words each, scoring based on correctness.

The top 2 contestants faced off for the first and second prizes in the second round, while the third and fourth placed participants competed for the third prize. Winners were awarded prizes, providing a platform for SRIHER spelling bee enthusiasts to showcase their skills and fostering a spirit of linguistic excellence.

#SDG 4 - Quality Education



SPIN A YARN

"Spin-A-Yarn" was a Halloween special story writing contest organized by the English Literary Club on 29th October at SRIHER. Instead of standalone stories, participants created a chain of spine-chilling narratives by continuing the previous entry. They could choose from two prompts and use a list of 30 horror and Halloween-related phrases to enhance their stories. The event ran for four days via WhatsApp groups, from October 29 to November 2, 2023.

The English Literary Club aimed to foster creativity and embrace the Halloween spirit. The event's success marked the inaugural edition and was a collaboration between the club and the Student Council, showcasing the talents of SRIHER students in storytelling.

#SDG 4 - Quality Education



BOOK DONATION DRIVE

GREEN
FRIENDS
ORGANIZATION

The Book Donation Drive, a collaboration between the Green Friends Organization, SRIHER, and the Student Council, ran from 28th August 2023 to 24th September 2023. Ten carton boxes were placed around the SRIHER campus, including the medical college block and other department blocks, to collect books.

The goal was to collect books for underprivileged children aged 4 to 14. Over four weeks, 350 books were gathered, including fiction, nonfiction, and school textbooks. These books will be donated to children in government schools and Vidhya Sudha in SRIHER.

#SDG 10 - Reduced inequalities

BLOOD DONATION DRIVE

The blood donation drive was held on 14th September 2023 from 9:00 am to 2:30 pm at Side Auditorium 1, it was a collaborative effort by the Green Friends Organization (GFO) student club and the Department of Transfusion Medicine at SRIHER. It aimed to support United Nations Sustainable Development Goal 3 for good health and well-being. With 10 dedicated student volunteers, 47 eligible donors contributed, but more than 80 individuals from SRIHER joined the cause.

Dr. Anandan (Dean of Students) showed his support. The well-organized event had various teams, ensuring a smooth process, and all donors received certificates of appreciation. This drive highlighted the importance of collective efforts in achieving global health goals.

#SDG 3 - Good health and well being



THE HINDU COVERAGE

MED HOPE CLUB

The MedHope club at SRIHER was recognized by The Hindu for its commitment to bringing smiles to children in the Pediatric Oncology Ward at Sri Ramachandra Hospital on 3rd September 2023. The event celebrated the club's continuous efforts since 2011, with a special mention of a student who dressed up as Spiderman, becoming a favorite among the children.

Dr. Julius Scott, a mentor to the club members, was praised for his significant contribution. While specific details were not provided, this recognition marked a pivotal moment for the small but impactful club, inspiring them to aim for greater achievements. The event showcased compassionate service and the power of a dedicated team, emphasizing that making a difference in others' lives is a noble pursuit.

#SDG 3 - Good health and well being



ROSE DAY CELEBRATION



The Rose Day Celebration, led by Ms. Janice of the Tiara Foundation, unfolded in the Pediatric Haemato Oncology Ward on 3rd September 2023. Cancer warriors and parents kicked off the event with introductions and a lively word-guessing game. Participants expressed emotions through drawings, providing a cathartic release. Ms. Janice incorporated calming breathing exercises, fostering a soothing atmosphere.

The heart of the celebration centered on the poignant story of Rose Day. Cancer warriors, guided by volunteers, crafted "Magic Paper Roses," forging connections. In the unique setting, this event served as a therapeutic outlet, bringing joy and creativity to pediatric oncology, uplifting spirits in a heartwarming experience.

#SDG 3 - Good health and well being



COMORBIDITY QUIZ

MEDICAL QUIZ CLUB

The Medical Quiz Club, in collaboration with the student council, organized an event on 21st September 2023 in the Lecture Hall 6 focusing on the Sustainable Development Goal "Good Health and Well Being." The event featured a quiz on comorbidities for dedicated MBBS students in the academic year 2023-24, hosted online for convenience, with a 20-minute time limit for 20 questions.

The goal was to raise awareness about prevalent illnesses and the importance of good health. After the quiz, Dr. Manikandan, Assistant Dean Students, shared insights on "Good Health and Well Being." Experienced peers from MBBS cohorts enriched the discussions. This event promoted knowledge and our commitment to advancing good health and well-being.

#SDG 3 - Good health and well being



CLUB BOARD MEETING

The Med Quiz Club's dynamic meet and greet on October 18, 2023, at the MEU Conference Hall, brought together newly recruited board members. The focus was on exploring the one-year plan and aligning with the club's vision. Board members introduced themselves, fostering productive conversations.

Student council in charge, Bavisetty Sritanaya and Karun, clarified roles, shared their vision, and ignited lively discussions, enriching the club's direction. The meeting concluded by addressing concerns and assigning tasks for the week ahead, showcasing proactive commitment to revitalizing the club for a promising future.

#SDG 17 - Partnerships for the goal

PHOTOGRAPHY CONTEST ON SDG

PHOTOGRAPHY CLUB

The SRIHER Photography Club organized an online competition on UN's Global Goals week to promote awareness of the Sustainable Development Goals through a contest from 21st - 24th October 2023 in the online mode. Participants were tasked with selecting three goals from the 17 existing SDGs and finding suitable images to represent each chosen topic. These images were submitted through a circulated Google form. winners of the contest are :

1st Place - Aarya Venkat (MBBS, 1st year)

2nd Place - H.B.Sunandhini (B.Sc (Hons) Cardiac Technology, 3rd year)

3rd Place - Vygneshwar Vishwanathan (BDS, 2nd year)

#SDG - All 17



PHOTO WALK

Photography enthusiasts of SRIHER gathered at Chennai's iconic Kapaleeshwarar Temple for a captivating photo walk, organized by the photography club on September 3, 2023. The event commenced at 7:30 a.m. as participants assembled in front of the resplendent temple, armed with cameras and eagerness to explore.

The club members provided crucial guidance on composition and etiquette, setting the tone for the day. They embarked on a photographic journey, capturing the vibrant streets of Mylapore, from Kollam patterns to bustling markets. The narrow lanes revealed the heart of Mylapore, with attendees documenting jasmine garland vendors, artisans, and daily life moments.

#SDG15 LIFE ON LAND



INNOVATION AND ENTREPRENEURSHIP OPPORTUNITIES IN UN

STUDENT
RESEARCH &
INNOVATION
CLUB

The Student Research & Innovation Club hosted an enlightening session on "Innovation and Entrepreneurship Opportunities in UN Sustainable Development Goals" on 16th September 2023. The event, held at Central Library Auditorium, was enriched by Dr. Anand Thirunavukarasou, the keynote speaker, who covered all 17 UN SDGs and emphasized their global significance and alignment with India's G20 theme, "One Earth, One Family, and One Future."

Focusing on issues like poverty, food, health, education, women's empowerment, employment, and climate change, he also highlighted achievements by companies such as Tesla, Pfizer, and SpaceX, along with Indian unicorns like Urban Company, Nykaa, PhonePe, iD, Tender Cuts, and BigBasket.



He addressed challenges like limited material recycling and emphasized how businesses contribute to the SDGs. Strategies for enhancing agriculture, healthcare, urban development, energy, and materials, referencing the National Innovation and Startup Policy of 2019 were discussed and the event concluded with an informative Q&A session.

#SDG - All 17

ESSAY WRITING & SLOGAN WRITING COMPETITION

TAMIL
LITERARY
CLUB

Agal Tamil Literary Club in association with the student council conducted the Essay & Slogan competition on 23rd September 2023 for the Sustainable Development Goal on the topics: Essay Writing - Balanced participation in decision making and Slogan writing competition - Women Empowerment in online mode. Entries were accepted both in Tamil and English. It was conducted online through Whatsapp group of Tamil Club SRIHER-2022 in the presence of Dr. H. Thamizhchelvan, Dean-SRDC, Dr. J. Srikanth, Assistant Dean-Students as guests.

Winners were selected based on their content, creativity & knowledge. It was conducted by Sangeetha S – President of Agal Tamil Literary club, Deva Harish – Vice President of Tamil Literary club and the entries was selected by Shakthivarsha – President, Agal Tamil literary club, Siddarth – Vice President, Agal Tamil literary club and Sakthivelan- Student council member.. Four winners were selected.

#SDG 5 - Gender Equality

ESSAY COMPETITION WINNERS

FIRST PLACE

Vasikaran BN (BSc (hons) Allied Health Sciences

SECOND PLACE

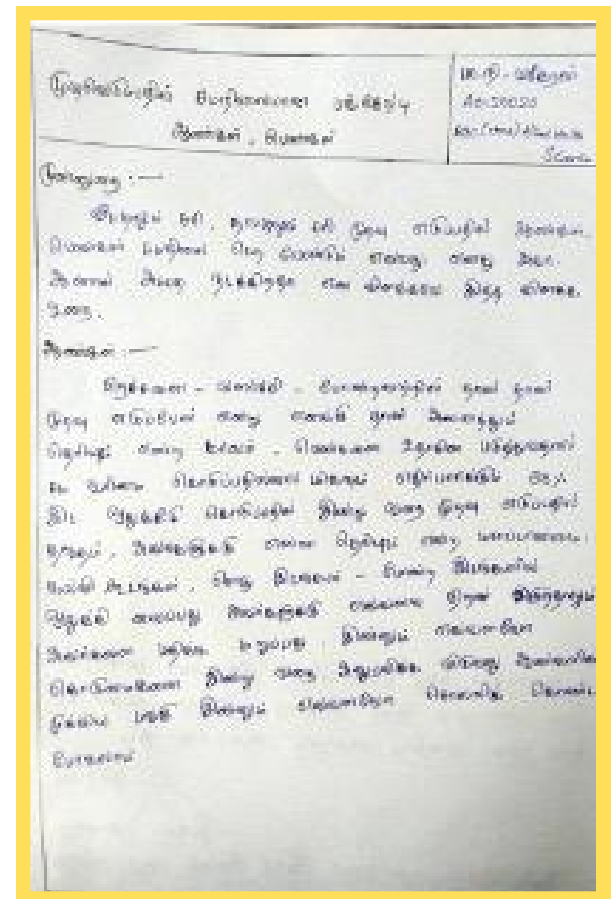
I.Arokiya Arun (B.Pharm)

THIRD PLACE

Manasvini Manikandan (BSc Applied psychology)

SLOGAN COMPETITION WINNER

Swetha S (MBBS)



POEM WRITING COMPETITION

TAMIL LITERARY CLUB

Agal Tamil Literary Club of SRIHER in collaboration with the Student Council organized a poetry competition on 5th September 2023 to celebrate Teacher's Day in online mode. The competition took place in both Tamil and English and was conducted through the WhatsApp group named "Tamil Club SRIHER – 2022."

The event was graced by the presence of esteemed guests, including Dr. H. Thamizhchelvan, Dean of SRDC, and Dr. J. Srikanth, Assistant Dean-Students, who served as the chief guests. Three outstanding poems were selected for prizes, acknowledging the profound impact of teachers on our journey of learning and growth.

#SDG 3 - Good health and well being

M122064
MBBS 1st year (2022-23)

அர்ப்பணிக்கும் பணி,
ஆனந்தமாய் நாம் வாழ்த்தி...
இனிமையாய் இளமையாய் இருந்தி...
என்ற தாய்போல் நம்மை கவனித்தி...
உகந்த பணி, உன்னதமான பணி,
ஊர்புகழ் உலகம் மெச்சி...
எடுத்த காரியத்தை, இலட்சியத்தை
என்றமுடன் திகழ்த்தி, எளிமைய் இருந்து,
ஐயம் சிறிதும் இன்றி, பிறர் ஐயங்களை களைத்தி...
ஒளியமரான எதிர்காலத்தை மாணவர்களுக்கு தந்தி...
ஒடாய் தேய்த்து உழைத்திடும் பணி,
ஒளந்தமாய் இருப்பார் மாணவர்களின் ஐயம் என்னும் பீனிக்த
இப்படிப்பட்ட அருங்குணங்கள் கொண்டு...

FIRST PLACE:

மென் மொழித் தொழில்நுட்பம்...
வெண்மொழித் கலைகற்றம்...
கொள்கைகள் மட்டும்தான் தேடி, பதில் பற்றிய கவனமில்லா...
இதயம் விந்து இயக்கிரமாய்...
கருமை, இரக்கம் கண்ணிர் தொழைத்து...
எது நடந்தாலும்... ஏன் என்று கேளாமல்...
செறிவு, உயர்வு, செயற்கை விளைதாய்...
எனெய் கெடுதல்களால்...
எனெய்மும் தோல்வி தழைமால்...
இருமைகூடக் கண்ணிர் போனல், மகிழ்ச்சி அடங்கிய...

Creative Trifecta brought together the Theatre, Music, Dance, and Photography Clubs for a dazzling showcase of talent on 31st July 2023, at lecture hall-2, Medical College Building. The board members of the club Hevanthika and Sri Raksha hosted the event featuring solo acts, mime shows, beatboxing, duets, and departmental dances, highlighting the diverse artistic abilities of SRIHER students.

The collaborative efforts of various clubs created a harmonious atmosphere, fostering a sense of unity and camaraderie among the participants and attendees. The performances, including a drama by Theatre Club members, were met with enthusiasm. Sri Raksha Siva's heartfelt vote of thanks concluded the event, marking it as a memorable celebration of creativity and unity within the campus.

#SDG 4 - Quality education



INDEPENDENCE DAY PHOTOGRAPHY & REELS CONTEST

A Photography/Reels Contest was organized by the Theatre Club of SRIHER in celebration of India's 77th Independence Day, from 14th to 18th August 2023. It aimed to inspire members' creativity and patriotism through submissions featuring tiranga-themed outfits. The online event, orchestrated by Theatre Club board members, garnered enthusiastic participation, showcasing diverse perspectives on the theme.

All submissions were featured on the Theatre Club's Instagram, fostering unity among participants. This competition successfully promoted artistic expression and patriotism while bringing club members closer together. It provided a platform for celebrating love for the nation and displaying unique artistic talents.



#SDG 11 - Sustainable cities and communities

#SDG 17 - Partnership for goals

#SDG 10 - Reduced inequalities

SCRIPT WRITING COMPETITION

THEATRE CLUB

The Theatre Club successfully organized an online Script Writing Competition from 20th to 25th September, 2023, embracing the theme of Sustainable Development Goal 4 (SDG-4) - Quality Education. Students were invited to create scripts highlighting accessible, equitable, and inclusive education.

Amudha Yahini, a first-year B.Pharm student, emerged as the deserving winner, showcasing exceptional narrative skills, character development, and a profound understanding of quality education. Beyond its competitive aspect, the event served as a platform for students to engage with global issues and contribute unique perspectives through scriptwriting.

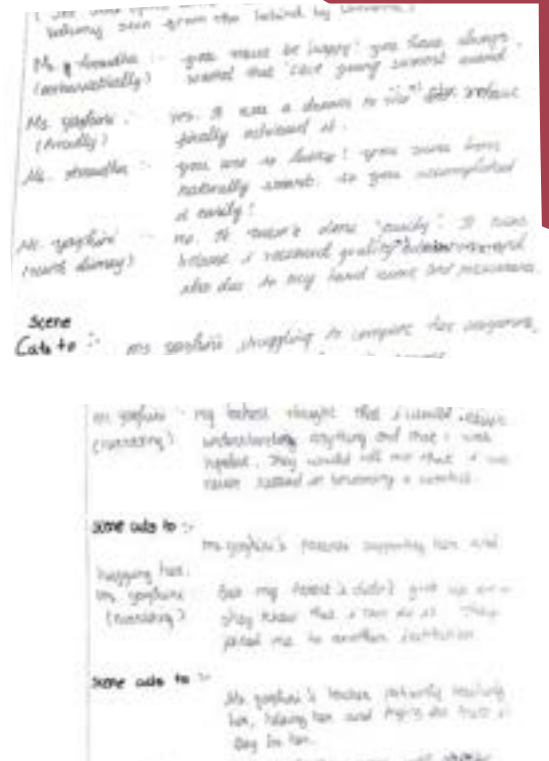
#SDG 4 - Quality education

LIGHTS, DRAMA, EDUCATION!

The Theatre Club in collaboration with the Music Club and Medhope, hosted "Lights, Drama, Education!" on 25th September, 2023, at the Pediatric Hemato Oncology Ward, G Block, SRMC & RI. Aligned with Sustainable Development Goal 4 of Quality Education. The event aimed to uplift young patients through captivating cosplay performances, an educational drama highlighting the transformative power of education, and a joyful musical presentation.

The initiative underscored the commitment of Theatre Club and SRIHER to community impact, successfully raising awareness for SDG-4 and emphasizing the crucial role of quality education and the arts in advancing social goals.

#SDG 4 - Quality education



YOGA SCHOOL OUTREACH PROGRAM 2023-2024 -1

YOGA
CLUB

An outreach program was conducted by the yoga club on 18th July 2023 at Poonamallee, Chennai. The yoga club members and SRIHER NSS volunteers headed to Banaveduthottam, a village in Poonamallee taluk to teach yoga for the government school students (7th std and 8th std). This program was initiated to make the students aware of yoga practice and to spread the knowledge about healthy lifestyle.

The program commenced with an introduction and few games were conducted. The session began with students performing few stretches and then moving to Surya Namaskar and Asanas (Tadasana, Sethubandasan, Dhanurasana, Baddhakonasana, Vrikshasana, Ardha Chakrasana, Savasana). The session ended by performing the Yoga Nidra. The yoga club volunteers oriented the students on the importance of mental and physical health.



#SDG 3 - Good health and well being.

YOGA SCHOOL OUTREACH PROGRAM 2023-2024 - 2

The Yoga Club and NSS volunteers visited Banaveduthottam, a village in Poonamallee taluk, on 5th September 2023 to teach yoga to government school students (7th and 8th graders). This collaborative effort aimed to raise awareness about yoga and healthy lifestyles. The day began with introductions and engaging games to capture the students' attention.

Students participated in stretches, Surya Namaskar, and various asanas. For girls, the session included yoga basics, loosening exercises, specific asanas, and nutritional health facts. The program successfully introduced the students to yoga and healthy living.

#SDG 3 - Good health and well being

