



**SRI RAMACHANDRA**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Category - I Deemed to be University) Porur, Chennai



# *Connexions*

STUDENT COUNCIL & STUDENT CLUB ACTIVITIES  
NOVEMBER 2023 - FEBRUARY 2024





# TABLE OF CONTENTS



Click on the  
hyperlink to see  
the activities

1. Message from Dean-Students
2. Editorial Team's Note
3. Student Council Activities
4. Student Council - Volunteering
5. Student Club Activities

- Dance Club
  - Debate Club
  - English Literary Club
  - Fitness Club
  - Green Friends Organization
  - MedHope Club
  - Medical Quiz Club
  - Music Club
  - Rotaract Club
  - Tamil Literary Club
  - Theatre Club
  - Yoga Club
- 

# MESSAGE FROM DEAN OF STUDENTS



**SRI RAMACHANDRA**

**INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

(Deemed to be University)

**Dr. S. ANANDAN**, M.D., (Derm), D.D., FAAD, FIMSA, FRCP(G)  
DEAN OF STUDENTS

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Date: 15.03.2024

Dear Readers,

It fills me with great joy to introduce the second edition of our newsletter, highlighting the multitude of activities organized by both the Student Council and Student Clubs in our campus, spanning from November 2023 to February 2024.

The Student Council and the clubs have demonstrated exceptional enthusiasm and dedication in arranging a diverse range of captivating and innovative events right here in our campus. These activities have served as a cohesive force, uniting students from various academic programs and providing them with opportunities to explore and nurture their unique interests and passions.

I wish to express our deepest gratitude to our esteemed Chancellor and Pro-Chancellor for their unwavering support and encouragement towards all the events organized by the student council. On behalf of the student body and personally, I extend our sincere appreciation to them.

Furthermore, I extend my heartfelt congratulations to the student council of 2023-24 for presenting the second edition of this newsletter. My sincerest wishes and encouragement go out to all the students as they continue to engage in enriching experiences on our campus.

Warm regards,

**Dr. S. Anandan**  
Dean of Students

DEAN - STUDENTS  
SRI RAMACHANDRA  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Deemed to be University)  
Porur, Chennai - 600 116.

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Formerly known as Sri Ramachandra Medical College and Research Institute (Deemed University)

Accredited by NAAC with 'A\*\*\*' Grade (CGPA 3.53)

Graded as 'Category-I University' by the UGC

# NOTE FROM THE EDITORIAL TEAM

Dear SRIHER Community,

We're thrilled to roll out the second edition of "SRIHER CONNEXIONS," shedding light on the diverse happenings and achievements within our campus family. As the editorial team, we're excited to share tales of resilience, creativity, and togetherness that colored our days from November 2023 to February 2024.

This newsletter isn't just a rundown, it's a celebration of our shared journey, weaving together the unique stories that make us who we are. The various club activities serve as meeting grounds, bringing students from all walks of life to showcase their talents and share moments of joy. It's these connections that truly define SRIHER—a place where collaboration and inspiration thrive.

A heartfelt thank you to Dr. S. Anandan, Dean of Students, Dr. Leena Dennis Joseph, our Associate Dean-Students, and all our Assistant Deans-Students. Your guidance and support have been invaluable in shaping our efforts. This newsletter is a testament to the collaborative spirit that defines students of SRIHER, and we owe much of our progress to your mentorship.

We invite all students, faculty, and staff to reach out to our student council members and explore the vibrant club scene on campus. Here's to our students pushing boundaries, our clubs sparking creativity, and our faculty offering unwavering support.

Happy reading!

Warm Regards,  
Editorial Team,  
"SRIHER CONNEXIONS"

## EDITORIAL TEAM

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### **LIBRARY SECRETARIES - STUDENT COUNCIL 2023-24**

**N S Thillai Arunachalam**

**Aathmika A**

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**Catherine Shiny E**

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**Sri Krishna Bellam**

**Karthikeyan G D**

**Sakthivelayudham G**

### **FACULTY COORDINATORS**

**Dr Leena Dennis Joseph (Associate Dean of Students)**

**Dr Lakshmi Venkatesh (Assistant Dean of Students)**

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# GRAND DIWALI CELEBRATIONS



Our esteemed Chancellor, along with Dr. Priyadharshee Pradhan (Chief Warden), orchestrated a grand Diwali celebration party for both hostellers and staff on November 11, 2023 (Saturday), from 4 to 8 p.m. The theme, 'Home Away From Home,' infused warmth and festivity into the atmosphere. The event unfolded across two venues: the Side Auditorium hosted cultural performances, while the Football Court dazzled with an electrifying 1-hour cracker show, adhering to all safety protocols. The Student Council members adeptly coordinated the proceedings.

Cultural performances featured the talents of the Student Council 2023–24, the SRIHER Dance Club, spontaneous acts from the audience, and spirited rounds of tug-of-war. At 8 p.m., a sumptuous dinner awaited, boasting a thoughtfully curated festive menu with vegetarian and non-vegetarian delicacies.

Attended by 1000 hostellers and staff, adorned in traditional attire, the event fostered joy and fulfillment, marking a memorable Diwali celebration at SRIHER.

**#SDG 3 - Good health and well-being**

**#SDG 16 - Peace, justice & strong  
institutions**

**#SDG 17 - Partnership for goals**

# PONGAL CELEBRATION

The Pongal Celebration and fundraiser event on 10th January 2024 witnessed the enthusiastic participation of approximately 5,000 students. Various student clubs organized entertaining game stalls, featuring childhood favorites like Hop Scotch and Musical Chairs, evoking nostalgia and joy. The Grand Dance-Off added to the liveliness, enabling students to share dance moves and engage in a unique, energetic experience. The Theatre Club's Cosplay Runway showcased creativity, providing a platform for students to unleash their imagination. The mesmerizing dance performance by the Student Council captivated the audience, showcasing the talent within the student body. Additionally, students had the opportunity to set up entrepreneurship stalls, promoting small businesses and nurturing an entrepreneurial spirit. The event not only celebrated Pongal but also served as a vibrant platform for entertainment, creativity, and community engagement, uniting students in a festive atmosphere while supporting fundraising efforts.

**#SDG 3 - Good health and well-being**

**#SDG 16 - Peace, justice & strong institutions**

**#SDG 17 - Partnership for goals**





# PARAKRAM DIWAS

Parakram Diwas – National Youth Day, commemorating Netaji Subhash Chandra Bose's birthday, was observed by the Student Council on January 22nd & 23rd. The Debate, Theatre, English Literary, and Music Clubs organized the following events:



- The Debate Club presented compelling arguments, delving into historical facts and interpretations, attended by 10 students.
- The Theatre Club organized an exhibition illustrating Netaji's milestones and a speech on Netaji's life, with 30 student participants.
- The English Literary Club crafted two-line slogans reflecting Netaji's vision of liberty and patriotism, with 10 student participants. Ms. Swetha, II yr. MBBS, won the 1st prize, Ms. Priyastha Guptha, Final yr. MBBS, won the 2nd prize, and Ms. Keerthana B.Sc. AIDA (first year) bagged the 3rd prize.
- The Music Club, comprising students from various constituent colleges of the university, performed patriotic songs like Vande Mataram and Tamizha Tamizha, with 45 student participants

**#SDG 16 - Peace, justice & strong institutions**

**#SDG 17 - Partnership for goals**

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# THE COIN CONFIDENCE CLINIC

The Coin Confidence Clinic, organized by MSAI on February 13, 2024, tackled the pressing need for financial literacy among medical students. Held at the Pathology Demo Room, the hour-long session aimed to empower 40 participants with crucial financial management skills. Facilitated by Vaatsalya Balaji and N.S. Thillai Arunachalam, the event delved into topics such as tax planning, emergency funds, student loans, budgeting, and investment strategies. Through an interactive approach, which included practical exercises and discussions, students learned to discern between needs and wants, fostering responsible financial habits. The introduction of the 50/30/20 budgeting rule and hands-on activities further enriched comprehension. The session's effectiveness was evident from pre- and post-session assessments, highlighting its impact on cultivating financial awareness and arming medical students with tools for enduring financial well-being. Furthermore, the event directly contributed to Sustainable Development Goal 12, addressing responsible consumption and production.

**#SDG 1 - No poverty**

**#SDG 8 - Decent work and economic growth**

**#SDG 17 - Partnership for goals**





# REPUBLIC DAY CELEBRATION

The Republic Day 2024 celebration at SRIHER's Cricket Turf Ground was a memorable event. Ms. Nisha from the HR team hosted the ceremony, where the Vice Chancellor, Dr. Uma Sekar, hoisted the national flag, followed by the national anthem. In her address, Dr. Uma Sekar emphasized the essence of democracy, inclusivity, and the values enshrined in the Constitution. She paid tribute to the nation's founders and urged everyone to uphold the principles of equality and justice. The event also included a prize distribution ceremony for winners of various competitions, with the Chancellor presenting the awards. The active participation of the student council added vibrancy to the occasion, making it a truly inspiring celebration of the Republic Day.

**#SDG 10 - Reduced inequalities**

**#SDG 16 - Peace, justice & strong institutions**



# PHOCON PERFORMANCE

On November 25, 2023, the Tamil Nadu and Pondicherry Paediatric Haematology and Oncology Group (TPPOG), in collaboration with SRMC & RI, organized PHOCON - the 26th Annual Conference on Haematological Oncology at the LEELA Palace in Chennai. The student council leaders of the dance club played an active role in assisting both club members and organizers throughout the event's cultural sessions. Nine students from SRIHER's Dance club participated in the cultural program scheduled at 7:30 pm. The university arranged transportation for the participants. The dancers commenced with a semi-classical routine, seamlessly transitioning into a western routine. Impressively, they managed quick costume changes between the performances. The audience, comprising various healthcare professionals associated with pediatric cancer and haematological conditions, responded positively to the dancers' performances. The participation garnered significant attention and was deemed a resounding success.

## **SDG 17 - Partnership for goals**





# ISRAEL VS PALESTINE: DUAL NARRATIVES

The Debate Club organized the Dual Narratives event at Pathology Demo Room 4 on November 27th, 2023. The event aimed to delve into the Israel-Palestine conflict, fostering understanding and critical thinking through respectful dialogue while encouraging participants to engage with diverse perspectives.

The event served as a journey through the history, politics, and culture of the conflict, with each speaker sharing their heartfelt insights. It provided a condensed yet profound exploration of the complex issues surrounding Israel and Palestine, offering a moment for reflection and deeper understanding.

The event concluded with comprehensive reviews and feedback for each participant, cultivating a learning atmosphere and promoting ongoing development in effective expression and articulation.

**#SDG 16 - Peace, justice & strong institutions**

**#SDG 11 - Sustainable cities and communities**





# DEAR DIARY (DIWALI EDITION)

The English Literary Club and SRIHER's Student Council co-hosted a creative writing competition themed around Diwali on 14th November 2023, aiming to evoke memorable narratives from students. Participants were tasked with crafting engaging stories encapsulating their cherished Diwali experiences. Judging criteria focused on portraying real-life scenarios coherently, captivating readers, and effectively communicating emotions.

Entries, accepted in written format, showcased creativity and emotional depth, fostering a wholesome reading and writing fest for both organizers and participants. Although no pictures were taken, the debut of "Dear Diary" proved immensely successful, garnering an enthusiastic response from students

The competition resonated with happiness, evident not just in the students' expressions but also among board members and club participants, who enjoyed heart-warming narratives in a festive atmosphere. Overall, the event celebrated literary talents, providing a joyous platform for storytelling and marking a memorable milestone in the club's history.

## #SDG 4 - Quality education

SECOND PLACE: AMAL MISHRA

Dharmika D  
MILLZ0001  
MIBB FIRST YEAR

NOVEMBER 12, 2023  
SUNDAY  
11:30 pm

DEAR DIARY,

Well, today was the day: Diwali, every Indian's favourite time of the year and the brightest festival ever and everyone's face is glowing with happiness in my street. But I'll be real here. Its definitely my least favourite festival. Growing up, I've always been scared of crackers which is THE best part about Diwali I know but I have always, I promise, always tried to overcome the fear of crackers. But none of my efforts were worth it as my fear still continued to make me step away from the celebrations. This year was no different. It was just me, in my room away from the noise and the pollution and the sound of kids shouting as they try new tricks with crackers. Honestly, when I was in school, I used to be embarrassed of the fact that I'm scared of crackers and whenever my friends called me to burst crackers, I would just give a lame excuse to not join them. "Sorry friends, my grandma wants my help to make ladoos" or "Sorry pals, I'm leaving home and going to my native place this

SECOND PLACE: AMAL MISHRA

Dear Diary,

Hostel life is an adventure filled with ups and downs, but during festivals, it takes on a whole new dimension. This Diwali was an extraordinary experience that brought immense joy and a sense of belonging. Being away from home during this festive season, I wasn't sure how the celebrations would unfold, but little did I know that it would turn out to be a truly amazing Diwali.

The hostel corridors came alive with a contagious energy as fellow hosteliers began preparing for the festivities. We all joined forces, decorating the common areas with colourful lights, handmade paper lanterns, and vibrant rangoli designs. The atmosphere was buzzing with excitement as we transformed our humble hostel into a festive haven. In that moment, homesickness faded, and a new family was born.

The evening of Diwali arrived, and we gathered in the common room for a special celebration. Each one of us contributed to the feast, bringing homemade sweets, snacks, and traditional delicacies. The aroma of freshly prepared food filled the air, evoking a sense of nostalgia and anticipation.

We lit diyas and candles, creating a warm and cozy ambience. We shared stories of our childhood Diwali memories, laughed, and bonded over our shared experiences. It felt like one big family, celebrating together despite being away from our homes.

As the night sky sparkled with bursting firecrackers, we cheered and marvelled at the vibrant display of lights. The sound of laughter and joy echoed through the hostel walls, reminding us that distance couldn't dampen our spirits.

In that moment, I realised that being a hostler during Diwali didn't mean missing out on the magic of the festival. It meant finding a new

family, creating new traditions, and embracing the spirit of togetherness.

This Diwali experience as a hostler will forever hold a special place in my heart. It taught me the power of friendship, resilience, and the ability to find joy in unexpected places.

As I close this diary entry, I can't help but smile at the happy and grateful moments that filled my day, today was a reminder that happiness can be found in the simplest of things. Grateful for the little joys, I drift off to sleep with a heart full of warmth and a diary bursting with delightful memories. Until next year, dear diary, may every Diwali be filled with love, laughter, and cherished memories.

Yours lovingly,  
Amal.

Diwali, don't miss me!!!!. But for the past 2 years, I have been true to myself and to others. I have no shame in telling them that I'm not really a "playing-with-explosives" kind of person. I wonder how many people thought I was just boring. But it does not matter anyway, because being an animal lover, I have read tons of articles online about stray dogs being injured due to crackers which made me think that crackers are not only MY worst nightmare but also for every other being sharing the planet with us like the birds, stray cats and for pets. And somehow I'm really glad that I'm not hurting any animal by bursting crackers and scaring them away. But, let me look at the bright side( because its Diwali? Bad joke, apologies to myself ), I honestly enjoyed my time this Diwali. I had good food, did not have the pressure of waking up early to catch the college bus, stayed at home and watched a really good movie on Netflix and most importantly, did a really good shopping for Diwali. I experienced utmost comfort after a really long time and I'm just super grateful for it.

Dharmika,

(with a little hope that the government will completely ban the use of crackers one day so that I could actually leave my house for once on Diwali!)

## VOICES 7

The English Literary Club, in collaboration with NSS SRIHER, successfully organized the seventh session of VOICES at a government school in Kolapanchery on November 17, 2023. The session aimed to teach the basics of Spoken English. Fourteen volunteers and four board members conducted engaging sessions for middle and high school students.

Volunteers utilized lesson plans, interactive activities, and mentoring scenarios to enrich the learning experience. Individual assessments and incentives were provided, nurturing a positive learning environment. The event received positive feedback from students and school management, highlighting its impactful. The English Literary Club laid a solid foundation for language skills, offering a unique and memorable volunteering experience for all participants.

**#SDG 4 - Quality education**

**#SDG 10 - Reduced inequalities**

## VOICES 8

The English Literary Club, in collaboration with NSS SRIHER, successfully conducted the 8th session of VOICES on 29th November 2023, aimed at teaching Spoken English basics to government school students. With 22 volunteers, the event covered engaging lessons on vowels, nouns, verbs, and sentence formation. Interactive methods such as games and jumbled sentences enhanced learning, while individual attention, worksheets, and rewards fostered a positive environment. The session identified the need for psychological support and proposed a Children's Library initiative. Overall, the students displayed eagerness, and the volunteers gained valuable mentoring experience. The English Literary Club anticipates continued success in fostering communication skills and expanding young minds' horizons.

**#SDG 4 - Quality education**

**#SDG 10 - Reduced inequalities**



## READ AND LEAD 3

The 3rd session of Read and Lead, conducted by the English Literary Club on December 21, 2023, featured insightful book reviews by Faiza Mansoor on "Stolen Focus" and Sharanya Premkumar on "Adventures of Tom Sawyer," lasting 45 minutes. The event aimed to unearth students' hidden talents, boost confidence, and foster self-discovery through literature exploration. While successful, suggested improvements include increased student interaction, incorporation of real-life examples, diverse genres, engaging presentations, and a Q&A session. The key takeaway emphasizes enhancing audience participation, interactive elements, and multimedia incorporation for a more engaging book review experience.

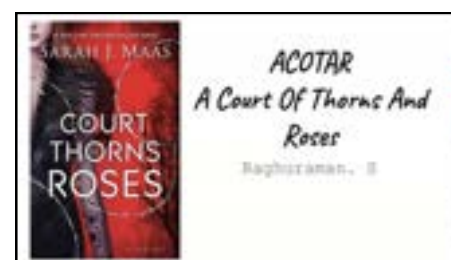
**#SDG 4 - Quality education**



## READ AND LEAD 4

The fourth Fortnightly Book Review Session took place on January 16, 2024. Speakers included Yogeshwaran, a 2nd-year B. Pharm student, who reviewed "THE ALCHEMIST" by Paulo Coelho, emphasizing self-discovery and authentic living. Raghuraman S, a 3rd-year student in AIML (Artificial Intelligence and Machine Learning), discussed "A COURT OF THORNS AND ROSES" by Sarah J Maas, highlighting themes of love and survival in a fantasy realm. The session skillfully blended motivational insights from "The Alchemist" with the imaginative world of "A Court of Thorns and Roses". Through the Read and Lead initiative, The ELC Board encourages sharing thoughts on favorite books and recommending foundational reads.

**#SDG 4 - Quality education**



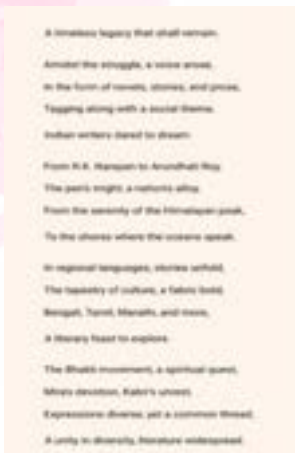


# ENGLISH LITERARY CLUB

## TREASURE OF INDIAN LITERATURE



The English Literary Club and SRIHER Student Council organized a poem/essay competition for Pongal 2024, highlighting the essence of Indian literature and its cultural resilience. From ancient Vedas to works by Bharatiyar and Ruskin Bond, entries celebrated diverse voices, reflecting the transformative power of Indian literature. Submissions selected will feature in the club's inaugural newsletter, 'One Of A Kind', showcasing our rich cultural heritage. The event served as a wholesome reading and writing fest, engaging both organizers and participants, and emphasizing literature's role in shaping the human psyche. It illuminated a kaleidoscopic tapestry of languages and narratives, fostering appreciation for India's literary treasure trove.



**#SDG 4 - Quality education**

## WRITERS AND ACTORS



The English Literary Club and Theatre Club at SRIHER collaborated on February 23rd, 2024, for "Writers and Actors: The Modern Stage for Modern Talent." This event aimed to provide a platform for students to showcase their literary and theatrical skills while fostering social interaction within the SRIHER community.

Held at the 1st-floor Pathology Demo Hall, the event featured engaging activities such as story narration and improv acting, encouraging students to explore and refine their talents while connecting with peers.

This enriching experience celebrated the diverse artistic talents within SRIHER. The English Literary Club extends gratitude to all participants and anticipates organizing similar events in the future to promote creativity, collaboration, and artistic expression among students.

**#SDG 3 - Good health and well-being**



# **FIT INDIA**

The Fit India 2.0 Futsal Tournament aimed to promote fitness and health through sports, particularly Futsal, cherished within the SRIHER student community. Commencing at 8 am on 20th January 2024 at the SRIHER Kho – Kho court, it featured matches between MBBS 1st year – Team – A and BDS for men, and SRSSSES and SRET for girls. The Physical Education Department supervised the event, with matches played on 2 courts. Boys' matches followed a knockout format, while girls' matches followed a league pattern. A total of 21 boys' teams and 3 girls' teams participated. SRSSSES and BOT girls' teams competed in the final league match.

The tournament concluded with a prize distribution ceremony which was graced by Pushpakarani madam (sports department) and Dr. Manikandan sir, Assistant Dean-Students.

**#SDG 3 - Good health and well-being**





# NATIONAL CANCER AWARENESS DAY



On November 7th, 2023, the Green Friends Organization and Med Hope Club collaborated to observe NATIONAL CANCER AWARENESS DAY, with the aim of alleviating stress among young patients and providing a brief period of relaxation. The event took place in the Pediatric Oncology Ward, G Block, and featured the active participation of young cancer patients. Organizing members engaged with each child present, who showcased their drawing skills. The artwork created by the children was displayed in the pediatric oncology ward. Both volunteers and children expressed their excitement and eagerness to participate, contributing to the success of the event.

**#SDG 3 - Good health and well-being**

**#SDG 10 - Reduced inequalities**

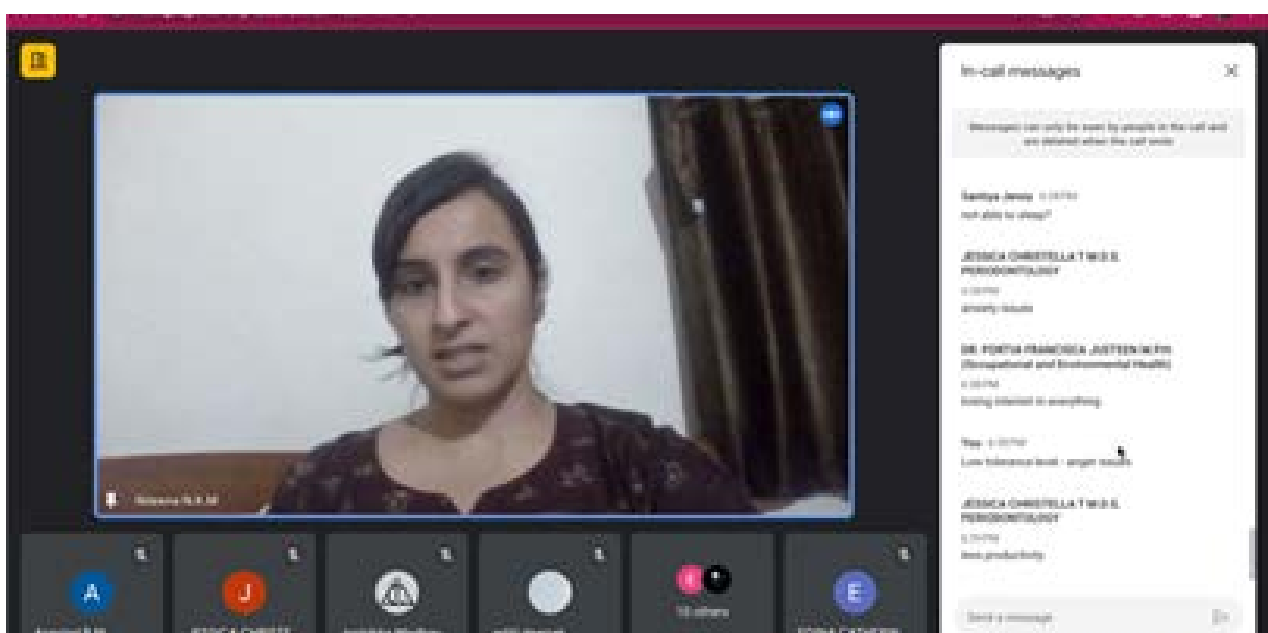




# MENTAL HEALTH AWARENESS WEBINAR & E- POSTER COMPETITION

The Mental Health Awareness Webinar and E-Poster Competition, hosted by Green Friends Organization on November 29, 2023, in observance of World Mental Health Day, served as a pivotal platform for promoting mental health education. The competition received 21 e-poster submissions, with the top 5 presenting during the online finale. The top 3 e-posters were announced and awarded, while all participants received participation e-certificates. Dr. Nileena NKM, a senior resident in Psychiatry, led an interactive webinar, dispelling myths and emphasizing the importance of recognizing mental health issues. The session covered substance abuse, self-assessment, and seeking help, leaving a profound impact. The event successfully contributed to fostering a supportive environment for mental health awareness.

## #SDG 3 - Good health and well-being



# INTERNATIONAL CHILDHOOD CANCER AWARENESS DAY



On February 15, 2024, in honor of International Childhood Cancer Awareness Day, Med Hope initiated storytelling programs for the pediatric hematology-oncology (PHO) ward cancer warriors. The first initiative involved a 'Storytelling Session' for the children. Volunteers shared age-appropriate and engaging stories with the kids in the ward, accompanied by visually appealing aids to capture their attention. The narratives, though simple, were presented with captivating pictorial representations, ensuring the children remained fully engaged throughout. The storytelling session not only brought joy to the children but also created a delightful atmosphere in the ward. Additionally, it provided an opportunity for volunteers to interact with both the children and their parents, fostering a sense of community and support.

**#SDG 3 - Good health and well-being**

**#SDG 10 - Reduced inequalities**

**#SDG 16 - Peace, Justice & strong institutions**





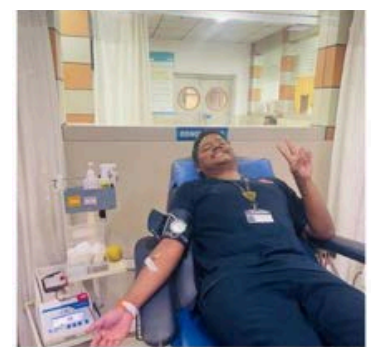
# BLOOD DONATION

In addition to the storytelling session, Med Hope launched the 'Med Hope Blood Donation Volunteers' group initiative on International Childhood Cancer Awareness Day. The objective is to address the critical need for blood transfusions. We actively seek volunteers willing to donate blood for emergency, elective, and semi-elective transfusions. Five students generously donated blood at our blood bank, igniting the spirit of generosity and compassion. The initiative aims to secure donors for patients requiring regular blood transfusions, emergency cases, and semi-elective transfusions for bone marrow transplant patients, who typically require blood within 10-15 days of admission. We are committed to fostering a culture of giving and support within our community.

**#SDG 3 - Good health and well-being**

**#SDG 10 - Reduced inequalities**

**#SDG 16 - Peace, Justice & strong institutions**



## CEREBRAL INQUISTION



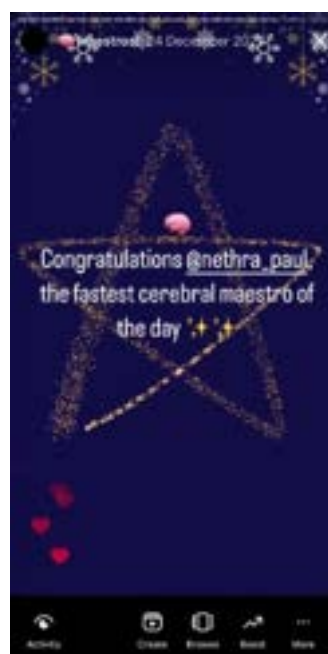
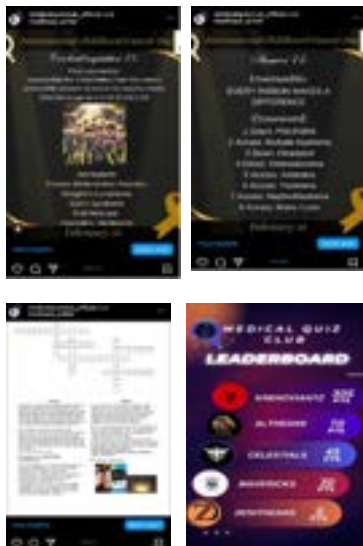
The 'Cerebral Inquisition' daily quiz engaged over 50 participants a day in December 2023, peaking at 218 during the Christmas-themed 'Quizmas' running from December 24th to January 2nd. The title of 'Cerebral Maestro' was awarded to every first accurate response to 6 pm Instagram and 7 pm WhatsApp questions.

January 2024 saw 300+ participants, with themes varying from Monday Mysteries to Cluedo Sunday, offering diverse challenges like picture-based clues, true or false queries, and historical medical milestones.

February attracted 354 participants, featuring themed questions and collaboration with the Medhope Club for Childhood Cancer Awareness. Monthly leaderboards and special recognitions underscored the event's success, fostering engaging and educational experiences for all involved.

**#SDG 4 - Quality education**

**#SDG 17 - Partnership for goals**





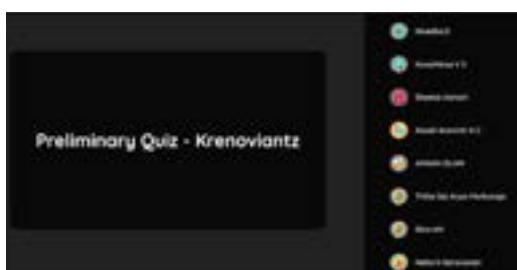
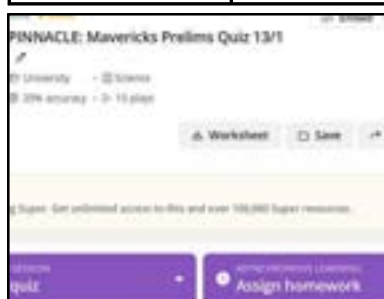
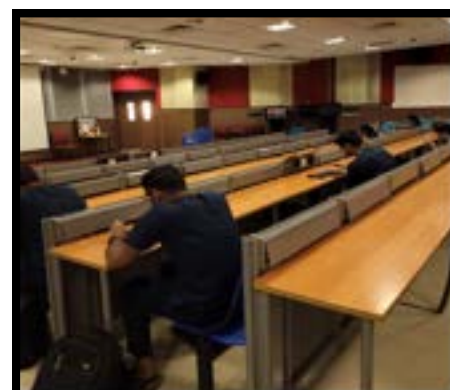
# PINNACLE

The "Pinnacle" Preliminary Quiz, hosted by the Medical Quiz Club of SRIHER, engaged students from various MBBS batches in both online and offline formats. With the goal of identifying the top 6 performers for the Grand Quiz, the event featured challenging questions across multiple medical disciplines. Participants lauded the diverse question formats and the opportunity to test their knowledge. The top 6 performers from each batch secured their spots for the Grand Quiz. The event not only showcased academic brilliance but also fostered a culture of learning and healthy competition among medical students, reinforcing its status as a platform for intellectual excellence.

**#SDG 4 - Quality education**

**#SDG 17 - Partnership for goals**

Batch Name	Date	Subjects Covered
Mavericks	13-01-2024	General Medicine, Surgery, Paediatrics, Obstetrics
Altheans	12-01-2024	ENT, Ophthalmology, Forensic Medicine, Community Medicine
Krenoviantz	01-02-2024	Pathology, Microbiology, Pharmacology
Celestials	16-02-2024	Anatomy, Physiology, Biochemistry
Zenithians	12-02-2024	Anatomy, Physiology, Biochemistry



# PINNACLE SUPER 30

The Super 30 Induction event took place at the Pathology Demo Hall, Post College, on February 17, 2024. Organized by the Medical Quiz Club, its aim was to introduce participants to the event's objectives, team distribution, Taboo game play, and plans for the Grand Quiz. The event witnessed the participation of 30 individuals alongside representatives from the Medical Quiz Club and Student Council. The objectives encompassed announcing the upcoming Grand Quiz, forming teams for the event, and hosting a fun ice-breaker activity called "Medical Taboo." Overall, the event proved successful, with participants expressing high satisfaction with both the event and the efforts of the Medical Quiz Club.

**#SDG 4 - Quality education**

**#SDG 17 - Partnership for goals**

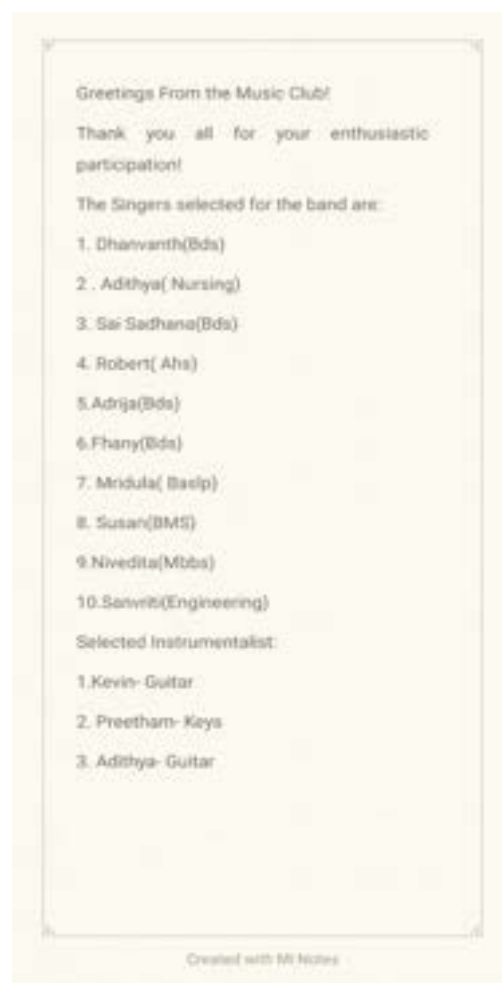




# MUSIC CLUB AUDITIONS

SRIHER's University Music Club hosted a dynamic "Audition for a New Band" on December 12-13, 2023, aiming to discover and showcase talents. Over 30 participants demonstrated vocal and instrumental skills, evaluated on clarity, pitch, tone, stage presence, musicality, and proficiency. Vocal auditions were held on day one, instrumental auditions on day two, with an inclusive approach allowing flexibility. On December 15, 2023, results were announced, and the Music Club expressed excitement about the new talent contributing to the campus's musical culture. This initiative not only showcased talents but also fostered a sense of community, highlighting the Music Club's commitment to diversity.

## #SDG 17 - Partnership for goals



# INSTALLATION CEREMONY



The Rotaract Club Installation Ceremony marked a graceful transition in leadership from outgoing President Sukhshum to incoming President Arun S. The event commenced with a warm welcome from the Emcee, featuring an invocation song resonating with Rotary's values. Distinguished guests, including Chief Guest Rtn. Ravi Raman and esteemed dignitaries, added prestige to the occasion. Symbolically, the lighting of the Kuthu Villuku emphasized Rotary's guiding principles. Memorable moments included Sukhshum's heartfelt farewell and recognition of previous Board members. Transitioning to the future, captivating videos introduced the incoming leaders. Symbolic exchanges and launches, such as the Rotary Club Charter and unveiling of a new identity, underscored the organization's commitment. Guest speakers, including Vice Chancellor Dr. Uma Shekar and Chief Guest Rtn. Ravi Raman, shared valuable insights. The ceremony concluded with felicitations, gratitude expressed in the Vote of Thanks, and a unified rendition of the National Anthem, marking the beginning of a new Rotary chapter under President 22-23's leadership.

**#SDG 16 - Peace, Justice & strong institutions**

**#SDG 17 - Partnership for goals**





# FLOOD RELIEF CAMP

The Rotaract Club of SRIHER organized the Michaug Flood Relief Campaign in Velachery, Chennai, on December 6, 2023, lasting 8 hours. With a focus on swift cyclone relief, the club conducted a thorough needs assessment, procured essential resources, and implemented a targeted distribution strategy. Community engagement sessions were held to promote post-cyclone safety measures. Despite challenges, approximately 120 individuals directly benefited from the relief efforts. The campaign showcased the club's commitment to humanitarian service and emphasized the importance of adaptability in disaster response. Lessons learned will guide future initiatives for a more effective and compassionate approach to disaster relief.

**#SDG 10 - Reduced inequalities**

**#SDG 17 - Partnership for goals**





# PONGAL CELEBRATION

The Rotaract Club organised Pongal celebration on 12th January 2024. The event aimed to bring joy to the children at Premavasan, a home for kids with disabilities abandoned by their parents. Recognizing the absence of celebration and essential supplies, the club decided to commemorate Pongal with them. Discussions with the organization unveiled a shortage of daily necessities, leading to the acquisition of diapers in various sizes. The event positively impacted 166 abandoned children, providing games, traditional Pongal celebrations, and essential diapers. It brought happiness and practical support to the children, enriching their lives and addressing their needs, showcasing the club's dedication to uplifting marginalized communities.

**#SDG 16 - Peace, Justice & strong institutions**  
**#SDG 17 - Partnership for goals**



# BLOOD DONATION DRIVE

**ROTARACT  
CLUB**

The blood donation drive, spearheaded by the Sri Ramachandra Student Council and Rotaract Club on 24th January 2024, aimed to ensure immediate access to blood for medical emergencies at Sri Ramachandra Hospital. Recognizing the challenges of finding donors during peak times, the drive utilized modern technology to store blood for future use. With assistance from the hospital, the drive efficiently enlisted volunteers and arranged facilities for blood collection. This initiative guarantees easier access to blood during emergencies, potentially saving lives and optimizing patient care at Sri Ramachandra Hospital. It exemplifies a proactive approach to meeting future medical needs within the community.

**#SDG 3 - Good health and well-being**

**#SDG 10 - Reduced inequalities**

**#SDG 16 - Peace, Justice & strong institutions**





# REPUBLIC DAY CELEBRATION

The Republic Day event on 27th January 2024 at Sai Old Age Home aimed to honor the nation's heritage while meaningfully engaging elderly residents. A comprehensive needs assessment ensured inclusivity and enjoyment for all. A sponsored lunch was provided to celebrate the occasion. The flag hoisting ceremony instilled national pride, followed by cultural performances. Interactive storytelling sessions shared residents' experiences, enriching younger generations with wisdom and insight. Approximately 65 individuals benefited from the event, enjoying a hearty meal and engaging activities. Challenges such as health limitations taught the importance of inclusive planning and flexible programming. The event epitomized respect for elders, fostering community and cherishing their contributions to our collective history. It transcended a routine celebration, becoming a heartfelt tribute to our nation's tapestry.



**#SDG 10 - Reduced inequalities**

**#SDG 16 - Peace, Justice & strong institutions**

**#SDG 17 - Partnership for goals**



# VIJAY DIWAS

The Tamil Literary Club, in association with NCC-SRIHER and Akil Bharathiyar Poorva Sainik Seva, organized VIJAY DIWAS (Victory Day, commemorating India's triumph in the Indo-Pakistan war of 1971) event on December 21, 2024, at the Harvard Library Auditorium in SRIHER, from 11:00 am to 12:30 pm. The event commenced with the university anthem and a welcoming speech by Dr. Prasanna Kumar, Senior Consultant ENT. Dr. H. Tamil Selvan, Dean SRDC, delivered the presidential address, introducing the chief guest, Shri. Paramdeep Singh Soodan, Commander of the Indian Navy. A special speech highlighting the significance of the day was delivered by Chief Guest Shri. Paramdeep Singh Soodan. Finally, a video prepared by the Tamil Literary Club illustrating the importance of the day was screened for the students, followed by a vote of thanks delivered by Shakthi Varsha, President of the Tamil Literary Club. The event concluded with the National Anthem.



**#SDG 16 - Peace, Justice & strong institutions**

**#SDG 17 - Partnership for goals**





# YOUTH DAY CELEBRATIONS

National Youth Day, organized by Agal Tamil Literary Club, was celebrated on January 12, 2024, at the Central Library Auditorium from 10:30 am to 12 pm. Nearly 80 students and NCC cadets participated. Maj. Gen. M. Indrabalan, Former Chief of Staff, Dakshin Bharath Headquarter Area, graced the event as the Chief Guest. It commenced with an Invocation song and Sriher anthem, followed by a Bharatanatyam performance. Shakthivarsha, President of the Tamil Club, delivered a welcome address, and Dr. S. Anandan, Dean of Students, gave the Presidential Address. Tejishwini, NCC SUO, delivered a patriotic speech, followed by a Mime performance by the Theatre Club. The Chief Guest emphasized the youth's future, showcased a video on the Kargil war, engaged the audience with questions, and distributed keychains as gifts. The event concluded with the National Anthem.



**#SDG 16 - Peace, Justice & strong institutions**

**#SDG 17 - Partnership for goals**



# SHORT FILM AUDITION

The Short Film Audition, organized by the SRIHER Theatre Club, took place on December 14, 2023, at Demo Hall 4 in the Medical Block of SRIHER campus, Chennai. Aimed at showcasing talents and highlighting Sustainable Development Goals (SDGs), the event attracted 20 enthusiastic student participants. The audition commenced at 4:00 pm, with 16 participants eagerly vying for roles in the short film. Each actor presented a two-minute monologue or short scene, impressing the panel of faculty and industry professionals. Dr. Leena Mam graced the event, fostering an engaging atmosphere. The audition culminated with participants receiving certificates for their commendable contributions to the club. Arvind Krishnakumar, the chairperson, delivered a heartfelt closing speech, expressing gratitude for the diverse talents and participants' invaluable contributions. The event successfully promoted talent discovery and encouraged greater involvement in the club's future endeavors.



## **#SDG 17 - Partnership for goals**





## **OPEN MIC**

On November 8th, 2023, the SRIHER Theatre Club hosted an Open Mic event at Lecture Hall 2 in the Medical Block of the SRIHER campus. The event aimed to provide students with a platform to showcase their talents and to inspire them, attracting 13 participants. The event also addressed the Sustainable Development Goals (SDGs), highlighting mono-acting, mimicry, stand-up comedy, singing, beatboxing, playing musical instruments, storytelling, and a magic show. It commenced with an opening speech, followed by a diverse array of performances, including soulful acoustic renditions and powerful spoken word poetry. The first performer captivated the audience with a mesmerizing storytelling performance, and Dr. Manikandan Sir, the event's chief guest, briefly joined the gathering. Compelling mono-acting performances skillfully portrayed characters, bringing stories to life. Organized by the SRIHER Theatre Club, the event aimed to raise awareness about the Sustainable Development Goals.

**#SDG 17 - Partnership for goals**

**#SDG 4 - Quality education**

**#SDG 16 - Peace, Justice & strong institutions**



# YOUTH DAY

the SRIHER National Youth Day Celebration, hosted by the SRIHER Theatre Club On January 23, 2024, in commemoration of Netaji Subhas Chandra Bose's birth anniversary, the event unfolded at Sri Ramachandra Institute of Higher Education and Research, Chennai. The program featured a welcome address, a speech highlighting Netaji's life, and an exhibition illustrating his significant milestones. Attendees engaged with themes of freedom, national unity, and social responsibility. The immersive experience delved into Netaji's enduring legacy, fostering a dynamic learning environment for students and attendees alike.

**#SDG 4 - Quality education**

**#SDG 16 - Peace, Justice & strong institutions**





# SURYA NAMASKARAM



The Yoga Club of SRIHER, in association with the Student Council, organized an event on Surya Namaskar on February 3, 2024, in Seminar Hall, 2nd Floor of the Medical College Building. Approximately 25 enthusiasts from various departments participated in this program. Participants performed 15 sets of the ancient yoga practice. The program emphasized fostering physical and mental well-being, showcasing the holistic benefits and power in promoting flexibility, strength, and mindfulness. All participants received a certificate upon completing the program. Overall, the event was a resounding success.

**#SDG 3 - Good health and well-being**





