



SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Category - I Deemed to be University) Porur, Chennai



Connexions

STUDENT COUNCIL AND STUDENT CLUB ACTIVITIES

MARCH 2025 TO JUNE 2025



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MESSAGE FROM DEAN-STUDENTS



SRI RAMACHANDRA

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Deemed to be University)

Dr. LEENA DENNIS JOSEPH, MBBS, M.D.,
DEAN - STUDENTS

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Message

"Coming together is a beginning; keeping together is progress; working together is success." – Henry Ford

I am delighted to present the foreword for the final edition of *Connexions* for 2024-2025, a publication that continues to reflect our students' passion, innovation, and enduring spirit of collaboration. This edition is particularly special as it marks the final quarter of the 2024–2025 Student Council's remarkable tenure, a term defined by dedication and impactful initiatives. The pages ahead stand as a testimony to how our student leaders have consistently gone beyond expectations to nurture a culture of creativity, inclusivity, and excellence.

One of the most memorable highlights this time was *Sangham 2025*, a spirited celebration of the new year festivals across the length and breadth of India. The event brought together tradition, talent, and entrepreneurship – from colourful rangoli competitions that lit up the campus with creativity and awarded deserving winners, to vibrant stalls by the different student clubs and student entrepreneurs that showcased innovation at its finest. It was a celebration not just of culture, but of student initiative and enterprise. Another proud milestone was the contribution of the student council members at the Academic Counsellor Conclave, which welcomed 45 career guidance counsellors from 27 schools at SRIHER. Student council members worked with the faculty coordinators to seamlessly coordinate the counsellors' tour across the campus.

Through every initiative, performance, and platform, our students continue to lead with purpose and passion. Their contributions are not just events on a calendar—they are experiences that shape and strengthen the cultural and intellectual fabric of our university.

I extend my deepest gratitude to our Chancellor, Shri V R Venkatachalam, Pro-Chancellor, Mr. R.V. Sengutuvan, Vice Chancellor Dr. Uma Sekar, and Pro- Vice Chancellor Dr. Mahesh Vakamudi for building an environment where students are empowered to grow, explore, and excel.

My sincere thanks to Associate Deans Dr. Manikandan A and Dr. Lakshmi Venkatesh for their continued support in nurturing student-led initiatives, and to all the Assistant Deans whose encouragement has been vital in creating an enriching campus experience.

Congratulations to the Student Council of 2024–2025 for curating this meaningful edition of *Connexions*—a celebration of leadership, unity, and the ever-evolving journey of student life at SRIHER.


Dr. Leena Dennis Joseph

Dean - Students

DEAN - STUDENTS
SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Deemed to be University)
Porur, Chennai - 600 116.

Formerly known as Sri Ramachandra Medical College and Research Institute (Deemed University)

Accredited by NAAC with 'A***' Grade (CGPA 3.53)

Graded as 'Category-I University' by the UGC

DEAN OF STUDENTS - THE TEAM



Standing from Left to Right :Ms Mohanasundari, Dr. M Venkatesan, Dr. R Chandru, Mr. L Hari Prasath, Dr. Pitchaimani G, Dr. Ashokkumar P, Dr. J. Srikanth, Mr Suresh.

Sitting from Left to Right: Dr. A Seethalakshmi, Dr. R.Sumitha, Dr.Lakshmi Venkatesh, Dr. Leena Dennis Joseph, Dr. A. Manikandan, Dr. P.S. Haritha, Dr. Rajalakshmi Vel, Ms. Mangalaselvi R

EDITORIAL TEAM'S MESSAGE

Dear SRIHER Family,

With great pride and joy, we are thrilled to present the sixth edition of SRIHER Connexions! A magazine, yes—but more than that, it's a bundle of happiness, pride, and cherished memories that beautifully reflect our campus spirit. Every article and photograph within these pages walks you through the vibrant events, creative endeavors, and remarkable achievements that unfolded across SRIHER from March to June 2025.

Now imagine bringing together all the richness of Indian culture in one place—that's Sangham 2025! A grand celebration where the Student Council and SRIHER student clubs joined forces to unite traditional New Year festivities from across India. Our auditorium transformed into a cultural mosaic where every student left with a full heart and lasting memories. Sangham also served as a platform for young entrepreneurs to showcase their talents with pride.

Our institute has always believed in nurturing its students beyond academics, encouraging talents, passions, and holistic growth. Throughout the year, the Student Council and student clubs have actively organized various events, inspiring students to step up, shine, and share their unique gifts.

We are deeply grateful for the unwavering support of our Dean of Students, Dr. Leena Dennis Joseph, and our Associate and Assistant Deans of Students. Their guidance has been instrumental in everything we've achieved. Their constant encouragement has shaped our journey and left an indelible mark on each one of us.

This magazine is the result of our collective efforts—a keepsake of joyful moments, milestones, and memories that will stay with us forever and always.

From our hearts to yours—this is our gift.

Happy reading, and stay tuned for more from SRIHER Connexions!

Warm regards,
The Editorial Team

EDITORIAL TEAM 2024-25

Library Secretaries

Pragya Balaji

Shakthi B

Members

Ashlin Satish
Athiya Fatima
Bhavvana K

Cathryn Persis
Haasya Ravikumar
Janani Rajendran

Meha Murali
Prithiyanga
Roshini T

Sushant
Vergil Jose
Vijey Arvind

Faculty coordinators

Dr. Leena Dennis Joseph
Dr. Lakshmi Venkatesh

Dean of Students
Associate Dean of Students

STUDENT COUNCIL ACTIVITIES

"Celebrate university spirit and creativity!
Dive into the vibrant Student Council activities
that bring our community together!"



SANGHAM 2K25

On April 10th, our campus came alive with vibrant festivities during Sangham, held in celebration of the Indian New Year. Various clubs set up interactive stalls with engaging games and activities, drawing enthusiastic participation from students. A total of 16 dynamic and creative club stalls brought life and energy to the entire event, making it both entertaining and enriching for everyone. Additionally, 12 innovative and inspiring student entrepreneur stalls encouraged young visionaries to showcase their ventures and sparked interest in entrepreneurial thinking among their peers. A colourful rangoli competition added a traditional touch, with cash prizes awarded to the best creations. The day concluded with high energy as students gathered on the dance floor, creating a lively and memorable atmosphere. Sangham successfully blended culture, creativity, and celebration into one joyous evening.





SANGHAM 2K25



STUDENT COUNCIL VOLUNTEERING ACTIVITIES

The Student Council provided its able assistance and support to various events conducted by the students and the university in the past months.

WOMEN'S DAY MARATHON



SRIHER students & faculty proudly participated in the "Awareness Run for Women's Safety and Wellness" organized by the Avadi Police Commissionerate on Women's Day, 8th March 2025, at the Police Convention Centre. The marathon, flagged off by Thiru K Shankar, IPS, Commissioner of Police, Avadi aimed to create awareness about the initiatives of the Tamil Nadu Police, including the "Kaval Uthavi" app for women and the Helpline 181 - because every woman deserves to feel safe and empowered. Dr Mangalselvi, Assistant Dean Students, and Dr Lakshmi Venkatesh, Associate Dean - Students participated in the marathon along with students.

#WomensSafety #SRIHER #EmpowerWomen #KavalUthavi #SDG3 #SDG5 #SDG16
#WomenWellness #RunForSafety #InternationalWomensDay2025 #SafeCommunities



TN TALK - 2: FUTURE MEETS TODAY



An interactive session titled “TN Talk-2: The Future Meets Today – Redesigning Education” was held on 10th April 2025 with the Hon’ble Minister for School Education-Tamil Nadu, Thiru Anbil Mahesh Poyyamozhi, at Anna Centenary Library, Chennai. Over 1000 students from various colleges attended, including 50 students from SRIHER, where they shared innovative ideas and policy insights in education, social reform, and employment. The Minister discussed key developments in Tamil Nadu’s education system, and students actively participated, sharing their views and suggestions. Ms Yazhini E from SRIHER received an award for the best question. The program highlighted the government’s commitment to student welfare and educational progress. The event was coordinated by Dr. J. Srikanth, Assistant Dean of Students and Dr G. Pitchaimani, Assistant Dean of Students



RISE UP YOUTH - 5K MARATHON



The Rise Up Youth – 5K Marathon was successfully held on 19th April 2025 at Besant Nagar Beach, organized by the Tamilnadu Vanigar Sangam - Youth Wing and Flag-off By Hon'ble Minister for Health and Family Welfare of Tamil Nadu, Thiru M. Subramaniam. The event aimed to promote fitness, youth empowerment, and community involvement. Over 800 participants joined the run, which was flagged off early in the morning including 100 students and faculties from SRIHER. Overall, the marathon received an enthusiastic response and effectively inspired young people to lead active and responsible lifestyles. The program was coordinated by Prof. L. Hari Prasath Asst. Dean of Students along with student council members.

RISE UP YOUTH SRI RAMACHANDRA

5K MARATHON 6AM
19 APRIL
BESANT NAGAR

MILES OF HOPE, STEPS OF STRENGTH
JOIN CHENNAI'S ANTI-DRUG RUN

Join the marathon and get a tree sapling to take home

PRIZE MONEY

1ST PLACE - 50K
2ND PLACE - 25K
3RD PLACE - 12.5K

DELIVERABLES

T-SHIRT, MEDAL, CERTIFICATE, BIBS

ENTRY FEE
499/-
299/-

REPORTING TIME: 6AM

FOR QUERIES, FOR CONTACT | PROF. L. HARI PRASATH 96055



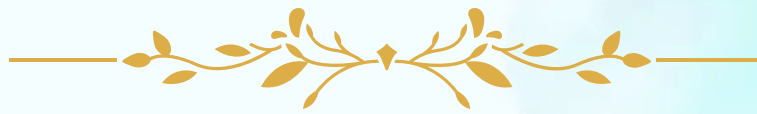
ACADEMIC COUNSELOR CONCLAVE



SRIHER hosted the Academic Counselor Conclave on 23rd April 2025, welcoming 45 career guidance counselors from 27 schools to explore the academic and infrastructural offerings of SRIHER. The conclave provided an enriching platform for school counselors to interact with faculty members and gain insights into the diverse programs across the institution. The conclave featured presentations and discussions from various constituent colleges, highlighting their unique academic programs and career opportunities. Following this, the participants were taken on a guided campus tour to the state of the art, in-house campus facilities by the student council members in coordination with Associate and Assistant Dean Students.



CONVOCATION & GRADUATION DAY



The Student Council volunteered at the 39th Convocation on 25th April 2025 and Graduation Day on 26th April 2025 of Sri Ramachandra Institute of Higher Education and Research. Surgeon Vice Admiral Arti Sarin, DG, Armed Forces Medical Services, graced the Convocation as Chief Guest, presenting 637 degrees and 40 gold medals, inspiring graduates with a message on healthcare equity and leadership. On Graduation Day, Prof. Dr. A. Zameer Pasha, Chairman, Shanawaz Hospital, presided as Chief Guest. The prestigious event marked the graduation of students from Medicine, Engineering, Allied Health Sciences, and Management programs. The student council members efficiently assisted in both prestigious events.



DRUG ABUSE AND ILLICIT TRAFFICKING AWARENESS RALLY BY THE DEPARTMENT OF PSYCHIARTY



On 26th June 2025, from 9:00 to 10:00 AM, the Student Council of SRIHER proudly volunteered for the Awareness Rally organized by the Department of Psychiatry to mark the International Day Against Drug Abuse and Illicit Trafficking. Held under the Nasha Mukh Bharat Abhiyan, the rally began at the Medical Center and concluded at the G Block entrance. With impactful placards and spirited participation, we joined hands to spread the message of prevention, treatment, and recovery.



DRUG ABUSE AND ILLICIT TRAFFICKING AWARENESS MARATHON BY AVADI POLICE COMMISSIONERATE



On 26th June 2025, the Avadi Police Commissionerate conducted an Anti-Drug Marathon to observe the International Day Against Drug Abuse and Illicit Trafficking, under the Nasha Mukta Bharat Abhiyan. The marathon, starting from the Avadi Police Grounds and ending at the Commissionerate Headquarters, witnessed enthusiastic participation from students, officers, and the public.

Participants carried banners and wore T-shirts with impactful messages promoting awareness, prevention, and recovery. The event effectively highlighted the collective resolve to fight drug abuse and encouraged a healthier, drug-free lifestyle for all.



STUDENT CLUB ACTIVITIES

“Unveiling the plethora of creativity and innovation exemplified by the student clubs in the past months”





AGAL TAMIL CLUB



TAMIL LEARNING

"Tamil Learning" was an event conducted on 7th March 2025, aimed at teaching the basics of the Tamil language. While the primary focus was on foundational skills, some students expressed interest in gaining advanced Tamil knowledge as well. To accommodate this, additional classes have been planned for those interested. A total of 35 students participated in the event.

அகல் தமிழ் மன்றம்
LEARN TAMIL WITH US

1. **What?**
EMBRACE THE ART OF ENGAGING WITH TAMIL PATIENTS IN THE MELODIC CADENCE OF THEIR MOTHER TONGUE, WHILE ALSO MASTERING FUNDAMENTAL WRITING SKILLS. PARTICIPANTS WHO ARE ABLE TO SPEAK BUT WISH TO LEARN HOW TO READ AND WRITE ARE MORE THAN WELCOME TO JOIN

2. **Who can participate?**
• Students
• Professor
• Faculty members
• Non-teaching staffs

3. **When?**
07th March, 2025
From 1:00pm to 4:00pm

4. **Where?**
Lecture hall 1, Dental block, SRM

5. **Registration?**
<https://forms.gle/wREcggsKLxLcydKz6>

Bring your own handwriting for practice



ANTI TOBACCO SLOGAN CONTEST

On the occasion of World No Tobacco Day, Agal Tamil Club organized an online Tamil slogan writing competition on May 15, 2025. The objective was to raise awareness about the harmful effects of tobacco through slogan writing in Tamil language. Fifteen students actively participated, showcasing their concern and creativity in promoting a tobacco-free society.



RULES & REGULATIONS :

- OPEN TO ALL PARTICIPANTS
- SLOGAN SHOULD BE IN TAMIL
- SLOGAN MUST BE THE ORIGINAL WORK OF THE PARTICIPANTS
- PARTICIPANTS ARE ENCOURAGED TO ALIGN THEIR SLOGAN WITH THE GIVEN THEME
- EACH ENTRY MUST INCLUDE THE PARTICIPANT'S NAME, UNIQUE ID, NAME OF THE COURSE AND YEAR OF STUDY

FOR REGISTRATION:

<https://forms.gle/F8dchwVh-f65Xke5CA>

BREATHE LIFE, NOT SMOKE !

FOR MORE DETAILS CONTACT :
+919677030392
J. VASANTHA KUMAR
CHAIRPERSON

குறிக்கோள் வாசகம்

புகையிலை தவிர்த்தால், வாழ்வில்
வெற்றி
புகையிலை தொடர்ந்தால், புற்றுநோய்
உன்னை சுற்றி

- Harini K
BPT (1 st Year)

கிளைகளுக்கும் மருத்துவ குணம் பிண்டு!
மருத்துவமே ஓடும் புகையிலையைக் கண்டு!
போதை - கிளை பழக்கத்தைக் காட்டுவோம்
வென்று!

POETRY COMPETITION

Agal Tamil Club SRIHER organised a poetry competition to develop the knowledge of the youth and create an improved society. The students showed great interest in this competition. Each poem expressed different thoughts.

SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Category - I) Opened for University Prior. Classes

அகல் தமிழ் மன்றம்
வழங்கும்

"கவிதை பேசட்டும்"
இணையவழி கவிதை போட்டி

தலைப்பு: இளையோர் கனவுகள்

last day for submission: 19 th june

Link for submission:
<https://forms.gle/fGuPdyhagYGiwBmu5>

For more details contact:
J.Vasantha kumar
+919677030392

கனவுகள்... ஒன்றா? இரண்டா?
அதற்கு எல்லா தான் உண்டா?
எண்ணற்ற ஆசைகள் பறவையை போல்
சிறகை விரித்து எல்லையற்ற வானை தொட,
ஒய்வில்லா அருவியை போல
ஓயாமல் உடைந்திட
ஊக்கத்தின் ஓசைகள் செவிகளில்
எப்பொழுதும் ஒலித்திட
வீழ்ந்தாலும் நம்பிக்கை நட்சத்திரம்
என்னுள் எப்போதும் ஒளிர்ந்திட
கண்ணீரும் கவலையும் மாறி
காதலும் கருணையும் கண்ணில் கவி பாட,
மனமுறிவும் மன சோர்வும் மாறி
மரியாதையும் மகிழ்ச்சியும் மனதில் நிலைத்திட
தோல்விகள் எல்லாம் வெற்றி கோட்டையின்
தூண்களாக மாறிட
தோல்வியை கண்டு துலலாத மனமும்
வெற்றியை கண்டு திமிலாத குணமும்
என்னுள் இருத்திட
ஒரு சிறந்த மனிதனாய் நானும் விளங்கி
பெற்றோர் புகழை உலகுக்கு ஒங்கிட
நாளைய மாற்றத்தின் துவக்கத்தை
இன்றே துவங்கிட
கனா காண்கிறேன் விழிகள் மூடாமல்!

- Harini, K
BPT (1st year)

இளையோர் கனவு
கனவு கனவும் இளைய தலைமுறை,
விழிக் கிராசிகள் புதிய பருமை.
சொல்லி வந்தால் தொந்தர்ப்பாகமல்,
வெற்றிக்காக நின்று பொருடாமல்.
நாளா நம்மரசு என்பதைக் காட்டி
உழைக்கும் எங்கள் கனாவை சிறப்பி,
இளையோர் கனவு மனடியாக பொதிய,
இந்த உலகம் ஒளியால் மலர்!
- ரெய்ன் ஸாவி. சி

இளையோர் கனவு
இளமை விரிவெழு கனவாய்,
கவிதைகள் மனதில் வந்த பருமையாய்.
கொல்லி, எவ்வித அறியாத பாதை,
இவ்வெல்லா என்னை உலகம் கனவு
நம்பிக்கைகள் நம் உயிரை,
பயிற்சிமான் வெல்லெனம் அனைத்துமாய்
இளையோர் கனவு மனடியாக பொதிய,
அப்போதும் உலகம் மலர் நம் பாசைகளும்
- ரெய்ன் ஸாவி. சி





INTERNATIONAL CONFERENCE ON THORACIC AND SOFT TISSUE PATHOLOGY

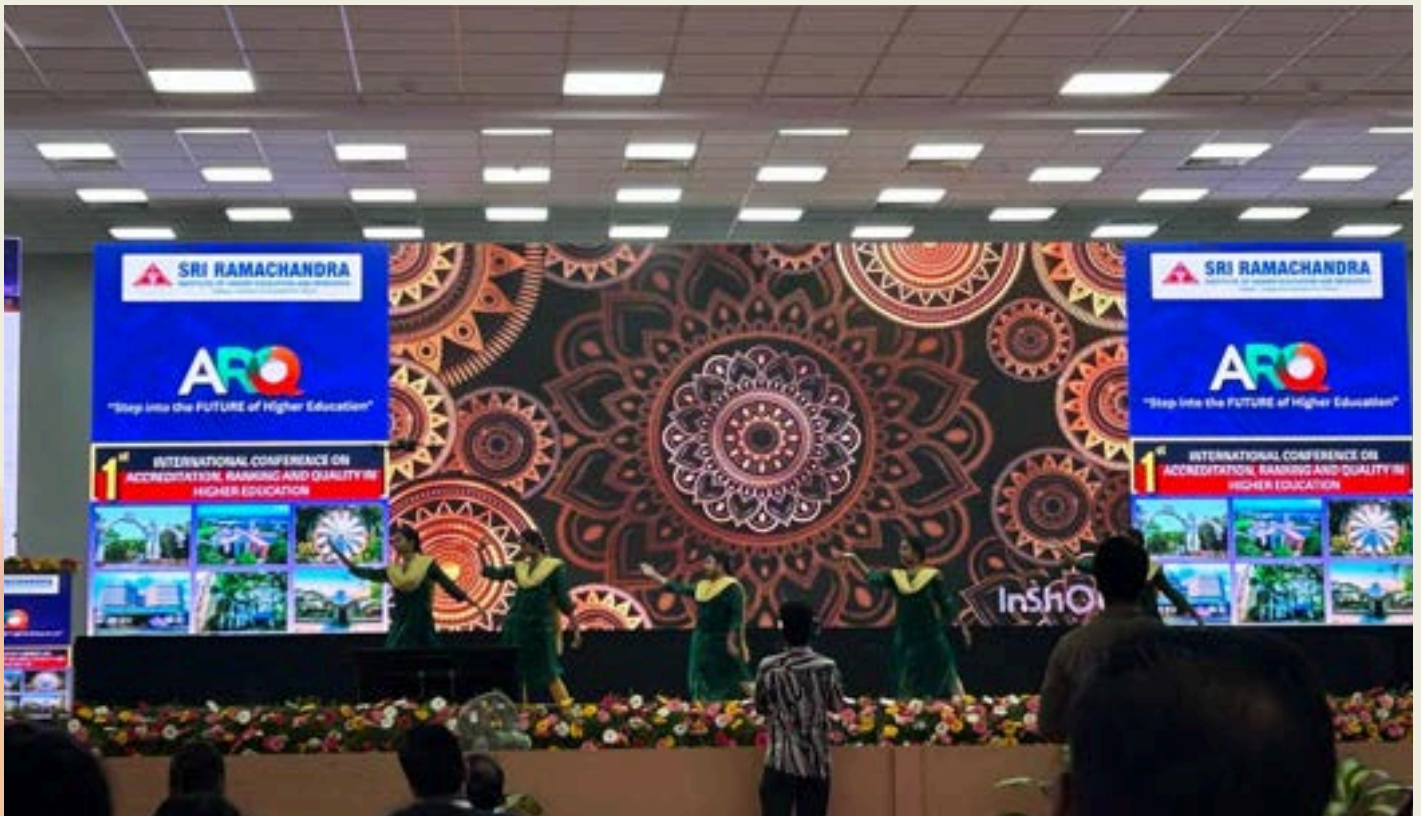
The International Conference on Thoracic and Soft Tissue Pathology was held on April 26, 2025, organized by the Department of Pathology at SRIHER (DU) Medical College – LH 6, 4th Floor. The event took place from 6:00 PM to 8:00 PM, featuring a 10-minute performance by a group of five participants. The performance was a cultural highlight, adding an artistic touch to the professional setting of the conference.





ARQ INTERNATIONAL CONFERENCE PERFORMANCE

At the ARQ International Conference hosted from 19th to 21st June 2025, the Dance Club of SRIHER brought the stage to life with a dynamic and graceful performance. Held at the SRIHER Auditorium, the club showcased a fusion of classical and contemporary styles, reflecting India's rich cultural heritage. The choreography, energy, and synchronization mesmerized the audience, including international attendees, making it a standout moment of the conference. The performance was a celebration of expression and movement, reinforcing the club's commitment to promoting art alongside academia. It was a proud representation of the creative spirit of SRIHER.





INDOOR GAMES CLUB



KINGPINS

Chess Arena 2024, hosted by SRIHER Chess Club in Indoor club on 29th March, successfully brought together 39 participants for a thrilling event. Played in a Swiss system format with 15 minutes time control, the tournament tested skill and strategy in a competitive yet fair environment. Players showcased excellent coordination, adhering to flexible schedules and submitting results on time. Top performers were awarded with trophies, medals and cash prizes, while all participants received e-certificates.



Phantom Embrace

*Haunting whispers writhe 'neath shattered eaves,
Anguished cries swell from forest leaves.
Lurking shadows creep through corridors deep,
Looming dread awakens those who weep.*

*Obsidian windows, void of light's embrace,
Whispers entwine like phantoms in a race.
Eerie fog swallows remnants of despair,
Enveloping secrets buried within air.*

*Noxious chill clings, suffocating hope's flame,
Every heartbeat echoes forgotten name.
Embers of anguish flicker where dreams die,
Nightmares cradle souls yearning to fly.*

*Veils of silence cloak what cannot unfold,
Eyes peer through darkness, desolate, cold.
Each moment stretches, shadows dance, weave,
Nothing stirs here save what hearts dare believe.*

Lost within mansion where time stands still,

ENGLISH LITERARY

- Neeraja Pushparaj



CLUB



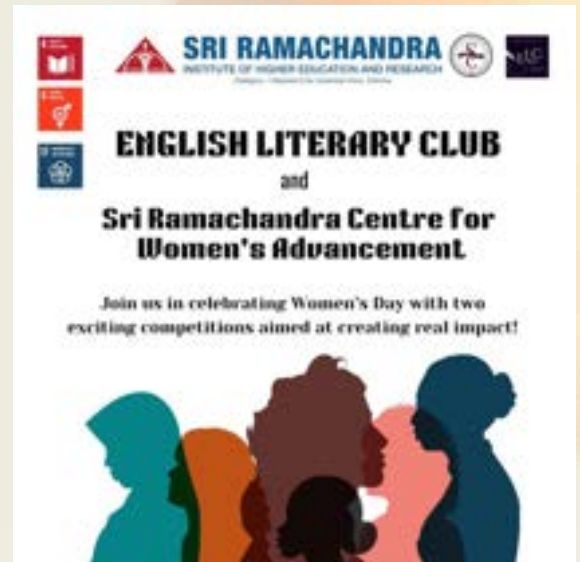
ENGLISH LITERARY CLUB



WOMEN'S DAY CELEBRATION 2025

On March 15th 2025, The English Literary Club of SRIHER successfully conducted an inspiring Elocution Contest on the theme "Beyond Talk: Driving Real Change for Women." Participants had the opportunity to express their thoughts through powerful speeches and creative e-posters, emphasizing the importance of women empowerment and the need for action beyond mere discussions.

The event unfolded seamlessly, with passionate speakers and thought-provoking perspectives making it a truly impactful session. Thanks to the lively interactions between the participants and those who attended the event, it was a great success, and highlighted lots of important issues to be addressed in our society.

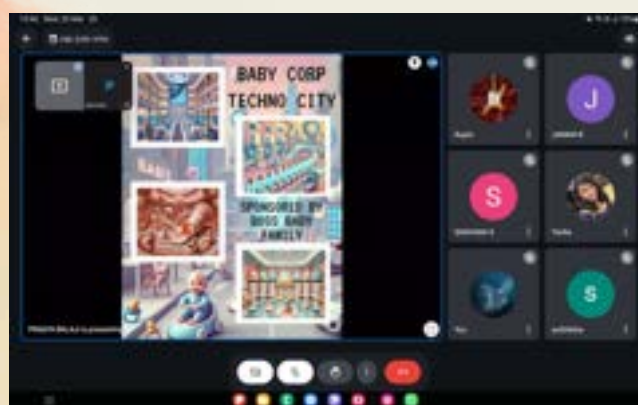
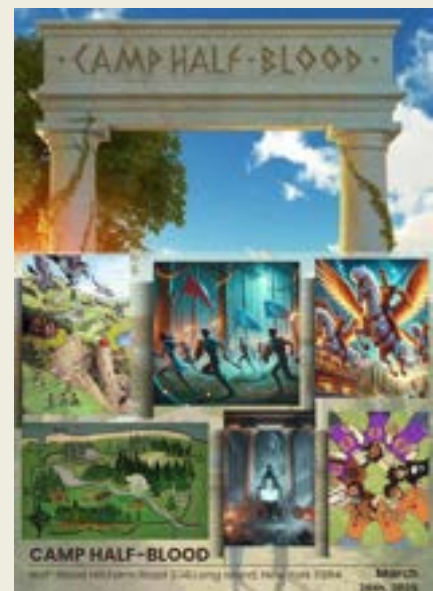
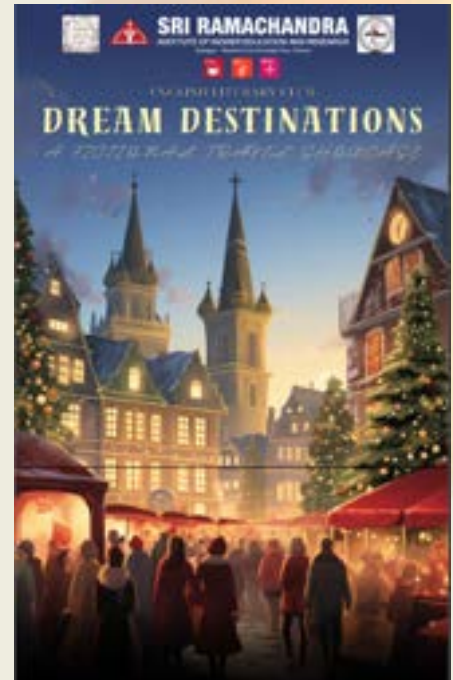


ENGLISH LITERARY CLUB



DREAM DESTINATIONS

On March 26th 2025, on account of World storytelling day- The English Literary Club of SRIHER successfully conducted an inspiring online event on the theme "Dream Destinations" that invited participants to design travel posters or one-day itineraries inspired by their favorite fictional destinations. This event aimed to blend artistic expression with literary appreciation, allowing participants to bring imaginative worlds to life. Participants had the opportunity to present their itineraries/travel posters in an online session via Google Meet, sharing their imaginative journeys with fellow enthusiasts. Thanks to the lively interactions between the participants and those who attended the event, it was a great success



ENGLISH LITERARY CLUB



PEN TO PAGE

The English Literary Club hosted an online letter-writing event where participants submitted heartfelt letters to fictional characters, expressing emotions like love, anger, humour, and admiration. The event saw enthusiastic responses, showcasing the creativity and emotional depth of students through their unique literary voices.

  **SRI RAMACHANDRA**
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
Category - Connected to the University Point / Offcampus

The English Literary Club presents

Pen to page
Letter to a fictional soul

- Write a letter to any fictional character under 500 words.
- Express your love, anger, humor, or admiration
- Submit it via Google form-
<https://forms.gle/sQ2Pk27ueUZ9ZPDa8>
- Top entries will feature on Instagram & ELC special edition magazine.

More details?
@ Kanimita KS-
9790774124

Submission
deadline
31st May



ENGLISH LITERARY CLUB

DEAREST GENTLE READER



On 18th April 2025, on account of World Book Day that month, the English Literary Club of SRIHER launched “Dearest Gentle Reader”—a “book recommendation series on our Instagram handle. In this unique initiative, faculty members from across disciplines at SRIHER were invited to share their favorite books and thoughts on the reading habit. Each video featured a personal recommendation—ranging from literary classics to self-help and autobiographies—along with reflections on the role of reading in personal growth, empathy, and education. This series aims to bridge the academic and literary worlds, inspiring students to read beyond the syllabus and build a lifelong relationship with books.





GREEN FRIENDS ORGANISATION



GREEN FRIENDS ORGANISATION



PERIOD POSITIVE: AWARENESS THROUGH ART & ACTION- COMMEMORATION WITH INTERNATIONAL WOMEN'S DAY 2025

The Period Positive: Awareness Through Art & Action event, held from March 11–21, 2025, in commemoration of International Women's Day, brought together students and faculty from various departments to raise awareness, break stigmas, and promote sustainable menstrual health practices. Organized by the Green Friends Organization Club, Agal Tamil Club, and NSS-SRIHER, the event aimed to encourage open discussions, inclusivity, and creative advocacy through an E-Poster Competition and Community Awareness Campaign.

Students enthusiastically participated in the E-Poster Competition, with 22 entries showcasing impactful artwork on themes such as menstrual hygiene, sustainable menstrual products, and HPV awareness. The competition was judged by Dr. Anitha Rani M (SRIHER-NSS Coordinator) and Dr. Vanishree Shriraam (Associate Professor, Community Medicine), who recognized the most compelling and thought-provoking designs.



GREEN FRIENDS ORGANISATION



PROJECT I.G.N.I.T.E – P.A.W.S (PROVIDING ACCESS TO WATER SUSTAINABLY)

The Project I.G.N.I.T.E – P.A.W.S (Providing Access to Water Sustainably) held on 12th & 13th May 2025 across the SRIHER campus was a remarkable success, made possible by the compassion and dedication of our enthusiastic volunteers. The initiative aimed to create safe and accessible hydration points for animals within the campus by placing water bowls at various locations and ensuring their regular maintenance. Over the span of two days, more than 60 water bowls were installed by 40 committed volunteers, laying the foundation for a sustainable welfare system for our furry and feathered friends.



GREEN FRIENDS ORGANISATION



DROPS OF LIFELINE – DROP BY DROP, WE CREATE TOMORROW: BLOOD DONATION DRIVE

The “Drops of Lifeline” Blood Donation Drive was held on 12th June 2025 by the Green Friends Organization Club in collaboration with the Department of Transfusion Medicine. Held at the Seminar Hall, Medical Block, the event saw over 32 students and faculty donate blood, with 10 student volunteers assisting. Strict screenings ensured safe donations, while exhibits raised awareness. Donors received certificates and refreshments. Special thanks to the Photography Club, Mr. Vijay, Mr. Aleen, and Mr. Shannen for their support. The drive highlighted the impact of collective action in saving lives and promoting health awareness within the SRIHER community.





MedHOPE



SPARK - SUPPORTING PROGRESS AND RESILIENCE IN KIDS

On March 7th, April 3rd, May 5th and June 6th, the MedHope Club of SRIHER conducted SPARK (Supporting Progress and Resilience in Kids), an initiative designed to bridge the learning gaps faced by young cancer warriors during prolonged treatments. The event engaged children in interactive sessions tailored to their age groups. The volunteers engaged children with various topics like healthy foods and nutrition, basic word pronunciation and reading simple sentences. The sessions were conducted in a fun and engaging manner, ensuring the children not only learnt but thoroughly enjoyed the experience.

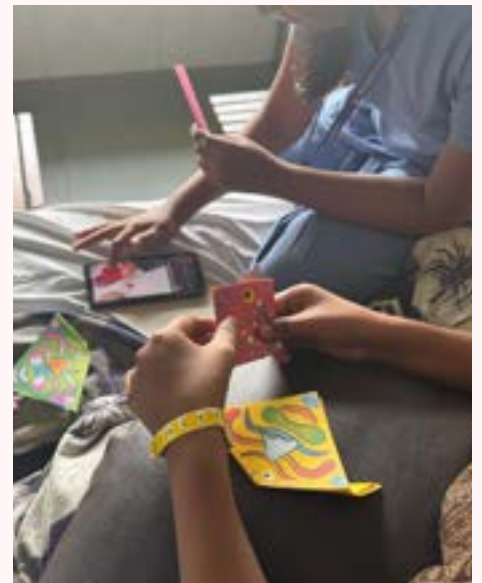


MedHOPE



SHINE- SMILE, HAPPINESS, IMAGINATION, NURTURING, ENGAGEMENT PLAYDATE

On March 21st, May 9th and June 13th, the MedHope Club of SRIHER conducted their new initiative- SHINE (Smile, Happiness, Imagination, Nurturing, Engagement), an initiative designed to entertain our young cancer warriors during prolonged treatments. The event engaged 9 children in interactive sessions tailored to their age groups. The volunteers engaged children with various topics like superhero mask colouring for our little boys to unleash their creativity, bracelet making for our young girls to craft something beautiful, and F1 gaming – for the older boys to enjoy an exciting race. The sessions were conducted in a fun and engaging manner, ensuring the children enjoyed the session.



MedHOPE



TINY TWIRLS – DANCE WORKSHOP

On May 8th, the MedHope Club of SRIHER hosted the Tiny Twirls Dance Workshop, bringing smiles and movement to five brave young cancer warriors. Tailored to their energy levels, the session encouraged self-expression through dance, laughter, and joy. Led by dedicated volunteers, the workshop featured engaging routines and special performances that uplifted and inspired the children. The room buzzed with rhythm, warmth, and pure happiness, making it a truly heartwarming and memorable experience for all.



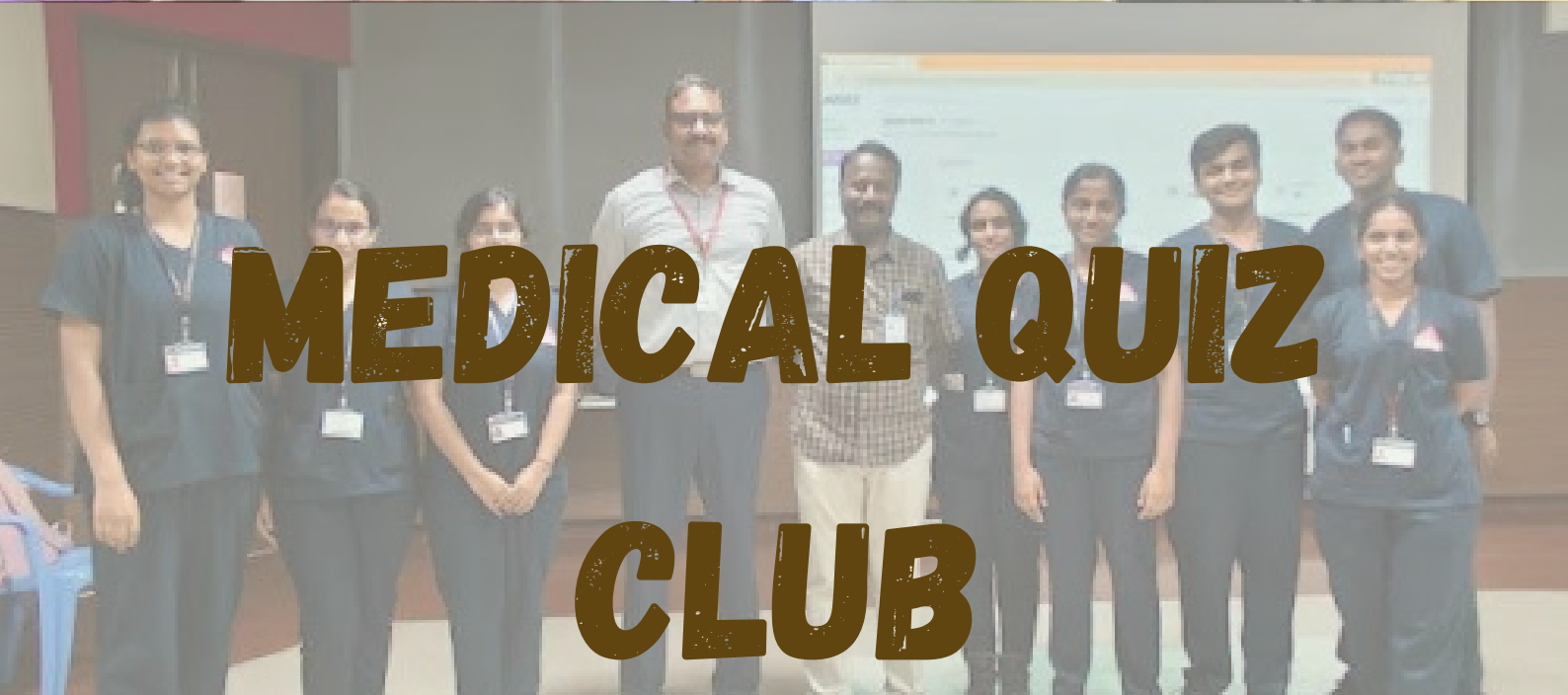
MedHOPE



BLOOD BRIDGE INITIATIVE

From 22nd April to 7th May 2025, the MedHOPE Club of SRIHER held registration booths across different departments of the university to facilitate the creation of a blood donor database. The initiative gained 574 registrations from departments including MBBS, BDS, BASLP and the management department. The initiative garnered great interest from all students and respective faculties and was successful in creating a database of potential, enthusiastic blood donors, who will be called upon as per the immediate need of the Blood Bank Department.





4 QUALITY
EDUCATION

17 PARTNERSHIPS
FOR THE GOALS

SRI RAMACHANDRA
MEDICAL COLLEGE AND RESEARCH INSTITUTE

FORENSIC MEDICINE PRELIMINARY SELECTION QUIZ

DEMO HALL C
PHARMACOLOGY EXPERIMENT
LAB
3RD FLOOR

24TH
FEBRUARY 2025
3-4PM

CORPUS DELICTI

THE PARTICIPANTS SELECTED WILL BE
TRAINED EXCLUSIVELY BY THE
DEPARTMENT OF FORENSIC MEDICINE.
TOP 12 FINALISTS WILL BE DIVIDED INTO
TEAMS OF 3 AND REPRESENT OUR
COLLEGE AT THE QUIZ.

BENEFITS FOR THE STUDENTS

OPPORTUNITY TO RESEARCH AND
ENROLL IN "FORENSIC MEDICINE" AND
DO AN FORENSIC MEDICINE AND
TOXICOLOGY PROJECTS CONDUCTED BY
SRI RAMACHANDRA MEDICAL COLLEGE AND
RESEARCH INSTITUTE.

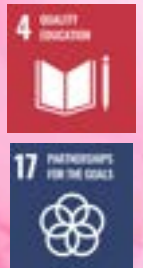
EXCLUSIVE TRAINING SESSIONS AND
WORKSHOPS BY THE BEST FACULTY
FROM THE DEPARTMENT OF
FORENSIC MEDICINE.

CONTACT: 9945622000
9945622000 - 9945622000
9945622000 - 9945622000

CLICK TO REGISTER HERE



MEDICAL QUIZ CLUB

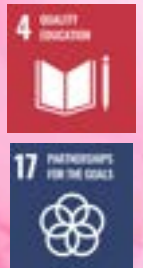


THE FIRST CUT

Top performers from our Anatomy – First Cut Quiz represented our institution in VESALIQUEST '25, hosted by Thanjavur Medical College. Four teams took part in the online prelims on May 1, 2025, competing with peers from across Tamil Nadu. One team advanced to the finals held on May 6, where they delivered an impressive performance. The event offered a rich learning experience, promoting academic excellence and a deeper interest in anatomy.

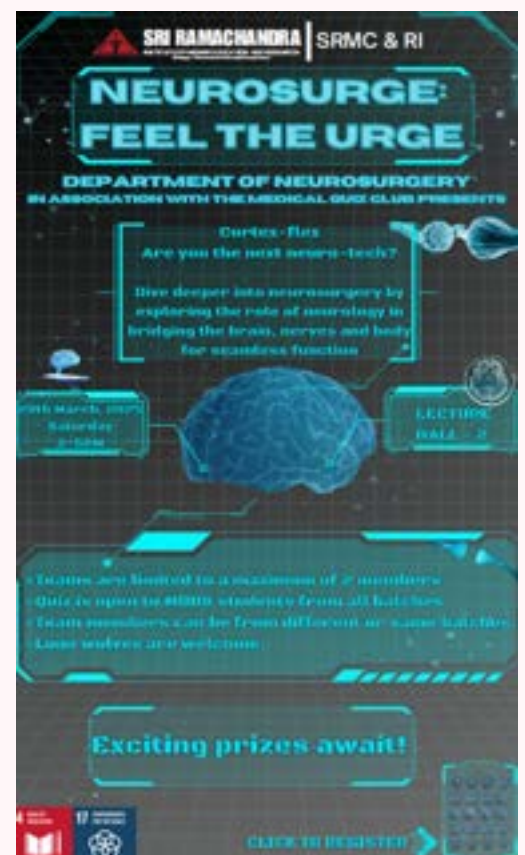


MEDICAL QUIZ CLUB

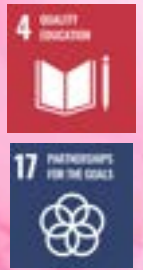


NEUROSURGE : FEEL THE URGE

The Neurosurgery Quiz 2025 was a dynamic offline competition aimed at testing the knowledge and clinical acumen of MBBS students in neurosurgical anatomy, pathology, management, and recent advances. Held on March 29, 2025, the event began with a preliminary round featuring 25 teams answering multiple-choice and short-answer questions, with the top five progressing to the finals. The final round featured three engaging segments: a case-based analysis round, a picture-based diagnostic challenge using neuroimaging and clinical photographs, and a buzzer round that evaluated reflexes and depth of knowledge. Participants demonstrated impressive teamwork, critical thinking, and subject expertise. The quiz culminated in a prize distribution ceremony celebrating the efforts and intellectual rigor of all finalists. Faculty and organizers praised the participants' enthusiasm and encouraged continued pursuit of excellence in neurosurgery. The event successfully fostered a competitive yet collaborative environment, promoting academic curiosity and offering students a valuable platform to enhance their clinical reasoning and understanding of complex neurosurgical concepts.

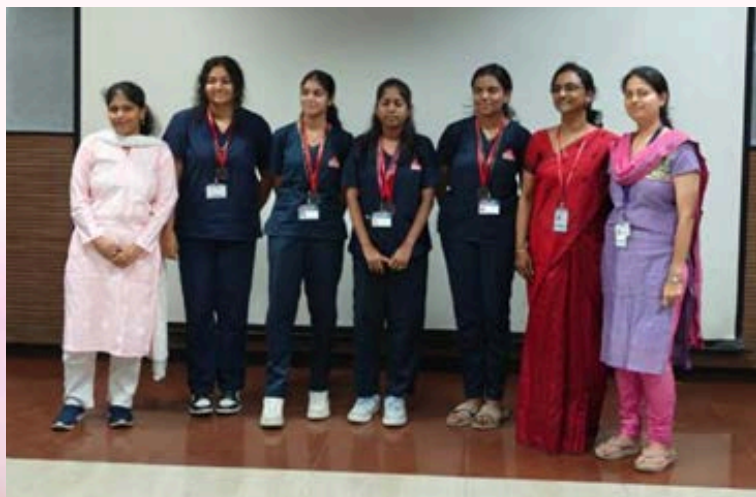


MEDICAL QUIZ CLUB

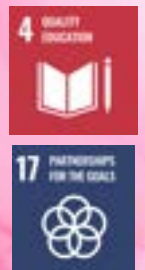


PATHOLOGY QUIZ

The Department of Pathology and the Medical Quiz Club hosted an engaging quiz for 2nd-year MBBS students. A preliminary round on May 8 tested basics of General Pathology, leading to a thrilling final on June 4 focused on Systemic Pathology. The event featured case-based questions, histology image guesses, rapid fire, puzzles, and audience prizes. With interactive segments and enthusiastic participation, the quiz fostered both learning and excitement. Three top teams emerged as winners, making the event a memorable success!



MEDICAL QUIZ CLUB



PANDORA BOX 2.0

Pandora Box 2.0, an online national-level quiz by the Medical Quiz Club, was held on April 3, 2025, to promote Optimus'25, the flagship undergraduate medical conference of SRMC & RI. The quiz saw participation from 160 teams across India, including AIIMS Delhi, BJMC Ahmedabad, and MMC. In collaboration with the Department of Endocrinology, the quiz featured clinically oriented questions in Diabetology. The finals, hosted by Dr. Asha Ranjan Vinod, were engaging and insightful.

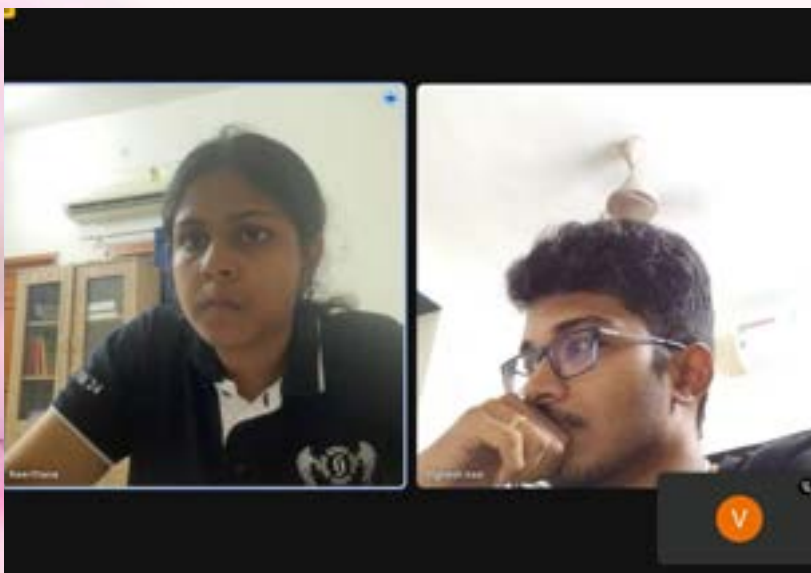
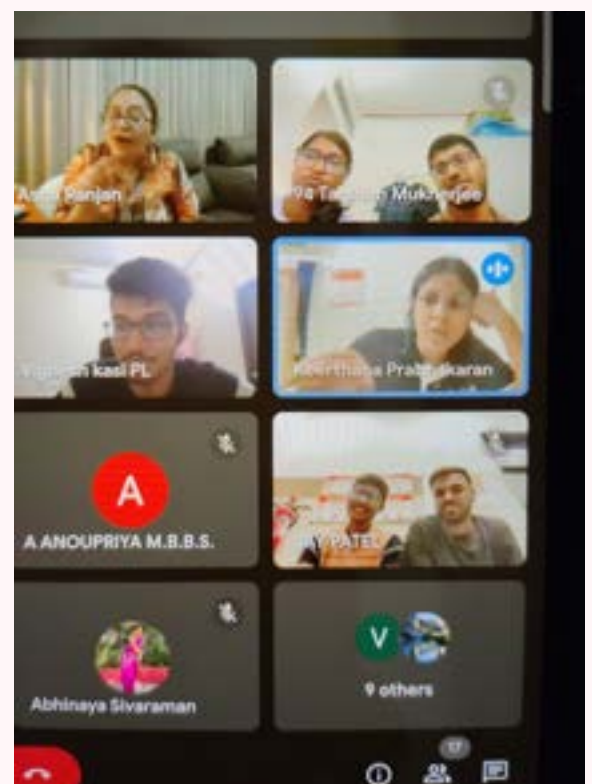
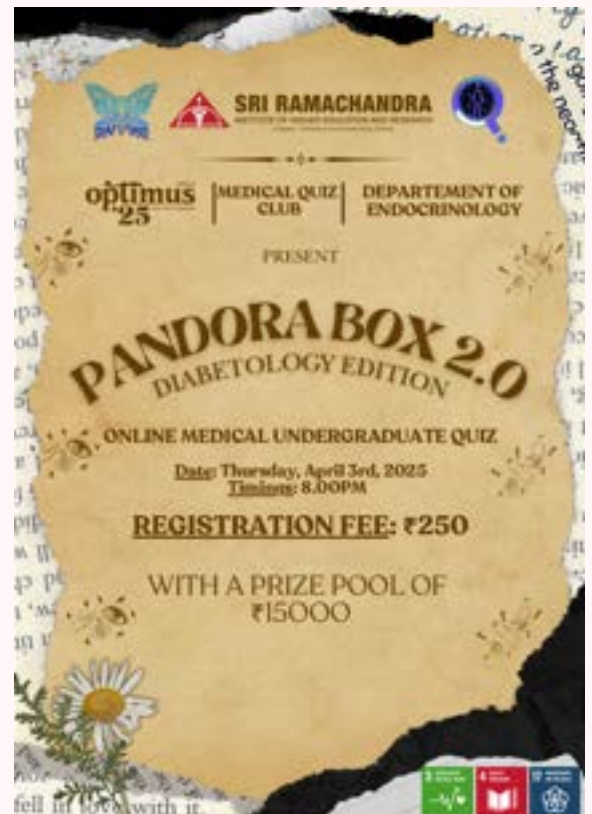
Winners:

1st Place (₹7,000): Dr. Shloka Thakkar & Dr. Nishid Thakkar – BJMC Ahmedabad

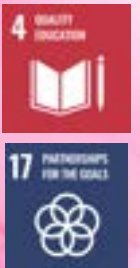
2nd Place (₹5,000): Dr. Tarunim Mukherjee & Dr. Riya Gupta – ABVIMS

3rd Place (₹3,000): Dr. Keerthana Prabhakaran & Dr. Vignesh Kasi – MMC

Participation certificates and free Optimus'25 passes were awarded to the top three teams.



MEDICAL QUIZ CLUB



DIAGNOSE THE DESTINATION

Diagnose the Destination, a treasure hunt-style event held on 19th June 2025, saw six teams race across the medical college campus solving clinical case-based riddles through QR codes. Spanning four rounds, the challenge combined academic knowledge with problem-solving and teamwork, with bonus points for the fastest teams at each station. The event was praised for turning learning into an engaging and adventurous experience. Team 6 won first place (Rs 1200), followed by Team 1 (Rs 800), and Team 3 (Rs 750). Team 2 and Team 4 secured fourth and fifth places with Rs 200 and Rs 400 respectively.







MUSIC CLUB



ARQ CONFERENCE PERFORMANCE

The Music Club of SRIHER had the honor of performing at the prestigious ARQ International Conference held from 19th to 21st June 2025 at the SRIHER Auditorium. The team delivered a soulful medley blending Indian classical and contemporary tunes, captivating the audience with their rhythm and harmony. Their performance added a vibrant cultural touch to the academic gathering, receiving praise from international delegates and faculty alike. The club's dedication and coordination were evident, setting the tone for an engaging conference. The event served as a memorable platform to showcase the musical talent nurtured within the institution.





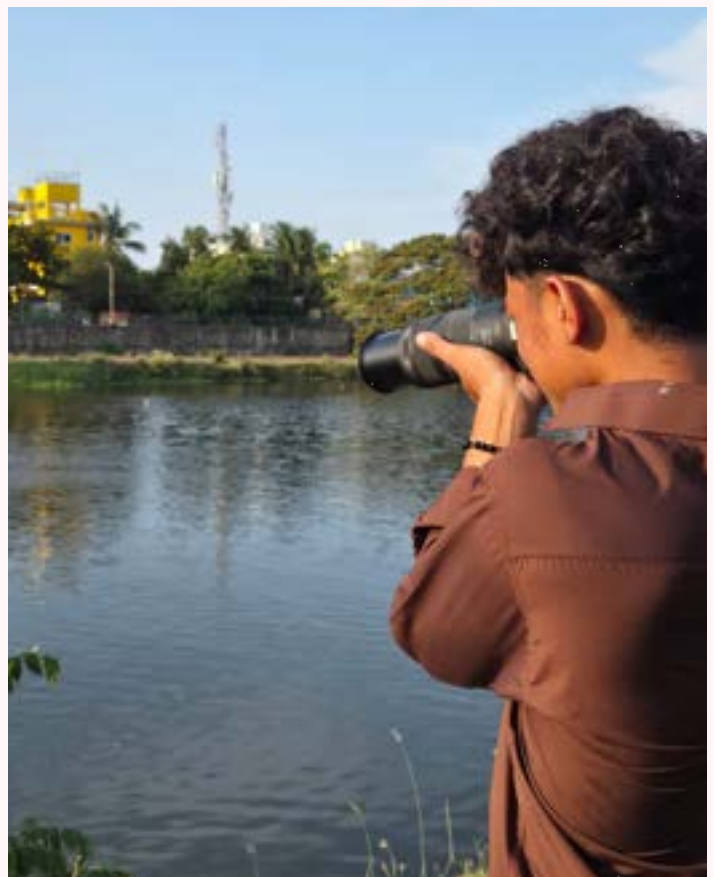
PHOTOGRAPHY CLUB

PHOTOGRAPHY CLUB



PHOTOWALK

On April 28, 2025, an SRIHER PHOTOWALK by the photography club of SRIHER was conducted, uniting photography enthusiasts across campus. With the theme of the event was to discover and bring out the hidden photographer within yourself and find hidden angles, creativity and beauty of photography by clicking photographs around SRIHER campus.

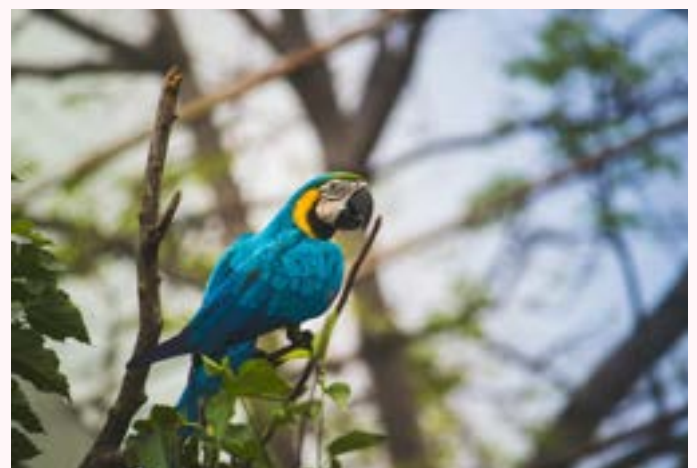


PHOTOGRAPHY CLUB



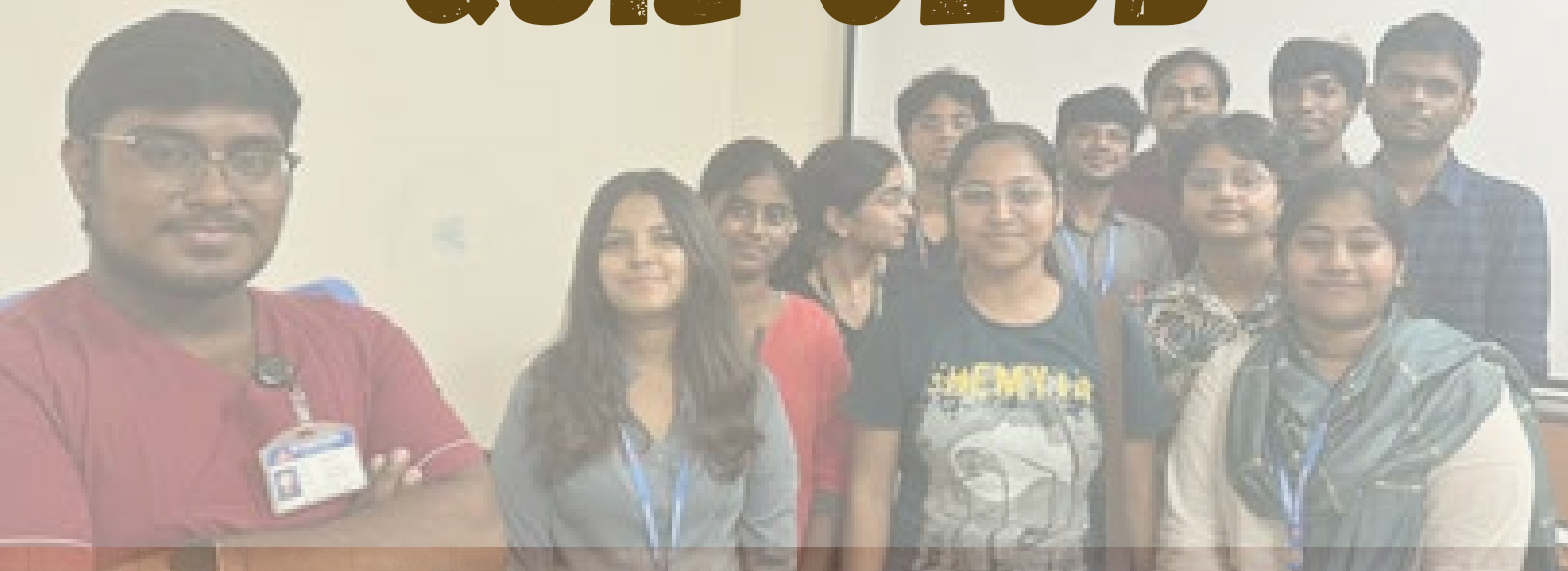
STAY SHOT

Stay Shot 2025, organized by the SRIHER Photography Club, was a creative visual storytelling contest held from May 18 to 31. The event invited students to submit up to 5 photos and 2 videos capturing their unique perspectives of daily life, mood, or surroundings. With enthusiastic participation from across the campus, the event celebrated student creativity and self-expression through the lens. E-certificates were provided to all participants.





QUIZ CLUB



QUIZ CLUB



THE GRANNY GAME

On March 14, 2025, the Quiz Club of SRIHER hosted a thrilling event, 'THE GRANNY GAME,' where participants swapped their mobile screens for real-life action! Inspired by the popular video game Granny, attendees stepped into the roles of the game's characters, bringing the virtual chase to life in an energetic, interactive format.

The event was a massive hit, blending nostalgia with excitement—not only did it revive memories of the Granny game, but it also incorporated playful twists like 'Lock & Key,' where players had to answer quiz questions to 'unlock' their teammates. A perfect mix of strategy, fun, and childhood nostalgia!

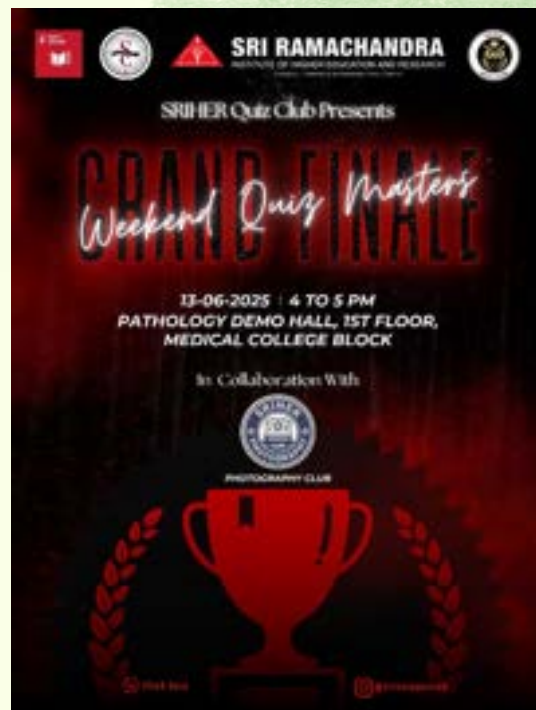


QUIZ CLUB



WEEKEND QUIZ MASTERS – GRAND FINALE

The Weekend Quiz Masters—Grand Finale, held offline on June 13, 2025, at SRIHER, was an exhilarating conclusion to the quiz series. Focused on current affairs, it brought together top scorers for a fast-paced, high-stakes contest celebrating knowledge, speed, and precision. Covering topics from politics to pop culture, the quiz tested both memory and reflex. The offline format added excitement with live interactions, instant scoring, and a vibrant atmosphere. Organized by the Quiz Club, the event honored the finalists' hard work and intellectual enthusiasm, concluding the series on a high note and inspiring continued curiosity and competitive spirit.



QUIZ CLUB



F.R.I.E.N.D.S. - THE DO YOU KNOW YOUR FRIEND SEQUEL

The SRIHER Quiz Club hosted “A Do You Know Your Friend?” Sequel on June 23, 2025, at the Pathology Demo Hall, blending F.R.I.E.N.D.S trivia with pictionary. The event kicked off with a warm-up round where participants either guessed iconic lines from the show or sketched memorable F.R.I.E.N.D.S-themed objects for teammates to identify. Laughter and creativity filled the room as teams showcased their knowledge and quick thinking. The excitement escalated with a rapid-fire round that tested reflexes and sitcom smarts. After a close contest, a team of three emerged victorious, demonstrating excellent teamwork and a true love for the legendary sitcom.





THEATRE CLUB





THEATRE CLUB



MONO ACT MARATHON

The Monoacting Event, held on March 24, 2025, at Demo Hall 4 in the Medical Block, provided a platform for individuals to express their creativity, acting skills, and emotional depth through solo performances. The event encouraged participants to explore diverse characters, narratives, and themes—allowing them to showcase their talent, storytelling abilities, and stage presence. It aimed to nurture artistic expression, boost self-confidence, and promote a vibrant culture of theatrical arts within our community.





THEATRE CLUB



POSTER RECREATION

Announced on May 5, 2025, the Poster Recreation Event invited participants to creatively reinterpret iconic posters using original or digital media. With entries submitted by May 30 and winners revealed on June 12, the event celebrated innovation and design flair. Praveen Raj (BSc AIDA, 2nd year) secured first place for his intense LEO poster recreation. Second place went to Pragadeeswaran (BASLP, 2nd year) for blending Kollywood and Avengers with brilliance. Pradeep Kumar PK (BSc AIDA, 2nd year) won third for his fresh take on Game of Thrones, delivering a stunning visual treat.





YOGA CLUB

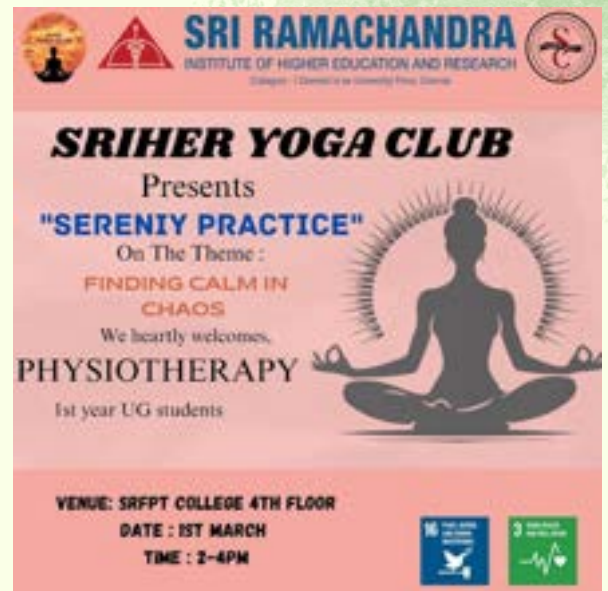


YOGA CLUB



SERENITY PRACTICE- FINDING CALM IN CHAOS

An interactive session conducted on March 1st 2025 by the SRIHER Yoga Club, for the students of BPT (Physiotherapy), SRIHER. The event commenced with the introduction and demonstration of asanas with audio-visual guidance by Dr Seethalakshmi, the Assistant Dean of Students, Professor and Head of the Faculty of Nursing, SRIHER; and was followed by an competitive asana holding challenge reiterating the importance of fitness, fun and flexibility. The event proceeded with a sneak peak into stress-relief, meditation and relaxation, conducted by Dr Archana, Assistant Professor, Department of Pathology. The event was a huge success with widely positive feedback received from the Affiliates.





YOGA CLUB



INTERNATIONAL DAY OF YOGA - COMPETITIONS

On May 12th, three exciting competitions were held, and the winners were announced. The first, an online video competition, where participants were judged on their presentation, clarity, and proper posture. The second competition showcased ingenious art and craft submissions, accompanied by impressive posters that highlighted the creativity of the participants. The third was a thrilling battle of book lovers, where participants submitted their own bookmarks, and the entries were truly exceptional. The winners of each competition were announced, and their outstanding work was celebrated.



YOGA CLUB



INTERNATIONAL YOGA DAY CELEBRATION COLLABORATION WITH NSS

An interactive session conducted on 12th June 2025 by the NSS, SRIHER Yoga Club, and IDY team for the students of 10th grade from Chennai Girls secondary school, perambur. The event commenced with the inauguration speech by Dr. B.Selvanathan, Secretary of Indian red cross society. Then a brief about yoga was given by Dr. Archana followed by demonstration of asanas/pranayama as provided by the IDY common yoga protocol booklet published by the Ministry of Health. Tips for students for a healthier living such as healthy eating habits, personal hygiene addressing mental and physical well-being was given to students. The event was a successful one and students wanted more such events.



YOGA CLUB



INTERNATIONAL YOGA DAY CELEBRATION IN COLLABORATION WITH NSS

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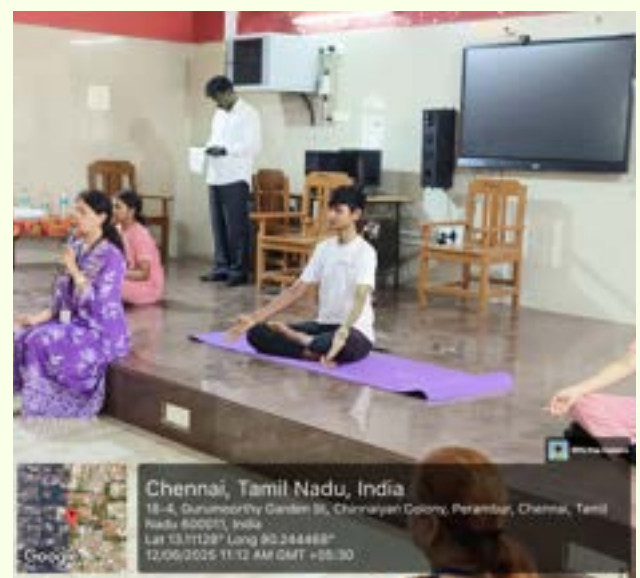


YOGA CLUB



INTERNATIONAL YOGA DAY CELEBRATION IN COLLABORATION WITH NSS

On 20th June 2025, 11 members of the SRIHER Yoga Club and 9 volunteers from NSS Unit 6 visited Dr. Radhakrishnan Matriculation Higher Secondary School, Kodungaiyur, from 9 AM to 12 PM to mark the International Day of Yoga. The program was organized by the NSS team of SRIHER in collaboration with the SRIHER Yoga Club. It aimed to educate school students about the importance of yoga in promoting a healthy lifestyle and preventing diseases. Through interactive sessions and demonstrations, the team encouraged students to adopt yogic practices for physical and mental well-being. The initiative was well-received and impactful.

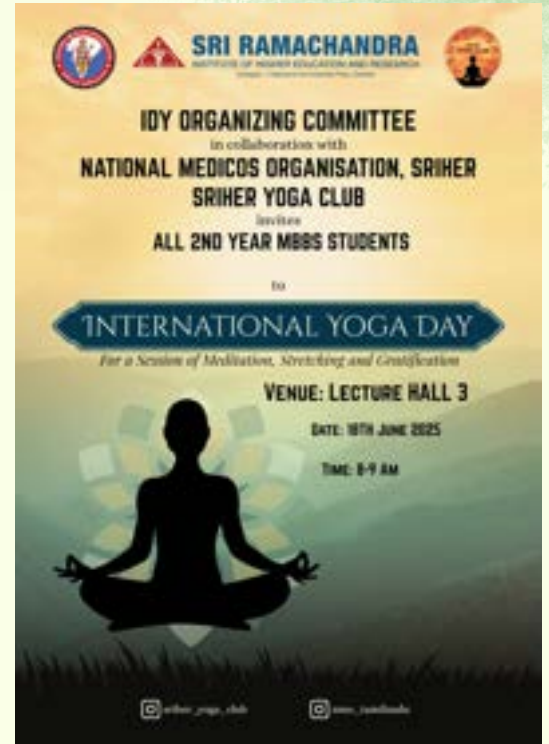


YOGA CLUB



INTERNATIONAL YOGA DAY CELEBRATION IN COLLABORATION WITH NMO

A collaborative session conducted by NMO Wing at SRMC and The SRIHER Yoga Club, under the umbrella of Celebrating The 11th installment of International Day of Yoga on 18th June 2025 from 8am to 9 am, aimed at improving attention and fortifying against distractions for the Exam-going batch of MBBS Students, effectively wrapping up an year of learning and experiences. The session was inaugurated by Dr Archana from The Department of Pathology with a series of fun ice breakers, followed by Desktop Stretches and Yoga. It was followed by a couple of exercises to ease eye strain and relieve tension. The session concluded with a quick introduction to the methodologies of Nadi Shodhana and Brahmari Pranayama, which was received with much interest by the students.

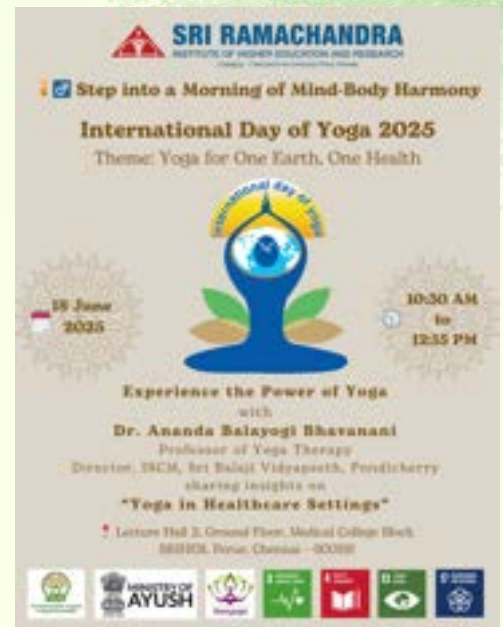


YOGA CLUB



INTERNATIONAL YOGA DAY CELEBRATIONS

Held on 18th June 2025 from 10.30am to 12.15pm, the event commenced with the SRIHER anthem, setting a patriotic tone. Dr Vijayalakshmi, Principal of Clinical Psychology, delivered the inaugural speech, highlighting the significance of International Day of Yoga and reviewing the past year's happenings. Dr. C V Somasundaram, Academic Advisor, provided a special address, offering valuable insights. The Chief Guest, Dr. Ananda Balayogi Bhavanani, enlightened the audience on integrating yoga into healthcare. The ceremony also honored the winners of a spectrum of competitions conducted by the SRIHER Yoga Club. Dr. Prithvi from the Department of OncoSurgery concluded the event with a vote of thanks. The event was met with enthusiastic response from the students and faculty alike and prudent feedback received.

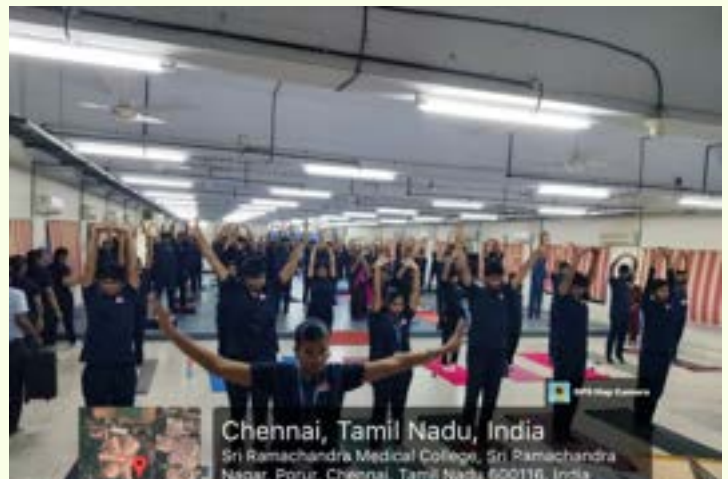
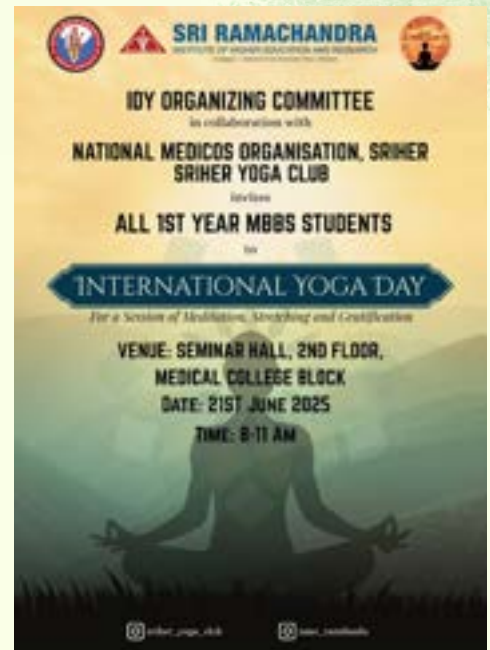


YOGA CLUB



INTERNATIONAL YOGA DAY CELEBRATION IN COLLABORATION WITH NMO

On June 21, 2025, from 8:00 to 11:00 AM, International Yoga Day was celebrated with the first-year MBBS students of SRMC. The event was organized by the IYD Committee, NMO – SRMC Unit, and the Yoga Club of SRIHER. The students were divided into two batches, and separate sessions were held for each. Dr. Vijayalakshmi from Allied Health Sciences led the yoga exercises, while Dr. Archana, Assistant Professor of Pathology and an Art of Living teacher, conducted the Pranayama and meditation session. Dr. Prithvi from Surgical Oncology introduced students to Pranic Healing. A total of 250 students benefited from the event.



YOGA CLUB



INTERNATIONAL YOGA DAY CELEBRATION IN COLLABORATION WITH NMO

Today, 21st June 2025 at 2-4 pm, International Yoga Day was celebrated for 3rd MBBS students- 250 and faculties of SRIHER. The event was presided by Prof. Somasundaram, Professor of Eminence and Academic advisor and chief guest was Sri. Jeyakumar Venkatasamy, World Record Holder for fastest Suryanamaskar and Art of living Teacher. He conducted the session. His son Master. Jai Shri Krishna demonstrated intuition yoga - blindfolded, he read notes in English and Tamil from papers, mobile, solved rubix cube, described people in front. He manifested the power of meditation inspiring the audience. The session ended with refreshments.



YOGA CLUB



INTERNATIONAL YOGA DAY CELEBRATION - HOSTELLER'S EVENT

The session began with a warm welcome by Mrs. Manimekalai, who introduced the team and set a positive tone. Participants engaged in a series of stretches and simple asanas, including five back bends, five forward bends, and a couple of twist asanas, all designed to enhance flexibility and relaxation. Dr. Mathangi, Head of the Department of Mind Body Medicine and Lifestyle Sciences, then addressed the gathering and expressed gratitude to the International Yoga Day team and the SRIHER Yoga Club. The event ended on a high note, with enthusiastic feedback and a strong sense of community.





ENGLISH LITERARY CLUB & TAMIL CLUB - “VERSE AND VAZHI”



The event "Verse and Vazhi" successfully took place on 24th April 2024, with a total of 10 enthusiastic participants. The atmosphere was vibrant, filled with excitement, laughter, and healthy competition. Participants displayed impressive linguistic skills, showing their ability to switch between Tamil and English with spontaneity and creativity. It perfectly aligned with the objective of promoting quality education and cross-cultural literary appreciation.





MUSIC CLUB & ROTARACT CLUB “MANDALA POOJA”



The Mandala Pooja which was conducted on April 2nd 2025 was a very wonderful evening where the members of the music club portrayed the divinity of God through their songs. This event attracted a huge number of audiences.





YOGA CLUB & ROTARACT CLUB



“SAANIDHYA-YOGA WITH GRACE (INTERNATIONAL YOGA DAY CELEBRATION)”



On International Yoga Day, the Rotaract Club and Yoga Club of SRIHER organized a meaningful session at Akshaya Trust Old Age Home with 13 dedicated volunteers. Arriving by 8:00 AM, they coordinated with staff to involve elderly residents who were fit and willing to participate. Volunteers led simple, accessible yoga exercises to promote physical and mental well-being. Caretakers were also guided on continuing these practices daily. Beyond the physical session, volunteers spent quality time with the residents, engaging in heartfelt conversations, sharing smiles, and offering emotional support. The event fostered a sense of warmth, companionship, and belonging among all participants.

