

ALUMNI ACTIVITIES CONTENT

2024

1. Stress Management by Dr. Durgashri organized by Alumni – Medical Chapter.
2. Gather 2024, organized by Department of Pathology and Alumni – Medical Chapter
3. Inauguration of the LED signboard “I ♥ SRDC” by Alumni – Dental Chapter
4. Interns Farewell and Alumni Induction organized by Alumni – Dental Chapter
5. Alumni-Student Interaction Program organized by Alumni Chapter Sri Ramachandra Faculty of Physiotherapy
6. Alumni reunion for the graduates of Pharm.D. and B.Pharm. organized by SRFOP ALUMNI CHAPTER.
7. Alumni Novice - Expertise Networking Event organized by Alumni Association Nursing chapter
8. Alumni Interaction & Guest Lecture on Initiation of Mechanical Ventilation organized by Alumni Association Allied Health Sciences – Division of Respiratory Care.
9. Alumni Interaction on Future career opportunities in Diagnostic imaging organized by Alumni Association Allied Health Sciences
10. Alumni day celebration organized by Alumni Association - SRFASLP Chapter
11. Invited Lecture and 21st GBM organized by Alumni Association - SRFASLP Chapter
12. Alumni Meet organized by Department of Trauma Care Management - Faculty of Allied Health Sciences
13. Alumni Interaction lecture by Mr. Chirag Molia, Mr. Manu Joshi and Mr. Manikandan organized by Alumni – Biomedical Sciences
14. Alumni Interaction organized by Alumni - Faculty of Management Sciences
15. Alumni Interaction with MBA Freshers organized by Alumni - Faculty of Management Sciences

Report on Group Counselling Session – Stress Management And Resilience Training- For postgraduates in SRMC, SRIHER



Name of the Program: **STRESS MANAGEMENT**

Facilitator: **DR. DURGASRI**

Coordinator: DR. LEENA DENNIS JOSEPH, Professor and Head, Department of Pathology, Associate Dean

Timing: 3.00 – 4.00Pm

Attendees: Postgraduate Medical Students of Pre and Para clinical departments

Venue: Pathology Demo Hall (1st floor, Medical college building)

Total Number of Participants: 35 Students

Brief report:

The session aimed at making the students understand about types of Stress, impact of stress on physiology, Strategies for handling and Resilience Training

TOPICS DISCUSSED

Defining Stress: Stress is the way human beings react both physically and mentally to changes, events, and situations in their lives.

- People experience stress in different ways and for different reasons.
- The reaction is based on your perception of an event or situation.
- If you view a situation negatively, you will likely feel distressed—overwhelmed, oppressed, or out of control.
- Distress is the more familiar form of stress.

- The other form, eustress, results from a “positive” view of an event or situation, which is why it is also called “good stress.”

CAUSES OF STRESS

The most frequent reasons for “stressing out” fall into three main categories:

1. The unsettling effects of change
2. The feeling that an outside force is challenging or threatening you
3. The feeling that you have lost personal control.

WHAT ARE THE MIND TRAPS?

- Catastrophizing
- Discounting the positive and exaggerating the negative
- Blaming

SYMPTOMS OF STRESS

- Physical symptoms
- Emotional symptoms
- Mental symptoms
- Behavioural symptoms

STRESS-COPING STRATEGIES

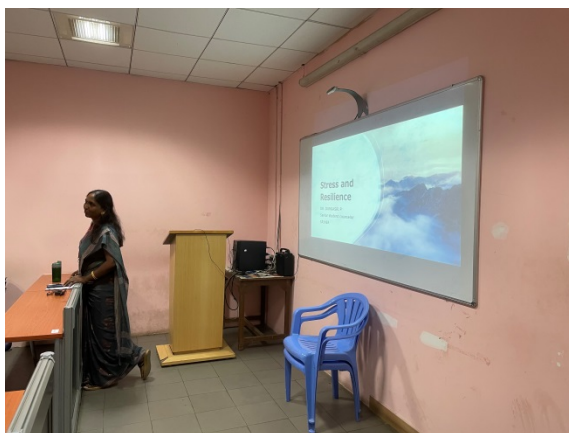
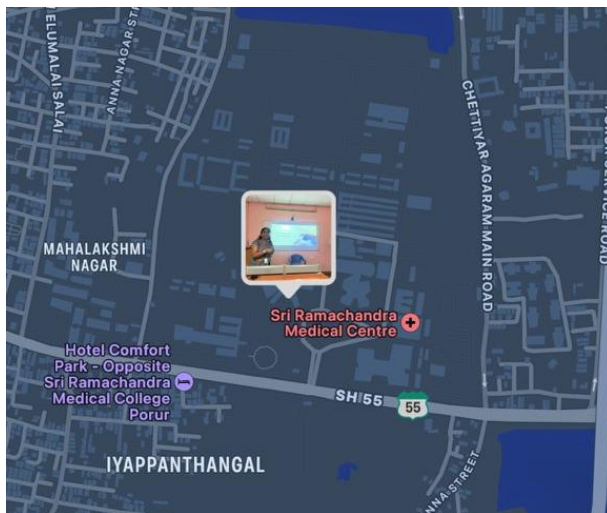
- Avoidance-coping
- Emotional-coping
- Action-coping

RESILIENCE TRAINING

The Four building blocks of Resilience are

- Letting things go off and not hold on persistently
- To live in harmony and alignment
- Understanding impermanence is constant
- Realise that we are what we do repeatedly

PHOTOS OF THE SESSION:

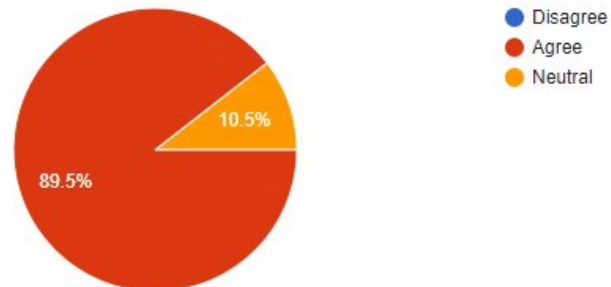


FEEDBACK OF THE SESSION:

Content of the session was useful and interesting

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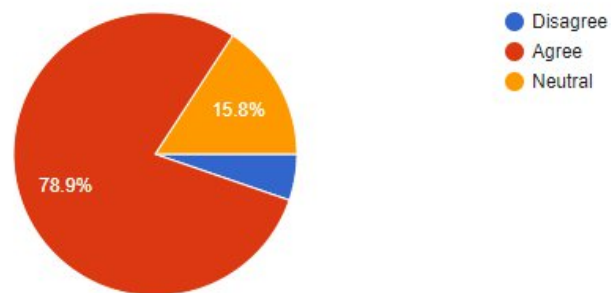
19 responses



I will be able to apply what I learned from this session in my personal/work life

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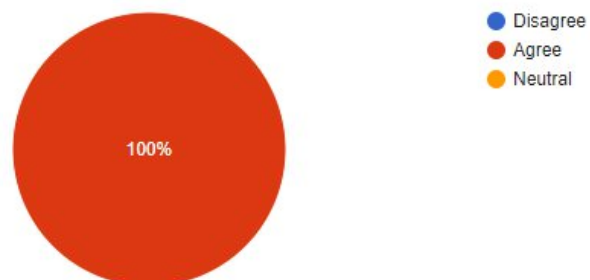
19 responses



The facilitator communicated the ideas and concepts clearly.

 Copy

19 responses



Suggestions to improve the session

19 responses

-

Good session

It is a nice session

Time frame was limited, could have some more extended session.

Everything was good with perfect examples.

Could be more interactive

Session was crystal and clear

Very good

Interaction.

Nil

None

No suggestions

Conduct this session for faculties and not only for pgs

Everything was good

Air-conditioning of the demo room needs to be improved.

Very useful session at present for my life.

It could have been a longer session, felt being rushed due to time constraint...

More interesting

Nothing

ATTENDANCE SHEET:

SRI RAMACHANDRA MEDICAL COLLEGE

**Attendance Sheet for Group Counselling Session
Attendees: Postgraduate Students**

Topic: Stress Management and Resilience Training

Date: 27/05/2024

S.NO	Name of the Student	Department	Signature
1.			
2.	Dr. Priyanka	M.D. Pathology	[Signature]
3.	Dr. Keeskhanan Ram	M.D. Pathology	[Signature]
4.	Dr. Sathish	M.D. Pathology	[Signature]
5.	Dr. Hemapriya K	M.D. Pathology	[Signature]
6.	Dr. Nisha	Pathology	[Signature]
7.	Dr. Nisha	Pathology	[Signature]
8.	Pavithra S	Pathology	[Signature]
9.	Ramya	Pathology	[Signature]
10.	Dr. Suresh Chandra V	M.D. Community Medicine	[Signature]
11.	Dr. ASHER EDWARD PREM KUMAR	M.D. COMMUNITY MEDICINE	[Signature]
12.	DR. GANAPATHY	M.D. COMMUNITY MEDICINE	[Signature]
13.	Dr. F. KARATHICK	M.D. BIOCHEMISTRY	[Signature]
14.	DR. S. UMARANI	M.D. BIOCHEMISTRY	[Signature]
15.	Dr. MOHAMMED IRAN	M.D. FORENSIC MEDICINE	[Signature]
16.	Dr. Syed Affradhas	M.D. Forensic Medicine	[Signature]
17.	Dr. Debatamunali	"	[Signature]
18.	Dr. ADVIN	M.D. FMT	[Signature]
19.	Dr. THYANESH	M.D. FORENSIC MEDICINE	[Signature]
20.	Dr. SHANKAR G.K	MD COMMUNITY MEDICINE	[Signature]
21.	Dr. T. NAVIN	MD Community Med	[Signature]
22.	Dr. Nidhya D.	MD Forensic Medicine	[Signature]
23.	Dr. Deepika S	MD Forensic Medicine	[Signature]
24.	Dr. Angel S	M.D Forensic Medicine	[Signature]
25.	Dr. RANJA R	M.D. ANATOMY	[Signature]
26.	Dr. ASHA S	M.D. ANATOMY	[Signature]
27.	Dr. S. RUTHI	M.D. ANATOMY	[Signature]
28.	Dr. JEBASOPHI PRISILCA	M.D. ANATOMY	[Signature]
29.	Dr. AARTHI	M.D. ANATOMY	[Signature]
30.	Dr. Suresh	MD Path	[Signature]
31.	Dr. Suresh	MD PATHOLOGY	[Signature]
32.	Dr. Rahul Tiwari	MD Pathology	[Signature]
33.	Dr. Shripavanth Bhaskaran	MD Pharmacology	[Signature]
34.	Dr. Anuresh	MD. Pathology	[Signature]
35.	Dr. Sunprakash	MD Pharmacology	[Signature]
36.	Dr. Svarishma	MD Biochemistry	[Signature]
37.	Dr. Kannani N	MD Biochemistry	[Signature]
38.	Dr. Ezeasa Preetam G.	MD Biochemistry	[Signature]
39.			
40.			

Conducted by Dr. DURGASRI P

[Signature]
27/5/24



ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

EVENT REPORT

Alumni Chapter Name or Department : Gather 2024, Department of Pathology

Description of the Event: Alumni meet for all Pathologists who have completed MD Pathology in our institution

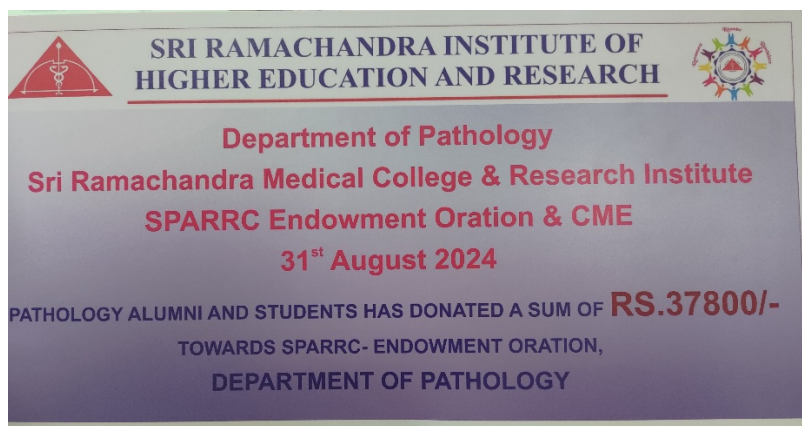
Venue, Place & Time: Lecture Hall 6, 4th floor, SRMC; 31st August, 2024, 1:30PM onwards

Chief Guest/Resource Person Name: Dr. Thanka J

No of Participants attended: 70

Summary of the Event: The alumni meet was held after the SPARCC- Department of Pathology – Endowment Oration, beginning with lunch for all the alumni, faculty members and postgraduate members. All the attendees were welcomed by our Head of the Department, Dr. Leena Dennis Joseph and Organizing chairperson Dr. Sandhya Sundaram. After a small introduction by Dr. Barathi, a cheque for Rs37800/- was presented by the alumni members to the department. Various alumni members shared their experiences during postgraduation and regarding their career growth. After a mini photo session, the program ended with high tea for all the members.

Colour photographs to be attached:







ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

Alumni Chapter Name: Dental

Description of the Event: Inauguration of the LED signboard "I ♥ SRDC"

Venue, Place & Time: Dental College, 10-05-2024, 9:00 am to 10:00 am

Chief Guest/Resource Person Name: Dr. Uma Sekar, Vice Chancellor, SRIHER

Colour photographs to be attached: Enclosed

No of Participants attended: 150

Gist about the Event: The Alumni Association of Sri Ramachandra Dental College organized a program to inaugurate the LED signboard "I ♥ SRDC" on 10th May 2024. Dr. Uma Sekar, Vice Chancellor, SRIHER inaugurated the LED signboard along with Dr. T. K. Parthasarathy, Professor of Eminence & Chief Advisor, SRIHER, Dr. H. Thamizhchelvan, Dean, SRDC&H. The Alumni committee members, Heads of the Department, Faculties, and students took part in the event. The LED signboard was sponsored by the Alumni committee of Sri Ramachandra Dental College as a symbol of identity for the college and to improve the visibility and reach of the dental specialty for the public.







ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

EVENT REPORT

Alumni Chapter Name or Department : Dental Chapter

Description of the Event: Interns Farewell and Alumni Induction

Venue, Place & Time: Dental College, Basement auditorium, 21/11/24, 02:00 pm to 04:00 pm

Chief Guest/Resource Person Name: Dr. Koushik Muthuraja

No of Participants attended: 125

Summary of the Event:

The Alumni induction program for the outgoing batch of students (batch 2019-2020) was organized by the Alumni Association – Dental Chapter at Sri Ramachandra Dental College & Hospital on Thursday 21st October 2024, at the Basement Auditorium, SRDC&H. The event embraced the theme “INSIDE OUT” celebrating the spectrum of emotions of the graduating students. The Chief Guest Dr. Koushik Muthu raja, Deputy Medical Director and Clinical Lead for the Interventional Pulmonology Centre, Secretary Alumni Association, SRIHER presided the event in the presence of Dr. H. Thamizhchelvan, Dean, Dental College, Dr. S. K. Balaji, Vice Principal, Dental College. The event commenced with a traditional lamp-lighting ceremony, followed by a welcome address delivered by Dr. Karthigeyan, President Alumni Association – Dental.

Dr. Koushik Muthuraja, delivered an inspiring speech and shared valuable insights from his professional journey and encouraged the students to embrace challenges with determination and passion, reminding them of their responsibility to serve society with integrity and compassion and gave a brief yet insightful address about the Alumni Association, sharing the committee's goals, its role in maintaining lifelong connections with the institution, and encouraging the outgoing students to stay connected.

The event was further enlightened with engaging games, lively performances, including energetic dance and an impressive band performance. A special highlight of the evening was the unveiling of the Yearbook and Batch Video, which captured cherished memories, achievements, and the essence of the outgoing batch's journey through their academic years. The celebrations included a joyful cake-cutting ceremony, symbolizing the sweet memories and bonds formed.

The program concluded with a heartfelt Vote of Thanks delivered by Dr. Rajkumar, who expressed gratitude to all the dignitaries, faculty, staff, organizing team, and students for making the event a grand success.

Colour photographs to be attached:





ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

EVENT REPORT

Alumni Chapter Name or Department:

Alumni Chapter Sri Ramachandra Faculty of Physiotherapy

Description of the Event:

The Sri Ramachandra Faculty of Physiotherapy and the Alumni Chapter, in collaboration with the Alumni Association of Sri Ramachandra Institute of Higher Education and Research, organised an “**Alumni-Student Interaction Program**” on August 22, 2024, to celebrate the 25th anniversary of the BPT Batch 1999-2000. The event saw active participation from around 150 attendees, including 22 alumni from various institutes across India and the United Kingdom.

Venue, Place & Time:

Sri Ramachandra Faculty of Physiotherapy Building

Program I - Alumni Interaction: 3rd Floor, Room Number 3.7

Timing: 10:00 AM to 12:00 PM

Program II Alumni-Student Interaction: 4th Floor, Room Number 4.2

Timing: 12:00 PM to 2 PM

Chief Guest/Resource Person Name:

Names	Qualification	Designations	Location
Balaji G	BPT, MSC (UK)	Chief Physical Therapist, Spectra Physiotherapy Founder	Chennai
Chaitanya	BPT, PGDHHM, PGDMLS, Cert Counsellor & Yoga	Consultant Therapist - AISC Wellness Consultant/therapist, Mama Care Pro Consultant Therapist	Chennai
David Vijay Kumar	MPT	Founder & Chairman of Elderly Care Physiotherapy Center	Chennai
Devika	MPT	Devika Physio Clinic	Rajapalayam
V Gokulan	BPT	Private Practice	Chennai
Harikrishnan V	MPT	Former Principal, Burdwan Institute of Medical & Life Sciences, West Bengal, Former Board of Studies Member Burdwan University, Former Ceter Incharge WBUHS	Tiruchendur
Himadeep reddy Nemallapudi Venkata	BPT	Orthopedic Extended scope practitioner	UK
Joohi Rai	BPT	Senior Physiotherapist, Physical Therapy Clinic, Gurgaon	Haryana
Kamala Vinoth	BPT, MBA PT CPC COC CANPC CEDC	MD, Mediscope Global Services PVT LTD	Chennai
Kavitha P	MPT	Senior Physiotherapist	Chennai
Manjula	BPT	Manjula Physiotherapy Clinic	Chennai
Muthu Kumar	BPT, MBA	Assistant Geneal Manager, NHS	UK

O N Sudhakar	MPT, LLB	Senior Physiotherapist, Sudha Physiotherapy clinics	Gopichettipalayam
Pavani K	BPT	Ex Medical Coder	Nellore
Prince Sabinus	BPT	Chairman Shiva Shakthi Hospital	Chennai
Spandana Kethu	BPT	Senior MSK Physiotherapist	UK
Subashini	BPT	Advanced Physiotherapy Practitioner, NHS	UK
Sudha	BPT	Former Physiotherapist	Dubai
Vasanthi Ranjith	BPT	Physio Dr. Bharath Orthopedic Hospital, Kilpauk, Former Physio at TNCA, Personal trainer Pink Fitness Center	Chennai
Venkatesh	BPT	Head Sports Physiotherapist, Sports Dynamix	Chennai

No of the Participants attended:

119 Students + 21 Faculties and Clinical Staff + 20 Alumnus + 10 Alumnus Family Members

Total Participants: 150 Participants

Summary of the Event:

The Sri Ramachandra Faculty of Physiotherapy, in collaboration with the Alumni Chapter and the Alumni Association of Sri Ramachandra Institute of Higher Education and Research, organized an “Alumni-Student Interaction Program” on August 22, 2024. This event marked the 25th anniversary of the BPT Batch 1999-2000.

Participants

The event saw active participation from around 150 attendees, including:

- Twenty alums from various institutes and hospitals across India and the United Kingdom.
- Current students and faculty members of the Sri Ramachandra Faculty of Physiotherapy.

Program Highlights

All alums were warmly welcomed with a flower bouquet and a welcome gift comprising chocolates and a customized welcome note. These were distributed by Ms. S. Sridevi, Associate Professor, and Ms. R. Angeline, Assistant Professor, from Sri Ramachandra Faculty of Physiotherapy, who had taught the BPT Batch 1999-2000.

Welcome Address:

- The event commenced with a welcome address by Prof. Dr. Antony Leo Aseer, Principal, Sri Ramachandra Faculty of Physiotherapy. Who highlighted the significance of the alumni-student interaction and the achievements of the BPT Batch 1999-2000.

30 Years SRFPT Achievements & BPT Batch 1999-2000 Videos:

- The Sri Ramachandra Faculty of Physiotherapy achievements in the form of video, which comprises 30 years of events, were displayed. Following that, BPT Batch 1999-2000 videos were played.

Alums and Faculties Speeches:

- All alums shared their student journey and experiences with their faculties. They complimented and honored not only the faculty members who taught the BPT Batch 1999-2000 but also all faculty members with gift hampers. Additionally, they gave special mementos with their name and greeting messages to those who took classes for them. Finally, they honored Dr. Antony Leo Aseer, Dr. Venkatesh, and Dr. Siva Kumar with Ponnadai, and they handed over their Batch Memorial Mementos to the department.

Alumni Speeches:

- Several distinguished alums, especially from the United Kingdom, shared their professional journeys, experiences, and insights into the field of physiotherapy. This segment provided valuable learning opportunities for current students.

Panel Discussion:

- A panel discussion was held on the topic “Advancements in Physiotherapy and Future Trends, opportunities around the World,” featuring alumni experts from various specializations. The discussion was interactive, with students actively participating and asking questions.

Philanthropy Activity – Movement Mission:

The continuous annual philanthropic activity MOVEMENT MISSION – GETTING THEM BACK ON THEIR FEET was explained to all alum members by Dr. Antony Leo Aseer, Principal, Sri Ramachandra Faculty of Physiotherapy, and Mr K Soundararajan, Assistant Professor, Principal, Sri Ramachandra Faculty of Physiotherapy.

Networking Session – UK Physiotherapy Alumni Chapter of SRIHER:

- Following Dr. Antony Leo Aseer, Principal, Sri Ramachandra Faculty of Physiotherapy, talked about the possibility of opening the UK Physiotherapy Alumni Chapter of SRIHER. Ms. Sai Alekhya B, Lecturer, Sri Ramachandra Faculty of Physiotherapy, explained the need for connectivity between alums and the Alumni Association of SRIHER, also about the guidance and assisting other alums who have recently completed their courses to obtain employment and engage in productive pursuits beneficial to society.

Feedback from students

The feedback from participants was overwhelmingly positive. Students appreciated the opportunity to learn from experienced professionals, while alums expressed their joy in reconnecting with their alma mater and contributing to the growth of future physiotherapists.

Conclusion Remarks

The “Alumni-Student Interaction Program” was a resounding success, fostering a sense of community and collaboration between alumni, current students, and faculties. Ms. R. Angeline, Assistant Professor from Sri Ramachandra Faculty of Physiotherapy, who had taught the BPT Batch 1999-2000, delivered the vote of thanks. The event not only celebrated the achievements of the BPT Batch 2000-2001 but also inspired and motivated the next generation of physiotherapists.

Color photographs to be attached:















ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

EVENT REPORT

Alumni Chapter Name or Department: SRFOP ALUMNI CHAPTER

Description of the Event:

The alumni reunion for the graduates of Pharm.D. and B.Pharm. took place on July 20th, 2024, at the Faculty of Pharmacy. Dr. S. Karthik, an executive member, and Mrs. G. Nidhya, the treasurer, were in attendance. The principal delivered the opening address. Dr. A. C. Niranjanasree, president of the SRFOP alumni chapter, gave an overview of the alumni's activities.

The presentation emphasized the benefits of possessing an alumni card and outlined the requirements for the recipients of the esteemed alumni awards. Dr. S. Karthik engaged in a discussion with the students, and Mrs. G. Nidhya delivered the vote of thanks. The event took place over 120 minutes, including time for snacks and a photo session with the principal and vice principal.

Chief Guest/Resource Person Name: Dr. A C Niranjanasree; Alumni Association President

No of Participants attended: 28 Participants

Summary of the Event:

- The event took place for 60min including the snacks break
- The event was organized and coordinated by Dr.S.Karthik, Dr.A.C.Niranjanasree, Mrs.G.Nidhya.
- The Principal and the vice principal gave the welcome speech
- Description about the alumni activities was presented by Dr. A. C. Niranjanasree
- Feedback from students was collected from the students.
- Followed by the Photo session with the students.

Colour photographs to be attached:









ALUMNI ASSOCIATION-NURSING CHAPTER
Report- “Alumni Novice- Expertise Networking Event”

Date: 11.09.2024

Venue: Lecture hall-9, SRFON

Timings: 11 am to 12.30 pm

The Alumni Association Nursing chapter conducted the “Alumni Novice- Expertise Networking Event” program on 11.09.2024 between 11 am and 12.30 pm at lecture hall 9 through Google Meet for outgoing B Sc Nursing IVth year, BSc N (Post Basic) II Year and MSc Nursing II Year students.

The following Nursing Experts shared their career advancement and the placement process in India and overseas.

Ms. Melina Anthony, B.Sc. Nursing (2018-2022 Batch), Working as Registered Nurse Adult at University College LoLondon Hospitals Trust, London

Dr. S. JEYALAKSHMI, M. Sc Nursing, (2001-2002 Batch). Working as a Professor at Rani Meyyammai College of Nursing, Chidambaram, Tamil Nadu, India


Mr. Annamalai M, B.Sc. Nursing (2019-2023 Batch). Working as a Psychiatric Nurse at Kasturba Hospital, Manipal. Karnataka, India

Mrs. Surya Kumari. R, MSc Nursing (2017-2019 Batch). Working as a Nursing officer at AIIMS Bhubaneswar, India

Ms. Sara John, M. Sc Nursing (2012-2013 Batch). Working as a Senior Research Nurse at the University of Oxford, United Kingdom, London

Ms. Kavya Ramesh, B.Sc. Nursing (2018-2022 Batch). Working as a Paediatric ICU Nurse at Oxford Hospital, United Kingdom, London

The program ended by thanking every participant for sharing their experiences. A total of 120 students participated in this event. BSc N-IV Year-101, BSc N (Post Basic) II Year-9, and MSc Nursing II Year-10. The program was very useful for all the outgoing students. The programme came to an end by 12.30 pm. Lunch was provided to all the participants.



Dr. ANITA DAVID, M.Sc (N), Ph.D
Professor & Head
Department of Paediatric Nursing
Sri Ramachandra Faculty of Nursing, SRIHER (DU),
Porur, Chennai-600 116.

President
Alumni Nursing Chapter
SRFON, SRIHER(DU)



SRIRAMACHANDRA

INSTITUTE OF HIGHER EDUCATION AND RESEARCH(DU)



ALUMNI ASSOCIATION-NURSING CHAPTER

Cordially Invites You to
"Alumni Novice- Expertise Networking Event"



Dr. S. JEYALAKSHMI
M.Sc (Nursing) 2001-2002
Professor,
Rani Meyyammai
College of Nursing,
Chidambaram



Ms. Sara John
B.Sc Nursing 2012-
2013 Batch Senior Research
Nurse University of Oxford
United Kingdom, London



Mrs. Melina Anthony
B.Sc Nursing 2018-
2022 Registered Nurse
Adult, University College Lo
ndon, Hospitals Trust, London



Ms. Sheeba Nevetha S
B.Sc Nursing 2016-
2020 Batch Registered nurse
University Hospitals of Bristol
and Weston, United Kingdom



Mr. Annamalai M
B.Sc Nursing 2019-
2023 Batch Psychiatric Nurse
Kasturba Hospital, Manipal,
Karnataka



Mrs. Suryakumari R
M.Sc Nursing 2017-2019 Batch
Nursing officer, AIIMS
Bhubaneswar



Mrs. Kavya Ramesh
B.Sc Nursing 2018-
2022 Paediatric ICU
Oxford Hospital, UK



Join the event via <https://meet.google.com/bfi-vewd-ors>
Date: 11-09-2024, 11.00AM-
12:30pm (IST)





ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

EVENT REPORT

Alumni Chapter Name or Department: Allied Health Sciences – Division of Respiratory Care

Description of the Event: Alumni Interaction & Guest Lecture on Initiation of Mechanical Ventilation

Venue, Place & Time: SRIHER, G-Block I floor link (Respiratory Medicine) Classroom, 17/9/24 between 2:00-5:00 pm

Chief Guest/Resource Person Name: Mr. Sreeprasad S.

No of Participants attended: 55

Summary of the Event: On September 17, 2024, the Division of Respiratory Care hosted an alumni and guest lecture on the initiation of mechanical ventilation at G-block I floor link classroom. The event featured presentations by Mr. Sreeprasad S & Mr. Ashin Ibrahim. Around 55 students participated. Following the interaction, lecture, a hands-on workshop on mechanical ventilation took place.





Mr. Thualsidass S. and Mr. Ganesh Kumar U. from the Allied Health Sciences Alumni chapter honored the chief guests during the event.

Colour photographs to be attached:



ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

EVENT REPORT

Alumni Chapter Name or Department: Faculty of Allied Health Sciences – Department of Radiology & Imaging Sciences

Description of the Event: Alumni Interaction on Future career opportunities in Diagnostic imaging

Venue, Place & Time: SRIHER, G-Block-Fourth floor (Seminar Hall) ,06 /11/24 between 3:00-5:00 pm

Chief Guest/Resource Person Name:

Mr. John Jerald, Clinical Application Leader, Phillips Healthcare, South Asia.

Dr. Victor Rakesh, Associate Professor and RSO, SRM Medical College & Hospital & Research Centre, Kattankulahtur

No of Participants attended: 120

Summary of the Event: On November 6, 2024, Department of Radiology & Imaging Sciences hosted an Alumni Interaction on Future carrier opportunities in Diagnostic imaging (**Ultrasound Imaging innovations**) at G-block -OP IV floor seminar hall. The event featured by **Mr. John Jerald & Mr. Victor**. Around 120 students participated. Followed both the alumni felicitated by FAHS, SRIHER.





Department of Radiology & Imaging Sciences, SRFHS honored Mr. John Jerald during the event.



Department of Radiology & Imaging Sciences, SRFHS honored Mr. Víctor Rakesh during the event.

ALUMNI ASSOCIATION OF SRIHER (DU) – SRFASLP CHAPTER

ALUMNI DAY CELEBRATION 2024 – REPORT

The SRFASLP 22nd Alumni day celebration, was held on 9th October 2024 between 2 pm to 4 pm. As a part of the celebration, a webinar was conducted for our students and Alumni in India and abroad. A total of 72 UG and 34 PG students attended the session at Seminar Hall.

The total participants of the webinar were 35 alumni (online).

The program initiated with the welcome address by President of SRFASLP chapter, Dr. Amudhu Sankar, followed by activity report of Alumni by the secretary of SRFASLP chapter, Mr. Pravesh Sampat. Special address was given by Professor Prakash Boominathan, Principal, SRFASLP, SRIHER (DU). This was followed by invited talks.

The resource speakers were-

Invited talk 1- Vestibular assessment and Management

Dr. Srinivasa Dorsala

Adjunct Faculty, Yenepoya (Deemed to be University), Mangaluru
Senior Consultant, Ananya Health Care, Bengaluru.

Invited talk 2- Assessment and Management of Childhood Apraxia of Speech

Ms. Shereen Idiculla

Speech-Language Pathologist, Bengaluru

Oral Placement Therapist (Level 4) & Hanen Certified
Co-developer of PlayTalk, a comprehensive AAC solution

There was a small video glimpses of all the alumni batches from 1995-2020 (UG) & 2004 - 2022 (PG)

Highlights of the webinar-

- Dr. Srinivasa Dorasala provided valuable insights into vestibular assessment and management during the session for our students and alumni. He emphasized the significance of implementing a comprehensive assessment protocol, which plays a critical role in accurate differential diagnosis and effective management of vestibular disorders.
- Dr. Shereen Idiculla provided valuable insights into the assessment and management of Childhood Apraxia of Speech (CAS) for our students and alumni. Her session offered in-depth knowledge on diagnostic techniques, intervention strategies, and the role of parental involvement in the treatment of CAS, making it a highly informative and engaging experience for all attendees.

The vote of thanks was given by the treasurer of SRFASLP chapter, Dr. Krupa Venkatraman

Glimpses of the program





SRFASLP CHAPTER - ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

21st General Body Alumni meeting minutes

Alumni Chapter Name: Sri Ramachandra Faculty of Audiology and Speech Language Pathology

Venue: Bhimaas Temple Tree Hotel

No.1, 100 Feet Rd, near Murugan Temple, Vadapalani, Chennai, Tamil Nadu 600026

Date & Time: 23/06/2024, 9.00 am – 2.00 pm

Description of the Event:

President Dr. Amudhu Sankar gave the welcome address to all the members who attended the meeting and introduced the guest speakers. There were 2 invited sessions by the alumni and one general session. The following are the details of each session:

Session 1

Title: Clinical practice in Audiology- Prerequisites and approach in setting up a private practice

Spekaer name: Mr. Pandi Renganath P (Batch 2016-17), Regional Audiologist-TN, Hearzap

Time: 9.30 am – 10.00 am



Session 2

Title: Presentation about SPEAK APP

Speaker name: Mr. Logan on Speech App.

Timing: 10:00 am – 10:45 am



Session 3

Title: Enhancing communication: Integrating sensory play into speech therapy sessions

Speaker name: Ms. Saleth Monica D (Batch 2009 -2010), Founder And Head Speech-Language Pathologist Sol Speech Therapy, Coimbatore

Time: 10:45 am – 11:30 am



This was followed by two minutes silent prayer on the heavenly abode of Dr. N. Rathna, who was a pioneer/father of Indian Speech and Hearing field.



Alu
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i Activity report (11:30am to 12: 15pm)

Mr. Pravesh presented the secretary report from July 2023 – June 2024

The following activities were briefed by secretary:

- 1) Alumni Travel Grant was given to two students and 2 alumni of SFASLP for 55th ISHACON held in Kolkotta in January 2024.
- 2) In the Alumni drive, we identified the Batch coordinators for UG (from 1995 – 2020 bathe) and PG (from 2004 – 2020 batch). A formal group was created in watsapp to have good connect with all the alumni members from India and abroad.
- 3) We celebrated the 21st Alumni day Anniversary by conducting a “Personality Development Program” for the students of SRFASLP, in association with Disha Bharath, NGO on 10th and 11th October 2023.
- 4) Alumni sponsors, awards and recognitions by our alumni members were briefed.

The secretary's report has been approved by Mr. Vishnu, and seconded by Dr. Perumal

Treasurer report (12:25 pm - 12:45 pm).

Dr. Krupa V presented the treasurer report from July 2023 – June 2024

- 1) Explained the accounts handling from the central alumni cell and their share.
- 2) Available balance= 4,44,060/-
- 3) Abirami memorial fund has been moved to central hospital funds and efforts are being taken to get the amount of 22,500 rupees with talks with the finance GM SRIHER. We are coordinating with the accounts department in the process of getting the proofs for the old funds to be rectified.
- 4) Initiatives to be made to get sponsorships for GB meetings as our expenses are higher than income was suggested by a few alumni members who attended the meeting.

The treasurer report has been approved by Ms. Varsha Shankar, and seconded by Ms. Neethi. J.

The following agenda were discussed in the GB meeting

Agenda 1- CRE to be organized

The members were asked to give suggestions on CRE to be organized during 5th October (Alumni anniversary). Most of the alumni members suggested to have 2 or 3 days CRE for the alumni by the alumni. Also, it was suggested that we can do the conference in hybrid mode to benefit alumni members staying abroad.

Agenda 2 – Screening camp

Mr. Pravesh suggested that we can organize free speech and hearing screening camps. He requested if any alumni members can volunteer for the same. Ms. Liji suggested that she is willing to help in organizing the in the coming year along with the Rotary club as she is a member. Also, Dr. Amudhu added that we can do other contributions apart from

camps to any play school or old age homes if there are any volunteers to check upon these activities.

Agenda 3 – Alumni trip

Mr. Pravesh informed that we could have an Alumni fun trip during the month of December. The destination of the trip is yet to be decided. Most of the members present were willing to come. The batch coordinators will be contacted for the same to finalize on the number of people coming for the trip. The expenses for the trip will be personal. Dr. Perumal suggested it could be opened to family members of the alumni as well. Mr. Parvesh replied that we could take the count on numbers and decide on this.

Agenda 4 – Induction of new alumni members

The current batch of interns who will be the next batch of alumni were asked to come forward and introduce about themselves and their future plans (for study or work). Professor Roopa Nagarajan gave a keynote for the alumni and the newly inducted members.

Felicitation of the guest speakers was done by Professor Roopa Nagarajan



Mr. Sanjay Khanna gave the Vote of thanks. All the members were requested to assemble for a group photo followed by Lunch
No of Participants attended – **85**



Alumni Meet 2024

B.Sc. ETCT/ TCM

24 Years celebration

Organized by: Department of Trauma Care Management - Faculty of Allied Health Sciences

Organisation: Sri Ramachandra Institute of Higher Education and Research (SRIHER)

Venue: – Medical Education Unit IV floor, Medical College Building, SRIHER campus.

Dates: 26th November 2024

Total Participants: 47

Duration : 4 Hours

Dept. HOD: Prof. Dr. T.V. Ramakrishnan, Dept. of Emergency Medicine

**ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER
EDUCATION AND RESEARCH**

DEPARTMENT OF TRAUMA CARE MANAGEMENT

B.Sc. ETCT/ TCM ALUMNI MEET 2024

Overview of the Alumni Meet 2024:

The alumni meet was conducted on 26th November 2024 at the Lecturer hall - IV floor, Medical College Building, SRIHER campus. A prior approval to conduct the event was obtained from the SRIHER Alumni Association and University Authorities. The date and programme have conveyed to the mentors, members of the board of study and alumni using various social platforms including Facebook, E-mail and telephone calls. On the day of the event, the alumni gathered in the venue between 9 and 10am to share their experiences.

About 47 alumni participated along with the current batch of students and faculty of the department. Inauguration of the event with University Anthem was started by 10.15am.

The dignitaries on the Dias were as follows:

- **Dr. Shreedevi** – Professor of Emergency Medicine, SRIHER
- **Dr Nithayanandhan**-Head of Clinical services ,Dept. of Emergency Medicine- SRIHER

The event commenced with an enthusiastic registration session, followed by a warm welcome speech. **Dr. Shreedevi, Professor, Emergency Medicine welcomed the gathering,**

Dr.Nithayanandhan, Head of clinical service, Dept.of Emergency Medicine highlighted the role of paramedics and their contribution. During the event, Video of 24 years journey of the department with heart felt photos & videos, To add a personal touch, the event included dance performances by current students showcasing a blend of talent. The networking session provided an opportunity for alumni to connect with old friends and build a new professional relationship.

It was a great platform for career advice, mentorship, and sharing professional opportunities with

the current students, Many other alumnus shared their personal and past experiences to the current batch of students. Mr. Jayamurugan, Mrs.Waheeda begum were discussed about the career opportunities for the current students and interacted with vibrant alumni too.

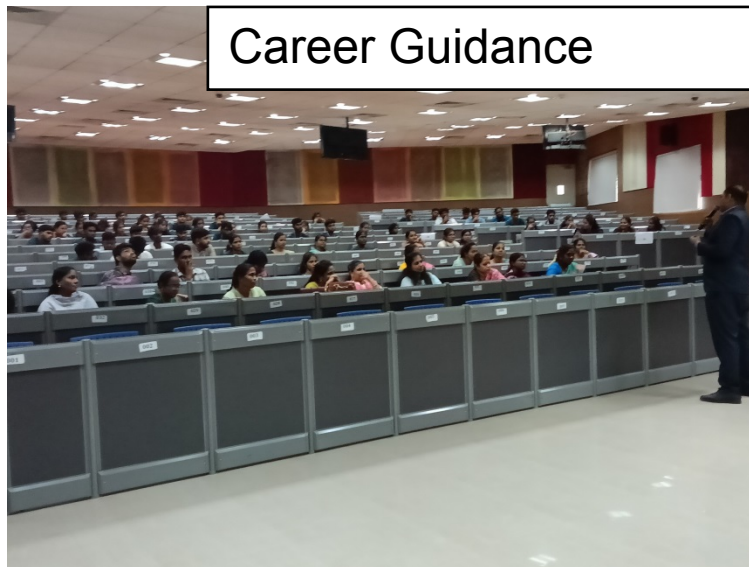
The event concluded with closing remarks by **Ms. Mohana Sundari, Executive Member- Alumni Association** who thanked all the attendees for their participation. A call to action was made for alumni to continue supporting their alma mater in various ways, including through mentorship, donations and volunteering. The event not only celebrated the achievements of past graduates but also served as a reminder of the important role alumni play in shaping the future of their alma mater. At the end of the ceremony delicious lunch was served to all the participants followed by a photo session.

Photographs:



Glimpses of Inauguration





Career Guidance

Alumni with the dignitaries and organizers



A group picture with the faculties and alumni



Cultural Programme

ALUMNI TRAIL SERIES -4

DEPARTMENT OF BIOMEDICAL SCIENCES

The Dept. of Biomedical Sciences was delighted to host our alumni **Mr. Chirag Molia, Mr. Manu Joshi and Mr. Manikandan** on 11.09.2024 at 2 pm for an Alumni interaction.

Mr. Chirag Molia is an alumni of B.Sc. Biomedical Sciences (2014-2018), M.Sc. Biomedical Sciences (2018-2020)] and Mr. Manu Joshi is an alumni of B.Sc. Biomedical Sciences (2014-2018)] and Mr. Manikandan is an alumni of B.Sc. Biomedical Sciences (2015-2019) batch. They are currently the Directors of Altor Lifesciences, Gujarat; their entrepreneurial initiative in the pharmaceutical industry that focuses on 'Make in India' pharmaceutical products and biologicals.

They were welcomed by Prof A. Sumathy, Prof.& Head, Dept. of BMS. They spoke about their entrepreneurial journey and emphasized on how the fundamental learning and practical training offered at Dept. of BMS as a part of the curriculum helped them grow and sustain in the high demanding industry. They interacted with the students of I, III and IV Year B.Sc. and post graduate students of BMS. The interaction was well received by students.





SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Category - I Deemed to be University) Porur, Chennai



**FACULTY OF MANAGEMENT SCIENCES
ORGANIZES**

ALUMNI INTERACTION

MR.MOGANA RENGARAJA
BATCH 2019 - 2021
IMPLEMENTATION CONSULTANT
PS QUALITY CERTIFICATION
PRIVATE LIMITED
CHENNAI



MR.SYED SHAMEER
BATCH 2019 - 2021
GENERAL MANAGER
RABAK INTERNATIONAL LLC,
SHARJAH, UAE



MS.MEGASRI
BATCH 2020 - 2022
RETAIL TRAINING MANAGER
LEARNING AND DEVELOPMENT
GIVA
BENGALURU



MS.SWETHA.A
BATCH 2021 - 2023
CONFIGURATION DEVELOPER
UST GLOBAL
TRIVANDRUM

DATE: 24.01.2024

TIME: 10 AM - 12 NOON
MEET.GOOGLE.COM/NNZ-BOCO-SVE

Organizer: Sri Ramachandra Faculty of Management Sciences

Topic: Alumni Interaction with MBA

Date: 24.01.2024

Time: 10 AM – 12.00 Noon

Alumni : Mr.Mogana Renga Raja, Mr.Syed Shameer, Ms.Megasri, Ms.Swetha.A

Venue: Google Meet

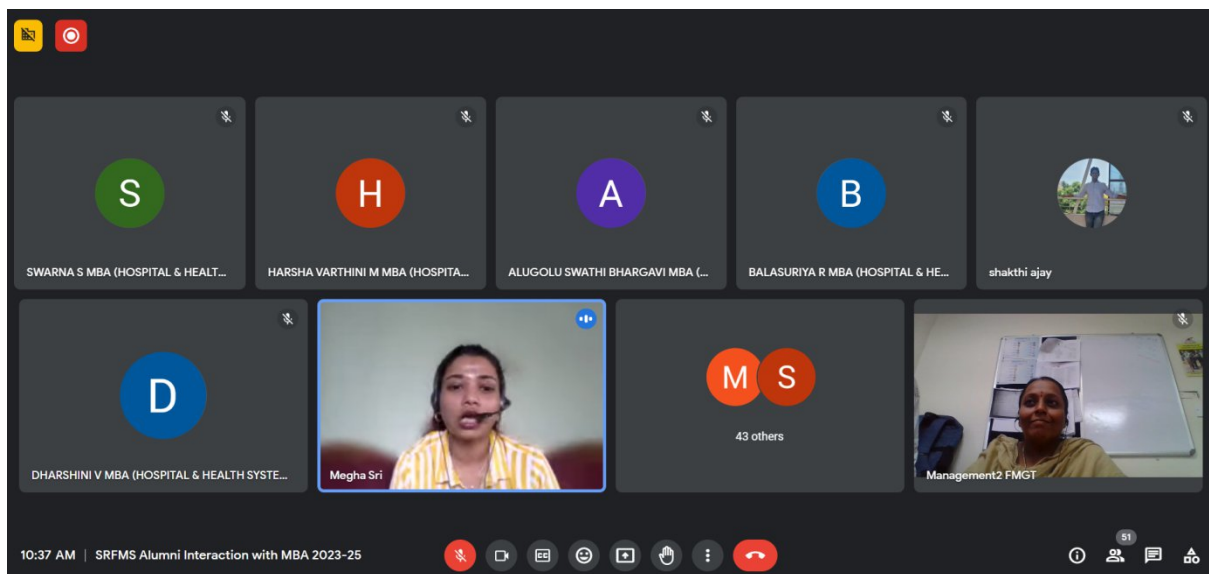
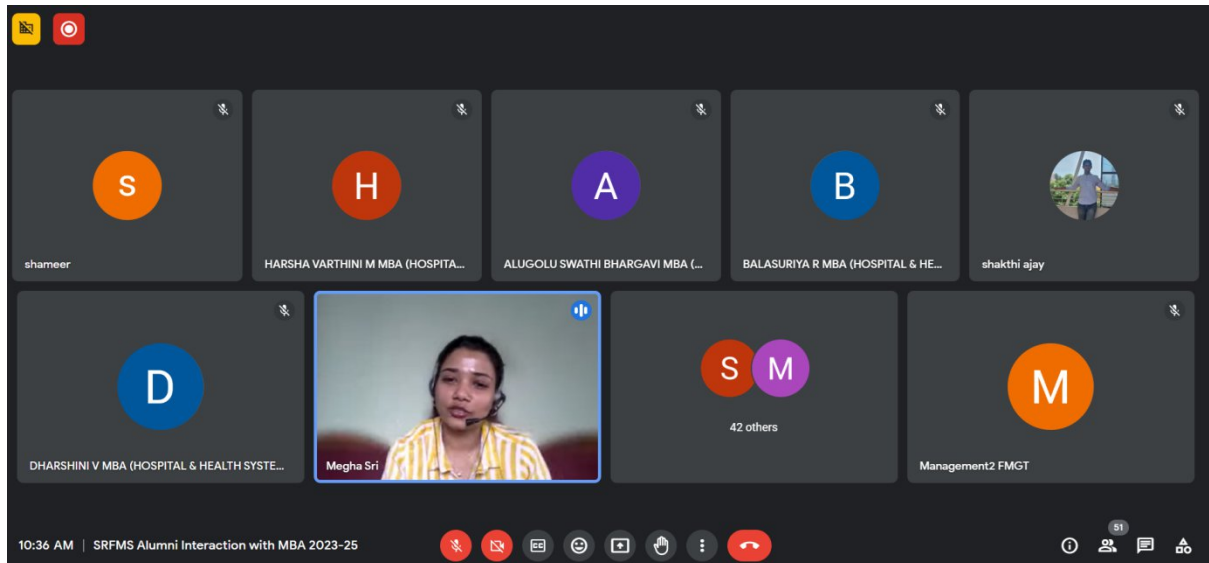
No. of students participated: 55

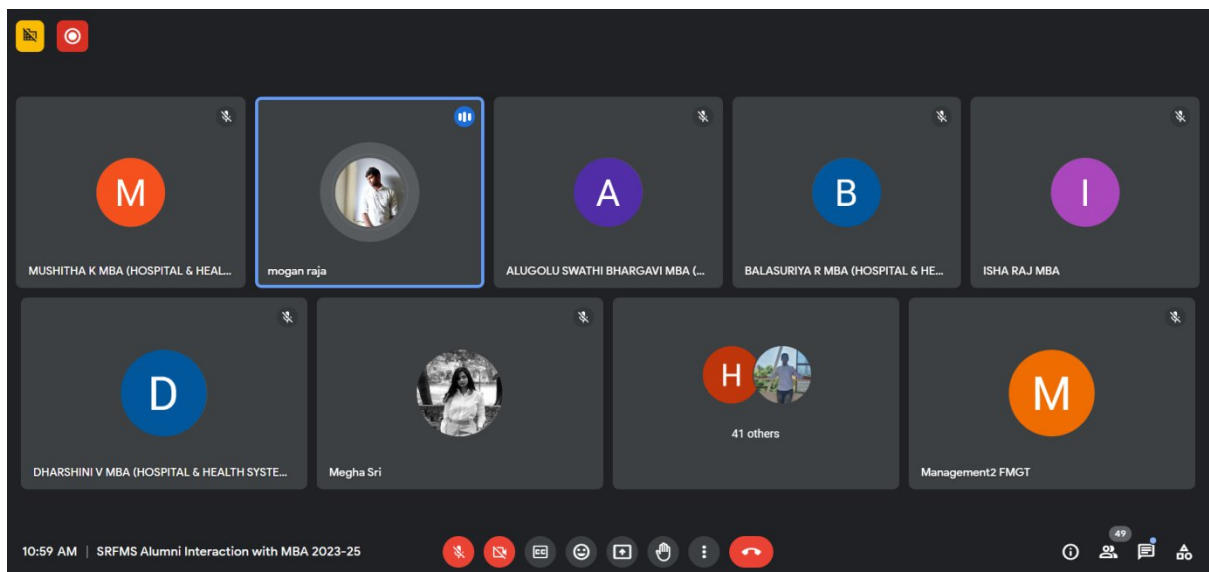
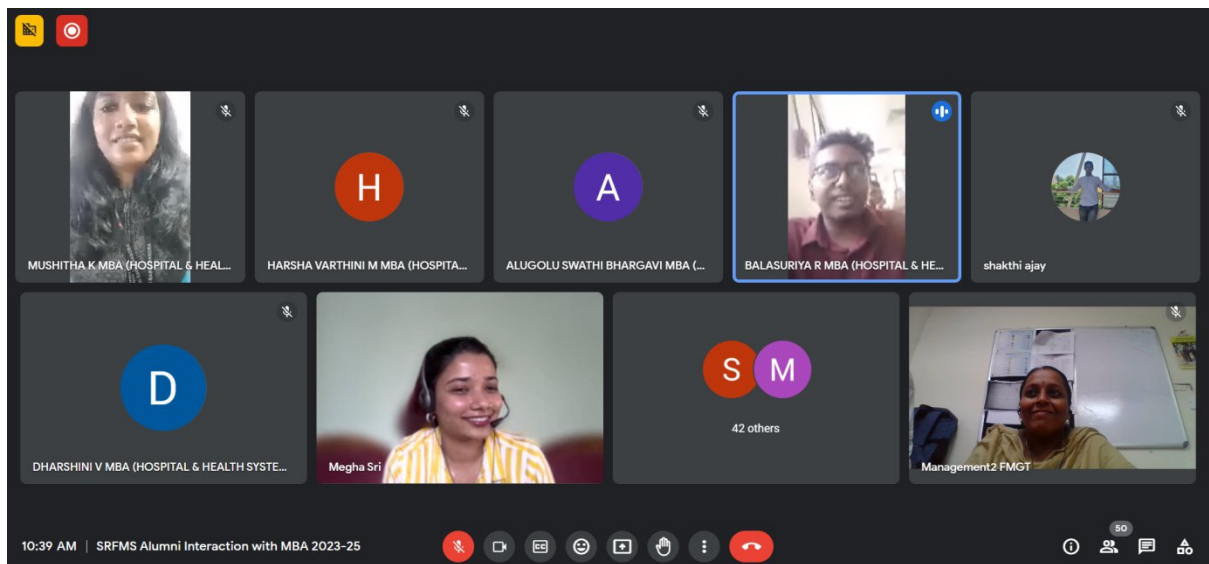
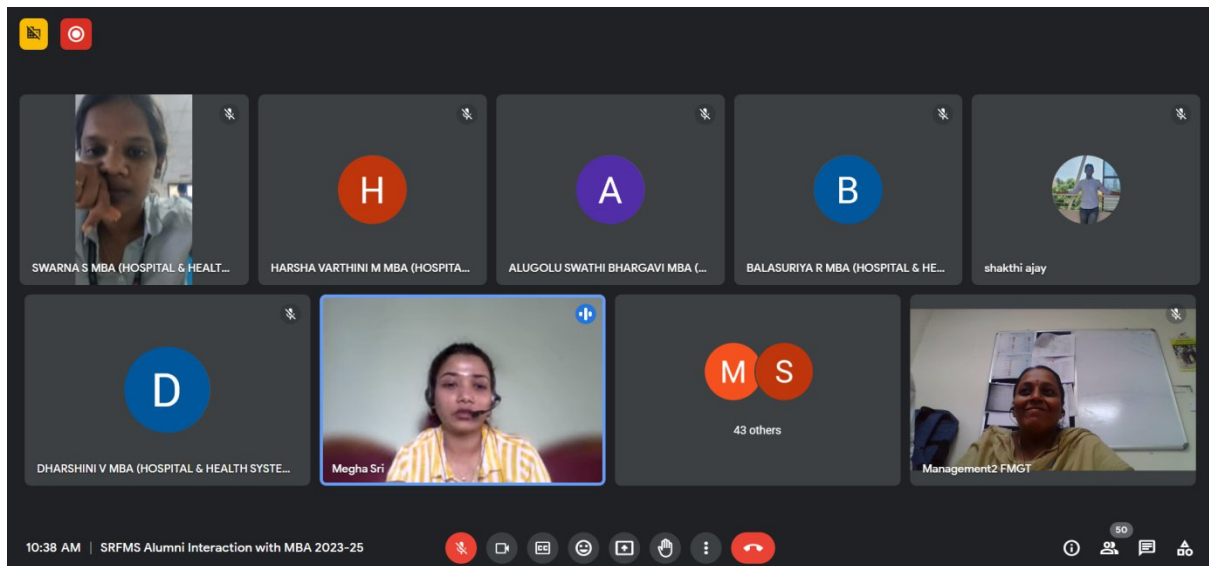
Mr.Mogana Renga Raja (BBA 2016 - 2019) MBA 2019 - 2021), Mr.Syed Shameer (MBA 2019 - 2021), Ms.Megasri (MBA 2020 - 2022) and Ms.Swetha.A (MBA 2021 - 2023) addressed and shared their experience with the MBA students. They explained the three streams which are Healthcare HR, Quality and Finance and its requirements for the industry. The students were greatly appreciated the interaction and raised many queries and recorded positive feedback. The session was informative and motivational to the students and helped them to opt elective streams.

Expected outcome

Whether attained or not: Yes (obtained feedback from students)

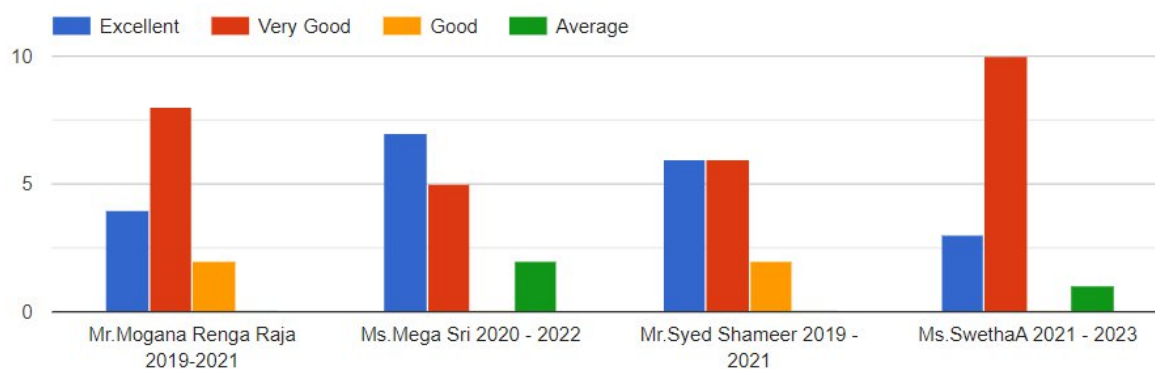
Glimpses of Alumni Interactions



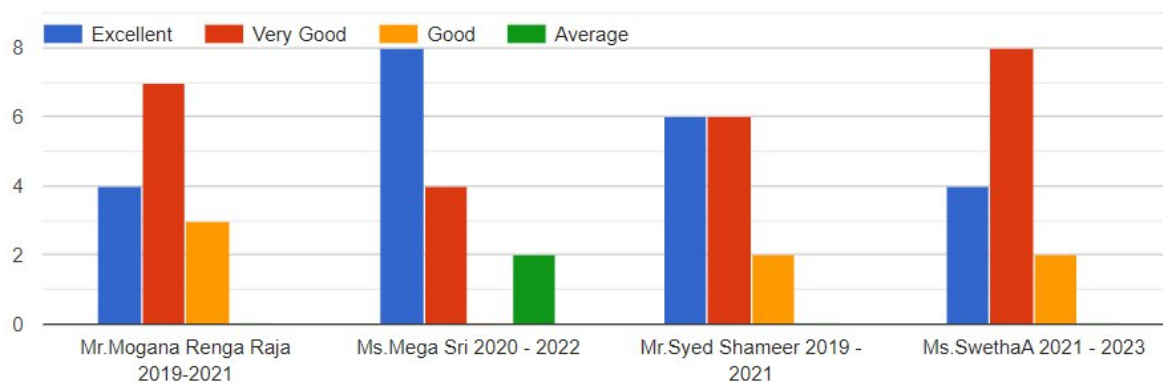


Feedback

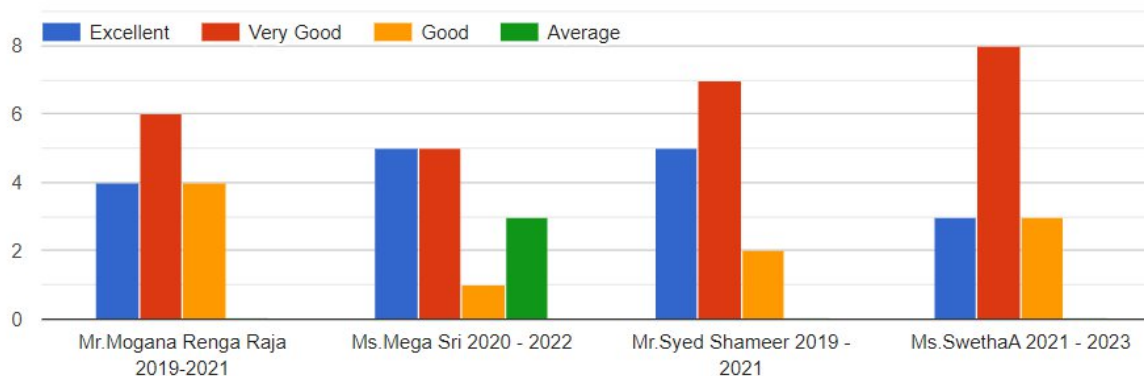
Content of the speaker



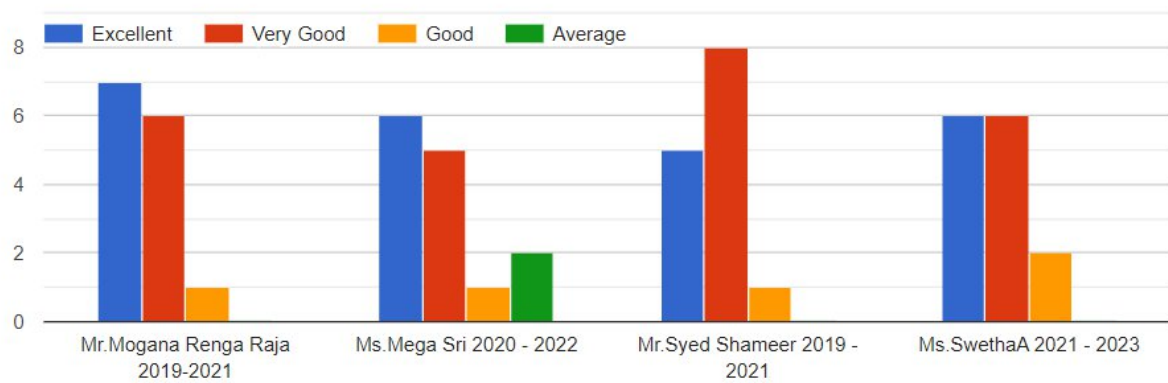
Mode of delivery



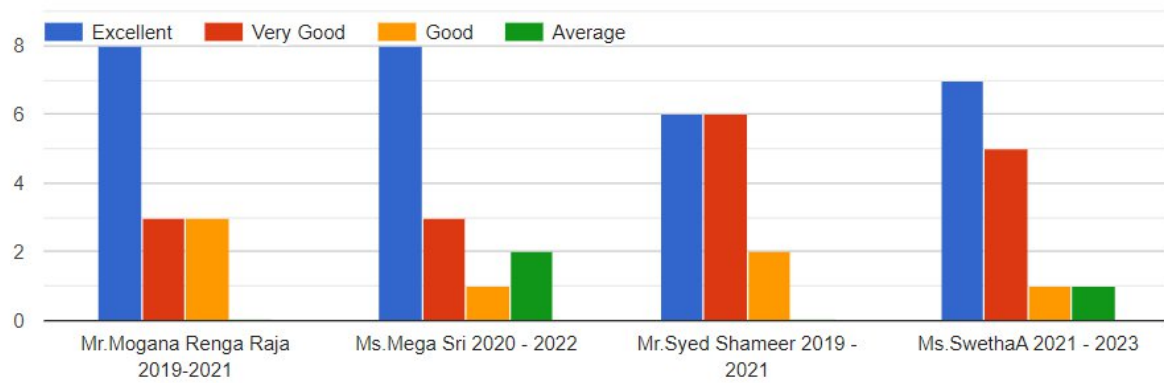
Usage of the topic



Query Handling



Overall rating



Suggestions

nil

The session was very informative. Would have been of great significance if it was in person.

Offline would be great

Good

Nil



ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

EVENT REPORT

Alumni Chapter Name or Department : Management Sciences

Description of the Event: Alumni Interaction with MBA Freshers

Venue, Place & Time: Seminar hall, SRFMS, 2PM - 4 PM

Chief Guest/Resource Person Name: Mr.Narasimhan.S, Assistant General Manager, Kauvery Hospital, Chennai

No of Participants attended: MBA I year 46 Students

Summary of the Event:



INTRODUCTION

On August 26, 2024, the MBA freshers' batch (202426) had the privilege of attending an insightful session led by Mr. Narasimhan, an esteemed alumnus of our institution. With 15 years of experience in the healthcare sector, he currently holds the position of Operations Manager at a prominent hospital in Chennai. His extensive experience and in-depth knowledge of operations management made this session highly valuable for the students, especially those aspiring to build their careers in the healthcare industry.

KEY TAKEAWAYS FROM THE SESSION

Mr. Narasimhan structured his session pivotal themes crucial for the success of any MBA student and future manager: multitasking, building contacts, and continuous learning. He emphasized that these are not just skills but essential habits that one needs to cultivate during the MBA program and carry forward into their professional lives.



1. IMPORTANCE OF MULTITASKING

Mr. Narasimhan began by stressing the importance of multitasking in today's fast paced business environment. Drawing from his own experiences as an Operations Manager, he shared how managing multiple responsibilities simultaneously is a daily requirement in his role. He highlighted that multitasking is not just about doing several things at once but efficiently prioritizing tasks, managing time effectively, and maintaining focus on quality.

Time Management: He urged students to practice effective time management by balancing academics, projects, and extracurricular activities.



2. BUILDING AND LEVERAGING CONTACTS

The second key point discussed by Mr. Narasimhan was the critical role of networking in career development. He pointed out that building a strong network is one of the most valuable assets a manager can have. Reflecting on his career, he shared how his professional network has been instrumental in securing opportunities, gaining insights, and advancing his career.

His suggestions for the students included:

Active Networking: He encouraged students to actively participate in industry events, seminars, and workshops to meet professionals and peers.

Leveraging Alumni Networks: He highlighted the importance of staying connected with alumni, leveraging their experiences, and seeking mentorship.

3. COMMITMENT TO CONTINUOUS LEARNING

Mr. Narasimhan spoke about the necessity of continuous learning in a rapidly changing business environment. He emphasized that the learning process does not end with an MBA degree but is a lifelong journey.

He advised students to:

Stay Updated: Keep up with the latest trends, technologies, and best practices in their field of interest.

Pursue Certifications: Engage in additional certifications and training programs to enhance their skills and stay competitive.

Reflect and Adapt: He encouraged self-reflection and adaptability, stating that being open to feedback and learning from experiences are key to personal and professional growth.

4. DEVELOPING A SKILLED OPERATIONAL PERSONALITY

In his discussion, Mr. Narasimhan also spoke about the need to develop a skilled operational personality. He explained that this involves being detail-oriented, analytical, and having the ability to make quick, informed decisions. A skilled operational personality is one that can foresee challenges and implement solutions proactively. He advised the students to focus on building these qualities, which are critical for effective management and leadership in any organization.

5. BEING A DRIVING FORCE IN THE ORGANIZATION

Mr. Narasimhan underscored the importance of being a driving force in an organization. He explained that leaders who can inspire and motivate their teams are those who drive change and innovation. He shared examples from his career where his proactive approach and leadership have led to significant improvements in hospital operations. He encouraged the students to take initiative, lead by example, and always strive to contribute positively to their organizations.

6. LEGAL AND ETHICAL WAYS TO RUN A BUSINESS

Lastly, Mr. Narasimhan touched upon the importance of running a business in a legal and ethical manner. He emphasized that success should not come at the cost of integrity. In the healthcare industry, where patient safety and trust are paramount, adhering to legal and ethical standards is non-negotiable. He urged the freshers to carry these values with them, ensuring that their future businesses are not only profitable but also ethical and sustainable.



CONCLUSION

The interaction with Mr. Narasimhan was a highly enriching experience for the MBA freshers. His emphasis on multitasking, building contacts, and continuous learning provided the students with practical insights and actionable advice that they can apply during their MBA journey and beyond. His words of wisdom will undoubtedly guide them as they navigate the challenges and opportunities of their academic and professional careers.