

# ALUMNI ACTIVITIES CONTENT

**2025**

1. Alumni meet by Department of AHS – Cardiac Technology (RCT – CON)
2. Alumni Association Event – Guest Speaker Dr. Christina Monroe on the topic “Alumni Engagement – Challenges to Success.”
3. Invited Talk by Esteemed Alumna - Exploring Academic Horizons: My Journey from SRIHER to Saarland by Ms. Heshine Gnanasekar - Department of Bioinformatics, Sri Ramachandra Faculty of Engineering and Technology.
4. Entrepreneurial Journey of Mr. Pooezhilan Selvaraju, Founder of Southentic Café, Bangalore organized by Alumni Association – Faculty of Management
5. Alumni Interactive Session by Dr. Karthika Padmavathy organized by Alumni – Medical Chapter and Department of Pathology.
6. Physiology Alumni Lecture Series by Dr. Paramita Bhattacharyya conducted by Alumni – Medical Chapter.
7. Career opportunities at the United States by Rajan Dewar MD PhD, Vice chair - academic affairs, Director Hematopathology, Wayne State University and Karmanos Cancer Center, Detroit, Michigan organized by Alumni – Medical Chapter
8. Physiology Alumni Lecture Series by Dr. Bindu Krishnan, Professor, Physiology, Sree Balaji Medical College & Hospital, conducted by Alumni – Medical Chapter.
9. "USMLE – A JOURNEY" – seminar organized by SRIHER Alumni organization and Kaplan LogiQuest.
10. Physiology Alumni Lecture Series by Dr Preetha Paul, Professor, Physiology, Panimalar Medical College Hospital & Research Institute, conducted by Alumni – Medical Chapter.
11. Physiology Alumni Lecture Series by Dr C Vasanthi, Assistant Professor, Physiology, Panimalar Medical College & Hospital, conducted by Alumni – Medical Chapter.

12. Free Multi-Speciality Health Camp organized by Alumni Association - Nursing Chapter
13. Inauguration of SRIHER Alumni Association – SRFOT Chapter
14. Alumni Guest Lecture on the topic “Noise, Light and Stress in NICU: Optimizing the environment to promote growth and development” organized by Alumni Association – SRFOT Chapter
15. Fit Focus Program conducted by SRFOT Alumni Association
16. One Day Occupational Therapy Workshop organized by Alumni Association – SRFOT Chapter
17. Continuing Occupational Therapy Education on the topic “Primitive Reflexes and Sensory Processing: Rewiring the developing brain for functional success” organized by Alumni Association – SRFOT Chapter
18. Future scope of Occupational Therapy by Dr. Anders (2019 Batch Alumni) organized by Alumni Association – SRFOT Chapter
19. “Professionalism in Occupational Therapy: How competent therapist think, act and lead with purpose” organized by Alumni Association – SRFOT Chapter
20. Career Guidance Program on “Building Thriving Opportunities for Physio’s in the UK” organized by Alumni Chapter Sri Ramachandra Faculty of Physiotherapy.



## ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

### EVENT REPORT

**Alumni Chapter Name or Department:** Department of Cardiac Technology

**Description of the Event:**

The Department of Cardiac Technology organized a memorable Alumni Meet, which brought together around 50 proud alumni for a day of celebration, reflection, and reconnection. The event aimed to strengthen the bond between the department and its former students while acknowledging their professional achievements.

The Alumni Meet was thoughtfully scheduled ahead of the department's major academic event — **RCT-CON**, a national-level conference organized by the Cardiac Technology division.

The event commenced with a warm welcome address delivered by the department faculty, followed by a presentation highlighting recent departmental initiatives and milestones. The Head of the Department Dr S Ramesh sir addressed the gathering, expressing appreciation for the alumni and their continued connection with the institution. Dr. S. Sadhanandham sir, Professor of Cardiology and Dr. Vinod Kumar, Associate Professor of Cardiology felicitated our chief guest, Mrs. Monica, as well as senior alumni in recognition of their achievements and contributions.

A key highlight was the presence of Mrs. Monica, an esteemed alumna, who is currently working as an Assistant Professor at SRM Institute. She shared her inspiring journey, reflecting on her growth from a student of the department to an academic leader, offering valuable motivation to the gathering.

The event concluded with a group photo session and an informal networking lunch, leaving everyone with fond memories and a renewed sense of belonging. The success of the Alumni Meet and RCT-CON marked a significant step in fostering alumni engagement and academic excellence in the department.

Interactive sessions, group discussions, and a few informal activities allowed alumni and faculty to reconnect, exchange ideas, and strengthen bonds. The event concluded with a vote of thanks, followed by a group photograph and a casual networking interactions, leaving everyone with fond memories and a renewed sense of belonging to the department.

The Alumni Meet was a testament to the enduring relationship between the department and its students, and it set a positive tone for future alumni engagement initiatives.

**Venue, Place & Time: UNIVERSITY SIDE- AUDITORIUM**

**Chief Guest/Resource Person Name: Mrs. Monica**

**No of Participants attended: 50**

**Summary of the Event:**

The Department of Cardiac Technology successfully organized an Alumni Meet, which witnessed the enthusiastic participation of around 50 alumni. It was a joyous occasion filled with reconnecting, reminiscing, and celebrating the journeys of our former students. The Alumni Meet was thoughtfully scheduled ahead of the department's major academic event — **RCT-CON**, a national-level conference organized by the Cardiac Technology division.

A special highlight of the event was the presence of Mrs. Monica, one of our distinguished alumni, who is now serving as an Assistant Professor at SRM Institute. Her inspiring journey from a student to a successful academician deeply motivated the gathering.

The meet provided a platform for alumni to share their professional experiences, achievements, and suggestions for the department's growth. It also helped strengthen the bond between the alumni and their alma mater, paving the way for future collaborations, mentorship opportunities, and continued engagement.

The department thanks all the alumni who attended and looks forward to hosting more such gatherings in the future.



Colour photographs to be attached:



















# **SRI RAMACHANDRA**

**INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

(Category - I Deemed to be University) Porur, Chennai



Date: 17.02.2025

No. of Participants:

Time: 02.00 – 04.00 PM

## **Topic: Alumni Engagement – Challenges to Success**

The event commenced with a warm welcome by **Dr. Pavithra V**, who also introduced **Dr. Christina Monroe**, highlighting her expertise and contributions to alumni engagement. Dr. Christina Monroe shared her insights on alumni engagement to alumni board members and Executive members.

## **Key Insights on Sustaining & Building Alumni Engagement**

### **1. Use of Micro Polls & Surveys**

- Conduct short surveys among alumni to gauge their interests and preferences.
- Focus on relevant aspects of alumni engagement to tailor future initiatives.

### **2. Identifying Alumni Interests**

- Understand what alumni value most—networking, mentorship, career opportunities, or giving back.
- Use the data collected to create meaningful engagement opportunities.

### **3. The 4 T's of Alumni Engagement**

- **Time** – Encouraging alumni to volunteer and participate in events.
- **Treasure** – Contributions and donations for institutional growth.
- **Talent** – Leveraging alumni skills for mentorship and knowledge-sharing.
- **Tech** – Utilizing digital platforms to stay connected and foster engagement.

### **4. Successful Alumni Engagement Example – East-West Center**

- Hosts a biennial alumni conference to unite alumni worldwide.



- Provides a structured platform for networking, collaboration, and institutional support.



The session provided an opportunity for board members and executive members to discuss best practices, share experiences, and explore innovative ways to enhance alumni engagement. An interactive Q&A session allowed attendees to seek guidance on specific challenges and strategies. The event concluded with a vote of thanks, expressing gratitude to **Dr. Christina Monroe** for her insightful session. The discussion proved to be highly beneficial in strengthening alumni engagement efforts, and attendees appreciated the opportunity to learn and collaborate.





## ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

### EVENT REPORT

#### **Alumni Chapter Name or Department :**

Department of Bioinformatics, Sri Ramachandra Faculty of Engineering and Technology

**Name of the Event:** Invited Talk by our Esteemed Alumna - Exploring Academic Horizons: My Journey from SRIHER to Saarland by Ms. Heshine Gnanasekar

#### **Description of the Event:**

The Department of Bioinformatics, SRET in association with the Alumni Association of SRIHER, successfully organized an invited talk titled "Exploring Academic Horizons: My Journey from SRIHER to Saarland" on 12th February 2025 at 11:05 AM at the Medical College Building, SRIHER as part of the Club-Omics Activity. The session featured Ms. Heshine Gnanasekar, an esteemed alumna currently pursuing her Master's in Bioinformatics at Saarland University, Germany. A total of 74 students from I Year B.Sc. Bioinformatics, II Year B.Sc. Bioinformatics, and I Year M.Sc. Medical Bioinformatics actively participated and benefited from the talk. Ms. Heshine shared her academic journey, providing valuable insights into higher education, research opportunities, scholarships, and career pathways in bioinformatics. She emphasized the importance of research exposure, skill development, and networking for aspiring students. The session concluded with an engaging Q&A discussion, where students received personalized guidance on academic and career prospects.

#### **Venue, Place & Time:**

Lab 1, Department of Bioinformatics, Medical College Building, Sri Ramachandra Institute of Higher Education and Research

Date: 12th February 2025 at 11:05 AM

Timings	Program
11:06 to 11:10	Introduction to the Speaker
11:10 to 11:15	Honoring the Speaker
11:15 to 11:45	Speech by the invited speaker
11:45 to 12:00	Q & A session

**Chief Guest/Resource Person Name:** Ms. Heshine Gnanasekar (Alumna B.Sc. Bioinformatics : 2018-2021) currently pursuing her Master's in Bioinformatics at Saarland University, Germany

**No of Participants attended: 74**

**Summary of the Event:**

Ms. Heshine highlighted the significance of research exposure, skill development, and networking, concluding with an interactive Q&A session that provided personalized guidance to students.

**Colour photographs to be attached:**





# **SRI RAMACHANDRA**

**INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

(Category - I Deemed to be University) Porur, Chennai



## **Report on Entrepreneurial Journey of Mr.Pooezhilan Selvaraju, Founder of Southentic Café, Bangalore**

Date: 27.01.2025

Mode: Google meet

No.of Participants: 20

Time: 10.45-11.45 AM

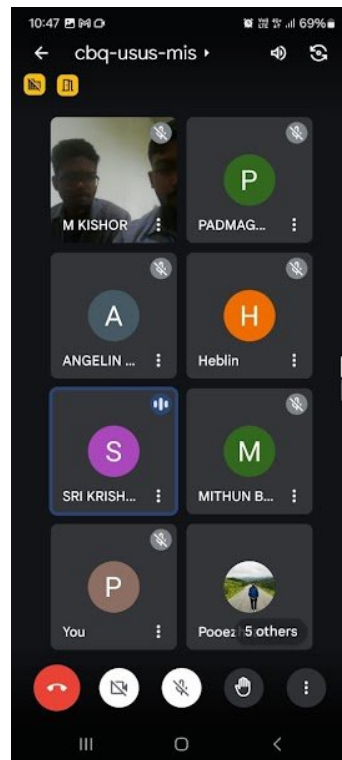
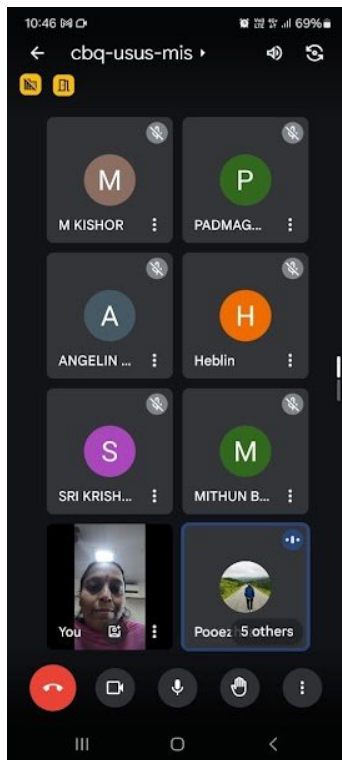
Pooezhilan Selvaraju, the founder of Southentic Cafe, a fast-food venture, completed BBA Hospital and Health Systems Management (2017-2020) and MHA in Manipal Academy of Higher Education in 2022, he worked in Narayana Health as Corporate relations and founded Southentic café. He emphasizes the critical aspects of entrepreneurship, especially in the food industry. His journey reflects the importance of funding, partnerships, patents, trademarking, and motivation in establishing a sustainable business. He highlights the need for proper planning and execution to mitigate risks and ensure long-term success, debunking the misconception that fast-food businesses frequently go bankrupt without addressing structural issues.

Selvaraju underlines the significance of learning from experience and leveraging available resources to maximize outcomes. He stresses the balance between compromises and priorities, ensuring that while flexibility is vital, certain core principles, like quality and customer satisfaction, remain uncompromised. Furthermore, he advocates for experimentation, particularly in large cities with diverse demographics, to understand consumer preferences and refine offerings.

Economic factors such as rent-to-cost ratios, utilities, and staffing are highlighted as major influences on pricing. Drawing lessons from his past experiences, Selvaraju advises against maintaining a constant margin, emphasizing adaptability to market variations. This strategic flexibility, combined with attention to financial management and operational efficiency, enables businesses to thrive despite challenges.

Through Southentic Cafe, Selvaraju exemplifies how innovation, adaptability, and a focus on execution can lead to success in a highly competitive industry. His story

encourages aspiring entrepreneurs to embrace challenges, experiment, and make informed decisions to build resilient businesses.





## **ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

### **EVENT REPORT**

Alumni Chapter Name or Department : ALUMNI INTERACTIVE SESSION, Department of Pathology

Venue, Place & Time: Demo Hall 2, 4<sup>th</sup> floor, Medical College, Department of Pathology, SRIHER

Chief Guest/Resource Person Name: Dr. Karthika Padmavathy

No of Participants attended: 33 Post graduate students and Pathologists from the Department of Pathology

#### **Summary of the Event:**

The SRIHER Alumni Organisation and Department of Pathology, successfully organized the "Alumni Interactive Session " on February 10, 2025, at Demo Hall 2, 4<sup>th</sup> floor, Medical College Block, SRIHER.

This highly informative session aimed to equip budding pathologists and postgraduates. The event, attended by 33 post graduate students and pathologists from the Department of Pathology, featured an insightful talk by Dr. Karthika Padmavathy, who shared expert guidance on navigating the challenges a fresh pathologist may face right upon completing residency.

The session covered various aspects of the lives of pathologists, mainly geared towards the challenges residents and young pathologists may face upon beginning their careers. Some key areas which were targeted were stress management and work life balance, dealing with stressors from an external environment and how to identify and grab opportunities when presented. This was followed by a brief walkthrough of the speaker's experiences within SRIHER during residency, upto being recognised as an able vice president. With the active participation of the attendees, the event provided a valuable platform for residents and pathologists to share their queries and concerns regarding future prospects and opportunities in this ever evolving field.



Colour photographs to be attached:









**ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER  
EDUCATION AND RESEARCH**

**EVENT REPORT**

Alumni Chapter Name or Department:	Endocrine - “Physiology of Growth”
Description of the Event	<b><u>PALS 5 – Physiology Alumni Lecture Series</u></b>
Venue, Place & Time:	Lecture hall 4, Second floor, <b>Department of Physiology</b> , SRMC & RI May 31 <sup>th</sup> 2025 between 11-12.30 pm
Chief Guest/Resource Person Name:	<b>Dr.Paramita Bhattacharyya</b>
No of Participants attended	101

**Summary of the Event:**

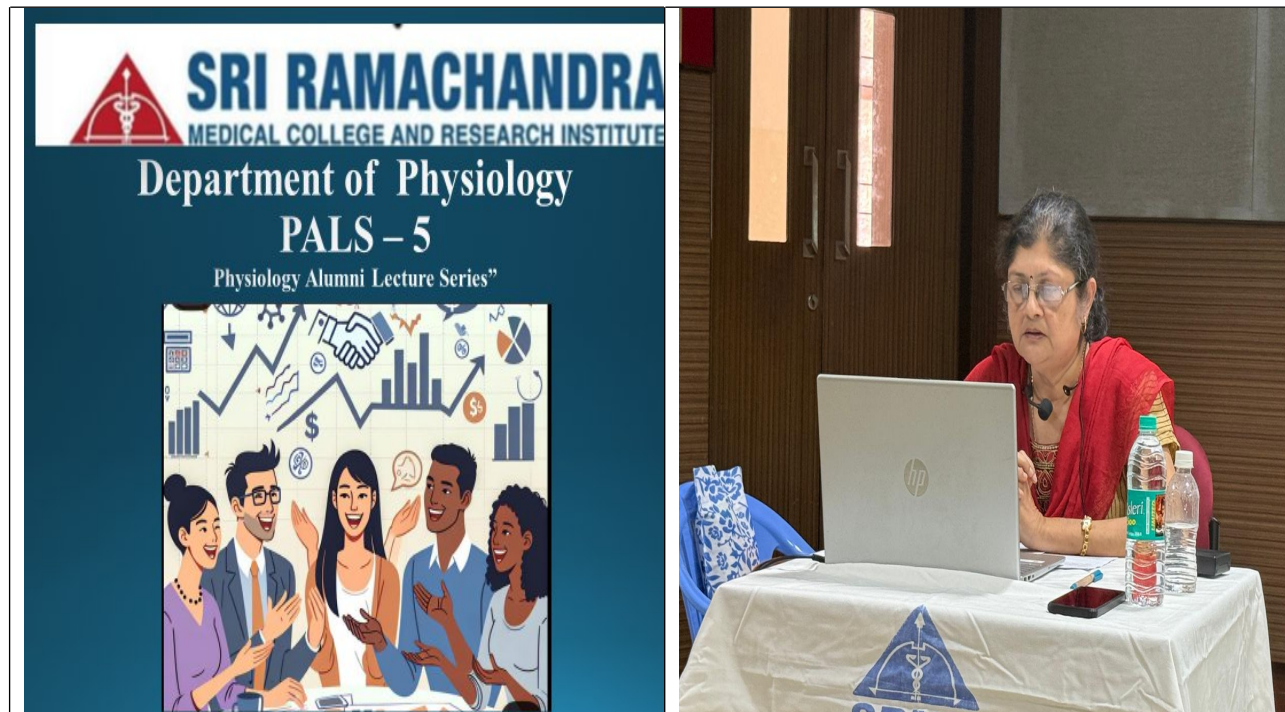
**PALS - 5**, the fifth session of the Physiology Alumni Lecture Series, was conducted on May 31, 2025, as a hybrid event held at Lecture Hall 4 of SRMC & RI and streamed via Google Meet. The session was part of the ongoing celebrations marking the silver jubilee of the MD Physiology program.

The event brought together a diverse audience of 101 participants, including MD and M.Sc. postgraduates, alumni, and faculty from SRMC and other institutions. The session featured an inspiring lecture by **Dr.Paramita Bhattacharyya**, an esteemed alumna and Professor of Physiology at Pondicherry Institute of Medical Sciences. She spoke on the "**Physiology of Growth**" offering a comprehensive and clinically relevant exploration of growth phases, hormonal influences, and disorders like Laron dwarfism and acromegaly. The content was praised for its clarity, structure, and real-world application, helping participant’s bridge textbook knowledge with clinical understanding.

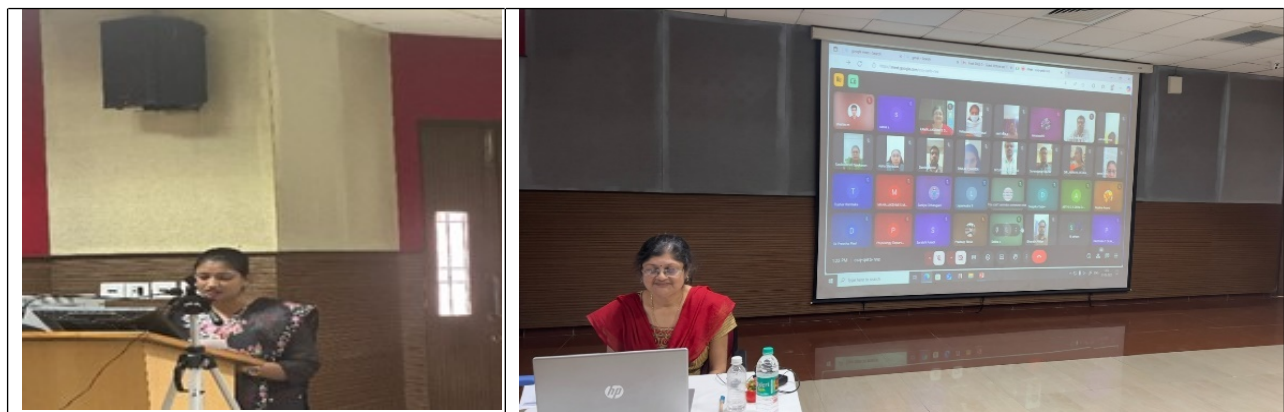
The feedback reflected overwhelming appreciation, with over 90% finding the session academically enriching and visually engaging. Participants especially



valued the speaker's ability to simplify complex topics and the effective use of visuals and clinical examples. The session was not only informative but also deeply motivating, reinforcing the importance of such alumni-led academic initiatives.



Introduction to the speaker by **Dr.S.Lalitha** , Assistant Professor of Physiology, SRMC & RI




The session was anchored by Dr.Ramalakshmi, 2<sup>nd</sup> year MD Physiology formal inauguration presided over by **Dr. K.Muthu Prathibha**, Professor and Head, Physiology, SRMC & RI





Vote of Thanks was proposed by **Dr.Arthi**, IInd year MD Physiology



Name of the Department	Pathology
Name of the Program	Career opportunities at the United States
Type of the Program (Tick the appropriate column)	<ul style="list-style-type: none"> <li>■ Conference</li> <li>■ Professional Development Program <ul style="list-style-type: none"> <li>○ CME</li> <li>○ Entrepreneurship Development program ✓</li> <li>○ Professional skill development ✓</li> </ul> </li> <li>■ Capacity Building Program <ul style="list-style-type: none"> <li>○ Workshop</li> </ul> </li> <li>■ Rapid Review Course</li> <li>■ Interdisciplinary Program</li> </ul>
Dates of the Program conducted	18-01-2025
Total Duration (Hrs.)	3 hours
No. of Participants-Total-  <input type="checkbox"/> Students <input type="checkbox"/> Faculty <input type="checkbox"/> ✓Both External-SRIHER -	95     0 95
List of External speakers(Name, Designation, Address , Phone No and Email address)	Rajan Dewar MD PhD Vice chair - academic affairs Director Hematopathology Wayne State University and Karmanos Cancer Center Detroit Michigan E-mail ID: rajan.dewar@iitbombay.org
Brief Report of the Program	Dr Rajan Dewar had a live interaction with MBBS students where he provided a basic insight into career options and residency programs in the USA, following which the students launched an array of questions and doubts about research and selection of candidates for residency programs. He threw light on the importance of publishing in indexed journals with high impact factors and how one should be wary of junk journals in the publishing process. He enlightened the participants about active opportunities for innovative research including funding organizations and grants

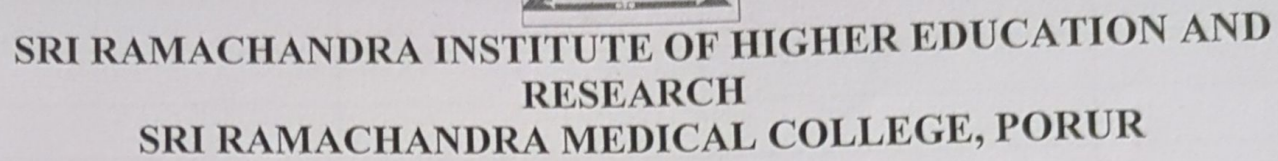
	<p>available for research in India. Apart from USMLE scores, he emphasized the importance of avid research and good publications in quality medical journals while filtering 800-1000 applications for residency programs. Being an avid researcher himself, he spoke about his journey through PhD in IIT Bombay and further steps in the USA. His experience as a program director led him to answer students' doubts about how to apply for residency in the US, wherein he elaborated the importance of USMLE scores, letters of recommendation, application essays, research, and even prior job / volunteering experiences. He was more than happy to not only answer their questions, but also actively encouraged them to pursue research-based careers and residency programs abroad.</p>
<p>Feedback of the participants (Analysis/Brief report)</p>	<p>The participants thoroughly enjoyed the highly intellectual talk by Dr.Dewar. The MBBS students actively indulged in the interactive session and were eager to know more about options for research and residency in the USA and other countries.</p>
<p>Photographs (kindly send three to four good quality images)</p>	



	 
<b>SDG Category:</b>	4
<b>Sponsored Program</b>	Yes/No✓
<b>Grant Received:</b>	NIL

**REPORT OF THE PROGRAMS CONDUCTED IN SRMC, SRIHER**





S. No	Name	Department	Designation	Signature
1.	Dr. S. Sanjanika	MD (PATH)	Ph III	
2.	Dr S. Sreenidhi	MD (path)	PG III	
3.	Dr. Nandhini	MD (path)	PG III	
4.	B. Divya Rose	MD (path)	PG-III	
5.	L. Ramya	MD Path	PG III	
6.	C. Subhashree Raju	MD Path	PG-III	
7.	Dr. Anvesh	MD Path	PG-I	
8.	BOTHU	MD Path	PG II	
9.	Sathvik	PGII (Path)	PG III	
10.	Dr. Hemapriya k	PG III (Path)	PG-III	
11.	Dr. Veda	PG (Path)	PG	
12.	Dr. Josephine	Path	SR	
13.	Dr. Sujit	PG-1 st yr	PG-I	
14.	Dr. Abhishek	MD Lab	PG-III	
15.	Dr. Ramana	MD <del>PG</del> Path.	PG-I	
16.	Deep	MD Path	PG II	
17.	Vasudevi D	PG Path.	PG-II	
18.	Chandharai	Pathology	Ph III	
19.	Namhan	Pathology	PG-II	
20.	Dr. Arbane	Path	AP -	





**SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND  
RESEARCH  
SRI RAMACHANDRA MEDICAL COLLEGE, PORUR**

**DEPARTMENT OF PATHOLOGY**

**Guest lecture topic: NGS basics for all and a sign-out demo of thyroid NGS**

**Date: 18<sup>th</sup> January 2025**

**Time : 10.30am-12.00pm**

**Presenter: Dr. Rajan Dewar**

**Attendance sheet**

S. No	Name	Batch / year	Signature
1.	Adithya	2019	B
2.	S. PRATHIBA YASHASWINI	2019	P
3.	Vasudha Krishnan	2019	Vasudha
4.	Vasudha babu	2019	B. Vasudha
5.	L. Pradharshana	2022	L. Pradharshana
6.	Aditi Nanthakumar	2023	Aditi
7.	Sri Kani Priya	2024	Priya
8.	Ritika Dhalmarajan	2023	Ritika
9.	KIRTANA VOTTERY	2023	Kirtana
10.	Adithya B	2023	B
11.	Garrison Anantham	2024	Garrison
12.	Ambarish	2022	Ambarish
13.	Cathryn Pexis	2022	Cathryn
14.	D. Abhinav	2022	Abhinav
15.	Danielle Jacinth Sarah J	2023	Danielle
16.	L. N. MAYURA	2023	Mayura
17.	IMRAN SHERIFF	2023	Imran
18.	Raghavendra R R	2023	Raghavendra
19.	Sushmita Reddy	2023	Sushmita
20.	HASIKAA RAVINDRAN	2023	Hasika
21.	AADHI SEKHAR	2023	Aadhi
22.	AKSHITHA VIRUSHABARAJ	2023	Akshitha
23.	Dhruvi Bansal	2023	Dhruvi
24.)	Thiruchewan. A.	2023	Thiruchewan



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## ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

### EVENT REPORT

Alumni Chapter Name or Department: Physiology

Description of the Event: PALS – Physiology Alumni Lecture Series marks the silver jubilee of the MD Physiology program at SRMC & RI, Chennai. This monthly hybrid lecture series initiative shall unite the alumni globally to share knowledge, inspire and enhance the academic growth for all the postgraduates of the almamater and other institutions across the country.

Venue, Place & Time: 3D Demo Hall, Third Floor, Pharmacology, SRMC & RI.

Chief Guest/Resource Person Name: Dr. Bindu Krishnan, Professor, Physiology, Sree Balaji Medical College & Hospital, Chennai.

No of Participants attended: 138

Summary of the Event:

PALS - 1 was conducted on Feb 1st 2025 between 10 - 11.30 pm on hybrid mode. The offline program was conducted at 3D, Demo Hall, Pharmacology, SRMC & RI. A total of 138 participants registered and attended the event. The attendees included MD Postgraduates (42.3%), M.Sc. Postgraduates (7.7%), Alumni of SRMC (34.6%), and others (15.4%).

The session began with a formal inauguration presided over by Dr K V Somasundaram, Academic Advisor, SRIHER who addressed the gathering and felicitated the guest speaker.





Following the brief inaugural session, Dr Bindu Krishnan, our alumni and currently Professor, Physiology, Sree Balaji Medical College & Hospital delivered the first lecture on "Calcium Homeostasis".

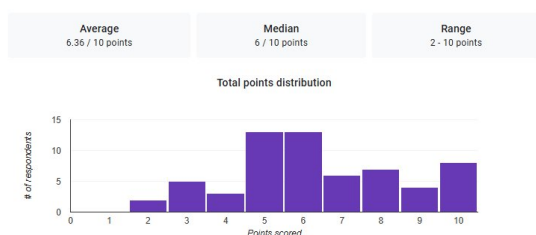


There was a Q & A session where participants were encouraged to interact with the speaker. Vote of Thanks was proposed by Dr K Muthu Prathibha, Professor and Head, Physiology, SRMC & RI.

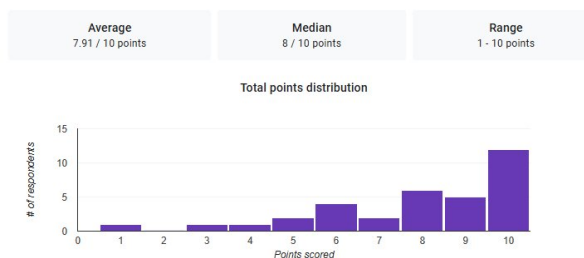


**PRE & POST TEST ANALYSIS** was conducted and feedback was also collected. High tea was served to offline participants.

### PRETEST



### POST TEST



### FEEDBACK ANALYSIS:

The session was well received and appreciated by alumni, PGs and faculty of our institution and outside SRMC&RI. Feedback forms were circulated to assess the effectiveness of the session. online and filled by 26 participants. Majority of the participants (57.7%) strongly agreed that the session content matched their expected learning objectives, while 42.3% agreed. Similarly, 69.2% strongly agreed that the topic belonged to the core area of physiology, and 30.8% agreed. The session was also appreciated for promoting critical thinking and higher-order learning, with 57.7% strongly agreeing and 42.3% agreeing. The use of audiovisual aids was found to be in sync with the content by 69.2% of participants, while 30.8% strongly agreed. Time management was rated positively, with 50% agreeing and 42.3% strongly agreeing that it was appropriate. Regarding the educator's approach, 73.1% agreed that the session was built on prior knowledge, and 26.9% strongly agreed.

Additionally, 57.7% strongly agreed that the session would help in theory exams, while 42.3% agreed. Lastly, 50% of the participants strongly recommended that similar lectures should continue in subsequent years, with 46.2% agreeing.

Factors which facilitated my learning	Any other suggestions or comments
Helpful for my pg exam	Nice presentation
Good communication	Please share the recorded video with us for future reference
Basic concepts with added recent advances	Good
	Good
The flow of the session was extremely good	As the lecture is attended by individuals from every group it can still even more be engaging when given a quick brush up of the basics before getting into the details...
Lecture topic content and mode was good	Nil
Everything was good	Could be converted to small CME programs to gain attention
Power Point presentation, video, appropriate images, recent advances and treatment	Hybrid mode
Including clinical and applied aspects, Videos were very helpful...Overall it was a great learning session	To continue these lectures in future
Clear explanation by Dr.Bindu	Keep doing 👍🙌👏
Easily understood the concepts	
Details about calcium metabolism and uses PTH	
Clarity of concepts explained, Use of case-based examples	
I came across more detailed about this topic	

The overall feedback indicates a positive reception of the session, with strong support for its continuation.

Colour photographs to be attached:





## ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

### EVENT REPORT

Alumni Chapter Name or Department: USMLE – A JOURNEY (MBBS)

Venue, Place & Time: Lecture Hall – 2, Medical College, SRIHER

Chief Guest/Resource Person Name: Mr. Abhishek Bavadhankar

No of Participants attended: 125 MBBS Students

Summary of the Event:

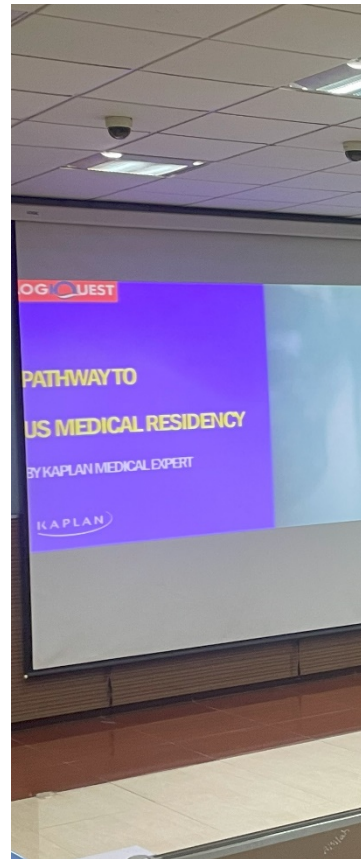
The SRIHER Student Council, in collaboration with the SRIHER Alumni Organisation and Kaplan LogiQuest, successfully organized the seminar "USMLE – A JOURNEY" on February 24, 2025, at Lecture Hall-2, Medical College Block, SRIHER.

This highly informative session aimed to equip MBBS students with essential knowledge, strategies, and resources required to pursue residency in the United States. The event, attended by 125 students, featuring an insightful talk by Mr. Abhishek Bavadhankar, who shared expert guidance on navigating the USMLE journey.

The seminar covered exam structure, study techniques, high-yield topics, and residency pathways for international medical graduates (IMGs). With the active participation of students, the event provided a valuable platform for future USMLE aspirants to gain clarity and confidence in their pursuit of a medical career in the U.S.



Colour photographs to be attached:







## ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

### EVENT REPORT

**Alumni Chapter Name or Department:** Physiology

**Description of the Event:** PALS – Physiology Alumni Lecture Series marks the silver jubilee of the MD Physiology program at SRMC & RI, Chennai. This monthly hybrid lecture series initiative shall unite the alumni globally to share knowledge, inspire and enhance the academic growth for all the postgraduates of the alma mater and other institutions across the country.

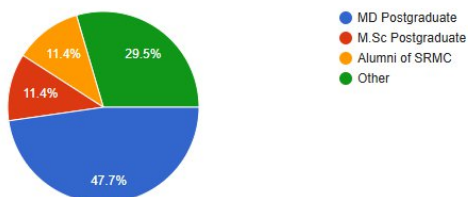
**Venue, Place & Time:** 3D Demo Hall, Third Floor, Pharmacology, SRMC & RI.

**Chief Guest/Resource Person Name:** Dr Preetha Paul, Professor, Physiology, Panimalar Medical College Hospital & Research Institute, Chennai.

**No of Participants attended:** 77

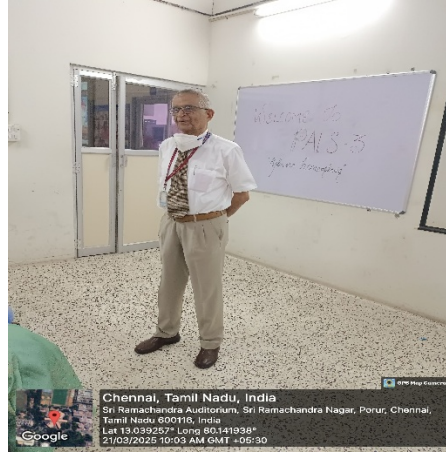
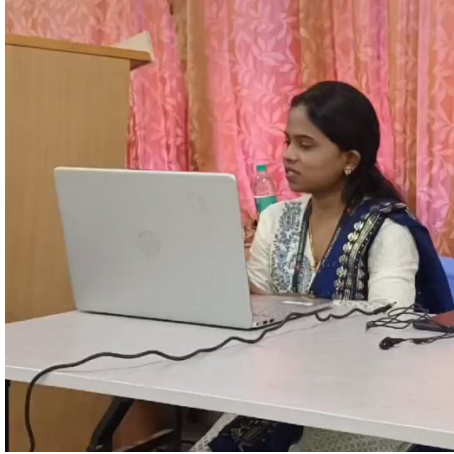
#### **Summary of the Event:**

PALS - 3 was conducted on March 21<sup>st</sup> 2025 between 10-11.30 am on hybrid mode. The offline program was conducted at 3D Demo room, Department of Pharmacology, 3<sup>rd</sup> floor, Medical College building, SRMC & RI. A total of 77 participants attended the event. The attendees included MD Postgraduates (47.7%), M.Sc. Postgraduates (11.4%), Alumni of SRMC (11.4%) and others (29.5%)



The session was anchored by Ms. Jemi Prisca, II year MSc Physiology PG. The event began with a formal inauguration presided over by Dr K V Somasundaram, Academic Advisor, SRIHER who addressed the gathering.





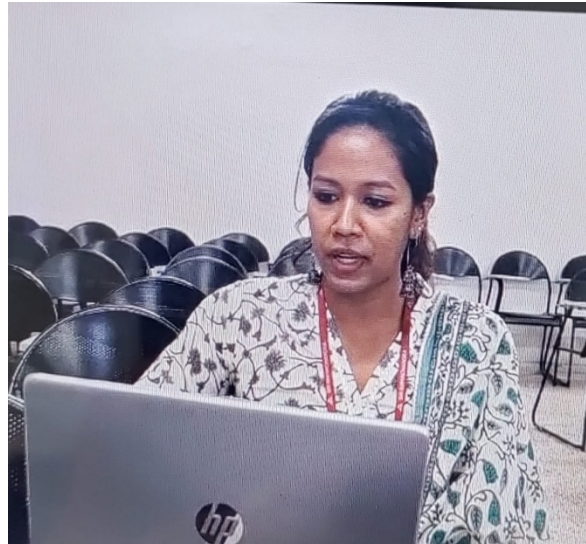
Following the brief inaugural session, Dr.B.S.Meennakshi, Senior Resident, Physiology, SRMC & RI introduced the speaker Dr Preetha Paul, who is our alumnus and currently Professor & Head, Physiology, Panimalar Medical College Hospital & Research Institute delivered the lecture on "Glucose Homeostasis".



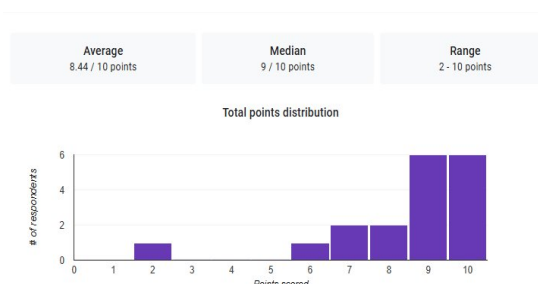
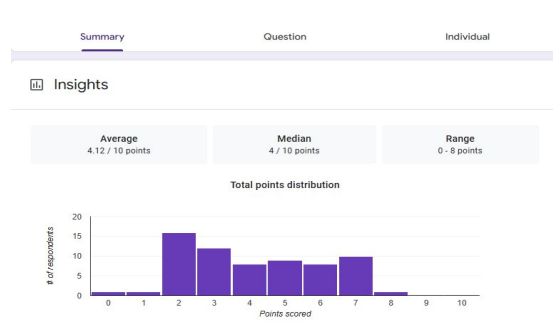
The speaker conducted a Q&A session, posing a few assessment questions to both online and offline participants, who responded with great enthusiasm.



Dr. Dr K V Somasundaram and Dr. K Muthu Prathibha, Prof. and Head, Physiology, felicitated the guest speaker. Later, the Vote of Thanks was proposed by Dr Divyalakshmi, Assistant professor, Physiology, SRMC & RI.



**PRE & POST TEST ANALYSIS** was conducted and feedback was also collected. High tea was served to offline participants.



## FEEDBACK ANALYSIS:

The session was well received and appreciated by alumni, PGs and faculty of our institution and outside SRMC & RI. Feedback forms were circulated to assess the effectiveness of the session online and filled by the participants. Majority of the participants (65.9%) strongly agreed that the session content matched their expected learning objectives, while 27.3% agreed. Similarly, 75% strongly agreed that the topic belonged to the core area of physiology, and 18.2% agreed. The session was also appreciated for promoting critical thinking and higher-order learning, with 65.9% strongly agreeing and 27.3% agreeing. 52.3% strongly agreed the use of audiovisual aids was found to be in sync with the content. Time management was rated positively, with 61.4% agreeing and 34.1% strongly agreeing that it was appropriate. Regarding the educator's approach, 34.1% agreed that the session was built on prior knowledge, and 61.4% strongly agreed. Additionally, 54.5% strongly agreed that the session would help in theory exams, while 38.6% agreed. Lastly, 65.9% of the participants strongly recommended that similar lectures should continue in subsequent years, with 29.5% agreeing.

Factors which facilitated my learning	Any other suggestions or comments
Evidence based presentation	Time of lecture could have been shortened a little
neural regulation made me to have a better understanding	Share PPT for note preparation
Flow and clarity of presentation	Continue the same
Recent advances in glucose homeostasis	Thank you, mam, for this nice class
In-depth knowledge on the topic	
Novelty of references and the topic	
Newer information	
excellent choice of self-explanatory pictures and diagrams	



## ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

### EVENT REPORT

Alumni Chapter Name or Department : Physiology

Description of the Event: PALS marks the silver jubilee of the MD Physiology program at SRMC & RI, Chennai. This monthly hybrid lecture series initiative shall unite the alumni globally to share knowledge, inspire and enhance the academic growth for all the postgraduates of the almatmater and other institutions across the country.

Venue, Place & Time: Lecture Theatre 4, 2<sup>nd</sup> floor, Medical College building, SRMC & RI. (2-4PM on Feb 15<sup>th</sup> 2025)

Chief Guest/Resource Person Name: Dr C Vasanthi, Assistant Professor, Physiology, Panimalar Medical College & Hospital, Chennai

No of Participants attended: 259

Summary of the Event:

PALS - 2 was conducted on February 15<sup>th</sup> 2025 between 2 - 3.30 pm on hybrid mode. The offline program was conducted at Lecture Theatre 4, 2<sup>nd</sup> floor, Medical College building, SRMC & RI. A total of 259 participants attended the event. The attendees included MD Postgraduates (77.8%), M.Sc. Postgraduates (5.6%), and Alumni of SRMC (16.7%) apart from the 216 1st Year MBBS students.

The session was anchored by Dr Lavanya, II yr MD PG. The event began with a formal inauguration presided over by Dr K Muthu Prathibha, Professor and Head, Physiology, SRIHER who addressed the gathering.

Following the brief inaugural session, Dr C Vasanthi, our alumna and currently Assistant Professor, Physiology, Panimalar Medical College & Hospital delivered the lecture on "Cardiovascular dynamics during Exercise". The speaker conducted a Q&A session, posing a few assessment questions to both online and offline participants, who responded with great enthusiasm.

Dr. R. Padmavathi, Dr. Priscilla Johnson, and Dr. Muthu Prathibha felicitated the guest speaker. Later, the Vote of Thanks was proposed by Dr Abirami Omprakash, Associate professor, Physiology, SRMC & RI. A quick physical activity was organized for the offline participants by Dr Divyalakshmi, Assistant Professor,



Physiology, where the theory was put to the test, allowing them to apply the concepts in a practical setting.

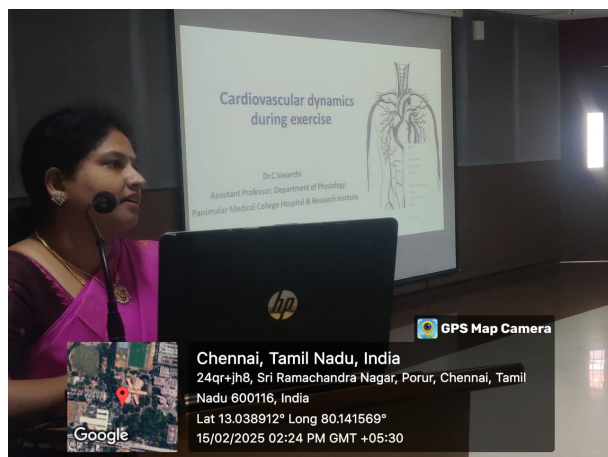
Post session assessment was conducted and feedback was also collected. High tea was served to offline participants.

### **FEEDBACK ANALYSIS:**

The session was well received and appreciated by alumni, PGs and faculty of our institution and outside SRMC & RI. Feedback forms were circulated to assess the effectiveness of the session online and filled by the participants. Majority of the participants (77.8%) strongly agreed that the session content matched their expected learning objectives, while 22.2% agreed. Similarly, 77.8% strongly agreed that the topic belonged to the core area of physiology, and 16.7% agreed. The session was also appreciated for promoting critical thinking and higher-order learning, with 72.2% strongly agreeing and 22.2% agreeing. 55.6% strongly agreed the use of audio-visual aids was found to be in sync with the content. Time management was rated positively, with 44.4% agreeing and 4.4% strongly agreeing that it was appropriate. Regarding the educator's approach, 27.8% agreed that the session was built on prior knowledge, and 61.1% strongly agreed. Additionally, 66.7% strongly agreed that the session would help in theory exams, while 27.8% agreed. Lastly, 77.8% of the participants strongly recommended that similar lectures should continue in subsequent years, with 11.1% agreeing. The overall feedback indicates a positive reception of the session, with strong support for its continuation.

Colour photographs to be attached: Yes







# ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

## EVENT REPORT

**Alumni Chapter Name/Department:** Nursing Chapter

**Description of the Event:** Free Multi-Speciality Health Camp

**Venue, Place & Time:** Indian Christian Association of Tamil Nadu, No. 5, Gandhi Irwin Road, Egmore, Chennai-8

**Chief Guest/Resource Person Name:** Dr. Ravi Santhosham, President, Indian Christian Association of Tamil Nadu (Chief Guest)

**Number of Participants Attended:** 136

### **Summary of the Event:**

The camp vehicle departed from the SRIHER campus at 8:45 a.m. and arrived at the Indian Christian Association of Tamil Nadu, No. 5, Gandhi Irwin Road, Egmore, Chennai-8, by 10:20 a.m. The Free Multi-Specialty Health Camp was formally inaugurated through a brief ceremony held from 10:35 a.m. to 10:55 a.m. the inaugural program commenced with a prayer — Tamilthai Vazhthu, invoking a spirit of unity and reverence.

Mr. Anand Manohar, General Secretary of the Indian Christian Association of Tamil Nadu and CEO of Olive Consultants and Olive Enterprise, extended a warm and gracious welcome to the gathering. The keynote address was delivered by Dr. Ravi Santhosham, President of the Indian Christian Association of Tamil Nadu, who highlighted the importance of community health initiatives. A heartfelt vote of thanks was expressed by Dr. Anita David, Professor and Head of the Department, SRFON, SRIHER (Deemed to be University).

Special appreciation was extended to Mr. Anand Manohar, General Secretary, and Mr. David Finny, Manager of the Indian Christian Association of Tamil Nadu, for their unwavering efforts, dedicated support, and seamless coordination in providing the necessary infrastructure that ensured the programme's resounding success. A special note of gratitude was also conveyed to all the Board Members of the Indian Christian Association of Tamil Nadu for their invaluable contribution and encouragement. The inaugural session concluded with a solemn closing prayer led by Rev. Paul Srinivasan.

Following the inauguration, health screenings were conducted from 11:00 a.m. to 2:30 p.m., adhering meticulously to a structured protocol. The process began with patient registration, followed by the recording of vital parameters (blood pressure, pulse, and temperature), anthropometric measurements (weight, height, waist, and hip circumference), and capillary blood glucose testing. Subsequent consultations with physicians enabled further diagnostic evaluations, including bone density scans, electrocardiograms (ECG), and Pap smears. Free medications were dispensed as per physicians' prescriptions. Moreover, each patient received personalised health education tailored to their specific health needs, along with counselling that encouraged them to seek further investigations and advanced care at our hospital, ensuring a continuum of quality healthcare.

The following doctors, faculty members, and students actively participated in the camp:



**Doctors:**

- *General Medicine:* Dr. Vijay Sriram, Dr. Pranavi
- *Paediatrics:* Dr. Vimalnath, Dr. Karpagavalli
- *OBG:* Dr. Priyanka, Dr. Priya
- *ENT:* Dr. Athithya Tarush
- *Dermatology:* Dr. Aishwarya, Dr. Latha

**Supporting Staff:**

- *Pharmacists:* Ms. Vanitha, Mr. Jeeva
- *Lab Technician:* Ms. Karthiga
- *Ward Technician:* Ms. Jayalakshmi

**Camp Assistant:** Mr. P. Santhosh Kumar

**Faculty Members from Nursing Chapter:**

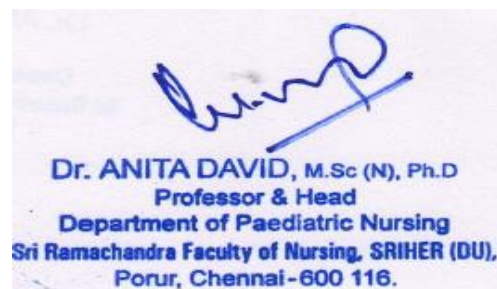
Dr. Anita David (Professor and HOD), Dr. S. Rajeswari (Professor and HOD), Dr. Sara Sapharina (Associate Professor), Dr. Manjula A (Associate Professor), Mrs. Geetha D (Assistant Professor), Ms. Sangavi B (Lecturer), Ms. Sujatha N S (Tutor), Mrs. Vinovani S (Tutor), Mrs. Yogeshwar M (Tutor), and Mrs. Sugunadevi. V (Tutor). Sixteen B.Sc. (N) Basic IV Year Internship students also participated to ensure the smooth conduct of the camp.

After lunch, the team departed the venue and returned to the campus by 4:15 p.m.

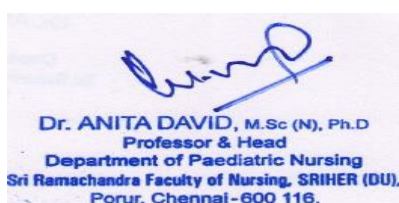
**Total Number of Beneficiaries: 136**

- General Medicine: 48
- Paediatrics: 28
- OBG: 5
- ENT: 28
- Dermatology: 27

The camp was highly beneficial to the public, providing essential health services and promoting awareness about preventive health care.




**Dr. Anita David-President, Nursing Chapter-SRIHER(DU)**



Dr. Anita David- President, Nursing Chapter-SRIHER(DU)





  
**Dr. ANITA DAVID, M.Sc (N), Ph.D**  
Professor & Head  
Department of Paediatric Nursing  
Sri Ramachandra Faculty of Nursing, SRIHER (DU),  
Porur, Chennai-600 116.

**Dr. Anita David- President, Nursing Chapter-  
SRIHER(DU)**





## ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

### EVENT REPORT

**Alumni Chapter Name or Department:** SRIHER Alumni Association – SRFOT Chapter.

**Description of the Event:** Inauguration of SRIHER Alumni Association – SRFOT Chapter

**Venue, Place & Time:** Dental Auditorium, SRIHER – 30/01/2025 – 9:00 am to 10:00 am

**Chief Guest/Resource Person Name:** Vice Chancellor – Dr. Uma Sekar, Registrar – Dr. Senthil Kumar, SRIHER Alumni Association Secretary – Dr. Koushik

**No of Participants attended:** 200 UG students and 30 Alumni

#### **Summary of the Event:**

On 30<sup>th</sup> Jan 2025, SRIHER Alumni Association – SRFOT Chapter was inaugurated by our esteemed Vice Chancellor Dr. Uma Sekar in the presence of Dr. Senthil Kumar S, Registrar, SRIHER (DU), Dr. Koushik, Alumni Association Secretary SRIHER (DU) and Dr. Raghuram.P, SRFOT Head. The event included the schedule of welcome address by Dr. Yashwanth (President of SRFOT Chapter), felicitation to the chief guests, inaugural address & Chief guest address by the dignitaries & inscription board unveiling following release of SRFOT Newsletter, honoring the board members, Inauguration of FIT FOCUS Challenge – fund raising program and vote of thanks by Dr. Kiruthika (Secretary of SRFOT Chapter).

#### **Color photographs to be attached:**







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**ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND  
RESEARCH**

**EVENT REPORT**

**Alumni Chapter Name or Department:** SRIHER ALUMNI ASSOCIATION – SRFOT CHAPTER.

**Description of the Event:** Alumni Guest Lecture on the topic **“Noise, Light and Stress in NICU: Optimizing the environment to promote growth and development”**

**Venue, Place & Time:** Dental Auditorium, SRIHER – 30/01/2025 – 10:30 am to 12:00 pm

**Chief Guest/Resource Person Name:** Dr. Deepika (OT), Pediatric Occupational Therapist

**No of Participants attended:** 215 UG & PG students and 30 Alumni

**Summary of the Event:**

SRIHER Alumni Association – SRFOT Chapter has organized a Alumni Guest Lecture on the topic **“Noise, Light and Stress in NICU: Optimizing the environment to promote growth and development”** on 30/01/2025 and the guest speaker for the program was Dr. Deepika (OT), Paediatric Occupational Therapist. Approximately 215 Undergraduate & Postgraduate students of Occupational Therapy and 30 Alumni have participated in the event. The program was focused on the various stressors in the NICU and its management strategies. The program was concluded with a discussion and feedback session.

**Color photographs to be attached:**



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## ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

### EVENT REPORT

**Alumni Chapter Name or Department:** Sri Ramachandra Faculty of Occupational Therapy

#### **Description of the Event:**

The **Fit Focus Program** was conducted by **SRFOT Alumni Association** is an initiative to promote **health and wellness** among alumni for raising funds and encourages alumni to adopt a **healthy lifestyle** through fitness challenges.

**Venue, Place & Time:** SRIHER, 3th to 9th February

**Chief Guest/Resource Person Name:** Dr. Priya K.N, Joint Treasurer, SRIHER Alumni

**No of Participants attended:** 188 Participants

#### **Summary of the Event:**

The **Fit Focus Program** by **SRFOT Alumni Association** is a remarkable initiative to promote **health and wellness** among alumni while raising funds for community. The program was conducted from **February 3rd to February 9th**, encouraging alumni to adopt a **healthy lifestyle** through fitness challenges. A total of **188 participants** enthusiastically joined the initiative, contributing to both their personal well-being. The program successfully raised **₹9,400**, to motivate and appreciate the efforts, the **top 10 participants** were honoured during the **inaugural function** of the Fit Focus Program held on **February 14th** by **Dr. Priya K.N., Joint Treasurer of SRIHER Alumni Association**.

The initiative not only encouraged a culture of fitness but also strengthened the bond among alumni. The **Fit Focus Program** seamlessly blended **fitness, fun, and philanthropy**, making it a memorable event that contributed towards the betterment of society.



Colour photographs to be attached:





## ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

### EVENT REPORT

**Alumni Chapter Name or Department:** Sri Ramachandra Faculty of Occupational Therapy

**Description of the Event:** One Day Occupational Therapy Workshop

**Venue, Place & Time:** Academic Wing, SRFOT – 14/02/2025 – 1:00 am to 4:00 pm

**Chief Guest:** SRIHER Alumni Association Joint Treasurer - Mrs. K.N. Priya, SRFOT Head – Prof. Raghuram P

**Resource Person Name:** 2017 Batch Alumni – Dr. Gokulnath Rajesh

**No of Participants attended:** 27 UGs

#### **Summary of the Event:**

SRIHER Alumni Association – SRFOT Chapter was organised a One-day Occupational Therapy Workshop on topic “Functional Cognition & PRPP (Perceive, Recall, Plan and Perform) System Overview at the Academic Wing of SRFOT the guest speaker for Workshop is Dr. Gokulnath Rajesh – Alumni, B6 Occupational Therapist, UK, this event is not only a academic purposes and also a fund raising event for the Alumni Association of SRIHER, registration for this program is about 27 and each registration is about 500 and sum of Rs. 13,500 have raised from this event. This event included the schedule of guest speaker felicitation by the chief guest, guest speaker address by Prof. Raghuram and the session was Carried out by Dr. Gokulnath and the Vote of thank was by Dr. Yashwanth S P( President SRFOT – Chapter).











## ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

### EVENT REPORT

**Alumni Chapter Name or Department:** Sri Ramachandra Faculty of Occupational Therapy

**Description of the Event:** Continuing Occupational Therapy Education on the topic “**Primitive Reflexes and Sensory Processing: Rewiring the developing brain for functional success**”

**Venue, Place & Time:** Harvard Auditorium, SRIHER – 29/04/2025 – 9:30 am to 12:00 pm

**Chief Guest/Resource Person Name:** Dr. Niveditha (OT), Pediatric Occupational Therapist

**No of Participants attended:** 50 UG students and 10 Alumni

#### **Summary of the Event:**

SRIHER Alumni Association – SRFOT Chapter has organized an Continuing Occupational Therapy Education Program on the topic “**Primitive Reflexes and Sensory Processing: Rewiring the developing brain for functional success**” on 29/04/2025 and the guest speaker for the program was Dr. Niveditha (OT), Paediatric Occupational Therapist. 50 Undergraduate students of Occupational Therapy, and 10 Alumni have participated in the event. The program was focused on the importance of primitive reflexes and sensory processing in children. The program was concluded with a discussion and feedback session.

#### **Color photographs to be attached:**





## ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

**Sri Ramachandra Faculty of Occupational Therapy**

**April 2025 Report**

**No of Events conducted: 02**

### **Event 1: ALUMNI TALK SERIES**

- **No of participants (UG of SRFOT): 50**
- **Date of the event:** Feb 3 – Feb 9' 2025
- **Description of the event:** Dr. Anders (2019 Batch Alumni) was invited to address the upcoming SRFOT – UG Batches regarding the future scope of Occupational Therapy.

### **Event 2: ALUMNI TALK SERIES**

- **No of participants:** 50 UG students and 10 Alumni
- **Date of the event:** 29/04/2025
- **Description of the event:** Alumni Association – SRFOT Chapter has organized an Alumni Talk series on the topic “Primitive Reflexes and Sensory Processing: Rewiring the developing brain for functional success”, the guest speaker for the program was Dr. Niveditha (OT), Paediatric Occupational Therapist (2019 Batch Alumni).





## ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

### EVENT REPORT

**Alumni Chapter Name or Department:** Sri Ramachandra Faculty of Occupational Therapy

**Description of the Event:** Alumni Talk Series on the topic “**Professionalism in Occupational Therapy: How competent therapist think, act and lead with purpose**”

**Venue, Place & Time:** Dental basement Auditorium, SRIHER – 14/05/2025 – 9:30 am to 12:00 pm

**Chief Guest/Resource Person Name:** Dr. Shalini (OT), Occupational Therapist, Research Assistant at McMaster University, Toronto, Canada

**No of Participants attended:** 200 UG students and 10 Alumni

#### **Summary of the Event:**

SRIHER Alumni Association – SRFOT Chapter has organized a Alumni Talk Series on the topic “**Professionalism in Occupational Therapy: How competent therapist think, act and lead with purpose**” on 14/05/2025 and the guest speaker for the program was Dr. Shalini (OT) Alumni 2017 batch. 200 Undergraduate students of Occupational Therapy, and 10 Alumni have participated in the event. Prof. Aruna Ma'am, Reader at Sri Ramachandra Faculty of Nursing was the chief guest at the event. The program was focused on the importance of primitive reflexes and sensory processing in children. The program was concluded with a discussion and feedback session.

#### **Color photographs to be attached:**







## **ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

### **EVENT REPORT**

#### **Alumni Chapter Name or Department:**

Alumni Chapter Sri Ramachandra Faculty of Physiotherapy

#### **Description of the Event:**

The Sri Ramachandra Faculty of Physiotherapy and the Alumni Chapter, in collaboration with the Alumni Association of Sri Ramachandra Institute of Higher Education and Research, organized a Career Guidance Program on “Building Thriving Opportunities for Physio’s in the UK” on January 30, 2025. The event saw active participation from around 148 attendees.

#### **Venue, Place & Time:**

Sri Ramachandra Faculty of Physiotherapy Building

Alumni -Student Interaction: 4<sup>th</sup> Floor, Room Number 4.2

Timing: 02:00 PM to 04:00 PM

#### **Chief Guest/Resource Person Name:**

Dr. Mani Neelamegan

Alumnus: B.P.T (1994-1995)

Director and Lead Therapist,

ANN Physiocare Limited, UK

**No of the Participants attended:**

133 Students + 15 Faculties

Total Participants: 148 Participants

**Summary of the Event:**

The Sri Ramachandra Faculty of Physiotherapy and the Alumni Chapter, in collaboration with the Alumni Association of Sri Ramachandra Institute of Higher Education and Research, organized a Career Guidance Program on "Building Thriving Opportunities for Physio's in the UK" on January 30, 2025.

**Keynote Speaker:**

The eminent speaker for the event was Dr. Mani Neelamegan, an alumnus of B.P.T (1994-1995) and currently the Director and Lead Therapist at ANN Physiocare Limited, UK.

**Achievements of Dr. Mani Neelamegan:**

- Excellence award in House of Commons British Parliament for excellent service in musculoskeletal physiotherapy 2024.
- Award for Excellence 2024 at the 4th Annual Healthcare & Pharmaceutical Awards (UK).
- Recognized as the Musculoskeletal Physiotherapy Experts of the Year 2021 (UK).
- Awarded with Best Physiotherapy & Pain Management Specialists 2020 (UK).
- 2020 SME Southern Enterprise Award for being the Best National MSK Physiotherapy Provider.

### **Highlights of Dr. Mani Neelamegan's Session:**

Dr. Mani Neelamegan shared his journey from his days as a student to becoming a leading physiotherapist in the UK. He discussed the challenges he faced and how he overcame them to establish ANN Physiocare Limited, a rehabilitation service organization operating in 60 locations across the south of England and South of Wales.

He emphasized the importance of continuous learning and staying updated with the latest advancements in physiotherapy. Dr. Mani Neelamegan also provided valuable tips on how to excel in the field and make the most of the opportunities available in the UK.

### **Interactive Q&A Session:**

The session concluded with an interactive Q&A session where attendees had the chance to ask Dr Mani Neelamegan questions about pursuing careers in the UK, handling patient care, and navigating the healthcare system abroad. His responses were insightful and provided practical advice to aspiring BPT Interns and Post Graduate Students.

### **Feedback from Attendees:**

The program received positive feedback from the attendees, who appreciated the opportunity to gain firsthand insights from an accomplished professional in the field. Many expressed their gratitude for the practical advice and motivation to pursue their career goals with renewed enthusiasm.




**Outcomes:**



- [1] Enhanced Career Insight: Participants gained valuable knowledge about the qualifications, certifications, and career opportunities available for physiotherapists in the UK, empowering them to make informed career decisions.
- [2] Professional Development and Networking: The event emphasized the importance of continuous learning and professional development, encouraging attendees to stay updated with advancements in the field. Additionally, participants had the chance to connect with Dr. Mani Neelamegan and explore mentorship and networking opportunities.
- [3] Motivation and Actionable Guidance: Inspired by Dr. Neelamegan's journey and achievements, attendees left the program with clear, actionable steps to pursue their career goals in the UK, including further studies, certifications, and job opportunities, along with practical tips for success.

**Conclusion:**

The career guidance program was a resounding success, providing valuable knowledge and inspiration to the participants. The event highlighted the potential for physiotherapists to build thriving careers in the UK and underscored the importance of dedication, skill development, and staying informed about industry trends.

Color photographs to be attached:

**SRI RAMACHANDRA**  
FACULTY OF PHYSIOTHERAPY




*Organizes*  
**Career Guidance Program**  
on

## “Building Thriving Opportunities for Physio’s in the UK”

*Eminent Speaker*  
**Dr. Mani Neelamegan**  
Alumnus: B.P.T (1994-1995)  
Director and Lead Therapist, ANN Physiocare Limited, UK

- Excellence award in House of Commons British Parliament for excellent service of musculoskeletal physiotherapy 2024
- Award for Excellence 2024 at the 4<sup>th</sup> Annual Healthcare & Pharmaceutical Awards in the UK
- Recognized as the Musculoskeletal Physiotherapy Experts of the Year 2021 (UK)
- Awarded with Best Physiotherapy & Pain Management Specialists 2020 (UK)
- 2020 SME Southern Enterprise Award for being the Best National MSK Physiotherapy Provider.

He currently owns and operates a rehabilitation service organization (Ann Physiocare Limited, United Kingdom), providing services from 60 different locations across the south of England and South of Wales



**Date: 30<sup>th</sup> January 2025 (Thursday)**  
Time: 02:00 PM – 04:00 PM  
Venue: Room Number 4.2, Fourth Floor, Sri Ramachandra Faculty of Physiotherapy












 GPS Map Camera

Chennai, Tamil Nadu, India

24pv+rxv, Sri Ramachandra Nagar, Porur, Chennai, Tamil  
Nadu 600116, India

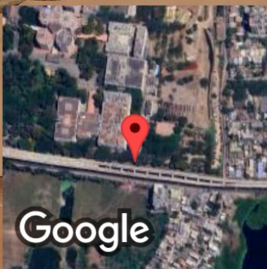
Lat 13.037002° Long 80.144894°

30/01/2025 02:22 PM GMT +05:30

Google



 GPS Map Camera



**Chennai, Tamil Nadu, India**

24pv+rxv, Sri Ramachandra Nagar, Porur, Chennai, Tamil Nadu 600116, India

Lat 13.037025° Long 80.144902°

30/01/2025 02:34 PM GMT +05:30







