



SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Category - I Deemed to be University) Porur, Chennai

Bridges

Newsletter of SRIHER (DU)

February 2026

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FROM THE EDITOR'S DESK

February, though the shortest month of the year, carries a distinctive sense of momentum and purpose. It is a time when the energy of the new year begins to take shape through meaningful action, collaboration, and achievement. At SRIHER, February 2026 stood as a testament to academic excellence, research innovation, and continued strides in healthcare advancement.

A moment of immense pride for the SRIHER community was the remarkable achievement of Dr. Samathmika Ravi, an alumna of the B.Sc. (Hons). Biomedical Sciences (2009–2013) programme, currently a researcher at the University of Padua. She was awarded the prestigious Marie Skłodowska-Curie Global Postdoctoral Fellowship for her work in climate-resilient crop research.

February also witnessed significant academic engagements across faculties. The Sri Ramachandra Faculty of Audiology and Speech Language Pathology (SRFASLP) successfully hosted the 7th TAN-ISHACON Conference of the Indian Speech and Hearing Association. Adding to the academic discourse, the Sri Ramachandra Faculty of Biomedical Sciences & Technology (SRFBMST) organised the Prof. S. P. Thyagarajan Endowment Oration on 'Translational Radiobiology & Targeted Cancer Therapy: Bench to Bedside'.

In a significant leap toward cutting-edge clinical excellence, the Sri Ramachandra Medical Centre introduced robotic-assisted technology for complex surgeries with the launch of the Intuitive *Da Vinci Xi* Advanced Robotic Surgical System. This advancement underscores SRIHER's unwavering commitment to integrating state of the art technology in patient care, enhancing surgical precision, and expanding the horizons of minimally invasive procedures.

As this issue of Bridges unfolds, it captures the spirit of February at SRIHER—compact yet impactful, reflective yet forward-moving. Together, we continue to build a future defined by excellence and meaningful contributions to society.

Dr. V. Deepa Parvathi
Managing Editor

ALUMNI CORNER

Congratulations!



Prof. Dr. Sundar S. (MBBS 1986-1991 & M.S. Orthopaedics 1996-1999), Director, VS Hospitals received the 'Centre of Excellence in Orthopaedics and Robotic Arthroplasty Award' from Thiru. Ma. Subramanian, Honourable Minister for Health & Family Welfare, Govt. of Tamil Nadu at the Galatta Health & Wellness Summit Awards 2026 on 2nd February.



Dr. Karthick Prabhu S. (MBBS 1997-2002), Secretary, Indian Medical Association Tamil Nadu has been nominated as 'CMA Global Ambassador for Climate Change Mitigation' by the Commonwealth Medical Association on 5th February at Chennai.

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IV yr. BDS

ALUMNI CORNER



Mrs. Akila Palani (BASLP 1995-1998), Audiologist and Speech Language Pathologist, Bright Learning Center - School for children with special needs received the 'Women Achievers Award 2026' from Ms. Kanimozhi Karunanidhi, Member of Parliament, at the Women's Day Celebrations - Annanagar Circle, on 28th February.



Dr. Samathmika Ravi [B.Sc. (Hons). Biomedical Sciences 2009-2013], Researcher at The University of Padua has bagged the prestigious 'Marie Sklodowska Curie Global Postdoctoral Fellowship' for Climate-Resilient Crop Research on 11th February.



Dr. Disha Sawhney [B.Sc. (Hons). Biomedical Sciences 2015-2019], Manager, Oncology Operations, Fox Chase Cancer Centre, earned her Doctorate in Healthcare Administration Project from Medical University of South Carolina on 27th February.

Dept. of Cardiology, SRMC&RI, conducted the grand rounds and an online academic lecture series on 20th February. Dr. Sharath Subramanian (MBBS 1995-2000), Asst. Prof. (Adjunct), University of Minnesota, USA, and Director of Advanced Cardiac Imaging at Centracare Heart & Vascular Center, delivered a lecture on 'Evolving Role of Coronary CTA – FFRCT and Plaque Analysis'. 28 PGs, UGs and faculty members attended the program.



Sri Ramachandra Faculty of Engineering and Technology (SRET) organised its first grand alumni meet on 22nd February. The event witnessed participation from 80 alumni, marking an important step in strengthening alumni engagement and institutional connections.



Ms. Chandralekha M. (BASLP 2013-2017 and MASLP 2017-2019), Founder & Lead Audiologist and SLP, CommuniKconnect Multidisciplinary Clinic, Tirunelveli, received the Vocational Excellence Award from the Rotary Club of Tinnevely in recognition of her service and dedication to community wellness on 9th February.

AWARDS & RECOGNITIONS

Dr. Archana B., Asst. Prof., Dept. of Pathology, SRMC&RI, won I prize in poster presentation titled, 'When glial tumours mimic carcinoma: oligodendroglioma with epithelial differentiation' at National CME on Neuropathology held at JIPMER, Puducherry on 20th and 21st February.

Dr. Backiya Shree A., II yr., M.D. Pathology, won II prize in poster presentation titled, 'Undifferentiated round cell sarcoma with CRTCl: SS18 fusion: A rare molecularly defined entity in the tibia of a young adult' at AIPNA - ICP 2026 at Amritsar from 20th to 22nd February.

The Indian Endodontic Society conferred the Annual Research Award 2025 in recognition of excellence in endodontic research, to Dr. K. Manigandan, Sr. Lecturer, Dept. of Conservative Dentistry and Endodontics, SRDC&H.

Dr. Sadhanandham S., Prof; Dept. of Cardiology, SRMC&RI, received a national award of 'Man of 1000 Hearts', by Mygen Global Education at My Gen Global Education Tidal Park on 15th February.

Dr. Nagendra Boopathy, Prof; Dept. of Cardiology, SRMC&RI, was appointed as Convener of CSI-Digital Technology Council for the next two years by the Executive Committee of Cardiology Society of India during its meeting held on 1st February.

HAPPENINGS



Sri Ramachandra Medical Centre launched robotic-assisted technology for complex surgeries – 'The Intuitive *Da Vinci Xi* – Advanced Robotic Surgical System on 20th February. The system consists of a surgeon console, a patient-side cart with 3-4 robotic arms and a 3DHD vision system. This robotic surgical system includes force feedback technology for greater precision. It replicates the surgeon's hand movements in real-time from a console.



Sri Ramachandra Centre for Sports Science, in association with the Asian Football Confederation (AFC) and the All-India Football Federation (AIFF) organised an Emergency Medicine & Anti-Doping Regional Course from 9th to 12th February for medical professionals and physiotherapists from AFC Member Associations (Central & South Asia Region). Dr. Gurcharan Singh, Chairperson, AFC Medical Committee and Mr. Kalyan Chaubey, President, All India Football Federation, inaugurated the course. 50 participants from multiple AFC Member Nations participated.

HAPPENINGS



Dept. of General Surgery, SRMC&RI conducted 'SURGIENHANCE 2026', a poster presentation competition for CRMIs, on 24th January. 25 CRMIs presented posters which were evaluated by Dr. Manuneethi Maran T., Prof. & Head, Dept. of General Surgery, PSP Medical College Hospital and Research Institute.



Dept. of Neonatology, SRMC&RI installed new radiant warmers in the Neonatal Intensive Care Unit (NICU) at SRH (G-Block) on 28th February with the support of ROTORK, under a Corporate Social Responsibility (CSR) initiative.

Dept. of Neonatology, SRMC&RI conducted its first-ever 'Essential Neonatal Resuscitation training programme' exclusively for nurses on 9th February. The course focussed on strengthening life-saving skills during new-born delivery care. 24 nurses were trained and certified as essential NRP providers.

Dept of Neonatology, SRMC&RI in collaboration with Indian Academy of Pediatrics (IAP) Tamil Nadu State Chapter and the IAP Chennai City Branch organised 'Neonatal Resuscitation Program' on 7th February. 42 participants attended the intensive hands-on simulation sessions.



Dept of Neonatology, SRMC&RI, Education and Research organised a guest lecture on 'Virtual Patient Data to Augment Clinical Trials' and on 'Role of Multi-omics in Neonatology' by Dr. Mohan Pammi, Prof., Dept. of Paediatrics, Section of Neonatology, Baylor College of Medicine and Texas Children's Hospital, Houston, on 5th February. 25 clinicians, researchers, faculty members and students attended.

HAPPENINGS



Advance Course in Medical Education (ACME) of 18th ACME batch was conducted from 3rd to 9th February for faculty members from 49 Medical Colleges from the states of Tamil Nadu and Orissa at Nodal Centre of SRMC&RI. 30 participants attended the Contact Session I from 3rd to 7th February and 33 participants attended the Contact Session II programme from 7th to 9th February.



Curriculum Implementation Support Program-III (CISP-III) was conducted for fulltime teaching faculty members of SRMC&RI, Nodal Centre on 20th and 21st January by the NMC Nodal Centre of SRMC &RI. 30 participants attended the workshop.

Dept. of Cardiology, SRMC&RI, conducted a guest lecture on 'Advances in Remote Cardiac Monitoring & Heart Rhythm Disorders' on 21st February. Dr. Sandeep Basavarajaiah, Consultant Interventional Cardiologist, Spire Little Aston Hospital, UK; Mr. Ravi Bhogu, Founder & CEO, Monitra Healthcare, Hyderabad; Dr. Usnish Adhikari, Assoc. Consultant, Cardiac Electrophysiology, Kauvery Hospital; Dr. Sharada S. K., Professor, Dept. of Cardiology, Saveetha Medical College Hospital; Dr. Alben Sigamani, Clinical Scientist and Prof., Global Health, EUCKID were the external resource persons. 40 faculty members, PGs, UGs and technicians attended.

Dept. of Cardiology, SRMC&RI, conducted a CME on the theme 'RAASi and the Heart - Keeping Life-Saving Therapies' on 20th February. 20 PGs and faculty members attended.

Dept. of General Medicine, SRMC&RI, organised a CME program on 27th February on 'Recent Advances in Stroke'. Dr. Nirumal Khumar, Consultant Neurologist, Saveetha Medical College was the resource person. 100 participants attended.

Dept. of General Medicine, SRMC&RI organised an informative awareness program on 'First aid management on seizures' on 23rd February in view of International Epilepsy Day. 100 participants attended.

HAPPENINGS



Dept. of Pharmacology, SRMC&RI, conducted 'Optimus Routes to Rescue - Injection techniques' workshop as part of OPTIMUS 2026, an undergraduate International Conference on 26th February. 80 MBBS students from medical colleges across the nation participated.



Centre for Professional Development and Office of the Dean (Research), SRIHER (DU) organised training of trainer programme on 'Patent Awareness' on 26th February. 33 faculty members participated.



Rural Health and Training Centre (RHTC) in collaboration with Depts. of Community Medicine and Community Health Nursing conducted World Cancer Day on 20th February at Vayalanallur. A cancer screening camp was conducted to promote early detection and create awareness about breast and cervical cancer among women. Mammogram screening and pap smear testing were done for 19 patients.



SRET hosted a one-day national workshop on 'Statistical Data Analysis using JAMOVI software' on 6th February. 72 students, research scholars, and faculty members participated.

Dept. of Biochemistry, SRMC&RI, organised a guest lecture on 'Role of a Doctor in Building a Healthier Community' on 3rd February. The lecture highlighted the evolving social responsibilities of doctors, emphasising ethical practice, preventive healthcare, patient-centred care, and community engagement. 282 UGs, PGs and faculty members attended.



Dept. of Biochemistry, SRMC&RI, organised a continuing education series on 'Diabetes Decoded-Biochemical and Metabolic Perspectives' on 5th February. Dr. Pavai Sthaneshwar, Assoc. Prof., Dept. of Pathology,, University of Malaya, Kuala Lumpur, was the resource person. 295 UGs, PGs and faculty members participated.

HAPPENINGS

Dept. of Pharmacology conducted a guest lecture (online) on 'Clinical Trial Study Designs' on 9th February. Dr. Alphenes Stanley Xavier, Asst. Prof., Dept. of Pharmacology, AIIMS, Madurai was the resource person. 27 PGs and faculty members participated.



Ms. Nandhini M. G., II yr. MPT Orthopaedics & Traumatology, SRFOT, won II prize in paper presentation and Ms. Samiksha Anand Kangokar, II yr MPT Orthopaedics & Traumatology, won III prize in poster presentation at '26 National Level Physiotherapy Conference' Sri Balaji Vidyapeeth (Deemed to be University), Chengalpattu on 27th February.

Dept. of Orthodontics, SRDC&H, organised a pre-convention workshop on functional appliances and conducted the postgraduate quiz competition at the 29th IOS National PG Convention held at GSL Dental College, Rajahmundry, from 5th to 8th February. 129 teams nationally registered for the quiz.



Centre of Excellence for Comprehensive Cleft and Craniofacial Care at SRIHER was inaugurated on 16th February, marking the culmination of over two decades of free service for patients with cleft lip, palate and craniofacial anomalies. It is structured to provide holistic care through a multidisciplinary team approach under one roof comprising of specialists from the Depts. of Anaesthesia, Audiology, Cardiology, Clinical Nutrition, Clinical Psychology, Neurosurgery, Neurology, Oral and Maxillofacial Surgery, Orthodontics, Otorhinolaryngology, Paediatric Medicine, Pedodontics, Public Health Dentistry and Speech Language Pathology. Over the last two decades, this team has evolved to deliver advanced care and aims to be a leading comprehensive cleft and craniofacial unit in the country. 300 members participated.

HAPPENINGS



Faculty Quality Cell, SRDC&H, in association with IQAC, SRIHER, organised a CDE programme on 'Institutional Strategies for Enhancing University Ranking and Global Perception'. Prof. Vishna Devi V. Nadarajah, Deputy Vice-Chancellor, International Medical University, Malaysia was the resource person. 90 delegates from the constituent colleges of SRIHER and from IQAC members of dental colleges in and around Chennai participated.

PGs from the Dept. of Conservative Dentistry and Endodontics, SRDC&H, won the following prizes at the 5th edition of SPIRIT 2026 conducted at SRM Dental College.

Name	Details of Prize
Dr. Tharani T.	I Prize in table top presentation competition
Dr. Vidhya V., Dr. Tarun T. Dr. Hemapriya H.	II prize in the quiz competition



The NABH *Gunvatta Yatra* Programme was organised by SRDC&H, in collaboration with the Quality Council of India on 11th February. The programme focused on creating awareness on quality standards, patient safety and accreditation in dental healthcare. 55 participants from various institutions and private practices across different regions attended.

151 laptops were distributed to students of the Faculties of Medicine, Dentistry, Pharmacy, Nursing, and Allied Health Sciences under the Chief Minister's Free Laptop Scheme on 16th February.

Dept of TCM, SRFHS conducted the following workshops:

- Code Blue training session for nurses and paramedics on 11th February. 27 members participated.
- Five-day programme, comprising a two-day BLS/ACLS Instructor Course and a three-day Provider Course, was conducted from 16th to 20th February. Certifications were awarded to 15 participants as BLS Providers and 10 as ACLS providers.
- BLS workshop for MBBS students posted in Dept. of Surgery on 17th February.
- BLS workshop for 25 staff members at HR Department.

HAPPENINGS

Dental Education Unit under the Centre for Professional Development conducted workshops on the theme 'Workplace-based Assessment' and 'Clinical Educator Roles and Academic Promotions' on 8th and 16th February, respectively. 30 faculty members attended.

STEPS National Webinar Series #43 on 'Toxicological Emergencies, Part XIX' was organised by Dept. of TCM, SRFAHS, on 27th February. Ms. Ruffila Merlin, Asst. Prof., Dhanalakshmi Srinivasan University, Trichy and Mr. Ishan Azhar Aasim, Life Support Instructor and Educator, Evergreen Healthcare Solutions, Hyderabad were the resource faculty.

Sri Ramachandra Faculty of Nursing organised the inauguration and launch of the Home Care Aide (HCA) course for Ward Technicians on 27th February marking a significant step towards strengthening quality home-based health-care services. 60 ward technician students, staff and faculty members participated.



Nursing Education Unit of SRFoN, under the aegis of the Centre for Professional Development, organised a Three-Day Faculty Development Programme on 'Basic Course Workshop in Education Technologies' from 9th to 11th February. The programme aimed to enhance faculty competencies in lesson plan preparation, adult learning principles, innovative teaching methods, and assessment strategies. 30 faculty members participated.



Dept. of Paediatric Nursing, SRFoN, in collaboration with Golden Butterflies, Children's Palliative Care Foundation, organised a Paediatric Palliative Care programme on 25th February. The invited speaker Sr. Gilly Louise Burn, Founder, Cancer Relief India and Director of Palliative Care, Durham University, UK, highlighted holistic and family-centred care, shared decision-making, compassionate symptom management, ethical issues, and bereavement support. 175 students and faculty members attended.

Dept. of Nursing, Sri Ramachandra Hospital organised a Continuing Nursing Education (CNE) on the theme 'Transforming nursing care for diabetic foot health', on 20th and 21st February. The program focused on neuropathic pain assessment, vascular complications, wound care, offloading techniques and foot wear modification, glycemic control, post-amputation care and advanced diagnostic tools. 50 nurses attended.

Depts. of Obstetrics and Gynaecology Nursing, Community Health Nursing, SRFoN, in-service staff, SRH and the Skill Power, all-in-one hub for career growth organised a value-based add-on course on 'Job Readiness and Employability' Pragathi Pre-internship Training Programme for students of B.Sc. Nursing from 23rd to 27th February. Mr. Joseph Kuriakose, Head-Business Development; Mrs. Sujatha Boovaran, Trainer; Mrs. Alice Ruby, Trainer, Skill Power conducted sessions on personality development, basic and advanced communication skills, leadership, critical thinking, and placement training. 98 students attended.

HAPPENINGS



SRFoN organised 7th Dr. S. Thanikachalam Endowment Oration on 'Current Challenges and Transformations in Nursing Education and Clinical Practice' on 21st February. The orator Dr. Rajee Reghunath, Dean, Faculty of Nursing, Kerala University of Health Sciences (KUHS) & Principal, Amala College of Nursing, Thrissur highlighted the pressing issues faced by the nursing profession, including workforce shortages, technological integration, evolving patient needs, significant shift in students attitudes and behaviours. 243 students and faculty members attended.



Sri Ramachandra Faculty of Biomedical Sciences & Technology organised Prof. S. P. Thyagarajan Endowment Oration on 'Translational Radiobiology & Targeted Cancer Therapy: Bench to Bedside' on 26th February. Prof. B. S. Satish Rao, Director, Manipal School of Life Sciences delivered the oration.



Dept. of Biomedical Sciences, SRFAHS, organised 'A Comprehensive Hands-on Workshop in Industrial Bioprocessing Technique' as part of the workshop series on 26th and 27th February. 10 UGs and research scholars from SRIHER and other organisations participated.



Technical Resource Centre (TRC) and the Centre for Evidence-Based Guidelines, SRFoN organised a four-day National Workshop on Systematic Reviews and Networking Support in Health (SARANSH 2.0), from 23rd to 26th February with a focus on strengthening national capacity in systematic review methodology and fostering interdisciplinary research collaboration. The programme was funded by the Dept. of Health Research under the Indian Council of Medical Research. The inaugural ceremony was graced by the chief guest, Dr. Chanchal Goyal, Scientist F, Department of Health Research, ICMR, New Delhi. She emphasized the pivotal role of systematic reviews in shaping clinical guidelines, public health policies, and national health programmes. 60 participants across the country participated.

HAPPENINGS

Dept. of Optometry, SRFAHS, organised a guest lecture on 'Entrepreneurship in Optometry: From Professional to Business Owner' on 7th February. Mr. Sriram Jayachandran, Founder and Proprietor, Eye Shore Optical was the resource person. 199 students and faculty members participated.



Dept. of Optometry, SRFAHS organized a field visit to Voluntary Health Services, Taramani on 24th February. 29 students participated.



Mr. Badrinath J. and Mr. Rohith Kumar V., II yr., M Sc. Medical Imaging Technology, SRFAHS, won the 1st and the 3rd prize, respectively in the category of MRI at the 4th National Conference, conducted by NITTE, Mangalore on 8th February.



Dept. of Community Medicine, SRMC&RI along with RHTC Vayalanallur and Community Health Nursing conducted a school health programme at MKM Higher Secondary School, Porur on 6th February. Various departments from the Faculty of Medicine provided screening and treatment on common school health ailments for 605 children.



Sri Ramachandra Faculty of Occupational Therapy (SRFOT) organised monthly free screening camp focusing on hand and musculoskeletal problems on 21st February at Sri Ramachandra Hospital. 50 patients benefited.

HAPPENINGS

SRFOT in collaboration with Otsuka Pharma India Pvt. Ltd. organised 'Handwriting Screening and Awareness' camp on 20th February at The Children's Garden School, Chennai. Assessment was administered to identify foundational fine motor and visual-motor deficits impacting academic performance, awareness and education to teacher about classroom behaviour and ergonomic modification in the classroom. 80 students benefitted.

SRFOT organised awareness screening camp in observance of eating disorder week from 24th February to 2nd March. The theme of the program was 'Fighting for Change, Committed to Change Every body belongs', aimed to educate the public and create awareness about eating disorders and role of occupational therapy in the management of eating disorders. 50 individuals were screened.



Sri Ramachandra Faculty of Audiology and Speech Language Pathology (SRFASLP) hosted the '7th TAN-ISHACON' conference of the Indian Speech and Hearing Association, Tamil Nadu (ISHA TN) on 14th and 15th February, on the theme, 'Link - Learn - Lead'. The inaugural ceremony was graced by Dr. S. Sowmya, Vice-Chancellor, The Tamil Nadu Dr. J. Jayalalithaa Music and Fine Arts University; Dr. Nachiketa Rout, Director, NIEPMD; Ms.Samyuktha Venkataachalam, Trustee, Sri Ramachandra Educational & Health Trust and Adhoc Executive Committee members of ISHA TN. 918 students, faculty members and professionals nationally participated in the lectures, focussed group discussions, poster presentations and discussions.



SRFMS conducted an innovative mentor-mentee program 'Mentora -1' on 21st February for students of MBA. Mr. M.H. Raja, Managing Director, Lead HR Services served as Chief guest. Nine mentors from corporate houses served as mentors and guided MBA students on their career enrichment. 60 students attended.

Dept. of Applied Psychology, Sri Ramachandra Faculty of Behavioural and Social Sciences organised a workshop on 'Mental Health in the Digital Age' on 5th February. Ms. Shobana Karthikeyan, Organizational Psychologist, Accenture and Dr. Nivetha Vasanthan, Psychiatrist, Schizophrenia Research Foundation (SCARF) were the resource persons. 200 students and faculty members attended.

HAPPENINGS

Dept. of Pharmaceutical Chemistry, Sri Ramachandra Faculty of Pharmacy (SRFoP), organised a one-day Webinar-Series 'IX-3D's on the topic, 'From Solid State to Skin: Material Science and Diffusion Dynamics in Pharmaceutical Product Development' on 7th February. Mr. Manmohan Negi, Analytical R & D Director, Intelliscend, Mumbai and Dr. Prince K. Devadas, Principal Scientist-II, Analytical Research Division, Apitoria Research Centre, Telangana, were the resource persons. 229 delegates from various institutions of Tamil Nadu and other states participated.

Dept. of Pharmacognosy, SRFoP, organised 'HERBOTECH 2026', an international webinar on 'Hidden Depths, Hidden Cures: Exploring Marine Actinomycetes Untapped Potential' on 25th February. The session was delivered by Dr. Rajivandhi Govindan, Assoc. Prof., Dept. of Microbiology, Xinjiang Institute of Ecology & Geography, China. 132 students and faculty members from various colleges participated.

Special Educators from Vidya Sudha, SRIHER, Mrs. R. Nalini, Mrs. K.S. Rathi, and Mrs. S. Kumudha were honoured with the 'Lifetime Honour Award' by Dr. Shobana Special School, Porur, as part of their Annual Day celebration on 28th February.

NSS ACTIVITIES



NSS SRIHER, in collaboration with the Rotary Club of Madras Metro, supported the completion of essential flooring work at Vayalanallur Primary school on 3rd February. This infrastructure project, aimed to provide a safer and better learning environment for the students.



Multi-Speciality Medical Camp

NSS SRIHER - Unit II conducted a multi-speciality medical camp at Avadi, on 4th February serving 105 beneficiaries. The team provided blood pressure, blood sugar, dental, eye, and general screening.

NSS ACTIVITIES



Basics of AI in Healthcare

NSS SRIHER - Units VII & VIII in collaboration with SWASTI, an NGO, hosted an interactive workshop on the Basics of AI, led by Mr. K. Mohan Kumar, District co-ordinator Chennai, Tiruvallur on 13th February. The session empowered 78 volunteers with practical digital skills, including AI-driven powerpoint creation and website development.



Tree Plantation Drive

NSS SRIHER - Unit IV, in collaboration with Madras Central Ladies Circle-73, organised the 'Ek Ped Maa Ke Naam' plantation drive on 19th February at Bharathi Women's College. 26 NSS volunteers planted 30 bamboo and 20 mini exora saplings.



Basic Life Support (BLS) training

NSS SRIHER - Unit IV in collaboration with the Dept of TCM, SRMC&RI organised a BLS training program on 19th February, at Bharathi Women's College, Chennai. 27 NSS volunteers participated.

NSS ACTIVITIES



Basic Life Support (BLS) training

NSS SRIHER - Units I & V in collaboration with Dept. of TCM conducted a BLS training program on 20th February, at Modern Higher Secondary school, Alamathi. 37 volunteers trained 150 students and 30 teachers in first aid, adult BLS, and paediatric BLS.

STUDENT COUNCIL ACTIVITIES

Yoga Club of SRIHER, organised 'Echoes of Freedom' an online event commemorating India's Republic day on 2nd February. 15 enthusiastic participants actively engaged in the discussion and reflective activities, promoting mindful awareness and national pride.

Rotaract Club of SRIHER conducted project R.E.D – Register • Engage • Donate, a blood donation drive on 4th February to commemorate World Cancer Day. 87 people donated blood.

MedHope Club, in collaboration with the Student Council of SRIHER, organised the online event 'Voices of Courage' on 5th February to commemorate National Cancer Awareness Day. The event aimed to spread awareness about cancer by encouraging participants to share personal stories of resilience, courage, and hope. Seven patients participated.

Quiz Club of SRIHER organised 'Beyond the Boundary' on 7th February, celebrating the world of cricket.



Rotaract Club of SRIHER received global recognition as the 'Second Largest Rotaract Club in the World' during the International Rotary Conference 'ROTASIA - Chennai 2026', organised by Rotary International District 3233 on 7th February.

MedHope Club of SRIHER organised 'SHINE' on 9th February. The event aimed to encourage emotional expression, creativity, and compassion among children by engaging them in making handmade cards for their loved ones.



Quiz Club of SRIHER organised 'The One with the Sitcoms', quiz event, on 13th February. The event brought together eight participants who competed with great spirit and impressive knowledge of classic and contemporary sitcoms.

STUDENT COUNCIL ACTIVITIES



Dance Club, MedHope Club, Music Club of SRIHER in collaboration with the Dept. of Paediatric Haematology and Oncology, SRMC&RI, celebrated International Childhood Cancer Day on 14th February. Seven children engaged in multitude of activities including dance and games.



Rotaract Club of SRIHER participated in 'Run to End Polio 2026' on 15th February, organised by the Rotary Club of United Chennai under Rotary District 3233. 13 Rotaractors from SRIHER represented the institution in the awareness run, demonstrating commitment to public health advocacy.



Rotaract Club of SRIHER in collaboration with the National Service Scheme, National Cadet Corps, and various student clubs including Dance, Music, Theatre, Yoga, and Tamil Clubs of SRIHER, organised Mahashivratri Celebration 2026 on 15th February. The event aimed to promote spiritual awareness, cultural appreciation, mindfulness, and inter-club unity through pooja, classical dance, music, theatre performances, *Sorpozhipu Aatral*, and guided meditation. 1000 members attended.

English Literary Club, in collaboration with the Indoor Games Club of SRIHER, organised 'The Lost Manuscript' on 18th February. The event creatively combined indoor games such as chess and carrom with literary challenges through a mini-escape room concept. 61 participants across 15 teams competed enthusiastically.

MedQuiz Club of SRIHER organised 'Pandora's Box 3.0', a national-level online undergraduate quiz, on 19th February. 160 participants from various institutions across the country, participated fostering a spirit of academic competition and collaboration.

MedHope Club of SRIHER organised 'SPARK' on 20th February. The event focused on educating children about basic first aid and the solar system through engaging worksheet-based learning.

Yoga Club of SRIHER organised 'Hush', an online stress management session, on 20th February. The event aimed to help students and teachers unwind and relax through guided meditation and controlled breathing techniques.

STUDENT COUNCIL ACTIVITIES

Dance Club of SRIHER, participated in the 'VIT Vibrance 2026', held from 18th to 21st February at VIT College. Six dancers participated in Step-Up Solo, four in Dancing Duo (two teams), three in Solo Classical, and one in Battle Arena. The following students won prizes.

Name	Batch & Course	Event	Prize
Mr. Abhinav Shankara	I yr. BPT	Solo Classical	III prize
Ms. Rithika B.	I yr. BPT	Step-Up Solo	III prize



Student Council, in collaboration with various clubs of SRIHER organised 'Fiesta 2.0' on 24th February. 350 student members from various clubs showcased their talents through dance performances, soulful music, storytelling, and creative visual captures.

Agal Tamil Club of SRIHER organised 'Sirappu Pattimandram' on 26th February. Six participants were divided into two teams to discuss the topic 'Kalluri Vazhakai'. The event fostered logical reasoning, respectful dialogue, and active engagement.

SPORTS' CORNER

Students from SRIHER secured the overall trophy in the 8th State Level Inter Paramedical Tournament 2k26, among the 43 other participating universities and colleges, held at SRIHER from 18th to 21st February.



Students of SRIHER won the following trophies in the Yatra R3 Power Play Cup, organised by Rajalakshmi Institution (RIT, RSB & RMC), from 7th to 10th February.

Event	Name	Year of Study and Programme	Prize
Football (Men)	Mr. Jaison J. Mr. Yashwanth M. Mr. Vishal Gurumoorthi P. G. Mr. Manoranjan V. Mr. Solomon M. Mr. Mohamed Mufeed Mr. Salman Riyas Mr. Naveed S. Mr. Akbar Anas P.	II yr., MBA I yr., BDS Intern, B.Sc. Sports & Exercise Sciences IV yr., B.Sc. Sports & Exercise Sciences III yr., BPT III yr., BPT I yr., BPT III yr., BOT II yr., B.Sc. Nursing	II prize

SPORTS' CORNER

Event	Name	Year of Study and Programme	Prize
Kabaddi (Men)	Mr. Bharathraj S.	II yr., MPH	III prize
	Mr. Purushothaman I.	I yr., M.Sc. Bioinformatics	
	Mr. Dharun M.	III yr., B.Com.	
	Mr. Manikandan M.	III yr., EHS	
	Mr. Jagadeeshwaran K.	III yr., B.Pharmacy	
	Mr. Vishal T.	III yr., B.Tech. Cyber Security	
	Mr. Dharnidharan D.	III yr., B.Sc. Nursing	
	Mr. Murugan C.	III yr., B.Sc. Nursing	
	Mr. Jerwin X. S.	II yr., B.Sc. Nursing	
	Mr. A Faisal Ahamed	II yr., B.Sc. Nursing	
	Mr. Kishore D. R.	I yr., B.Sc. Nursing	
	Mr. Godurn Jen0 A. P.	I yr., B.Sc. Nursing	



Students of SRIHER won the trophy in the VIBRANCE SPORT'S'26 - All India Inter-collegiate Sports Fest held at VIT Chennai, from 11th to 14th February. The details are listed below:

Event	Name	Year of Study and Programme	Prize
Basketball (M) –	Mr. Arulkumaran K.	I yr., MOT	III prize
	Mr. Goutama Viswamitra	CRMI-MBBS	
	Mr. Ram Abhilash M.	CRMI-MBBS	
	Mr. Keshav Surendra Rathi	III yr., MBBS	
	Mr. Sai Mohith Ramdas	III yr., MBBS	
	Mr. Avidhan Solomon	II yr., MBBS	
	Mr. Seyievicha Shurhiu	III yr., BDS	
	Mr. Jefrin Immanuel P.	IV yr., BPT	
	Mr. Jonathan Reeven Joseph	III yr., BPT	
	Mr. Ruben Andrews M.	II yr., BPT	
	Mr. Joel Sanjeev Sebastian	III yr., B. Sc. Sports & Exercise Sciences	
	Mr. Nitish K. C.	I yr., B.Tech. (ECE)	



SPORTS' CORNER

Students of SRIHER won the following trophies in the IGNITE 2k26, organised by the Saveetha Institute of Basic Medical Sciences on 26th and 27th February at SIMATS:

Event	Name	Year of Study and Programme	Prize
Kabaddi (Women)	Ms. Karunya T. Ms. Uma M. Ms. Hema Dharshini S. Ms. Keerthana I. Ms. Sasikala J. Ms. Dharshini S. Ms. Janani J. Ms. Priyadharshini G. Ms. Akshaya K. R. Ms. Amina A. Ms. Grace Anna Varughese Ms. Priyavarshni S.	II yr., M. Sc. Sports & Exercise Psychology IV yr., B. Optometry II yr., B. Sc. TCM II yr., B. Sc. TCM II yr., B. Sc. TCM I yr., B. Sc. TCM I yr., B. Sc. TCM I yr., B. Sc. TCM I yr., B. Sc. Nursing I yr., B. Sc. Nursing I yr., B. Sc. Nursing I yr., B. Sc. Applied Psychology	I prize
Kho - Kho (Women)	Ms. Lohithya P. Ms. Mohana Gayathri P. Ms. Shobana R. Ms. Amrutha R. Ms. Sai Poojaa B. R. Ms. Parvathi Ms. Shalika S. Ms. Dhanushya S. T. Ms. Monika S A. Ms. Swetha S. Ms. Swathy J. J. Ms. Janani S. Ms. Nivethana A.	I yr., M. Pharm. II yr., B. Pharm. I yr., B. Pharm. IV yr., BPT I yr., BPT III yr., B.Sc. AHS I yr., B.Sc. AHS III yr., B.Sc. (Hons.) Sports & Exercise Sciences II yr., B.Sc. (Hons.) Sports & Exercise Sciences II yr., B. Sc. Nursing I yr., B.Sc. Clinical Research I yr., B. Sc. Bioinformatics I yr., B Tech AI & DA	Runners Up
Carrom (Men)	Mr. Dhanush V. Mr. Parthiban I.	IV yr., B. Sc. TCM IV yr., B. Sc. TCM	II Prize
Table Tennis (Men)	Mr. Tharun R C.	I yr., B. Pharmacy	I Prize
100mts (Men)	Mr. Muhammed Shaban	II yr., B.Sc. Nursing	I Prize
4* 100mts (Men)	Mr. Jeffrin Anto A. Mr. Muhammed Shaban Mr. Mohammed Faisal J.	III yr., B.Sc. Nursing II yr., B.Sc. Nursing I yr., BPT	I Prize



READERS' CORNER



Ms. Supriya S.
III yr., B.Pharmacy



Ms. Nikhila G.
Final yr., MBBS



Ms. Archana Sojan
II yr., B.Sc.Nursing



Ms. N. V. Harshida
III yr., B.Sc.(Hons.) Biomedical Sciences

Scarred Beauty

The world, unbidden, turns around ideals of crafted grace,
Where beauty's weight reshapes the human mind and space.
Identity dissolves, self-worth questioned deep within,
What once defined you now demands to be undone.

Where wounds, incisions, scars are deemed acceptable art,
Yet authenticity is torn apart.

Insecurities bind life in knots untold -
What sparked this rise?

Media's lens, with standards rigidly sold.

The pain that Botox quietly hides,
The doubt a facelift gently disguises,
The mistrust rhinoplasty tries to seal,
All made to seem like basic needs we feel.

Perfection shifts from mind to mind,
A fragile construct we define.
Embrace it - we are each one of a kind,
Uniqueness is where true beauty we find.

Flaws and differences shape what's truly whole,
Every being carries beauty in its soul.
Do not measure worth by skin so thin,
For priceless lies the beauty within.

Ms.Rasheeqa M
Final yr., BDS

ஆதங்க அத்தினியின் ஆழ் மனது....

ஆசையோடு சேர்ந்த
ஆவலும் கொண்டேன்
ஆண்டுகளை மகிழ்வோடு கழிக்க
ஆயிரம் தடை வந்து
ஆலயம் தேடி ஓட
ஆண்டவனே கைவிட்ட
ஆண்டி ஆகி
ஆசிர்வாதம் இழந்த
ஆசாமி ஆகி
ஆகாயத்தைப் பார்த்து
ஆராய்ந்து கேட்டேன்
ஆருயிர் கொடுத்தது
அவசியமா?? என்று!!
ஆசை வைத்தேன்
அதிஷ்டம் இல்லை என்றார்கள்
அன்பு வைத்தேன்
இராசி இல்லை என்றார்கள்
இஷ்டப்பட்டதை இழந்தேன்
கொடுத்து வைக்கவில்லை என்றார்கள்
ஒன்றும் வேண்டாம் என்று
ஒதுங்கி போனேன்
உண்மடி என்றார்கள்
ஆக பழிக்கும்நா பழித்து கொண்டே தான் இருக்கும்
கேட்கும் செவி கேட்டுக் கொண்டே இருக்க....
ஆதலால் மாதவியே!!!
அருவருப்பை அசடு செய்து விட்டு
அலையேன ஒங்கு
காரணம், நீ நினைத்தால்
ஆழியை கூட அடக்க
மார்கம் உண்டு உனக்கு! !

Ms. Shiny Lourdus Sarah
IV yr., BOT