



SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Category - I Deemed to be University) Porur, Chennai



Bridges

Newsletter of SRIHER (DU)



January 2026

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FROM THE EDITOR'S DESK

January marks the beginning of a new calendar year, symbolizing renewal, aspiration, and fresh beginnings. At Sri Ramachandra Institute of Higher Education and Research (SRIHER), January 2026 unfolded as a vibrant blend of national pride, cultural celebration, institutional progress, and community recognition.

The institute proudly celebrated the 77th Republic Day of India with a ceremonial flag hoisting. The occasion served as a reminder of the constitutional values that guide our nation and resonate deeply with SRIHER's commitment to service, integrity, and excellence in education and healthcare.

January also brought with it the joyous spirit of the harvest festival, Pongal, which was celebrated with great enthusiasm. Cultural events and competitions transformed the institute into a lively space filled with tradition, creativity, and togetherness. Faculty and students participated with equal fervour, making the celebrations a memorable expression of gratitude, community bonding, and cultural heritage.

In a significant step toward strengthening advanced healthcare infrastructure, the Sri Ramachandra Medical Centre initiated the launch of state-of-the-art, fully loaded GE Revolution Apex Elite 512 Slice Spectral CT Scanner. This development reflects SRIHER's continued commitment to integrating cutting edge technology into clinical practice, enhancing diagnostic precision, research capabilities, and patient care.

The month also witnessed a meaningful milestone with the graduation ceremony for hospital workers, recognizing their dedication, skill development, and indispensable contributions to healthcare delivery.

As we step into the new year, this issue of *Bridges* captures the spirit of January at SRIHER rooted in tradition, inspired by progress, and guided by a shared commitment to excellence.

Dr. V. Deepa Parvathi
Managing Editor

REPUBLIC DAY AT SRIHER



The 77th Republic Day was celebrated with great pride at SRIHER (DU) on 26th January, marking the spirit of unity and national integrity in India. The celebrations began with unfurling of flag by the Vice-Chancellor. Chancellor Shri. V.R. Venkatachalam, along with other officials of the University, joined the ceremony and expressed their patriotism on this significant occasion. Faculty members, students and staff joined the event.

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PONGAL FESTIVAL AT SRIHER



SRIHER organised Pongal celebrations with cultural events and competitions on 13th January.

ALUMNI CORNER



Dr. Kabilan Dharmarajan (MBBS 1992 -1997) Chief, Internal Medicine, Lowell General Hospital, USA was felicitated by the Honourable Chief Minister of Tamil Nadu with the prestigious '*Kaninyan Poongundranar Award*' for Medicine by The Govt. of Tamil Nadu on World Tamil Diaspora Day 2026 held on 10th and 11th January. He was also awarded '*Maruthuva Tamil Semmal Award*' by the Directorate of Medical Education.



Dr. A Subair Khan (M.S. Orthopaedic Surgery 2001-2004), Founder & Managing Director, Orthomed Hospital was conferred with '*Certification of Appreciation*' for his outstanding contribution, leadership and positive impact to the community on Global Golden Dinar Award 2026 organised by the Mukmin Community on 24th January at Kuala Lumpur.



Dr. Suman C.P.S. (MBBS 1999-2004) Director, VGM Hospital was bestowed with '*Maruthuva Natchatiram Award 2026*' organised by The Hindu and Indian Medical Association at Coimbatore on 12th January.

ALUMNI CORNER



Dr. Nanditha Ramachandran (MBBS 1999-2004 & M.D. General Medicine 2005-2008), Diabetes Care Specialist, Dr. A. Ramachandran's Diabetes Hospital received the 'Innovation Award' from World India Diabetes Foundation & Indian Diabetes Academy on 10th and 11th January.

Dr. Narayan Mitra (MBA 2008-2010) Deputy General Manager, Apollo Hospitals was honoured with the 'Best Social Worker for Health Chapter' at the Bangala Hunt Social Summit 2025 organised by Indian Museum Ministry on 3rd January at West Bengal.

PALS Season 2 - Physiology Alumni Lecture Series, a hybrid workshop titled 'Scoop to Steeple', on Pulmonary Function Tests, was conducted on 31st January to commemorate 20 years of the M.Sc. Medical Physiology programme.



Ms. V. Ramya (MBA 2010-2012) Quality Manager, Govt. Mohan Kumaramangalam Medical College & Hospital received a 'Certificate of Appreciation' from the District Collector for her excellence of work in Dept. of Health and Family Welfare on 26th January at Salem District.

AWARDS & RECOGNITIONS



Dr. Prakash Agarwal, Prof. & Head, Dept. of Paediatric Surgery was felicitated with 'Oration Award' during the Paediatric Endoscopic Surgeons of India Conference 2026 (PESICON 2026) held from 21st to 23rd January at AIIMS, New Delhi.



Dr. S. Nagendra Boopathy, Professor of Cardiology was honoured with Lifetime Achievement Award by Lions International, District 3241 C – Region 8 in recognition of his outstanding contributions to clinical and interventional cardiology, academic excellence, clinically oriented clinical research, and dedicated service to society on 24th January.

Dr. Krupa M., Assoc. Prof., Dept. of Speech-Language Pathology, SRFASLP was selected as the Chair for Promotional Activities (2026–2028) of the Indian Speech Language and Hearing Association (ISHA) on 31st January. She was elected after a council election held during the 57th Indian Speech and Hearing Conference (ISHACON) at Ahmedabad.



AWARDS & RECOGNITIONS



Dr. Lakshmi Venkatesh, Prof., Dept. of Speech Language Pathology, SRFASLP was conferred with the Dr. N. Rathna Oration Award on the 30th January at the 57th National Convention of the Indian Speech Language and Hearing Association, held at Ahmedabad.



Dr. V. Supriya, Assoc. Prof., Dept. of Clinical Nutrition, SRFASHS was awarded the 'Sadhana Awards India' on 10th January, at National Institute of Nutrition, Hyderabad in recognition of her academic excellence.

Dr. K. Subbiah, Assoc. Prof. and Head, Dept. of Musculoskeletal Physiotherapy, SRFOP was conferred with 'Bhave Award' for Best Scientific Paper in Musculoskeletal & Sports Physiotherapy at the Society of Indian Physiotherapists Conference 2026 held from 23rd to 25th January at Hyderabad.



MOUs



Dept. of Environmental Health Engineering, Sri Ramachandra Faculty of Public Health (SRFPH) signed a Memorandum of Understanding (MoU) with Monarch Biotech Pvt. Ltd., CSI Rainy Multispecialty Hospital and Integrated Rural Community Development Society (IRCDS) on 12th January.



Sri Ramachandra Faculty of Physiotherapy signed an MoU with Theni Cancer Institute on 22nd December. This collaboration aims to organise regular community health camps, offering body composition analysis and physiotherapy consultation and establish structured referral pathways. The partnership also focuses on empowering local health workers and communities through standardized protocols for body composition analysis and ergonomic practices.

HAPPENINGS



Academic Counsellors Conclave 2.0 was organised at SRIHER on 22nd January to provide a comprehensive understanding of the diverse programs offered, career opportunities, admission procedures, and scholarship opportunities at SRIHER, through engaging sessions by the Heads and Principals of 15 constituent colleges. 118 academic counsellors from various schools actively took part in the event. To further enrich the experience, a guided SRIHER campus tour was organised to witness the state-of-the-art infrastructure, advanced learning facilities, and student support systems. Ms. Samyukta Venkataachalam, Trustee, Sri Ramachandra Educational and Health Trust graced the event.



Dept. of Radiology, SRMC&RI launched South Asia's first state-of-the-art fully-loaded GE Revolution Apex Elite 512-slice Spectral CT scanner on 22nd January. Dr. T. S. Swaminathan, Former Director, Barnard Institute of Radiology, Madras Medical College inaugurated the facility. Chancellor Shri. V.R. Venkataachalam and Ms. Samyukta Venkataachalam, Trustee, Sri Ramachandra Educational and Health Trust graced the event.



Sri Ramachandra Hospital - Paediatric Intensive Care Unit received a donation of High-Flow Nasal Cannula (HFNC) unit and a bedside ultrasound machine from the Rotary Club of Chennai Capital under Rotary Global Grant on 28th January. Rtn. Holger Knaack, Trustee & Chairman of The Rotary Foundation, Rtn. D. Devendran, District Governor, Rotary District 3233 and Rtn. Apoorva Modi, President, Rotary Club of Chennai Capital inaugurated the facility. Ms. Samyukta Venkataachalam, Trustee, Sri Ramachandra Educational and Health Trust graced the event.

HAPPENINGS



Dept. of ENT, Head and Neck Surgery, SRMC&RI in collaboration with the Sri Ramachandra Faculty of Audiology and Speech Language Pathology (SRFASLP), celebrated the 20th Anniversary of the Cochlear Implant Program of SRIHER (CLIPS) on 20th January. Ms. Uma Shanker, President, Indian Montessori Centre, was the chief guest. Several activities including slogan competitions for students of SRFASLP and MBBS, a month-long free audiological screening programme for children under six years of age, awareness reel competition, and cultural performances by implant recipients were conducted. A public education booklet on cochlear implants covering procedures, mapping, and rehabilitation was also released. Members who supported CLIPS team were honoured. 450 implantees, students and faculty attended.



Dept. of Neonatology, SRMC&RI organised a 'NeoSkills Workshop: Strengthening Hands-On Neonatal Training and Empowering Postgraduates with Life-Saving Neonatal Skills' on 24th January. The workshop was designed to translate knowledge into action, ensuring that young doctors are confident and competent in delivering safe neonatal care. 45 students and faculty members participated.



Dept. of Pharmacology, SRMC&RI, in collaboration with National Association of Pharmacology and Therapeutics (NPT) conducted the PK-EDGE National Workshop on Clinical Pharmacokinetics on 22nd and 23rd January. Dr. K. Bhuvaneshwari, Vice President-NPT, Prof. & Head, PSG IMSR, Coimbatore was the chief guest. Dr. Vipul Chaudhari, Member Academic Board-NPT, Prof. & Head, GCS Medical College Hospital & Research Centre, Ahmedabad served as the resource person. The workshop focused on clinically relevant pharmacokinetic principles and their application in rational therapeutics. 81 delegates participated.

HAPPENINGS



Dept. of General Medicine, SRMC&RI conducted a CME on 23rd January on 'MDR Pathogens in Clinical Practice' by Dr. Ram Subramaniam, Consultant in Infectious Diseases, Apollo Hospitals. 150 students and faculty members attended.

Dept. of Pharmacology, SRMC&RI organised a guest lecture, on Clinical Trial Study Designs Made Simple: Avoiding Bias and Building Credible Evidence. Dr. Alphiennes Stanley Xavier, Asst. Prof., AIIMS, Madurai delivered the lecture. 26 PG students and faculty members attended.



Dept. of Forensic Medicine and Toxicology in collaboration with AETCOM Committee, SRMC&RI, conducted a guest lecture on 'Informed Consent in Clinical Practice' on 20th January. Adv. Vennila Thambidurai, Sr. Associate, Litigation & Real Estate Team delivered a lecture on 'Consent in Healthcare: A critical Legal Examination' and Adv. Kavya P.H., Sr. Associate, Corporate & Transactional Team, Badsha Legal Company addressed on 'Privacy, Consent & Data Protection in Clinical Practice'. 200 students of MBBS participated.

Sri Ramachandra Faculty of Nursing in collaboration with the Dept. of Forensic Medicine and Toxicology, SRMC&RI, organised a Crash Course on 'Introduction to Forensic Nursing and Indian Laws' for students of B.Sc. Nursing on 28th and 29th January. 287 students from various nursing colleges across Tamil Nadu participated.



Dept. of Pathology conducted SPARRC 2026 from 5th to 9th January. Dr. Rani Kanthan, Prof. of Pathology, University of Saskatchewan, Canada and Dr. K. Swaminathan, Prof. and Head, Dept. of Pathology, Madras Medical College, Chennai were resource persons. Interactive discussions on Surgical Pathology gross specimens, autopsy and clinical pathological cases were part of this unique program. 370 delegates nationally participated.

HAPPENINGS



The graduation ceremony for Hospital Ward Technicians was held on 30th January. Ms. Samyukta Venkataachalam, Trustee, Sri Ramachandra Educational and Health Trust, graced the event and distributed the certificates.



Dept. of Environmental Health Engineering (EHE), SRFPH in collaboration with Tamil Nadu Apex Skill Development Centre for Healthcare, and Industrial Waste Management Association organised a seminar on 'Climate Change and Human Health: A Primer for Educators' on 22nd January. Dr. Sagnik Dey, Chair Professor, Centre for Atmospheric Sciences, IIT Delhi; Dr. Aarthi R., Principal Scientist, Health & Nutrition, M. S. Swaminathan Research Foundation; Dr. V Ramasubramanian, Infectious Disease Specialist and Mr. M. Vignesh Kumar, Project Associate, Dept. of Environment and Climate Change, Govt. of Tamil Nadu were the resource persons. The programme also featured an interactive discussion and a Basic Life Support demonstration. 305 school teachers and students attended.



Dept. of EHE, SRFPH was awarded the 'Best Exhibition & Awareness Stall Award' in the 8th Youth Health Mela 2026, organised by the Adyar Cancer Institute from 29th to 31st January.

HAPPENINGS



Dept. of Applied Psychology, Sri Ramachandra Faculty of Behavioural and Social Sciences (SRFBSS), in association with Dept. of Psychology, Madras School of Social Work organised a two-day international conference 'Behavioural Research & Interdisciplinary Neuro Social Sciences (B.R.A.I.N.S.S. 2026)' on 8th and 9th January. Ms. A. Arulmozhi, Advocate & Activist and Ms. Gomathi V., Assistant Inspector General of Police, Tamil Nadu were the guests of honour. 700 students, faculty members and practitioners attended.



Ms. S. Sandhya Bharathi, Full time Ph.D. Research Scholar, Dept. of Environment Health Engineering, SRFPH, received the Young Scientist Award 2025, for the Best Scientific Paper at the 76th National Conference of the Indian Association of Occupational Health (IAOH) - OCCUCON 2026, from 7th to 10th January at Jamnagar.



Sri Ramachandra Faculty of Occupational Therapy (SRFOT) organised a Continuing Occupational Therapy Education (COTE) on 2nd January. Mr. T. Balakrishnan, Principal Occupational Therapist, AWWA, Singapore delivered a lecture on 'Sensory Integration'. 150 students and faculty members attended.



12 interns of BOT participated as 'Adaptive Sports Facilitators' at the 'Thiramai Sports for All', an initiative designed to foster inclusion by enabling individuals with disabilities to engage in adaptive sports held at IIT Madras from 27th to 31st January.

SRFOT conducted a free screening camp in the G-Block on 23rd January. The camp provided comprehensive neurological and functional assessments for the patients. 50 patients benefitted.

HAPPENINGS

Dept. of Biotechnology, Sri Ramachandra Faculty of Biomedical Sciences and Technology (SRFBMST), organised 'Heartfulness Meditation Programme' from 12th to 14th January. Mrs. A Mallika, Retd. Prof., Govt. Arts College, Karaikudi and Dr. C.B. Nirmala, Retd. Prof., SDNB Vaishnav College were the resource persons. 80 participants attended.



Dept. of Neurological Physiotherapy, Sri Ramachandra Faculty of Physiotherapy, organised a workshop on 'Neurodevelopmental Treatment' on 10th and 11th January. The workshop aimed to develop practical skills in basic handling techniques. 35 PG students from various colleges across Tamil Nadu participated.



Faculty members from Dept. of Neurological Physiotherapy, Sri Ramachandra Faculty of Physiotherapy won the following prizes at the 7th Biennial Congress of the Sri Lanka Association for Child Development and the 3rd South Asian Neurodevelopmental, Sri Lanka College of Paediatricians held on 29th and 30th January at Galle, Sri Lanka.

1. Dr. A. Rajarajeswari, Assoc. Prof. & Head won Best Oral Presentation
2. Dr. M. Rajeswari, Prof. won Third place - Oral Presentation



Dept. of Cardiopulmonary Physiotherapy, Sri Ramachandra Faculty of Physiotherapy, organised a workshop on 'Cardiopulmonary Instrumentation' from 23rd to 24th January. Dr. Magesh Kumar, Prof. and Head, Dept. of Geriatrics, Meenakshi College of Physiotherapy was the resource person.



Ms. Akshara Sriram and Ms. Thanya S., III yr. BPT, Faculty of Physiotherapy won II Prize in poster presentation on 'Role of Artificial Intelligence in the Diagnosis and Management of Spinal Disorders' presented at MYOPZ 2026, organised by Dept. of Orthopaedic Physiotherapy, Sri Balaji Vidyapeeth, Puducherry, held on 30th January.

HAPPENINGS



Dept. of Prosthodontics, Sri Ramachandra Dental College & Hospital (SRDCH), celebrated World Prosthodontist Day on 22nd January. 31 students attended.

Students from Dept. of Biotechnology and Dept. of Biomedical Sciences, SRFBMST, won the first prize for research paper presentations at the National Conference on 'Indian Knowledge Systems in Health and Healing', organised by SRM Institute of Science and Technology, Chennai on 30th January. The details are listed below:

Student Name	Year and Course
Mr. Shyam R.	II yr., M.Sc. Biotechnology
Ms. Shajitha R.	II yr., M.Sc. Biotechnology
Ms. Tarhsa S. M.	I yr., M.Sc. Biotechnology
Ms. Abisha Sharon S.	IV yr., B.Sc. BMS
Ms. Shreya Shibu	IV yr., B.Sc. BMS

Students from Dept. of Biotechnology, SRFBMST, won prizes for research paper presentations at the International Conference on 'Advances in Biotechnology: Sustainable Innovation towards the *Viksit Bharat* Vision', organised by DG Vaishnav College on 30th and 31st January. The details are listed below:

Student Name	Year and Course	Prize
Mr. Shyam R.	II Yr., M. Sc. Biotechnology	II
Ms. Shajitha R.	II Yr., M. Sc. Biotechnology	



SRFASLP organised a guest lecture on 'Neurodiversity Affirming Practices in Real World Speech-Language Pathology: Bridging Theory and Clinical Practice' on 21st January. Ms. Vanthanaa Mohan, Speech Language Pathologist, Subodha Communications for All, was the guest speaker. Practical strategies for neurodiversity-affirming assessment, goal planning, therapy and supportive behaviour management were shared. 103 students and faculty members attended.



Dept. of Speech Language Pathology, SRFASLP, conducted a sensitization programme on 'Augmentative and Alternative Communication' for parents from the Phensem Parents Support Group, Bhutan, on 10th January. 26 parents attended the programme and visited SRFASLP and *Vidyasudha* to gain an understanding of the services provided at SRIHER and the facilities offered by the Govt. of India and Govt. Tamil Nadu.

HAPPENINGS



Sri Ramachandra Faculty of Nursing (SRFON) in collaboration with the Dept. of Forensic Medicine, SRMC&RI, organised a Crash Course on 'Introduction to Forensic Nursing & Indian Laws' for students of B.Sc. Nursing, on 28th and 29th January. 297 students and faculty members from various nursing colleges across Tamil Nadu participated.

Sri Ramachandra Faculty of Management Sciences (SRFMS) in association with IND Genius, organised a sensitisation programme for students on 'Digital Heist' on 12th January. Mr. S. Saravana Kumaran IRS, former Joint Commissioner of Income Tax and Advocate at the Madras High Court served as the resource person. 95 students attended.

SRFMS organised guest lecture on 'Strategy in Action' on 12th January. The session was graced by Mr. O. S. Balaji, a distinguished Boundaryless Thinker and Idea-to-Outcome Specialist based in Sydney, who brings extensive international experience in strategy formulation and implementation. 125 students and faculty members attended.



SRFMS organised a national level conference 'Navigating future trends in Hospital and Healthcare Management' on 23rd January. Mr. Aparajithan Srivathsan, Managing Director, Intent Health Technologies was the chief guest. 180 participants attended.



Dept. of Clinical Nutrition, SRFAHS conducted a session on 'Career Guidance' on 31st January. The programme aimed to provide career-oriented guidance and expose students to emerging job opportunities in the field of nutrition and data analytics. The session was delivered by Ms. Dikshaa V., Data Analyst – Nutrition Database, Twin Health. 80 students participated.

HAPPENINGS



Dept. of Optometry, SRFAHS, organised a CME, 'BRAILLIVE'26 – Empowering Independence: Advancements in Low Vision' on 6th January to commemorate World Braille Day. A hands-on workshop on Braille literacy, mobility training, assistive technologies, and AI tools for low vision was conducted. 570 delegates participated.



Dept. of Trauma Care Management, SRFAHS, conducted a career guidance programme on 20th January. Mr Hari Prasath, Food safety and Operations Manager, London Gatwick Airport delivered the guest lecture. 110 students participated.



Dept. of Trauma Care Management, SRFAHS conducted an emergency care awareness and BLS outreach programme on 21st January at Achariya Siksha Mandir School, Pondicherry. Sessions on Environmental Emergencies and BLS were conducted. 200 school students benefitted.



Dept. of Trauma Care Management, SRFAHS, conducted BLS and ACLS training programmes at St. Isabel's Hospital, Chennai on 21st and 22nd January. 80 doctors and staff attended.



Dept. of Emergency Medicine SRMC&RI organised a BLS and ACLS training programme for 200 medical PG students between 29th to 31st January.

HAPPENINGS

Dept. of Trauma Care Management, SRFAHS conducted the 42nd STEPS National Webinar on 'Toxicological Emergency – Part XVIII', online on 30th January.



Dr. A. Pearlcid Siroraj, Sr. Lecturer, Dept. of Oral and Maxillofacial Surgery, SRDCH completed his Clinical Attachment at Queen's Medical Centre, Nottingham, UK from 10th November to 19th December. He was trained under the mentorship of Prof. Dr. Dilip Srinivasan and Dr. Darpan Mehta, Consultant Oral and Maxillofacial Surgeon, Maxillofacial Unit, Queen's Medical Centre, Nottingham University Hospital NHS Trust, Nottingham, UK in facial deformity corrections, TMJ arthroscopy and TMJ total joint replacements.

NSS ACTIVITIES

Eye Camp

Unit IV of NSS SRIHER and Inner Wheel Club of Madras Metro jointly organised eye camp at *Thirumanam Village* on 7th January. 42 patients benefitted. 16 NSS volunteers participated.



Health Awareness Campaign

Units VII and VIII NSS, SRIHER along with Madras Ladies Circle jointly organised a health awareness programme for sanitary workers at *Vyasarpadi* on 8th January. 52 NSS volunteers participated in the event. 140 sanitary workers were the beneficiaries.



NSS ACTIVITIES

Pongal Celebration

Unit II, NSS SRIHER celebrated Pongal at Sree Seva Mandir Old Age Home, Virugambakkam on 9th January. 21 NSS volunteers participated in the event. 50 participants benefitted.



National Youth Day Celebration

NSS SRIHER and National Medicos Organisation jointly organised National Youth Day celebrations at SRIHER on 22nd January. 125 NSS volunteers participated.



Multi-Speciality Medical Camp

Unit IV, NSS SRIHER and Rotary Club of Madras Metro jointly organised a multi-speciality medical camp at Women Christian College, on 28th January. 105 participants benefitted.



National Youth Day Celebration

Unit VI, NSS SRIHER and Inner Wheel Club of Madras Metro jointly organised National Youth Day celebrations at Chennai Govt. Girls Higher Secondary School, Perambur on 29th January.



NSS ACTIVITIES

Yoga Training Programme

Unit VI, NSS SRIHER along with Yoga Club organised Yoga training programme at Chennai Govt. Girls Higher Secondary School, Perambur on 29th January. 70 students participated.



STUDENT COUNCIL ACTIVITIES



National Youth Day and *Parakram Diwas* 2026 were jointly observed by the National Medicos Organization (NMO) and the Student Council of SRIHER on 22nd January. The event was organised with the objective of commemorating the birth anniversary of Swami Vivekananda and honouring the life and legacy of Netaji Subhas Chandra Bose, thereby inspiring the youth to imbibe values of courage, service, nationalism, and leadership. The special address was delivered by Swami Dhyanyagama-yand, Monk of Ramakrishna Mutt and Secretary, RKM Mylapore, who encouraged introspection and reflection, urging students to lead purposeful lives grounded in service, unity, and inner strength. Prizes were distributed to winners of several competitions like elocution, digital poster, reel making and T-shirt painting. Theatre Club of SRIHER presented a skit depicting the life of Netaji Subhas Chandra Bose. An engaging and informative quiz session was conducted by Mr. Balaji, a passionate quiz master associated with the *Disha Bharat* Personality Development Programme. 55 participants attended.

Dance Club of SRIHER celebrated the '*Margazhi Festival*' on 5th January, as a cultural and devotional event highlighting the spiritual significance of the *Margazhi* month. The programme featured classical devotional dance performance.



MedHope Club, in collaboration with Music Club and Student Council of SRIHER, conducted '*Melodies of Hope*' on 3rd January. Four volunteers performed lively songs, interactive rhythms, and cheerful melodies, encouraging children and creating a warm and uplifting environment that emphasised holistic care and emotional well-being. 20 children benefited.

STUDENT COUNCIL ACTIVITIES



MedHope Club in collaboration with *Agal Tamil Club* and Student Council, conducted 'Harvest of Hope' on 9th January. The event aimed to celebrate the festival of Pongal by spreading joy, cultural warmth, and emotional support among paediatric patients through interactive activities and festive engagement.

English Literary Club, in collaboration with NSS and National Medicos Organisation (NMO), conducted 'Voices and Views', an elocution competition on 20th January. Organised in light of National Youth Day, the event witnessed 19 participants deliver a two-minute speech on 'Swami Vivekananda's View on Education'.



English Literary Club of SRIHER conducted 'One Nation, One Song', an online essay competition held from 4th to 19th January in light of 150 years of *Vande Mataram*. Essay writing competition on 'The Relevance of *Vande Mataram* in Building *Viksit @2047*' was conducted.

Agal Tamil Club of SRIHER, in collaboration with NSS and NMO, conducted a Youth Day Elocution Competition on 20th January. The event aimed to encourage students to express the ideals and contributions of Netaji Subhas Chandra Bose and promote youth empowerment.



Rotaract Club of SRIHER conducted 'B³ MEET – Build • Bond • Bingo' on 25th January. The event aimed to strengthen bonding among Green Rotaractors, foster innovation, and encourage idea-based service initiatives. 45 participants attended.

English Literary Club of SRIHER conducted 'Chapter and Chill: 2' on 27th January. The event was designed as a co-reading and co-writing session to foster literary engagement, relaxation, and community bonding. 14 students participated.

MedQuiz Club of SRIHER conducted 'Crackles and Cures', an online medical quiz competition from 20th to 26th January. The event aimed to enhance medical knowledge, critical thinking, and academic engagement among students through a competitive quiz format. 20 students participated.

The MedQuiz Club of SRIHER conducted 'Step One Smash' on 31st January. 50 participants actively took part in the event, making it an engaging and intellectually stimulating competition aligned with academic excellence.

STUDENT COUNCIL ACTIVITIES



Rotaract Club of SRIHER organised an educational visit to Vivekananda House (Vivekananda Mutt Museum), Chennai on 25th January. The programme included a guided museum tour, a seminar on Swami Vivekananda's philosophy, and a 3D film screening of his historic Chicago speech, promoting experiential learning, cultural awareness, and leadership values. 44 Green Rotaractors took part in the visit.

SPORTS CORNER

The following students of SRIHER won prizes in the *Aadukalam '26* Inter Medical & Dental Tournament 2026 organised by Kilpauk Medical College, Chennai between 5th and 11th January:

Event	Name	Year & Programme
Men's Team 400mts - Second Place	Mr. Rahul S.	I yr., MPT (Sports)
Long Jump - First Place	Mr. Mohammed Faisal J.	I yr., BPT
Triple Jump- Third Place	Mr. Mohammed Faisal J.	I yr., BPT
Javelin Throw-Second Place	Mr.Jefrnin Anto A.	III yr.,B. Sc. Nursing
4x100m Mixed Relay - Silver Medal	Mr. Akash T. Mr. Mohammed Faisal J. Ms. Harshini P. Ms. Aruthra R.	II yr., BPT I yr., BPT Intern, B.ASLP II yr., BPT
Women's Team 100mts - First & Third Place	Ms. Harshini P. Ms. Aruthra R	Intern, B.ASLP I yr., BPT
400mts - First Place	Ms. Mahathi Nachiyar K.	III yr., BOT
Shot Put - First Place	Ms. Lokshana Sri .P	III yr., B. Sc. Sports & Exercise Sciences
Long Jump - First & Second Place	Ms. Harshini P. Ms. Mahathi Nachiyar K	Intern, B.ASLP III yr., BOT
Triple Jump- First, Second & Third	Ms. Mahathi Nachiyar K Ms. Harshini P. Ms. Aruthra R.	II yr., BOT III yr., B.ASLP I yr., BPT
Table Tennis – Second Place	Ms. Preeti M. R. R.	II yr., BDS
Carrom – First Place	Ms. Lavanya C. Ms. Bavatharani B.	Intern, EHS Intern, EHS



SPORTS CORNER

Students of SRIHER won the following prizes in the DYNA FEST '26, an Inter Paramedical Sports Event conducted at SRM Medical College Hospital & Research Centre, from 7th to 9th January and also secured the overall trophy.

Men Team

Kabaddi - Winner

Mr. Bharathraj S.	II yr., MPH
Mr. Mohamed Muhuzin	IV yr., B. Sc. Nursing
Mr. Dharnidharan D.	III yr., B. Sc. Nursing
Mr. Jeffrin Sam	III yr., B. Sc. Nursing
Mr. Murugan C.	III yr., B. Sc. Nursing
Mr. Dharun M.	III yr., B. Com
Mr. Manikandan M.	III yr., EHS
Mr. K Jagadeeshwaran	III yr., B Pharmacy
Mr. Jerwin X. S.	II yr., B. Sc. Nursing
Mr. A Faisal Ahamed	II yr., B.Sc. Nursing
Mr. Kishore J.	II yr., BPT
Mr. Kishore D. R.	I yr., B.Sc. Nursing
Mr. Godurn Jenno A. P.	I yr., B. Sc. Nursing

Javelin Throw - Second Place

Mr. Jefrin Anto A.	III yr., B. Sc. Nursing
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Chess- First Place

Mr. Bharathraj S.	Intern. MPH
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Football - Winner

Mr. Drayden Elijah Nicholas	IV yr., BOT
Mr. Mohamed Naveed S.	III yr., BOT
Mr. Mohamed Mufeed	III yr., BPT
Mr. Solomon M.	III yr., BPT
Mr. Jeffrey Kingstane	III yr., B. Sc. Nursing
Mr. Mohammed Shaban	II yr., B. Sc. Nursing
Mr. Seenu D.	I yr., B. Sc. Nursing
Mr. Mohamed Risvan	II yr., B. Sc. Nursing
Mr. Sumesh Babu S.	II yr., B. Sc. Nursing
Mr. Alen M. Varghese	II yr., B. Sc. Nursing
Mr. Akbar P. Anas	II yr., B. Sc. Nursing
Mr. Santo Sajan	II yr., B. Sc. Nursing
Mr. Moosa Naina S.	II yr., BOT
Mr. Salman Riyas	II yr., BPT
Mr. Noel Sam S. R.	I yr., B. Sc. Nursing
Mr. Mohsmmed Affan Anees	I yr., B. Sc. Nursing

Women Team

Kho - Kho - Winners

Ms. K. Viswada	IV yr., MBBS
Ms. Dhanushya S. T.	III yr., B. Sc. Sports & Ex. Sci.
Ms. Ramsri N	III yr., MBBS
Ms. Mohana Gayathri P.	II yr., B. Pharm
Ms. Monika S. A.	II yr., B. Sc. Sports & Ex. Sci.
Ms. Swathy J. J.	I yr., Clinical Nutrition
Ms. S. Shalika	I yr., Clinical Research
Ms. Swetha S.	II yr., B. Sc. Nursing
Ms. Harini Ramu	III yr., MBBS
Ms. Shruti Priya	I yr., BPT
Ms. B. R. Sai Poojaa	I yr., BPT
Ms. Sreeya Ram	III yr., BMS
Ms. A. Parvathi	III yr., AHS

100mts - First Place

Ms. Swathy J. J.	I yr., Clinical Research
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Shot put -First Place

Ms. Lokshana Sri P.	IV yr., B.Sc. Sports & Exercise Sciences
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Long Jump- First Place

Ms. Mahathi Nachiyar K.	II yr., BOT
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Discus Throw- First Place

Ms. Lokshana Sri P.	IV yr., B.Sc. Sports & Exercise Sciences
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Carrom - First Place

Ms. Chithara A.	CRI-MBBS
Ms. Negaa P.	CRI-MBBS

Carrom - Second Place

Ms. Lavanya C.	Intern, EHS
Ms. Bavatharani B.	Intern, EHS



SPORTS CORNER



Mr. Hemanth J., II yr. BPT Faculty of Physiotherapy, has won II prize in national level championship 2026 organized by Vina Sri Yoga & Research Centre, on 31st January and 1st February at Gummidipoondi.

READERS' CORNER



Ms. Rizwana Begum M.
II yr., M. Sc. Human Genetics



Ms. Neha Ann Sanjay
I yr., BOT



Ms. Sreenithy Manivannan
IV yr., BDS



Ms. Afreen Aftab
Ph. D. Scholar., Dept. of Biomedical Sciences

Gone Are Those Days

Gone are those days when I would run and play,
Chasing the bright sun in a world so gay.
Now here I lie, in this hospital bed,
Fighting a battle - yet my hope's not dead.

Gone are those days of the cuckoo's tune,
Melodious birds singing in the afternoon.
Now all I hear, both night and noon,
Are beeping machines in a silent room.

Gone are those days of ribbons so bright,
Tied on my little pigtailed just right.
Now all I have is a head so bare,
Yet courage and strength still shine in my stare.

Yes, I know I'm just a child - but I must, I will fight,
Through endless tests and sleepless nights.
And I know I'm not alone, for you all stand with me,
Raise your voices - let the whole world see.

For kids like me, though little in frame,
Our hearts burn bright with a fearless flame.
With golden ribbons of hope, love, and care,
Paediatric cancer warriors unite to end despair.

Ms. Sruthi Kalaiselvan
II yr., M. Sc. Audiology

அம்மா

என் வருகை எண்ணி
காத்திருந்தாய்!

உன்னை மறந்து என்னை
நேசித்தாய்!

என்னால் வரும் வலிகளையும்
மௌனமாய் ஏற்றாய்!

உன் உணர்வுகளையே எனக்காக
விட்டுக் கொடுத்தாய்!

என் கைகளைப் பிடித்து
எழுத பழகினாய்.

என் முதல் வார்த்தைகளை கேட்க
ஆவலாய் காத்திருந்தாய்!

உன் உயிரையே தந்து என்னை
காத்து வளர்த்தாய்!

இத்தனை செய்கைகள் செய்த நீ,
என் விதியை எழுதுவதிலும்
ஒரு வரி எழுதியிருந்தால்...!

அம்மா,

எத்தனை முறை பிறந்தாலும்,
பிறப்பின் அங்கீகாரமாக
அமர்ந்த அந்த சிம்மாசனத்தில் —
மீண்டும் அமர முடியாதது
உன் கருவறையில்தான்!

Mr. Santhosh Kumar
Executive, Placement Cell